







2017 FALL

ACTIVITY GUIDE

Online Registration Begins August 2, 6pm

Welcome to the Fall 2017 Activity Guide!

Welcome to the 2017 Fall Activity Guide, your source for Howard County Recreation & Parks programs, leagues, classes, and special events.

We have programs for all ages and interests to keep you engaged! Allergies keeping you indoors? We welcome you to check out our Fit4U and Go50+ Fitness packages (page 6), which offer residents access to three community centers, an indoor pool, and fitness facilities; or visit our Robinson Nature Center's interactive exhibits.

We are excited for this season's events. Like ghost stories? Check out our Ghostly Guides (page 28) or paranormal investigations (page 58). Enjoy Halloween? We have many events for you! From Truck or Treat (featured on the cover), Haunted Hayrides, a Halloween One-Mile Fun Run/Walk, trick or treating events and more (pages 13-15).

This fall season also brings with it numerous Thanksgiving and fall-themed events that are sure to bring joy to the entire family.

With exciting programs and events for all ages, we hope you get up, get out, and get active in Howard County!



Allan H. Kittleman

Allan H. Kittleman Howard County Executive

Alle H Kut

John R. Byrd

John Bysl

Department of Recreation & Parks Director





On May 31, the County cut the ribbon on its first outdoor pickleball courts. In addition to continuously creating new special events, we're improving and upgrading our current parks. Huntington Park Playground reopened on April 27 after being destroyed by arson; Blandair Park continues to grow, with a new entrance off Route 175 that opened in March; we are continuing to build Troy Park; and more.



How to Register

Howard County residents may register online beginning August 2 at 6pm and by all other methods beginning August 3. Out-of-County residents may register online beginning August 9 at 6pm and by all other methods beginning August 10. Plan ahead! An online account is required and may take up to 48 hours to approve.

For a complete listing of our policies and procedures, consult the "General Information" section beginning on page 94. Please let us know if you have any questions or suggestions — we always like to hear from you.

On-line: www.howardcountymd.gov/rap

Phone: 410-313-7275 (voice/relay) (8am-4:30pm, M-F)

Fax: 410-313-4658

Mail-in: Howard County Recreation & Parks Headquarters

7120 Oakland Mills Road, Columbia, MD 21046

(Registration form on page 98.)

Walk-in: Howard County Recreation & Parks Headquarters

7120 Oakland Mills Road, Columbia (8am-4:30pm, M-F)

Gary J. Arthur Community Center

2400 Rte. 97, Cooksville

(7am-8:30pm, M-Sa; 9am-5:30pm, Su)

North Laurel Community Center 9411 Whiskey Bottom Road, Laurel (8am-8pm, M-Sa; 9am-5pm, Su)

Robinson Nature Center 6692 Cedar Lane, Columbia (9am-5pm, W-Sa; Noon-5pm, Su)

Roger Carter Community Center 3000 Milltowne Drive, Ellicott City

(6am-10pm, M-F; 7am-10pm, Sa; 7am-9pm, Su)

See page 94 for inclement weather/program status lines.

If you would like this Guide in a larger font, please contact Susan Potts, 410-313-4628.

Is the class you want full? Put your name on the wait list. We try to open new class sections for filled classes.

Table of Contents

idbic of co	
Athletic, Community & Nature Centers	6
Pavilion & Facility Rentals	10
Historic Howard County Sites	10
Volunteer Opportunities	12
Activities for Everyone Special Events Trips & Tours	
Adventure & Outdoors Archery	
Campfires & Camping	19
Fishing	
Geocaching	20
Paddling	
Rock Climbing	
Trail Hikes	22
Nature & Environment	
Astronomy & Planetarium	23
Family & Parent/Child	
Youth	
Adults	26
Heritage Programs	
Classes/Programs	27
Special Events	27
Home School	_29
Child Care Early Learning CenterElementary School	30
Before & After Care	31
Middle School After Care	31
Therapeutic Recreation 8	&
Inclusion Services	
After School	.32
Aquatics	
Cooking	
Crafts & Fine Arts	32
Dance	33
Enrichment	33
Music & Theater Arts	33
	دد
Pre-K (0-5 yrs)	2.4
Adventures in Learning)4
One Day Specials) r
Cooking Crafts & Fine Arts	 22
Dance	٥٥ 72
EnrichmentFitness	/ږ. 37
Music & Theater Arts	 38
Youth (5-10 yrs)	
Chess	38
Cooking	
Crafts & Fine Arts	

Fall 2017	3
Registration Form	98
Map	
General Information	
Wrestling	
Volleyball Wrostling	92
Tennis	
Soccer	
Running	
Pickleball	86
Multi-Sport	85
Martial Arts	84
Lacrosse	
Kickball	
Jump Rope	87
Gymnastics	o। ያን
Football Golf	0U 21
Flag Football	
Floor Hockey	
Field Hockey	
Fencing	78
Dodgeball	
Cricket	78
Basketball	74
Baseball, Softball & Tee Ball	73
Badminton	73
Aquatics	70
Sports	
Personal Training	
Adults 55 yrs +	67
Health & Relaxation	66
Cardio & Strength	63
Fitness	
Nature & Environment	
Lifelong Learning	62
Knitting & Crocheting	62
Crafts & Fine Arts	61
Aquatics	61
Adults (55 yrs +)	
Music & Theater Arts	59
Lifelong Learning	57
Dance	55
Crafts & Fine Arts	53
Cooking	52
Adults (18 yrs +)	
Special Events	52
Science & Technology	51
Music & Theater Arts	50
Enrichment	49
Dance	
Crafts & Fine Arts	48
Chess	
Teens & Tweens (11-18)	
Science & Technology	43
Personal Development	
Music & Theater Arts	40
Dance Language	
Danco	40

40

Extend Your Child's School Day Through Our Before- & After-School Programs

Atholton ES

After-School Basketball / Page 75 After-School Dodgeball / Page 78 After-School Floor Hockey / Page 79 After-School Pickleball / Page 86 After-School Tennis / Page 90 Bricks4Kidz LEGO® / Page 44 Chess Club / Page 38 Learn Now Music / Page 41

Bellows Spring ES

After-School Baseball / Page 73
After-School Soccer / Page 87
Bricks4Girlz LEGO® / Page 44
Bricks4Kidz LEGO® / Page 44
Chess Club / Page 38
Coding Club / Page 47
Intro to STEM with LEGO® / Page 45
Kid Empowerment / Page 43
KidzArt / Page 39
Learn Now Music / Page 41
Minecraft Animation / Page 46
Minecraft Programming / Page 46
Science Club / Page 45

Bollman Bridge ES

Chess Wizards / Page 37 Bricks4Kidz LEGO / Page 44

Bonnie Branch MS

"Can-TEEN Club" / Page 31

Bryant Woods ES

After-School Floor Hockey / Page 79

Bushy Park ES

After-School Lacrosse / Page 83 After-School Soccer / Page 87 Learn Now Music / Page 41

Centennial Lane ES

After-School Baseball / Page 73
Bricks4Kidz LEGO® / Page 44
Chess Club / Page 38
KidzArt / Page 39
Learn Now Music / Page 41
Minecraft Animation / Page 46
Minecraft Programming / Page 46
Musical Theatre Disney's Aristo CATS /
Page 40
Science Club / Page 45

Clarksville ES

After-School Basketball / Page 75 After-School Dodgeball / Page 78 After-School Floor Hockey / Page 79 After-School Tennis / Page 90 Kid Empowerment / Page 43 KidzArt / Page 39 Learn Now Music / Page 41 Musical Theatre Disney's Aristo CATS / Page 40

Clemens Crossing ES

After-School Basketball / Page 75
After-School Dodgeball / Page 78
After-School Karate / Page 84
After-School Soccer / Page 87
Bricks4Kidz LEGO® / Page 44
Kid Empowerment / Page 43
Learn Now Music / Page 41
LEGO® EV3 Robot Olympiad / Page 47
Science Club / Page 45
Video Game Design & Production /
Page 46

Cradlerock ES

After-School Basketball / Page 75

Dayton Oaks ES

After-School Lacrosse / Page 83
After-School Tennis / Page 90
Chess Club / Page 38
Hawaiian Adventures Drama
Showcase / Page 42
Kid Empowerment / Page 43
Learn Now Music / Page 41
LEGO WeDo® Meets K'NEX / Page 45
Minecraft Animation / Page 46
Minecraft Programming / Page 46
Science Club / Page 45

Deep Run ES

Bricks4Girlz LEGO® / Page 44 Bricks4Kidz LEGO® / Page 44 Chess Wizards / Page 38 Hawaiian Adventures Drama Showcase / Page 42 Science Club / Page 45

Ducketts Lane ES

After-School Dodgeball / Page 78 Learn Now Music / Page 41

Dunloggin MS

Chess Club / Page 51

Elkridge ES

After-School Flag Football / Page 80 Bricks4Kidz LEGO® / Page 44 Chess Wizards / Page 38 KidzArt / Page 39 Kid Empowerment / Page 43 Minecraft Animation / Page 46 Science Club / Page 45

Elkridge Landing MS

"Can-TEEN Club" / Page 31

Ellicott Mills MS

"Can-TEEN Club" / Page 31

Folly Quarter MS

"Can-TEEN Club" / Page 31

Forest Ridge ES

Chess Wizards / Page 38 LEGO WeDo® Meets K'NEX / Page 45

After-School Basketball / Page 75

Fulton ES

After-School Dodgeball / Page 78
After-School Lacrosse / Page 83
Chess Club / Page 38
Cooking with Chef Nikki / Page 36
KidzArt / Page 39
Land and Air Rescue Robots / Page 47
LEGO WeDo® Meets K'NEX / Page 45
Minecraft Animation / Page 46
Musical Theatre Disney's Aristo CATS
Passport to China / Page 40
Science Club / Page 45
Sign Language Class / Page 40

Guilford ES

After-School Soccer / Page 87

Gorman Crossing ES

After-School Soccer / Page 87
Chess Club / Page 38
Disney's The Lion King / Page 42
Kid Empowerment / Page 43
KidzArt / Page 39
LEGO® EV3 Robot Olympiad / Page 47
LEGO WeDo® Meets K'NEX / Page 45
Minecraft Animation / Page 46
Minecraft Programming / Page 46
Science Club / Page 45
Spanish / Page 40

Hammond ES

After-School Baseball / Page 73
After-School Floor Hockey / Page 79
After-School Soccer / Page 87
Chess Club / Page 38
Cooking with Chef Nikki / Page 36
Learn Now Music / Page 41
LEGO WeDo® Meets K'NEX / Page 45
Science Club / Page 45
Spanish / Page 40
Video Game Design & Production / Page 46

Hammond ES @ Hammond MS

KidzArt / Page 39

Hollifield Station ES

After-School Floor Hockey / Page 79 Bricks4Kidz LEGO® / Page 44 Chess Wizards / Page 38 Land and Air Rescue Robots / Page 47 Learn Now Music / Page 41 Science Club / Page 45

Ilchester ES

Bricks4Kidz LEGO® / Page 44
Chess Club / Page 38
Coding Club / Page 47
Cooking with Chef Nikki / Page 36
Kid Empowerment / Page 43
KidzArt / Page 39
Learn Now Music / Page 41
Spanish / Page 40

Jeffers Hill ES

After-School Dodgeball / Page 78 After-School Floor Hockey / Page 79 After-School Flag Football / Page 80 Chess Wizards / Page 38

Lime Kiln MS

"Can-TEEN Club" / Page 31

Lisbon ES

After-School Flag Football / Page 80 After-School Tennis / Page 90 Chess Wizards / Page 38 Land and Air Rescue Robots / Page 47 Minecraft Programming / Page 46 Spanish / Page 40 Video Game Design & Production / Page 46

Longfellow ES

After-School Basketball / Page 75 Bricks4Kidz LEGO® / Page 44 KidzArt / Page 39 Science Club / Page 45

Manor Woods ES

Bricks4Kidz LEGO® / Page 44 Chess Club / Page 38 Kid Empowerment / Page 43 KidzArt / Page 39 Land and Air Rescue Robots / Page 47 LEGO WeDo® Meets K'NEX / Page 45 Minecraft Programming / Page 46

Northfield ES

After-School Floor Hockey / Page 79
Animal Tracker Mysteries / Page 25
Bricks4Girlz LEGO® / Page 44
Bricks4Kidz LEGO® / Page 44
Chess Club / Page 38
Cooking with Chef Nikki / Page 36
Intro to STEM with LEGO® / Page 45
KidzArt / Page 39
Learn Now Music / Page 41
Minecraft Animation / Page 46
Minecraft Programming / Page 46
Spanish / Page 40

Northfield ES @ Dunloggin MS

Disney's The Lion King by CCTA / Page 42

Patapsco MS

"Can-TEEN Club" / Page 31

Phelps Luck ES

Chess Wizards / Page 38 Hawaiian Adventures / Page 42

Pointers Run ES

After-School Soccer / Page 87
Chess Club / Page 38
Coding Club / Page 47
Disney's The Lion King / Page 42
Kid Empowerment / Page 43
KidzArt / Page 39
Land and Air Rescue Robots / Page 47
Learn Now Music / Page 41
LEGO WeDo® Meets K'NEX / Page 45
Minecraft Animation / Page 46
Passport to China / Page 40

Rockburn ES

Bricks4Kidz LEGO® / Page 44 Chess Club / Page 38 KidzArt / Page 39 Learn Now Music / Page 41 Science Club / Page 45 Video Game Design & Production / Page 46

Running Brook ES

After-School Basketball / Page 75 Chess Wizards / Page 38 LEGO® EV3 Robot Olympiad / Page 47

St. John's Lane ES

After-School Baseball / Page 73
Chess Club / Page 38
KidzArt / Page 39
Learn Now Music / Page 41
Musical Theatre Disney's Aristo CATS / Page 40
Passport to China / Page 40
Science Club / Page 45
Video Game Design & Production / Page 46

Stevens Forest ES

After-School Flag Football / Page 80 After-School Soccer / Page 87 Hawaiian Adventures Drama Showcase / Page 42

Swansfield ES

Chess Wizards / Page 38

Talbott Springs ES

After-School Soccer / Page 87

Thomas Viaduct MS

"Can-TEEN Club" / Page 31

Thunder Hill ES

After-School Basketball / Page 75
After-School Pickleball / Page 86
After-School Tennis / Page 90
Bricks4Kidz LEGO® / Page 44
Chess Wizards / Page 38
KidzArt / Page 39
Learn Now Music / Page 41
Minecraft Animation / Page 46
Passport to China / Page 40
Video Game Design & Production / Page 46

Triadelphia Ridge ES

Bricks4Kidz LEG0® / Page 44 Chess Wizards / Page 38 Cooking with Chef Nikki / Page 36 KidzArt / Page 39 Minecraft Animation / Page 46 Minecraft Programming / Page 46 Science Club / Page 45

Veterans ES

After-School Basketball / Page 75 After-School Lacrosse / Page 83 Ballet/Jazz / Page 40 Bricks4Kidz LEGO® / Page 44 Passport to China / Page 40 Minecraft Animation / Page 46

Waterloo ES

After-School Dodgeball / Page 78 After-School Floor Hockey / Page 79 After-School Soccer / Page 87 Bricks4Kidz LEGO® / Page 44 Chess Wizards / Page 38

Waverly ES

Bricks4Kidz LEG0® / Page 44 Chess Club / Page 38 Kid Empowerment / Page 43 Learn Now Music / Page 41 LEG0® EV3 Robot Olympiad / Page 47 Minecraft Programming / Page 46 Video Game Design & Production / Page 46

West Friendship ES

After-School Basketball / Page 75 Chess Wizards / Page 38 LEGO® EV3 Robot Olympiad / Page 47 LEGO WeDo® Meets K'NEX / Page 45 Minecraft Programming / Page 46 Science Club / Page 45

Worthington

After-School Baseball / Page 73

What to Do When Schools Are Closed

August 28 - September 1

August 28 - September 1	
School's Out Drama Workshops by DLC	Grades K-5 / Page 42
September 21	
School's Out Archery Fishing & Kayaking	9-13 vrs / Page 19
School's Out Workshop with KidzArt!	
TECH Scientific Schools Out Camps	
Bricks4Kidz LEGO® School's Out Camps	
Meadowbrook School's Out Basketball	
School's Out Junior Sports Camp	
School's Out Sports and Swim Camp	8-13 yrs / Page 86
Contombox 22	
September 22	5.43 /D 44
Bricks4Kidz LEGO® School's Out Camps	
Meadowbrook School's Out Basketball	
School's Out Archery Fishing & Kayaking	
School's Out Drama Workshops by DLC	
School's Out Junior Sports Camp	
School's Out: Living Off the Land Day Camp	
School's Out Sports and Swim Camp	
School's Out Workshop with KidzArt!	
TECH Scientific Schools Out Camps	4-12 yrs / Pages 43 &4/
October 20	
Bricks4Kidz LEGO® School's Out	5-12 yrs / Page 44
Meadowbrook School's Out Basketball	
School's Out: Can You Dig It? Day Camp	
School's Out Drama Workshops by DLC	9-14 yrs / Page 42
School's Out Junior Sports Camp	
Schools' Out LEGO Engineering Workshop	
School's Out Rock Climbing & Swimming	9-13 yrs / Page 21
School's Out Sports and Swim	8-13 yrs / Page 86
School's Out Workshop with KidzArt!	Grades K-5 / Page 40
Slime Me or Not	4-6 yrs / Page 44
TECH Scientific Schools Out Camps	4-12 yrs / Pages 43 &47
November 22	
Bricks4Kidz LEGO® School's Out Camps	5-12 vrs / Page 44
Meadowbrook School's Out Basketball	
School's Out Drama Workshops by DLC	
TECH Scientific Schools Out Camps	
	12 jis/ ruges is 0.4/
December 26 - 29	
Bricks4Kidz LEGO® Winter Break Camp	
Dribble, Pass, Shoot Winter Camp	
Lil' Space Explorer	
RPG Video Game Creator	
Winter Break Drama Camp: Stars Wars by DLC	
Winter Mix Camp	5-13 yrs / Page 86

Wonderland Camp with Play-Well Teknologies

Grades 1-4 / Page 47

Athletic, Community & Nature Centers

- Visit the front desk or call for information about center programs. You can also register in person for any Howard County Recreation & Parks program.
- Children under 16 years old require adult supervision in the facility.
- Those 12-15 years old require adult (over 18 years old) supervision in the facility, except during the after-school TeenZone.
- Inclement Weather/Program Status Line: 410-313-4452.

To see more photos of the centers and playgrounds, visit **Pinterest** /hocorec.



- The Fit4U Package allows you to use our three community centers' fitness facilities and RCCC pool.
- · No enrollment fees.
- · Center membership included!

Pricing for 13-49 yrs

Annual	6 Months	3 Months	Monthly	Drop-In
*\$300 (R)	\$180 (R)	\$105 (R)	\$40 (R)	\$5/visit
*\$360 (NR)	\$225 (NR)	\$135 (NR)	\$50 (NR)	

^{*}Annual membership equates to \$25/\$30 per month.

Youth Fit4U (3-12 yrs)

Children, enjoy having access to the pool, gymnasium and walking track, while accompanied by a chaperone over 18 years old. Chaperone must have a valid membership or pay the drop-in rate.

Annual	6 Months	3 Months	Monthly	Drop-In
\$85 (R)	\$55 (R)	\$35 (R)	\$15 (R)	\$5/visit
\$105 (NR)	\$70 (NR)	\$45 (NR)	\$20 (NR)	

Additional Information

- 13-15 year olds, at all centers, parental supervision is required and you must complete a mandatory orientation.
- Discounted rates available for two or more memberships purchased at the same time.

Benefits

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during drop-in swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted Center activities and events.

 $\label{eq:GJACC} \mbox{GJACC} = \mbox{Gary J. Arthur Community Center} \qquad \mbox{R} = \mbox{Resident} \\ \mbox{NLCC} = \mbox{North Laurel Community Center} \qquad \mbox{NR} = \mbox{Non-Resident} \\$

RCCC = Roger Carter Community Center





Our GO50+ membership packages are designed to enhance the quality of life for the 50+ adult population that lives, works and plays in Howard County.

Live longer, healthier lives... join today!

50+ Centers Membership

Membership includes access to Gary J. Arthur and N. Laurel Community Centers and all Howard County 50+ Centers.

Amenities: Game Room Areas, Gymnasiums, Walking Tracks, Wellness Programs, and Center drop-in activities

Price: FREE

50+ Fitness Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

Amenities: All 50+ Center Benefits, Fitness Rooms, Dance/ Aerobics Studio*

Price: Resident, \$75 per year. Nonresident, \$100 per year.

50+ Pool Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

Amenities: All 50+ Fitness Benefits, Pool Access During Drop-in Swim Hours

Price: Resident, \$175 per year. Nonresident, \$225 per year.

* Dance/Aerobics Studio not available at Ellicott City 50+ Center.

Community Center Membership

All patrons entering the facility must have a center membership or pay the daily admission rate, unless they are a participant in a Recreation & Parks program. The center membership gives you access to the three community centers (does not include the fitness room).

Annual (3 yrs+) \$25 / \$50 (Nonresident)

Card Replacement Fee \$10 Daily Center Pass \$5

Drop-In Fun

Children 15 years and under require adult supervision in the facility. Children 12-15 years old require adult supervision in the facility, except during after-school TeenZone program (Center Membership required). For info and to confirm time, call 410-313-0390 (N. Laurel), 410-313-4840 (Gary J. Arthur) or 410-313-2764 (Roger Carter).

Basketball (Family, 16 yrs + & 50 yrs +)

Join other athletes of all ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	8-10pm	M
Family	Roger Carter Comm Ctr	7-9am	Su
16 yrs +	Gary J Arthur Comm Ctr ₁	7-9pm	M
16 yrs +	N Laurel Comm Ctr	6-7pm	Tu
16 yrs +	Roger Carter Comm Ctr	8-10pm	M
16 yrs +	Roger Carter Comm Ctr	7-10pm	Sa
50 yrs +	Gary J Arthur Comm Ctr 1,2	9-11am	M,W,F
50 yrs +	N Laurel Comm Ctr	10am-noon	M,W

1 No full-court games at Gary J Arthur Comm Ctr 2 An Office of Aging and Independence program

Billiards (18 yrs +)

Rack'em up and come play some pool!
Gary J Arthur Comm Ctr 10am-2pm Tu
N Laurel Comm Ctr 10am-2pm Tu

Friday Family Fun Night (Family, All Ages)

It's an open gym for the whole family. Basketball hoops can be lowered for our youngest members. No full court games, so there is space for fun for all.

Gary J Arthur Comm Ctr 5:30-7pm F

Lil' Rascals Recess

Bring your little one indoors to play with a variety of sports equipment, push toys, hula hoops, tunnels, and other gross motor skill activities.

Gary J Arthur Comm Ctr 10am-noon Th N Laurel Comm Ctr 9:30-11:30am Tu

MAC Pre-K Drop-In Play Page 85

Meadowbrook Ath Comp 9:30am-12:30pm M,W,F

Pickleball (16 yrs +)

Learn and practice your pickleball skills. This sport is fun and combines elements of tennis, badminton and ping pong.

50 yrs + Gary J Arthur Comm Ctr₂ 11am-2pm Tu, Th 16 yrs + N Laurel Comm Ctr 9am-noon W, F 2 An Office of Aging and Independence program

Ping Pong (16 yrs +)

Are you a menace at table tennis?

N Laurel Comm Ctr 6-8:30pm W,Th
N Laurel Comm Ctr Noon-4pm Sa

Swimming at Roger Carter Comm Ctr

Full Schedule: www.howardcountymd.gov/RCCC

Visit Roger Carter's pool to participate in lap swimming in one of our six lap lanes, open swim, or pre-k swim.

TeenZone

Shoot hoops, play billiards, ping pong, and games, or just hang out!

 Gary J Arthur Comm Ctr
 2:30-5:30pm
 M-F
 12-15 yrs

 N Laurel Comm Ctr
 2:30-5:30pm
 M-F
 12-15 yrs

 Roger Carter Comm Ctr
 2:30-5:30pm
 M-F
 11-16 yrs

Volleyball (Family & 16 yrs +)

Join other athletes of various ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	7-10pm	W
Family	Roger Carter Comm Ctr	5-7pm	Sa
Family	Roger Carter Comm Ctr	7-9am	Su
16 yrs +	Gary J Arthur Comm Ctr	7-9pm	W
16 yrs +	N Laurel Comm Ctr	5:30-7pm	Th
16 yrs +	Roger Carter Comm Ctr	7-10pm	W
16 yrs +	Roger Carter Comm Ctr	5-7pm	Sa



Celebrate your Birthday with Howard County!

BIRTHDAY MAGIC IS CREATED WHEN YOU HOLD YOUR PARTY
AT A HOWARD COUNTY FACILITY OR PAVILION.
GREAT LOCATIONS! UNFORGETTABLE FUN!

Adventure & Outdoors	410-313-1754
GARY J. ARTHUR COMMUNITY CENTER	410-313-4840
HERITAGE PROGRAMS	410-313-0419
Meadowbrook Athletic Complex	410-313-1163
North Laurel Community Center	410-313-0390
Pavilions in the Parks	410-313-4682
ROBINSON NATURE CENTER	410-313-0400
ROGER CARTER COMMUNITY CENTER	410-313-2764





2400 Rte 97, Cooksville, MD 21723 Registration: 410-313-4840 Hours: 7am-9pm, M-Sa; 9am-6pm, Su Closed: Sep 4, Nov 23-24, Dec 25 Closing at 5pm: Dec 24, Dec 31 www.howardcountymd.gov/GJACC





9411 Whiskey Bottom Rd, Laurel, MD 20723 Registration: 410-313-0390 Hours: 8am-9pm, M-Sa; 9am-6pm, Su Closed: Sep 4, Nov 23-24, Dec 25 Closing at 5pm: Dec 24, Dec 31 www.howardcountymd.gov/NLCC





3000 Milltowne Drive, Ellicott City, MD 21043 Information/Rentals/Reservations: 410-313-2764 Hours: 6am-10pm, M-F; 7am-10pm, Sa; 7am-9pm, Su Closed: Nov 23 & 24, Dec 25 Closing at 5pm: Sep 4, Dec 24 & 31 www.howardcountymd.gov/RCCC



3300 Norbert's Way, Ellicott City, MD 21042

Info: 410-313-2636 Reservations: 410-313-2637

Center Hours: 8am-5pm, M-Th; 8am-4pm, F

Perfect for meetings, trainings & larger events with a banquet capacity of 200 people. Room dividers can partition the facility into three areas.





5001 Meadowbrook Lane, Ellicott City, MD 21043

Info: 410-313-1161

Facility Rental: 410-313-1163 Recorded Info: 410-313-4452

Inclement Weather/Facility Status: 410-313-4452

Gym Hours: 410-313-4452 www.howardcountymd.gov/MAC

The Meadowbrook Athletic Complex (the MAC) is a destination for indoor basketball, volleyball, field hockey, badminton, jump rope and much more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve all ages and levels of play.

MAC Early Risers Walking Package

For one low, annual fee, you can use the walking track from 7-9am, M-F. Info: Matthew Knoerlein, 410-313-1163.

Adults & Youth: \$25

Get Active Package

For one low fee, this membership gives you access to open gym hours at the Meadowbrook Athletic Complex (MAC) and select school gyms (for adults). Info: Matthew Knoerlein, 410-313-1163.

Fall (Sep-Dec)

Adults: \$69, season; \$25, month

*Also includes select local school gym drop-in basketball and volleyball.

Youth: \$25, season; \$10, month





6692 Cedar Lane, Columbia, MD 21044 Info: 410-313-0400 Facility Rental: 410-313-0400 Center Hours: 9am-5pm, W-Sa; Noon-5pm, Su

Closed: Mondays, Tuesdays, Nov 23-24 www.howardcountymd.gov/RobinsonNatureCenter

This unique nature center features interactive exhibits, trails, an auditorium, classrooms/meeting rooms, the children's Discovery Room, an outdoor "Nature Place" play area, and the NatureSphere (a state-of-the-art digital planetarium). The nature center offers public programs, field trips, birthday parties, scout programs, LEED tours, room rentals and volunteer opportunities.

Daily General Admission

Adults: \$5

Children (3-17 yrs): \$3 Children (under 3 yrs): Free

Annual and Lifetime Passes

Annual and lifetime pass holders are entitled to complimentary general admission to the nature center, use of its trails, 10% discount in the gift shop, and discounted admission to certain programs. Annual passes expire one year from the date of purchase.

Senior (50 yrs +): \$20 / \$40 (Nonresident)
Student (with valid school ID): \$20 / \$40 (Nonresident)
Individual: \$25 / \$50 (Nonresident)
Family: \$50 / \$100 (Nonresident)
(Family pass includes members of the immediate household.)

Friends of Robinson Nature Center Memberships

Includes an annual pass to the nature center as well as friends-only benefits. Patron, Supporter, Sustainer and Lifetime passes include some complimentary NatureSphere tickets and guest passes. Please call 410-313-0400 for details.

Patron: \$175 Supporter: \$250 Sustainer: \$500 Lifetime: \$1,000

Field Trips

We offer year-round field trip programming for all ages. Programs may be booked Wednesday-Sunday during our hours of operation. Field trips last between 1½ and 3 hours and range between \$9 and \$15 per participant.

Rentals

Robinson has two classroom spaces, an auditorium, an outdoor patio space and the NatureSphere planetarium for birthday parties, meetings and special events. Wedding packages are available. Applicants must be at least 21 years.



Check out our NEW 360-degree views online at www.howardcountymd.gov/rap. Check out the amenities, features and surroundings of the space before reserving for smoother planning. Park pavilions and meeting rooms are a great place to hold a birthday party, corporate event, large family gathering, school picnic, or other special occasion.

Pavilion & Facility Rentals

Information/Reservations:

410-313-4682 or www.howardcountymd.gov/pavilions

*For North Laurel Park Pavilion: 410-313-0390

Park/Pavilion Name Fee (resident/non-resident) Alpha Ridge Park Pavilion 1 & 2 \$170 / \$203 Centennial Park Pavilion A, B & C \$165 / \$198 Centennial Park Pavilion D \$396 / \$429 Centennial Park Pavilion E, F & G \$165 / \$198 Centennial Park Pavilion H \$990 / \$1,023 Centennial Park Pavilion 0 \$170 / \$203 Cedar Lane Park East Pavilion \$352 / \$385 Cedar Lane Park West Pavilion \$440 / \$473 **Guilford Park Pavilion** \$170 / \$203 Hammond Park Pavilion \$170 / \$203 High Ridge Park Pavilion \$330 / \$363 Meadowbrook Park Hawksview Pavilion \$385 / \$418 *North Laurel Park Pavilion \$330 / \$363 \$247 / \$280 Rockburn Branch Park Pavilion Savage Park Pavilion \$363 / \$396 Waterloo Park Large Pavilion \$170 / \$203 Waterloo Park Small Pavilion \$143 / \$176 Western Regional Park Pavilion 1 \$220 / \$253 \$170 / \$203 Western Regional Park Pavilion 2 & 3 Western Regional Park Pavilion 4 & 5 \$385 / \$418

Ellicott City Colored School, Restored: 410-313-0420 Gary J. Arthur Community Center: 410-313-4840 North Laurel Community Center: 410-313-0390 Patapsco Female Institute Historic Park: 410-313-0420 Pfeiffer's Corner Schoolhouse: 410-313-0420 Robinson Nature Center: 410-313-0400 Roger Carter Community Center: 410-313-2765 Schooley Mill Activity & Conference Rooms: 410-313-4682 Waverly Mansion: 410-437-5711

Historic Howard County Sites

- Howard County Recreation & Parks Heritage staff offer a variety of educational programs, special events and tours at historic buildings and parks. Some historic sites are available for rent to hold meetings, social occasions and art performances.
- For more information about these sites, visit www.howardcountymd.gov/HistoricalSites.
- To see more photos, visit **Pinterest** /hocorec

Baltimore & Ohio (B&O) Railroad Station

A National Historic Landmark, the B&O Railroad Station in Ellicott City is the oldest surviving railroad station in the United States. Erected in 1830-31, the station served as the terminus of the railroad's original 13-mile section of track. In service until 1972, the station is now a living history museum offering programs and exhibits that explore the development of transportation in America and the station's role in historical events of the 19th and 20th centuries. Free admission, call for hours of operation. Info: 410-313-0420

2711 Maryland Avenue, Ellicott City, MD 21043 (intersection of Main St. and Maryland Ave. in the Historic District)

Belmont Manor & Historic Park

This pristine setting is one of Howard County's most beautiful sites. This 68-acre natural setting incudes an 18th century manor, historic outbuildings, a cemetery, aqua garden, carriage house, and original barn. Belmont Manor is a great venue for weddings, special events, fundraisers, and meetings. Event rentals include the use of the Manor House, tent, gardens, and grounds. Rental tours are held multiple times each month. Info: 410-313-0200 or www.belmontmanormd.org. 6555 Belmont Woods Road, Elkridge, MD 21075

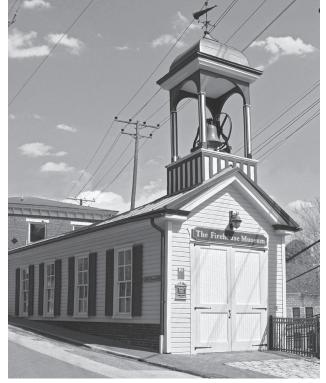
Blandair Farm

Blandair takes its name from Theodorick Bland, a colorful figure in early Maryland politics. He served as Chancellor of Maryland from 1824 until his death in 1846. While the property was farmed as early as 1798, most of the existing buildings date from the mid-19th century, and include a granary, a springhouse, some tenant houses and the brick main house. Howard County purchased the property in 1998 and plans to develop the site as a regional park. While public access to Blandair is limited during restoration, occasional heritage programs are held there. The farm was also the site of the 2003 International Preservation Trade Conference.

Bollman Truss Bridge

The Bollman Truss Bridge is the only known remaining example of the revolutionary all-iron truss system patented by Baltimore engineer Wendell Bollman in the mid-19th century. Constructed in 1869, the bridge was moved to its current site in 1888 and was in use until 1915. Designated a National Historic Landmark in 2000, it is now utilized as a pedestrian bridge connecting Historic Savage Mill with the Mill Trail, a walk linking old mill sites along the Patuxent River.

8650 Foundry Street, Savage, MD 20763



Firehouse Museum

Ellicott City Colored School, Restored

This one-room schoolhouse was constructed in 1880 as the first school built with County funds for African-American children in Howard County. In use as a school until 1953, the building was re-purchased by the County in 1995 and restored with the assistance of private and public funding. The building is set up like a rural classroom of the early twentieth century and houses rotating exhibits about local African-American families who contributed to the history of the area. Tours are offered on Saturdays and Sundays from 1-4pm from May through December. Private and group tours are available year round, weather permitting. Info: 410-313-0420.

Firehouse Museum

Located in the County's first firehouse, the Firehouse Museum houses a wide array of fire apparatus, model toys and an impressive visual history of Howard County's Volunteer Fire Department. The firehouse was constructed by volunteers in 1889. Open Saturday and Sunday from 1-4pm, May through December. Private and group tours are available year-round, weather permitting. Info: 410-313-0420.

3829 Church Road, Ellicott City, MD 21043.

Howard District Original Courthouse

The first courthouse in what was then the Howard District of Anne Arundel County (1840-1842) heard cases twice a year, some challenging the institution of slavery. View a new exhibit about a few of these cases heard in this building and their outcomes. As a result of this history, the site was recognized on the National Park Service's National Underground Railroad Network to Freedom. Rotating exhibits about the African American community are also shown Open year round, every day from 11am-4pm for self-guided tours.

Patapsco Female Institute Historic Park

The Patapsco Female Institute was a refined academy for young women from 1837-1891. It went beyond the scope of a finishing school with a rigorous curriculum including math and science, a rarity for girls in the Victorian Era. The building lived many successive lives including a hotel, summer

theatre, nursing home and private residence before a period of vacancy that led to its deterioration. Today, the stabilized ruins of the Greek Revival structure are open for tours and serve as a captivating setting for special events, weddings, birthday parties, camps and open-air theatre. Tours offered on most Saturdays and Sundays from 1-4pm, May through November. Private and group tours are available year-round, weather permitting. Info/Rental Inquiries: 410-313-0420.

3655 Church Road, Ellicott City, MD 21043

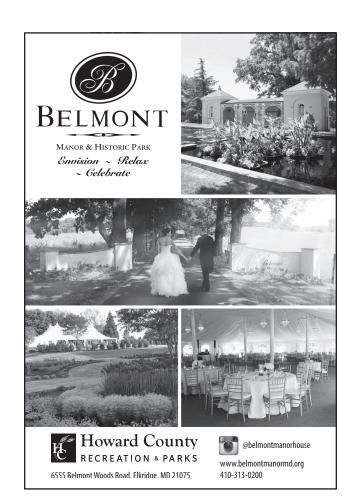
Pfeiffer's Corner Schoolhouse

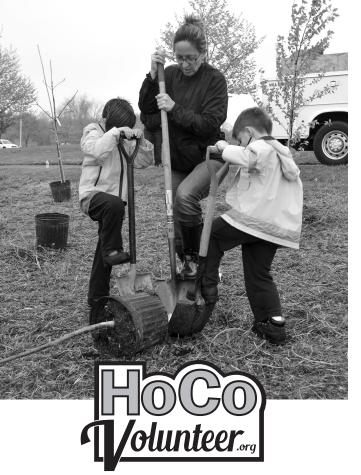
Originally constructed about 1883, the Pfeiffer's Corner Schoolhouse is one of the very few remaining one-room schools in Howard County. Restoration is now complete. Children were educated within its walls for over 50 years until it was converted into a residence in the 1940s. In 2003, it was moved to Rockburn Branch Park where it illustrates the changes over a 100-year time span of our schools, serves as a historic exhibit and provides space for demonstration classes, interpretive tours and small meetings. Info: 410-313-0420.

6109 Rockburn Branch Park Road, Elkridge, MD 21227

Thomas Isaac Log Cabin

Named after its late 19th century owner, this rustic structure was built circa 1780 as a settler's home of Ellicott Mills. The cabin was reconstructed on the present site in the late 20th Century. Here, visitors can learn about the settlement and development of the region and artisans. Open Saturdays and Sundays, 1-4pm, May through December. Private and group tours are available year-round, weather permitting. Info: 410-313-0420. 8394 Main Street, Ellicott City, MD 21043.





Volunteer Opportunities

The mission of the volunteer program is to enhance the programs and services of the Recreation & Parks Department with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation, and special events. To volunteer with Howard County Recreation & Parks, you must meet the following requirements:

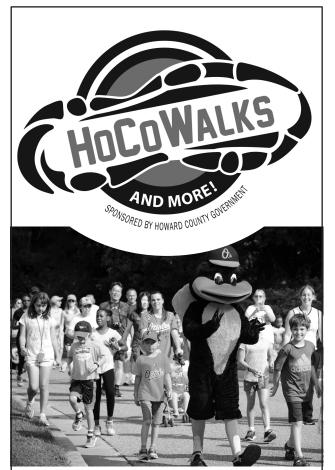
- Be at least 18 years old or 13-17 years old with parental consent;
- Complete the Volunteer Application;
- Be a good role model with a positive attitude; and
- If 18 or over, complete a Background Release Form, if required for the position.

To sign up for a volunteer opportunity or to find out what volunteer events are coming: www.hocovolunteer.org. Info: Shawnté Berry, 410-313-4624 or sberry@howardcountymd.gov.

Family Volunteer Day flickr

Beautify county parks and heritage sites for all to enjoy. Families, clubs, community groups, and organizations are welcome to volunteer! Tools and instruction provided by Recreation & Parks staff. Volunteers under 16 must be accompanied by an adult. Preregistration required (visit www.hocovolunteer.org); please register by October 28. Info: Linda DiPanfilo, 410-313-4704 or Idipanfilo@howardcountymd.gov.

<u>All ages Nov 18 Free</u> Location TBD 9am-noon Sa



Walks are at 9 AM

August 12

Walk with Oriole Bird / Rockburn Park 6105 Rockburn Branch Park Road, Elkridge, MD 21075

September 23

Walk and Zumba / North Laurel Park 9411 Whiskey Bottom Road, Laurel, MD 20723

October 21

Dress up in your Halloween costume and walk / Meadowbrook Park 5001 Meadowbrook Lane, Ellicott City, MD 21043

November 25

Turkey Trot / Schooley Mill Park 12975 Hall Shop Road, Highland, MD 20777

All walks, themes and locations are tentative.

Please bring water in a recyclable water bottle. (Water is not provided.)

In case of inclement weather, walks will be canceled. There is no rain date. Inclement weather: 410-313-4451 or www.howardcountymd.gov/hocowalks.



View classic, antique cars and hot rods at the Rockburn Open Car Show.

Activities for Everyone Special Events & Family Activities

August

Paleo Pathways Aug 12 Page 27

Rockburn Open Car Show flickr

Come celebrate the beauty of classic, antique, hot rods, and modified cars. Everyone finds great enjoyment in viewing the cars on display. Food is available for purchase. Info: Shawnté Berry, 410-313-4624.

All ages Aug 19 Rockburn Brai	<u>nch Pk </u>	<u>Sa</u>	Free for participants
RP4099.401 Car Entries	\$10, preregis	ter; \$15	, on-site registration
RP4099.402 Car Flea Market Ven	dor \$25, preregis	ter; \$30	, on-site registration
RP4099.403 Car Sales	\$20, preregis	ter; \$30	, on-site registration

Belmont Manor & Historic Park Open Houses

This unique site is not usually open to the public, so come and explore the pristine setting of one of Howard County's most beautiful sites. Belmont Manor's 68-acre natural setting includes an 18th century manor, historic outbuildings, a cemetery, aqua garden, carriage house, and original barn. Enjoy a self-guided walk through the house and a stroll through the gardens. (December open house is decorated for the season.) Info: 410-313-0420

All ages	Belmont	Aug 20	1-5pm	Su	Free
All ages	Belmont	Dec 3	1-5pm	Su	Free

September

Fall Flea Market & Vendor Fair

Clean out those basements, closets, and garages and haul your items down to this community center for a fun day of selling and buying. This event includes specialized vendors selling unique gifts, home décor, specialty clothing, and more. Space available on a first-come, first-served basis. Registrations required at least one week prior to the event. Event is held rain or shine. Tables available for a fee. Registration/Info: 410-313-4840.

All ages Free for shoppers \$20 per vendor (\$10 table fee)

RP4141.501 Gary J Arthur Comm Ctr 9am-noon Sep 9 Sa

Crafts with a Past Sep 9 Page 27

Curator's Choice: Lab Experience Sep 9 Page 27

Indoor Children's Bazaar

Gather your baby gear, toddler toys and children's accessories. Come down for a morning of selling and buying. This is a yard sale devoted to selling your infant's and children's outgrown items. Vendor space is limited to sellers on a first-come, first-served basis. Limited number of tables available for additional fee. Registration/Info: 410-313-0458.

All ages \$25 for vendors Free for shoppers

RP4406.501 N Laurel Comm Ctr Sep 9 9:30am-12:30pm Sa

Paleo Pathways Sep 16 Page 27

Robinson Nature Center Anniversary Open House flickr

We can't wait to celebrate Robinson Nature Center's 6th birthday with you! Come see what's new, including our new telescope-lending program and "Birdzels" Howard County ARTsites installation. Take part in live animal presentations, guided nature walks, face-painting, crafts and shows in our planetarium. Enjoy music by the New Southern Cow Tippers, activities with our partners, food vendors, the Nature Place, the Discovery Room and an outdoor picnic area. Children must be accompanied by an adult at all times. (No registration for this event.) Info: 410-313-0400 or www.howardcountymd.gov/RobinsonAnniversary.

All ages

RP4898.501 Robinson Nature Ctr Sep 17 Noon-5pm Su Free

Archeological Lab Day Sep 21 & 23 Page 28

Ghostly Guides Sep 29 Page 28

Public Star Parties

Come enjoy the night sky through telescopes set up by The Howard Astronomical League (HAL). At this relaxed, casual, family event, view live images on a big screen as seen through the Watson Telescope in HAL's new observatory. Info/weather updates: www.howardastro.org or 410-313-4372. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

RP0830.501	Alpha Ridge Pk	Sep 30	6-11pm	Sa	Free
RP0830.502	Alpha Ridge Pk	Oct 28	6-11pm	Sa	Free
RP0830.503	Alpha Ridge Pk	Nov 18	6-11pm	Sa	Free
RP0830.504	Alpha Ridge Pk	Dec 2	6-11pm	Sa	Free

October

Ghostly Guides Oct 6 & 13 Page 28

The Great Snipe Hunt!

Parents and kids, ever heard of Big Foot? The Loch Ness Monster? Howard County has its own creature of legend—The Howard County Snipe! Come gather around the campfire, take a hayride through the woods, and hear a story about the infamous, hard to catch but harmless Howard County Snipe! After hearing the story, come venture into the woods in search of this elusive creature. Bring a flashlight for this catch-and-release event. Sponsored by the Elkridge Adult Athletic Association. Sign up early; the event is cancelled if minimum enrollment is not met. Register by September 29. Info: Shawnté Berry, 410-313-4624 or sberry@howardcountymd.gov.

4-7 yrs Price is per child

RP3005.501 Pfeiffer's Corner Schoolhouse Oct 7 7-9pm Sa \$5

History Alive! Oct 8 Page 28

Archeological Lab Day Oct 14 Page 28



Trick or treat around trucks, tractors and other fun vehicles and enjoy music, hayrides, games, and more at Truck or Treat.

Crafts with a Past Oct 14 Page 27

Celebration of Sports (Individual)

Join us along with other organizations and businesses with a vested interest in community sports in Howard County for a Celebration of Sports. Share in the evening's events as we induct members into the Community Sports Hall of Fame, honor GoodSports recipients, and enjoy a delicious buffet dinner. Seating begins at 5pm. Tickets purchased on or after September 29 are held at will call. Info: Mike Blevins, 410-313-1691.

<u>18 yrs + Turf Valley Oct 17 5:30-9pm Tu</u> RP6600.501 \$42 Individual

RP6600.502 \$420 Table of 10

Celebration of Sports Golf Tournament Page 81

The Haunted Experience & Happy Haunted Hayride

Event is co-sponsored by the Elkridge Adult Athletic Association. Inclement weather: 410-313-4451.

The Haunted Experience

Whether you choose fright or fun, a memorable experience awaits you... an ink black night sets the stage for a spooky hay ride through the eerie trails to the ghostly dwelling deep in the woods. Awaiting you there are haunting tales of ghosts and goblins and horror that will tingle the spine!

 7 yrs +
 Rockburn Branch Pk (Montgomery Rd)
 \$10 at gate (cash only)

 Oct 20 & 27
 7-10pm
 F
 Oct 21 & 28
 6:30-10pm
 Sa

Happy Haunted Hayride

It's cute, it's friendly and not so scary. This hayride is for fun — not fright!

2-7 yrs + Rockburn Branch Pk (Montgomery Rd) \$5 at gate (cash only)

Oct 22 & 29 2-4pm Su

NEW! Scarecrow DIY!

Get creative at our scarecrow-making event. Bring a baby-footed pajama outfit to dress your scarecrow; we provide the rest! Preregistration is required; children must be accompanied by an adult. Registration/Info: 410-313-0390.

3-11 yrs \$15 center member; \$20 nonmember RP4408.501 N Laurel Comm Ctr Oct 21 10-11am Sa

Fall Hallo-Fest

Join us for a festive time that is fun for the entire family. Enjoy games, crafts, fall refreshments and entertainment! Children, come dressed in your favorite costume. Preregistration is required; children must be accompanied by an adult. Registration/info: 410-313-2764.

3-12 yrs Roger Carter Comm Ctr

RP5400.501 Oct 22 2-4pm Su \$12 (member) RP5400.502 Oct 22 2-4pm Su \$15 (nonmember)

Monster Mash

Show your Halloween spirit in a night filled with fun and friends. DJ, glow light sports, costume contest, indoor trick-or-treat, Xbox tournament, and more. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-16 yrs \$9 in advance, \$14 at the door

RP2991.501 Roger Carter Comm Ctr Oct 27 7:30-9:30pm F

Curator's Choice: Lab Experience Oct 28 Page 27

Night at the Museum: Masquerade Ball 0ct 28 Page 28

Truck or Treat **flickr**

Get in gear for a "wheely fun" day to celebrate Halloween and the 11th anniversary of the Gary J. Arthur Community Center at Glenwood! Come dressed in your favorite costume to trick-or-treat at all of the trucks, tractors, emergency vehicles and more, while meeting some of your hometown heroes. Each vehicle will be represented by our friends from County agencies, nonprofit groups, and local businesses. Enjoy live music, hayrides, face painting, children's activities, giveaways, story time provided by the Glenwood Branch Library, and more fall fun! Food trucks will be available to purchase lunch and snacks. **A sensory-friendly hour will be offered from 10-11am.** Sign up for our Halloween One Mile Fun Run/Walk which takes place at 9am to rev your fitness engine prior to Truck-Or-Treating. Info: Christine Lyons, 410-313-4843. Inclement weather status line: 410-313-4452 (ext. 1). All ages \$2, ages 2+ (max price of \$10 per family); Free, ages 1 yr & under Gary J. Arthur Comm Ctr Oct 28 10am-1pm Sa

Halloween One-Mile Fun Run/Walk

Come dressed in your favorite costume for a walk or run that includes fun circuits like crab walks and mummy kicks. This great family event has you exercising together while promoting healthy habits. All participants receive an award, goody bag, and refreshments. Pets, costumes, and strollers are welcomed. Preregistration required. Race begins promptly at 9am. Afterwards, continue the fun with free admission to the second annual Truck or Treat festival, beginning at 10am. Info: Sara Schwab, 410-313-4842.

3 yrs + \$10, center member; \$15, nonmember

RP4130.501 Gary J Arthur Comm Ctr 9-10am Oct 28 Sa

NEW! Howling Halloween Hullabaloo

This guided trick-or-treating adventure takes you through the Robinson Nature Center and along portions of its paved and wooded trails. Each stop offers fun, live interpretation on topics ranging from creepy, crawly critters to constellations, to howling and hooting creatures. Healthy treats from our sponsors (MOM's Organic Market and David's Natural Market) accompany each stop. Preregister for one of the program times to secure your spot, and arrive promptly so your guided adventure can begin on time. Please note, some trails used in this program are sloped and unsurfaced. All children must be registered and accompanied by a registered adult. Register by calling 410-313-0400. No online registration. Info: 410-313-0400 or www.howardcountymd.gov/RNCtrickortreat.

<u>5 yrs +</u>	Rob	inson Nature Ctr	\$ 10, child; \$5, adult	Oct 28	Sa
RP4858.5	501	4-5:30pm	RP4858.504	4:45-6:	15pm
RP4858.5	502	4:15-5:45pm	RP4858.505	5-6:30p	m
RP4858.5	503	4:30-6pm	RP4858.506	5:15-6:4	45pm

Trick-Or-Treat for Tots **flick**r

Enjoy a friendly, self-guided trick-or-treating adventure through Robinson's indoor exhibits and paved trail. Delight in Halloween-inspired music, crafts and tyke-friendly challenges along with live animals and healthy treats from our sponsors (MOM's Organic Market and David's Natural Market). Participants, including siblings, must register by calling 410-313-0400. No online registration. Info: 410-313-0400 or www.howardcountymd.gov/RNCtrickortreat.

2-6 yrs Robinson Nature Ctr \$10, child; \$5, adult; Free, siblings under 2 yrs Oct 29 Su

 RP4858.510
 9:30am
 RP4858.514
 10:30am

 RP4858.511
 9:45am
 RP4858.515
 10:45am

 RP4858.512
 10am
 RP4858.516
 11am

 RP4858.513
 10:15am
 RP4858.517
 11:15am

"Loved the music, animals, guidance at each station. Such a wonderful activity for the kiddos on Halloween!"

November

NEW! Big Wheel 500

On your mark; get set; and go! Race around an indoor course on big wheels, get your picture taken with a celebratory wreath, and take a swig from a cold bottle of milk - just like the pros! Each child must bring their helmet and wear closed-toed shoes. We provide the big wheels. Enjoy games, crafts and light refreshments. Preregistration is required. Info: 410-313-0458. \$15 center member; \$20 nonmember

RP4407.501 3-7 yrs N Laurel Comm Ctr Nov 4 10am-noon Sa

Historic Ellicott City Autumn Clean-Up

Lend a hand by assisting with litter pick up, street sweeping, window washing, and weeding of Historic Ellicott City. Meet at Center for a continental breakfast. We provide the tools necessary and an event T-shirt for those who volunteer. RSVP by October 27, all are welcome! RSVP/Info: 410-313-2764. RP5400.505 2 yrs + Roger Carter Comm Ctr Nov 4 7:30-10:30am Sa Free

NEW! Lil' Acorns in the Pumpkin Patch

Celebrate the season with your tiniest lil' acorn at this Fall-inspired parent/child special event. Wear your Halloween costumes, and enjoy a neighborhood-scale play date at the Robinson Nature Center filled with interactive activities including pumpkin rolls, photo-ops with roving, costumed creatures of the woods, pumpkin painting and more. All participants, must be registered to attend, and each child must be accompanied by a registered adult. Register by calling 410-313-0400. No online registration. Info: 410-313-0400 or www.howardcountymd.gov/RNCtrickortreat.

1 mos-6 yrs Robinson Nature Ctr \$8, child; \$5, adult RP4858.520 Nov 5 9:30am-Noon Su

How Mediumship Works and the Spirit Treasure Hunt

Are you interested in how mediumship works and how to recognize signs from those that have passed? This talk discusses how medium Rob Gutro was led on a journey that proves another man's spirit was with each member of the spirit's family and helped solve the mystery of his death. Info:410-313-0200.

18 yrs +

RP9909.501 Belmont Nov 7 7:30-9pm Tu \$15

Turkey Waddle

Join us as we gobble our way through North Laurel Park! The walk consists of different fitness and children's activities. You also have the chance to enter to win a turkey for your Thanksgiving dinner. Info/Registration: 410-313-0390.

3 yrs + \$5, center member; \$7, nonmember

RP4405.501 N Laurel Comm Ctr Nov 18 10:30-11:30am Sa



Kick off the holiday season with a tree lighting and caroling at Christmas in the Park!

Calling All Crafters: Crafter Jurying

You're invited to participate in the jurying process for Wine in the Woods and Holiday Mart 2018. Submit 4 professional photographs of your work (no Polaroids). Images must represent your original, handcrafted art/craft items and display. Selection is based on uniqueness, originality, quality, display, and popularity. Fee is non-refundable. Applications: www. howardcountymd.gov/rap (Forms and Publications). Info: Christine Lyons, 410-313-4843, or GJACC front desk, 410-313-4840. Wine in the Woods application deadline Nov 17, 2017 \$20

Holiday Mart application deadline Reb 9, 2018 \$20

Archeological Lab Day Nov 10 Page 28

Crafts with a Past Nov 11 Page 27

Tinsel & Treasures - Crafts and Home Fair

Jump-start your holiday shopping at our Holiday Craft Fair. Find unique gifts and decor at this event. Tables are limited to one per vendor. Space is limited. Preregistration for vendors required. Registration/Info: 410-313-0458.

All ages \$25 for vendors Free for shoppers

RP4157.502 N Laurel Comm Ctr Nov 18 10am-1pm Sa

Holiday Train Garden

Enjoy holiday fun provided by train enthusiast Dennis Moore. The layout features four continuously operating trains through an 8'x8' scenic garden. Visitors of all ages delight in the buttons to activate accessories or sounds. Train garden open during center hours. Info: 410-313-4840.

All ages Gary J. Arthur Comm Ctr Nov 19-Jan 14 Free

Paleo Pathways Nov 20 Page 27

December

Midnight Madness at the Historic Sites
Dec 1 Page 28

Holiday Mart **flickr**

Join us for the 45th year. Find seasonal gifts and merchandise created by 140 juried artisans. Enjoy horse-drawn carriage rides, door prizes and a children's craft corner. Shoppers know this is the place to find unique handcrafted items and home décor. You're sure to find something for everyone on your list! Hot and cold beverages, lunch and snacks available for purchase. Coat and package check also available. Info: 410-313-4840.

All ages \$5, ages 5+; Free, 4 yrs & under Vendors were juried in advance Gary J. Arthur Comm Ctr Dec 2 10am-5pm Sa

Belmont Manor & Historic Park Open

House Dec 3 Page 13

Christmas in the Park

Kick off the holiday season with Howard County's Tree Lighting ceremony! Enjoy an evening of caroling and light refreshments, topped off by our magical tree lighting. Visit www.howardcountymd.gov/christmasinthepark for details. Info: 410-313-7275.

All ages Centennial Park South Dec 5 6-7:30pm Free

Crafts with a Past Dec 9 Page 27

NEW! Holiday Decorating Workshops

Design and create your own holiday decorations this year out of sustainably-harvested evergreens and other natural materials. Workshops not only teach participants how to create decorations, but are social celebrations of the season with cider, music and light snacks. Come with a friend or family members! Morning and afternoon workshops are offered. Catered lunch option available. Sign up for the full day, or feel free to attend just one session. As materials must be harvested in advance and seating is limited, **you must register by December 1 to participate**. Info: 410-313-0400.

12 yrs + Robinson Nature Ctr

Holiday Centerpiece

Using a variety of freshly-harvested evergreens, create a beautiful oasis centerpiece adorned with natural materials for your table or mantle. Price is per centerpiece (not per person).

RP4861.501 Dec 9 10am-noon Sa \$45 RP4861.502 Dec 9 1-3pm Sa \$45

Festive Holiday Display on Wood

Paint a festive holiday display on natural wood pieces. This accent piece — featuring your choice of snowmen, reindeer or Santa — is perfect for both indoor and outdoor display! Price is per display (not per person).

RP4861.521 Dec 9 10am-noon Sa \$30

Catered Lunch and Optional Nature Walk

Make a day out of it! Enjoy a catered lunch featuring a baked potato bar with all the fixin's, salad and dessert. For those who want a chance to stretch their legs, a short, after-lunch guided nature walk along the trails is included. Price is per person.

RP4861.531 Dec 9 Noon-1pm Sa \$15_

Wreath-Making

Create your own 12-inch wreath using freshly-harvested evergreens for your front door! Price is per wreath (not per person).

RP4861.541 Dec 9 1-3pm Sa \$40

"Great program. I'll be back next year for sure!"

Deer Santa

Santa's reindeer have many skills. Delight in an afternoon of "Reindeer games" that test your skills against those of our four-legged friends in this family-friendly, self-guided adventure. Create holiday crafts, enjoy festive snacks, join us for an optional guided winter walk in the woods, and get a photo with Santa! All adults and children over the age of 1 year must be registered to participate. No online registration. Registration/Info: www.howardcountymd.gov/DeerSanta or 410-313-0400.

All ages \$15, child (over 1 year); \$7, adult; Free, under 1 year \$2 off each individual's registration for Robinson Nature Center members. RP4871.501 Robinson Nature Ctr Dec 10 Noon-4pm Su

"Love the different activities each year. Very fun, REALLY enjoyed."

Holiday Afternoon Tea

Belmont Manor's halls are decked with Holiday decor. Enjoy Afternoon Tea during this festive season. Your taste buds are tempted with a bottomless pot of tea, a Manor scone served with clotted cream and jam, tea savories and a delectable assortment of desserts. After taking tea, we invite you on

a self-guided tour. Pre-registration is required. Seating is communal. We suggest you arrive promptly at 2pm so you can save seats together for your entire party. Info: 410-313-0200.

12 yrs +

RP9900.501 Belmont Dec 10 2-4:30pm Su \$40

Archeological Lab Day Dec 16 Page 28

Save the Date

Calling All Crafters: Crafter Jurying

Holiday Mart application deadline Feb 9 See page 15 for information.

Snowflake Ball for Dads & Daughters flickr

Shake, rock and roll the winter blues away. Dads (or special adult) and daughters, enjoy refreshments, live DJ, dancing, games, crafts, and ice cream sundae bar. Fee includes a professional photo of each couple to take home. Each additional daughter is \$16 for center members and \$20 for nonmembers. Inclement weather date: January 13. Preregistration required. Registration/Info: Christine Lyons, 410-313-4843.

 4-11 yrs
 \$40, center members (1 child & 1 adult);
 \$16 for additional daughter

 \$50, nonmembers (1 child & 1 adult);
 \$20 for additional daughter

 RP4165.601
 Gary J Arthur Comm Ctr
 Jan 6
 5:30-7:30pm
 Sa

GJACC Indoor Track 5k

Come in from the cold for a 5K indoors on our 3-lane indoor track. Lanes open from 7:30-10:30am. Last runner must start before 10am. Times are posted on the web. Receive a t-shirt upon check-in. Register three or more people in a group for a 30% discount (use promo code "All In.") Inclement weather date is January 28. Info: Sara Schwab, 410-313-4842.

5 yrs + \$15, center member; \$20 nonmember

RP4132.601 Gary J Arthur Comm Ctr Jan 21 7:30-10:30am Su

Daddy-Daughter Sweetheart Dance **flickr**

Escort your princess to a memorable evening of dancing and fun. Enjoy dancing with a live DJ, light refreshments, crafts, souvenir photo, and ice cream sundae bar. Inclement weather date is January 27. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

4-6 yrs\$45 for 1 child & 1 adult; \$25 for additional daughterRP1029.101Roger Carter Comm CtrJan 204-6pmSa7-11 yrs\$45 for 1 child & 1 adult; \$25 for additional daughterRP1029.102Roger Carter Comm CtrJan 207-9pmSa



tadkins@howardcountymd.gov.





- All children under 18 must be accompanied by an adult.
- Info: Tracy Adkins, 410-313-7279 or tadkins@howardcountymd.gov.

September

The Harriet Tubman Museum

At this small museum in downtown Cambridge, learn of the strength, courage, and determination of Harriet Tubman. The museum offers exhibits and a short film about Tubman's life. Trip includes lunch in Hurlock, MD at the famous Suicide Bridge Restaurant - known for its delicious, fresh seafood. Lunch options: Crab Cake Plate or Chicken Divan Plate.

18 yrs +

RP4503.501 Long Gate Pk & Ride Sep 19 9am-4:30pm Tu \$80

Country Music Capital of the World -Nashville, TN

Plan ahead for this exciting trip! Enjoy a guided tour of Nashville that includes the Parthenon, the Country Music Hall of Fame, RCA Studio B, and more. Trip includes 5 nights lodging, 5 breakfasts and 3 dinners, including the Nashville Nightlife Dinner Theatre; lunches and 2 dinners are on your own. Performances at the Grand Ole Opry and Texas Troubadour Theater also included. A \$50 deposit saves your spot; final payment due 8/4.

18 yrs + Bain Ctr Days: 6

RP4501.501 Single Room Sep 23 7am-7pm Sa RP4501.501 Double Room Sep 23 7am-7pm Sa \$950

The Newseum, Washington, DC

To mark the 100th anniversary of the birth of President John F. Kennedy, the Newseum is bringing back for a limited time one of its most popular exhibits- Creating Camelot: The Kennedy Photography of Jacques Lowe. This stunning photo exhibit showcases more than 70 intimate and iconic images of President Kennedy, First Lady Jacqueline Kennedy and their children, taken by Jacques Lowe. Lunch is available on your own onsite at the deliciously catered Wolfgang Puck Food Section with hot and cold entrees.

RP4504.501 Bain Ctr Sep 29 7am-4:30pm F \$75

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.















See pictures and movies of our galaxy; view real rockets; and enjoy interactive exhibits at the National Air and Space Museum.

October

White House Tour - Washington, DC

Visit the White House! Rebuilt after a British attack in 1814, the President's House evolved with the personal touches of its residents, and accommodated such technological changes as the installation of electricity. Please call for details.

10 yrs +

RP4505.501 Bain Ctr Oct 14

Tea in the Tower

Come see the "the Nation's Church." Tea is served in the south tower's St. Paul's Room and Gallery with an inspirational view. Guests enjoy an English afternoon tea with traditional sandwiches, scones, and sweets served by volunteers from the All Hallows Guild, stewards of the grounds and gardens. This trip includes a detailed tour of the history and architecture of the cathedral and includes the beautiful sounds of the cathedral organ installed in 1938 with over 10,000 pipes.

18 yrs +

RP4506.501 Bain Ctr Oct 18 10:30am-6pm W \$80

National Air and Space Museum

This museum holds the largest collection of historic aircraft and spacecraft in the world! The museum contains the Apollo 11 module, the Friendship 7 capsule which was flown by John Glenn, the Bell X-1 which broke the sound barrier, and the Wright brothers plane, to name a few exciting exhibits to be appreciated! Lunch is on your own.

6 yrs +

RP4507.501 Bain Ctr Oct 20 8:30am-4:30pm F \$55

November

National Museum of African American History

This just opened in September 2016 and is currently one of the world's most popular museums. It holds close to 37,000 artifacts in its elaborate collection related to subjects such as African-American community, family, the visual and performing arts, religion, civil rights, slavery, and segregation. Lunch is on your own onsite at the Sweet Home Café located inside the museum. 6 yrs +

RP4508.501 Bain Ctr Nov 18 8:30am-4:30pm Sa

Maymont Mansion Holiday Tour

For six weeks a year, Maymont Mansion is decked out for the holidays! Enjoy the beautiful decorations and delightful events that attract visitors from all over the world. Beautiful trimmings on the 12-foot Christmas tree, the opulent dining room set for a feast, evergreen decorations, and lavish gifts welcome the season in grand Victorian style on this guided tour. It's a wonderful way to celebrate the season! Lunch on your own near venue. 6 yrs +

RP4509.501 Long Gate Pk & Ride Nov 30 8:30am-5pm Th \$70

December

A Christmas Carol at Ford's Theater

Visit historic and beautiful Ford's Theater! Join the ghosts of Christmas Past, Present and Future as they lead the miserly Scrooge on a journey of transformation and redemption. This music-infused production captures the magic and joy of Dickens's Yuletide classic.

6 yrs + Date TBD, please call for the date and price in Aug RP4513.501 Long Gate Pk & Ride

The *Lion King* at the Hippodrome

Disney presents a musical that brings the much-loved 1994 animated film to life to breath-taking effects, spirit and power, inviting you to explore the African Serengeti and join Simba on the adventure of a lifetime as he grows up and accepts his destiny as the King of the Pride Lands. Tickets go fast! 6 yrs +

RP4502.501 Bain Ctr Dec 3 11:30am-5pm Su \$155

A Beautiful Holiday at Ladew Topiary Gardens

Visit the beautifully-decorated Ladew Topiary Gardens Manor House while it is inspired by the magic of the season. Enjoy a delightful lunch on your own at the Manor House Café. Enjoy their shop that includes stunning, holiday arrangements and handmade decorations. This trip involves a moderate amount of walking.

18 yrs + Long Gate Park & Ride or Bain Ctr RP4520.501 Dec 8 10am-5pm F \$65

Mrs. K's and the Mormon Temple Visitor's Center

Celebrate the holidays at Mrs. K's Tollhouse Restaurant for over-the-top decorations and a delicious meal! After dining, re-board the bus for the trip to the Mormon Temple Visitor's Center in Kensington, MD. Enjoy a musical presentation, Christmas items from around the world and the gorgeous display of over 450,000 lights! Dinner choices include Pork Loin with Tarragon Mustard Sauce, Chicken Marsala, Grilled Salmon with Lemon Butter or Linguini Pasta with Artichoke Hearts and Tomatoes. Be sure to wear comfortable shoes, as some walking is required.

<u>6 yrs +</u>

RP4511.501 Long Gate Pk & Ride Dec 13 3:30-10:30pm W \$100

Holiday Brunch & Music in the Mansion

Spend the afternoon at the Engineers Club in Baltimore at the Christmas Cheer Concert presented by the Concert Artists of Baltimore. Enjoy a delicious brunch at historic Garret-Jacobs Mansion followed by glorious music.

RP4512.501 Bain Ctr Dec 16 10am-4pm Sa \$130

Adventure & Outdoors

- · www.howardcountymd.gov/adventure
- Custom Adventure and Outdoor Programs available. Let us work with you to design a unique adventure. Gather your scout troop, school group or friends and we'll do the planning and leading. Activity choices include themed birthday parties, campfires, archery, canoeing, rock climbing, kayaking, tubing, camping, and biking.
- Info: Dawn Thomas, 410-313-1754, dthomas@howardcountymd.gov; or Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

We offer many different drop-in and one-day programs not listed in this guide! Please go online for complete information.

Nature & Environment Page 23

Archery

- Take an introduction course to be eligible for the HCRP Target Archery Skills Club.
- No experience necessary and all equipment is provided for use during a program or class.
- Detailed information is e-mailed to participants.
- Info: Matt Medicus, 410-313-1769.
- Visit howardcountymd.gov/archery for up-to-date info.

Lil' Archers

Experience the sport of archery in a fun, safe and supervised environment. We use plastic arrows with rubber suction cups to teach the basics of archery. Detailed information is emailed to participants.

4-5 yrs Classes: 2

RP9062.501 Meadowbrook Ath Comp Oct 12 4-5pm Th \$35 RP9062.502 Roger Carter Comm Ctr Nov 4 10-11am Sa \$35

Learn the Art of Target Archery

Build and decorate your own PVC bow and learn techniques, form and range safety in a one-day class with our certified instructors.

6-7 yrs

RP9065.501 Rockburn Branch Pk Sep 30 9:30-11:30am Sa \$45

Introduction to Target Archery

Discover the basics of archery! Learn basic techniques and form using recurve and compound bows from an USA Archery-certified instructor. Equipment, safety and elements of shooting are covered. Course meets the requirement to participate in the HCRP Archery Clubs. 8-13 vrs

0-13 y13					
RP9061.501	Alpha Ridge Pk	Sep 9	9am-noon	Sa	\$55
RP9061.502	Alpha Ridge Pk	0ct 7	9am-noon	Sa	\$55
<u>13-17 yrs</u>					
RP9061.511	Alpha Ridge Pk	Sep 16	9am-noon	Sa	\$55
RP9061.512	Alpha Ridge Pk	0ct 14	9am-noon	Sa	\$55
<u> 18 yrs +</u>					
RP9061.521	Alpha Ridge Pk	Sep 16	9am-noon	Sa	\$55
RP9061.522	Alpha Ridge Pk	0ct 14	9am-noon	Sa	\$55













Learn basic form and range safety at an archery class.

Target Archery Together (Parent/Child)

Together with your child, learn the basic techniques of archery! Equipment, safety and elements of shooting are covered by an USA Archery-certified instructor. Fee is for one parent and one child. Course meets the requirement to participate in the HCRP Archery Clubs.

8-13 yrs

RP9063.501 Alpha Ridge Pk Sep 23 9am-noon Sa \$90 RP9063.502 Alpha Ridge Pk Oct 21 9am-noon Sa \$90

HCRP Target Archery Skills Club

Focus on refining target archery technique though practice and self-paced development with our USA Archery-certified instructors. Parents are welcome to sign up with their children during youth sessions. Prerequisite: You must have attended and completed our *Introduction to Archery, Archery Together or Archery Camp*.

8 yrs + Classes: 4

Noon-1:30pm Su RP9064.501 Alpha Ridge Pk Sep 10 \$65 Alpha Ridge Pk 2-3:30pm \$65 RP9064.502 0ct 7 Sa Alpha Ridge Pk RP9064.503 Oct 8 1-2:30pm \$65 Su RP9064.521 Alpha Ridge Pk 3:30-5pm 0ct 7 Sa \$65

Target Archery Open Range Pass

Sign up for an Open Range Pass to practice your target archery skills on select dates at the Alpha Ridge Archery location! Fee allows access at any or all of the Open Range times in that season - targets provided; bring your own bow and arrows. Use of HCRP equipment during your time at the range available to eligible archers for additional fee. Prior completion of a Recreation & Parks' Intro program is encouraged but not required to use the range. Archers must be able to participate in a safe and proper manner and follow range rules and staff directions at all times. Fall Open Range times (9/19-10/29): Saturday, noon-2pm and Sunday, 9am-noon.

8 yrs +

RP9066.501 Alpha Ridge Pk \$20 RP9066.502 Alpha Ridge Pk \$40

School's Out Archery Fishing & Kayaking

No school today? Then come spend the day outdoors on land and water! Make new friends while trying your hand at archery, fishing, kayaking, and field games. Fee includes equipment, instruction, transportation, supervision, and lunch. Detailed info emailed to participants prior to this fun-filled day. No experience necessary.

9-13 yrs

RP9240.501 Centennial Pk South Pavilion E Sep 21 9am-5pm Th \$73 RP9240.502 Centennial Pk South Pavilion E Sep 22 9am-5pm F \$73



Spend the night under the stars with your kids at Parent/Child Camping in the Park.

Campfires & Camping

Visit www.howardcountymd.gov/adventure for complete information and new campfire opportunities not listed in this guide!

Parent/Child Camping in the Park

Introduce your child to the joys of camping. Go on a flashlight walk and participate in your favorite campfire activities. Bring a tent and sleeping bags; snacks and breakfast are provided. Tents are available to borrow; indicate when registering. One additional immediate family member may be added for \$10 (must call to register with an additional person). Detailed information is emailed to participants. Info: Matt Medicus, 410-313-1769. RP9091.501 Rockburn Branch Pk Sep 15 6pm-8am F \$55

Fishing

- Visit the Adventure Shack and Rentals at Centennial Park for fishing gear and bait! Go to www.howardcountymd.gov/ adventureshack for more details.
- Do you fish Centennial Lake? Share your catch on the Centennial Lake Anglers log! More info at www. howardcountymd.gov/fishing
- Info: Dawn Thomas, 410-313-1754 or www.howardcountymd.gov/fishing

Nite Bite Fishing

Have you ever wanted to fish Centennial Lake at night? Now's your chance! Join Howard County Recreation & Parks for a unique opportunity to fish the lake after hours. Bring your own fishing pole, bait, tackle, bug repellent, flashlight or lantern, chair, or boat. Advanced registration is encouraged but on-site registration is available. Under 16 years must be accompanied by an adult. Additional rules: www.howardcountymd.gov/nightfishing. Anglers 14 yrs & up can register for the Nite Bite Fishing Tournament Series for a chance to win \$200 (\$60 fee, see website for details).

All ages

RP9154.501 Centennial Pk South Boat Ramp Sep 15 6-11pm F \$5 RP9154.502 Centennial Pk South Boat Ramp Oct 14 6-11pm Sa \$5

Nite Bite Fishing Tournament Series

Anglers 14-up, visit howardcountymd.gov/nightfishing to find out how to participate in a tournament series through the 8 dates of Nite Bite Fishing. Cash Prizes awarded at series conclusion.

14 yrs +

RP9154.550 Centennial Pk South Boat Ramp \$60



Learn how to rig a pole, cast, and more at Intro to Fishing.

Intro to Fishing

New, young anglers, come learn to rig a pole, cast, identify fish, tie knots, and much more. No experience necessary. All equipment and bait is provided. This class is a great way to make friends and swap fish stories while learning a new, lifelong outdoor skill. Info: Dawn Thomas, 410-313-1754. 5-13 yrs Classes: 2

RP9153.501 Centennial Pk Sep 19 6-8pm Tu \$35

Let's Go Fishing! (Parent/Child)

This fishing class for beginners focuses on rigging a pole, casting, fish identification, knot tying, and much more. No experience necessary. All equipment and bait are provided. This class is a great way to spend quality family time together while learning a new lifelong outdoor skill. Info: Dawn Thomas, 410-313-1754.

5-12 yrs Classes: 2

RP9152.501 Centennial Pk Sep 18 5:30-7pm M \$35 RP9152.502 Centennial Pk Sep 27 5:30-7pm W \$35

School's Out Archery Fishing & Kayaking Page 19

Adult Fishing Clinic

New anglers, learn to cast, identify fish, rig a pole, tie knots, and much more. No experience necessary and all equipment and bait is provided. Info: Dawn Thomas, 410-313-1754.

18 yrs +

RP9156.501 Centennial Pk Sep 20 6-8pm W \$15

Freshwater Fishing Trip

Intermediate and experienced anglers, join us for a trip to Zett's Tristate Fish Farm & Hatchery! 8 freshwater fishing ponds are stocked with an assortment of freshwater species. Catch and release, or each angler may keep up to 6 fish - bring your own cooler. Rod, tackle and some natural bait provided - additional bait available for purchase on-site. Bring your lunch - feel free to bring your own rod & tackle. Info: Dawn Thomas, 410 313 1754.

<u> 18 yrs +</u>

RP9157.501 Centennial Pk Oct 4 6am-6pm W \$40



Search for buried treasure using GPS technology at the Geocaching Discovery Walk.

Geocaching

Geocaching Discovery Walk

Learn how to use modern GPS technology to find hidden treasure boxes all over the world! Families, explore the outdoors and get caught up in the thrill of the hunt! Bring your GPS unit or smartphone (Geocaching app optional), a water bottle and hiking shoes. Under 16 must be accompanied by a participating and registered adult. Info: Matt Medicus, 410-313-1769.

RP9170.501 Rockburn Branch Pk Sep 16 9-10:30am Sa \$9

Paddling

- Earn a certificate and patch by taking a flat-water canoe or kayak paddling basics class and paddling our series of four MD waterways at least once within a three-year period.
- Fees are per person. Canoes are two-person boats; kayaks are either single or double.
- Under 16 must be accompanied by a participating parent or guardian.
- Detailed information is emailed to participants.
- For more paddling opportunities (Moonlight Canoeing, guided wildlife paddle) or more information visit www.howardcountymd.gov/paddling or call Matt Medicus, 410-313-1769.
- Practice your skills by renting a canoe or kayak from the Adventure Shack & Rentals at Centennial Park (info: www.howardcountymd.gov/adventureshack).

School's Out Archery Fishing & Kayaking Page 19

Flatwater Paddling Basics for Canoe or Kayak

Learn flat water paddling techniques, self-rescue, safety, gear selection, and how to load a canoe or kayak. Participants under 16 are placed in a canoe or tandem kayak with an accompanying registered adult. Wear loose-fitting layers of warm clothing. This is an American Canoe Association certified instructional program. Info: Matt Medicus, 410-313-1769.

10 y13 T					
RP9120.501	Centennial Pk	Sep 9	9:30am-noon	Sa	\$35
RP9125.501	Centennial Pk	Sep 9	9:30am-noon	Sa	\$35
RP9125.502	Centennial Pk	Sep 9	1-3:30pm	Sa	\$35



Enjoy the great outdoors as you paddle at Float the Potomac.

Float the Potomac

Nature enthusiasts and families can discover the beauty of scenic Potomac River northwest of Harpers Ferry on this one-day trip. Beginner to intermediate paddlers welcome. All paddlers must complete our Flatwater Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats; bring lunch (no nut products) and beverage. Detailed information is emailed to participants. Info: Matt Medicus, 410-313-1769.

4.0		
10	vrs	+

RP9123.501	Long Gate Pk & Ride	0ct 1	9am-6pm	Su	\$47
RP9123.502	Long Gate Pk & Ride	0ct 1	9am-6pm	Su	\$47
<u> 16 yrs +</u>					
RP0123 511	Long Gate Pk & Ride	Oct 1	0am_6nm	Su	\$68

Float the Antietam

Nature enthusiasts and families, come enjoy a day of paddling on Antietam Creek near Sharpsburg, MD. Choose a canoe, double kayak or single kayak. Beginner to intermediate paddlers welcome. All paddlers must complete our Flatwater Paddling Basics class before the trip. Fee is per person, which includes transportation, leadership and boats; bring a lunch (no nut products) and beverage. Detailed info emailed to participants. Info: Matt Medicus, 410-313-1769.

10 vrs +

10 115 1					
RP9124.501	Long Gate Pk & Ride	Sep 17	9am-6pm	Su	\$47
RP9124.502	Long Gate Pk & Ride	Sep 17	9am-6pm	Su	\$47
<u> 16 yrs +</u>					
RP9124.511	Long Gate Pk & Ride	Sep 17	9am-6pm	Su	\$68

Rock Climbing

Indoor Rock Climbing at the

Roger Carter Community Center

Boost your confidence; get a great workout on the 26-foot-tall wall. Open climbs are only \$5 per person! Climbing wall rentals & parties also available; call Dawn Thomas, 410-313-1754. Visit www.howardcountymd.gov/rockclimbing for complete information (including open climb times and fees).



Climb the 26-foot wall at Roger Carter at open climbs.

School's Out Rock Climbing & Swimming

Rise to new heights on our indoor climbing wall! No experience necessary. Fee includes equipment, instruction and supervision. Build confidence and make new friends while participating in rock climbing and team building games, then relax in our indoor pool. Detailed info is emailed to participants prior to the event. Info: Matt Medicus, 410-313-1769.

<u>9-13 yrs</u> RP9241.501 Roger Carter Comm Ctr Oct 20 9am-5pm F \$73



Trail Hikes

- Thanks to volunteer Trail Hike leaders Mary Boeckman, John Breivogel, Henry Ellis, and John Singleton!
- Looking for a way to give back to the community and share your love of hiking? Visit www.hocovolunteer.org for more information on how you can become a Trail Hike leader.
- The HCRP Trail Hike program features many historic sights and panoramic views. Trip leaders interpret points of interest and keep a moderate pace.
- Under 16 must be accompanied by a participating parent or guardian.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.
- Info: Matt Medicus, 410-313-1769 or howardcountymd.gov/trailhikes.

Antietam National Battlefield

Follow the steps of the battle, which celebrates its anniversary on Sep 17. Starting at the infamous Cornfield, passing through the attack of Miller's Farm, West Woods, and Bloody Lane, where in 3 hours, 5,500 soldiers died. The final stretch of the trail ascends through Burnsides Bridge into Sharpsburg. Moderate terrain: 7 miles.

<u>8 yrs +</u>

RP9181.501 Long Gate Pk & Ride Sep 23 8am-4pm Sa \$17

Billy Goat Trail

Hike along the Potomac River and through Mather Gorge. Scramble over rocks and enjoy the scenery of Great Falls. Visit the Great Falls Visitor Center. Difficult terrain: 5.4 miles.

8 yrs +

RP9181.502 Long Gate Pk & Ride Oct 28 8am-4pm Sa \$17

Appalachian Trail

The Appalachian Trail crossing Virginia, Maryland and Pennsylvania features historic Civil War sights and panoramic views of mountains and valleys; trip leaders interpret points of interest. Hike leaders keep a moderate pace. Earn a certificate and patch by hiking each of the seven sections in the Maryland Appalachian Trail series at least once within a 3-year period. Earn a 100-mile certificate and patch by hiking additional miles on the Pennsylvania and Virginia sections of the Appalachian Trail.

PA AT #5: Rt 34 to Pine Grove Furnace St Pk

Eat your lunch after ascending to the top of Piney Mountain then descend into Pine Grove Furnace. Moderate terrain: 8.7 miles.

<u>8 yrs +</u>

RP9183.501 Long Gate Pk & Ride Oct 14 8am-6pm Sa \$20

VA AT#4 Ashby Hollow to Ashby Gap

Start near Ashby Hollow and hike south to Ashby Gap on US 50. Climb four hills and cross five streams. Lunch at Rod Hollow Appalachian Trail Shelter. Several views of mountains and valleys. Moderate terrain: 7.8 miles. 8 yrs +

RP9184.501 Long Gate Pk & Ride Nov 18 8am-6pm Sa \$20

MD AT#7 Weverton to Harpers Ferry

Hike along the C&O Canal overlooking to the rapids of the Potomac, then stop for lunch below Maryland Heights at the confluence of the Potomac and Shenandoah Rivers. Visit the site of John Brown's raid in historic Harpers Ferry and AT Headquarters. Flat terrain with an optional steep climb to Maryland Heights: 5.5 miles.

8 yrs +

RP9180.501 Long Gate Pk & Ride Dec 9 8am-4pm Sa \$17

Catoctin Trail

The 27-mile Catoctin Trail runs from Gambrill State Park through Frederick City Watershed and ends in Catoctin Mountain Park. Nine miles of the trail crisscrosses through Cunningham Falls State Park. Earn a certificate and patch by hiking each of the four sections of the Catoctin Trail series at least once within a 3-year period. Hike leaders keep a moderate pace and interpret point of interest.

CAT #4 Houck Area to Mt Zion Rd

Follow the Cunningham Falls State Park trail into the wooded National Park horse trails. Pass hemlock groves, fresh springs and creeks. Enjoy a spectacular lunch-break at the top of the falls. Moderately difficult terrain: 7 miles.

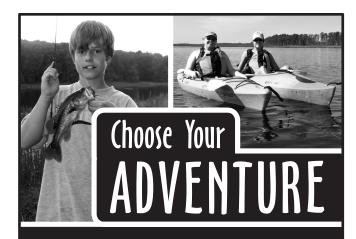
RP9182.501 Long Gate Pk & Ride Sep 16 8am-4pm Sa \$17

CAT #2 Mountaindale Rd to Hunting Creek

Look for signs of deer and wild turkey along this wooded trail that crosses Steep Creek. Survey the scenery at White Rocks. Moderately difficult terrain: 8.8 miles.

8 yrs +

RP9182.502 Long Gate Pk & Ride Nov 11 8am-4pm Sa \$17



CUSTOM

Adventure & Outdoor Programs

We will work with you to design a unique adventure!

Gather your scout group, school group, co-workers, family or friends and we do the planning and leading.

Specializing in birthday parties, campfires, fishing, target archery, canoeing, rock climbing, kayaking, river tubing, camping, biking and much more!

Info:

Dawn Thomas, 410-313-1754 or dthomas@howardcountymd.gov.



Visit Robinson Nature Center for a night of astronomy and entertainment at a Family NatureSphere Night or Friday Late Night.

Nature & Environment

- Below is in order by date.
- Call 410-313-0400, or go to

www.howardcountymd.gov/RobinsonNatureCenter for information on the Robinson Nature Center and its programs, exhibits, field trips, special events, volunteer and scout opportunities, birthday parties, rentable rooms, planetarium, community partners, gift shop, and more.

Adventure & Outdoors Page 18

Home School Page 29

Astronomy & Planetarium

- Planetarium programs are held in the NatureSphere, a digital planetarium and dome-style movie theater.
- For planetarium shows, arrive 15 minutes prior to the show time to be seated. Due to dark conditions, we cannot seat you during the show.
- Sensory-friendly accommodations are available for all planetarium programs upon request. To make a request, contact the Robinson Nature Center no later than one week in advance of the program.
- Previews of planetarium films: www.howardcountymd.gov/RNCNatureSphereFeatures.
- · Listed by earliest start date.
- Fee/price is per person.
- Registration/Info: 410-313-0400.

Robinson Nature Center howardcountymd.gov/RobinsonNatureCenter 410-313-0400

Public Star Parties Page 13

NEW! Family Fridays Under the Dome

Treat your family to unique evenings at the Robinson Nature Center's Nature-Sphere planetarium. Each program features a full-dome movie preceded by a themed, family-friendly planetarium presentation. See below for show themes, films and age recommendations. No late seating.

Robinson Nature Ctr 6:30-7:30pm

Fall Stars — Discover the constellations that appear in our night sky during the fall season, and enjoy the full-dome movie, "We Are Stars." Feel free to get cozy, and join us in your PJ's!

RP4801.501 7 yrs + Sep 1 F \$6

Creatures of the Night — Hear the stories behind the mythological beasts that many of our constellations are named after, and enjoy the full-dome movie, "We Are Aliens." Feel free to join us in your Halloween costume!

RP4801.502 5 yrs + Nov 3 F \$6

Winter Star-hopping — Winter is the best season to view the stars. Learn about the brightest stars in the winter sky and their place in historical myths and events. Enjoy the full-dome movie, "Stars." Feel free to join us in your tackiest, or most cherished, holiday sweater!

RP4801.503 7 yrs + Dec 1 F \$6

Friday Late Nights in the NatureSphere

Treat your partner or friends to a unique Friday night experience of topnotch astronomy and entertainment at the Robinson Nature Center. This program is held in the Naturesphere planetarium and features a full-dome movie preceded by an adult-level planetarium presentation about current happenings in our night sky and space science. No late seating.

18 yrs +	8-9	<u>m</u>		
RP4800.501	Passport	Sep 1	F	\$6
RP4800.502	Impact!	0ct 6	F	\$6
RP4800.503	Passport	Nov 3	F	\$6
RP4800.504	*Stars	Dec 1	F	\$6

*Dr. Joel Goodman explore various scientific interpretations of the existence and appearance of the Star of Bethlehem for December's pre-feature presentation.



Look for Dinosaur eggs and dig for bones with your little one at Lil' Acorns Dinosaur Dash.

NatureSphere at Noon

Explore Robinson Nature Center's trails, Discovery Room and Nature Place, and before you leave for lunch, join us for a short, family-friendly full-dome film! This program is held in the NatureSphere planetarium. No late seating. Robinson Nature Ctr \$3 per ticket with daily admission or annual pass

Noon-12:30pm

RP4802.511	Zula Patrol: Down to Earth	3 yrs+	Sep 9	Sa
RP4802.512	Zula Patrol: Down to Earth	3 yrs+	Sep 30	Sa
RP4802.513	Impact!	7 yrs+	Oct 14	Sa
RP4802.514	Impact!	7 yrs+	Nov 11	Sa
RP4802.515	We Are Aliens	5 yrs+	Nov 25	Sa
RP4802.516	We Are Aliens	5 yrs+	Dec 23	Sa

Lil' Stars (Parent/Child)

Let your little one discover outer space through views of the stars and planets, stories, crafts and song. Give your child a special nighttime experience during the day! Each month we focus on a different theme – from the colors of stars, to the stories behind a constellation, to the seasonal changes in the sky. Preregister to secure your seats.

3-8 yrs with a parent Robinson Nature Ctr

\$3 per person wi	ith daily admission	or annual pass

35 per person with daily dumission of annual pass						
RP4802.501	Galaxies	Sep 16	10:30-11am	Sa		
RP4802.502	NEW! Monstrous Moons	Oct 21	10:30-11am	Sa		
RP4802.503	Giant Gas Planets	Nov 18	10:30-11am	Sa		
RP4802.504	Rocky Planets	Dec 16	10:30-11am	Sa		

Pre-Thanksgiving NatureSphere Movies

Have family in town? Treat them to a full-dome movie in the NatureSphere planetarium and then explore the Robinson Nature Center trails, outdoor Nature Place, children's Discovery Room, and two stories of interactive exhibits. No late seating.

Robinson Nature Ctr Nov 23 \$3 per person with daily admission or annual pass

RP4800.511	One World, One Sky	3 yrs +	10-10:30am	W
RP4800.512	Zula Patrol: Down to Earth	5 yrs +	11:30am-noon	W
RP4800.513	We Are Stars	7 vrs +	1:30-2pm	W

Family & Parent/Child

- Programs in this section require an adult to register with their child and accompany them at all times.
- Registration/Info: 410-313-0400.

First Saturday Stories

Join us for the first Saturday of the month as we introduce a special nature theme through an engaging story. Pick up your free ticket at the front desk. Each month's theme is highlighted for the remainder of the month at the Discovery Room Field Station (7 years +) and during special weekend hours with docent-led activities (all ages).

3-10 yrs	Robinson Nature Ctr	Free with	n daily ad	<u>lmission or</u>	annual	pass
DD 4002 F	01 Fall Lagues	Cam 2 12		Ca		

KP4803.501	Fall Leaves	Sep 2	11:30am	Sa	
RP4803.502	Bats	0ct 7	11:30am	Sa	
RP4803.503	Animal Tracks	Nov 4	11:30am	Sa	
RP4803.504	Bears	Dec 2	11:30am	Sa	

Robinson Nature Center Anniversary Open House Page 13

Lil' Acorns Dinosaur Dash (Parent/Child)

Hold your lil' acorn's hand through an unforgettable morning discovering dinosaurs through tot-friendly investigations! Look for dinosaur eggs in the woods, use your senses to explore a mini-dinosaur marsh and dig for bones in the sand. This parent/child, interactive program focuses on one-on-one interaction with your child, and includes song, sensory activities, a puppet show and a short walk through the woods.

2-3 yrs with an adult Robinson Nature Ctr \$18 (one parent, one child) RP4817.501 Sep 23 10-11:30am Sa \$18

NEW! Hawk Watch

Join Mike Kerwin of the Howard County Bird Club and a Robinson Nature Center Naturalist during the peak of Broad-winged Hawk migration to search the skies for Bald Eagles, Hawks, Vultures, Kestrels, Merlins, and Falcons. Bring a lawn chair and spend a relaxing morning learning about raptor ID, viewing bird behavior, and enjoying each other's company. All children under the age of 16 must be accompanied by a registered adult. Meet at Robinson and caravan to Meadowbrook Park. This program is weather-dependent (cancelled with refunds issued, in case of heavy rain or high winds). Preregistration is required.

12 yrs +

RP4828.501 Meadowbrook Pk Sep 23 10am-1pm Sa \$5

NEW! Hungry Caterpillar Tea Party

Spend a fantastic afternoon at our hungry caterpillar tea party! Discover how caterpillars transform themselves into beautiful butterflies and enjoy photo ops as your little one dons his/her own pair of wings and journeys through the nature center. Make a plush, cuddly caterpillar companion to take home. Afterwards, sit and savor a full tea service by Sweet Simplici-Tea tea room. Tea service includes tea, lemonade and delightful treats just right for little fingers. Fee includes program, all materials, full tea service, and gratuity for service. Children must be accompanied by a registered adult. As this is a catered event, you must register no later than September 17 to attend.

3 yrs + with an adult Robinson Nature Ctr \$25, child; \$20, adult

RP4865.501 Sep 24 2-4pm Su

Robinson Nature Center howardcountymd.gov/RobinsonNatureCenter 410-313-0400



Play nature games, take a sunset hike, enjoy an animal presentation, and watch a planetarium movie at Kids Night Out (page 26).

NEW! Take Your Child Birding (Parent/Child)

Take your child and/or grandchild on a fun, bird-watching walk. John Harris of the Howard County Bird Club and a Robinson Nature Center Naturalist lead the group along the Robinson Nature Center trails to search for migrant birds including hawks, doves, woodpeckers, flycatchers, vireos, warblers, sparrows, blackbirds, orioles, and other species. Enjoy kid-friendly activities along the way including searching for feathers, building nests and more. This program is weather-dependent (cancelled with refunds issued, in case of heavy rain). **Preregistration is required.**

4-9 yrs with an adult Robinson Nature Ctr \$10 (one child, one adult) RP4828.502 Sep 30 9-10:15am Sa \$10

NEW! Finding the Way to Freedom

Discover how enslaved individuals found their way to freedom through Howard County, MD. Hear how the two Ellicott City Courthouses, now part of the National Park Service's Freedom Trail, challenged the institute of slavery through decisions made in historical court cases. Then, immerse yourself in the navigation of the Underground Railroad. On a short hike, learn how signals sewn into quilts, lyrics of songs, and natural signs were used to guide fleeing slaves North along a safe route. End in the planetarium where you discover the stars and constellations that served as their nightly beacons. All children must be accompanied by a registered adult.

7 yrs +

RP4874.501 Robinson Nature Ctr Oct 6 6:30-7:30am F \$8

Animals, Animals, Animals

Families, come explore nature in an engaging, play-to-learn platform with staff from the Port Discovery Children's Museum. Programs integrate music, poetry, games, and nature exploration. Themes below. No registration necessary. Children must be accompanied by an adult at all times.

3-10 yrs with an adult Robinson Nature Ctr

Free with daily admission or Robinson annual pass

What am I? — Learn about Earth's living creatures while exploring the rhythm of language through Japanese poetry!

Oct 8 1:30-2:15pm Su

Creatures of the Night — Use multimedia tools and games to investigate how bats navigate, and learn about other creatures with whom bats share the night.

Oct 22 1:30-2:15pm Su

Our Wild Planet — Play percussion instruments from all over the world as you explore the amazing animal kingdom and create the sounds of our wild planet!

Nov 12 1:30-2:15pm Su

"Brown Bear / Polar Bear" — A Bill Martin, Jr. Celebration — Introduce your child to theater play inspired by Bill Martin, Jr.'s classic children stories: "Brown Bear, Brown Bear, What Do You See?" and "Polar Bear, Polar Bear, What Do You Hear?"

Nov 19 1:30-2:15pm Su

NEW! Howling Halloween Hullabaloo Page 14
Trick-or-Treat for Tots
at Robinson Nature Center Page 15

NEW! Lil' Acorns in the Pumpkin Patch Page 15

Lil' Acorns Winter Wonders (Parent/Child)

Hold your lil' acorn's hand through an unforgettable morning discovering what animals do in the winter, making masks, and exploring the wonders of nature. This interactive program focuses on one-on-one interaction with your child, and includes songs, sensory activities, a puppet show, and short walk through the woods.

2-3 yrs with an adult Robinson Nature Ctr \$18 (one adult, one child)
RP4817.502 Dec 2 10-11:30am Sa

Deer Santa Page 16

Youth

- For programs listed as "drop-off" programs at the Nature Center, parents are welcome to stay for the duration of the program, but are subject to the Center's \$5 per adult admission fee
- · Listed by earliest start date.
- Fee/price is per person.

NEW! Animal Tracker Mysteries After School with Robinson Nature Center

Set your backpacks aside, and navigate a fascinating natural mystery with staff from the Robinson Nature Center. Each week, clues build on one another towards the final solution. Classes incorporate live animal presentations, hands-on investigations, games and more. Make up classes for those canceled due to inclement weather occur in the two weeks following the initial 6 classes. Info/registration: 410-313-0400.

Grades K-4 \$99 Classes: 6

RP4812.551 Northfield ES Sep 27 3:15-4:15pm W







Enjoy Holiday Decorating Workshops, see page 16.

School's Out: Living Off the Land Day Camp

While school is out, join us for an incredible day learning about how to use natural materials for survival skills and well-being. Explore the great outdoors, and create hands-on, historical crafts using beeswax, native plants and other natural resources. During live animal presentations, discover how humans copy and adapt survival strategies of animals for our own use. Take a short nature hike and practice building your own shelter! Pack a snack and a non-perishable lunch (no nut products).

6-12 yrs Robinson Nature Ctr

RP4812.501 Day camp Sep 22 8:30am-3:30pm F \$50 RP4812.502 After-care Sep 22 3:30-5pm F \$10

"My son who is in 3rd grade is not easily entertained (prefers Legos and video games), but he had a blast, so it must have been really awesome to keep his attention."

Kids Night Out at Robinson Nature Center

Spend a Friday night out with your friends at the Nature Center after-hours! We provide a pizza dinner and tons of fun activities including nature games, a sunset hike, live animal presentations and a full-dome movie in our NatureSphere planetarium. Mom and dad, enjoy your own evening out, and return to learn all about your discoveries. Moms, check out our Ladies Night Hike Out (this page, RP4883.501) that evening. This program is a drop-off program and requires a participant information form for each child.

5-10 yrs Robinson Nature Ctr 6-9pm

RP4881.501	Non-member	Oct 13	F	\$40
RP4881.502	Member	Oct 13	F	\$30
RP4881.503	Add. sibling (non-member)	Oct 13	F	\$20
RP4881.504	Add. sibling (member)	Oct 13	F	\$15

School's Out: Can You Dig It? Day Camp

While school is out, unearth a day of fun! Discover how to piece together proof of how an animal lived using clues from skulls, bones and other natural signs you find along a short nature hike. Enjoy the full-dome feature, "Dinosaurs Alive." Get your hands dirty as you learn about archeology (how humans used to live) and about different cultures who lived in the Columbia area. Pack a snack and a non-perishable lunch (no nut products).

7-12 yrs Robinson Nature Ctr

RP4812.503 Day camp Oct 20 8:30am-3:30pm F \$50 RP4812.504 After-care Oct 20 3:30-5pm F \$10

Adults

NEW! Coffee Lover's Hike, History, Tasting and Pairing

Enjoy a coffee-lovers morning at Robinson Nature Center! During a short walk through the woods, discover the history and ecology of the plant so many of us rely on every morning. Learn about growing conditions, challenges faced by coffee farmers and distinctions such as fair trade and organic. Discover the drink's history and its role in Colonial America as you witness a coffee bean roasting demonstration. End by fueling up with a coffee tasting and discussion of different coffee varieties and flavor profiles provided by local coffee roaster, Pfefferkorn's Coffee. Handmade, bakedgood pairings by Sweet Simplici-tea accompany three of the six tastings. Coffee is available for sale on-site.

RP4826.501 18 yrs + Robinson Nature Ctr Nov 18 10:30-11:45am Sa \$25

Ladies Night Hike Out!

Join other nature-loving gals on this unique, Friday night adventure! Immerse yourself in the nocturnal wonders of the Middle Patuxent Environmental Area (MPEA). Knowledgeable Robinson Nature Center naturalist are guides for this hour and a half-long wonders of the night hike. Meet at the Robinson Nature Center to caravan to the MPEA. See our "Kid's Night Out" program (previous column) as a childcare option for your evening out. The hike covers approximately 2 miles on unpaved terrain. Bring a flashlight. 18 yrs +

RP4883.501 Middle Patuxent Envir Area Oct 13 6:30-8:30pm F \$10

"My favorite part was learning about the area (nature/history), and the surprise sounds."

NEW! Sippin', Strollin' & Succulents

Join us for a relaxed evening out at the Robinson Nature Center. Sip wine from Linganore winery, and enjoy hors d'oeuvres and small desserts. Take a guided tour of, or stroll at your leisure through, the Nature Center's gardens, green roof and portions of the trail in the evening light of autumn. Create a succulent garden terrarium in a beautiful glass display bowl to take home while learning the amazing properties of succulents and how to maintain them in both outdoor, native plantings and indoor displays. Photo ID required for consumption of alcoholic beverages. All food, wine, plants and materials for terrarium included in price.

<u>21 yrs + Robinson Nature Ctr \$68</u> RP4883.511 Oct 14 7-9pm Sa

Maryland Master Naturalist Certification Training

Become a Certified Maryland Master Naturalist! Applications are only accepted between Nov 1 and Dec 1, 2017 for the 2018 class. Individuals accepted into the training receive 60 hrs + of instruction from field experts. Topics range from insects, mammals and stream ecology to interpretation, astronomy and geology and include hands-on experiences outdoors. Classes are held each Tuesday (3/13-5/15, 2018) with two additional field trip dates. Certification requires attendance at classes and 40 hours of volunteer service to the Robinson Nature Center in 2018. Payment goes to the University of Maryland Extension and is due if an applicant is accepted into the program. Info/how to apply: www.howardcountymd.gov/Robinsonnaturecenter under "Education," or Kelly Vogelpohl at kvogelpohl@howardcountymd.gov. 18 yrs + Classes: 9

RP4837.501 Robinson Nature Ctr Mar 13 9am-4pm Tu \$250

NEW! Holiday Decorating Workshops Page 16

NEW! The "New" Moon Page 62

NEW! Fall Geocaching Page 62

Heritage Programs

Bring a reusable water bottle, nut-free lunch (when over meal time) and a snack (when over meal time). Info: Caitlin Chamberlain, 410-313-0420 or cchamberlain@howarcountymd.gov.

Classes/Programs

School's Out: Living Off the Land Day Camp
Page 26

NEW! Finding the Way to Freedom *Page 25*NEW! School's Out: Can you Dig It Day Camp *Page 26*

Introduction to Blacksmithing

Tools, nails, and everyday items, blacksmiths made the objects that built early American communities. Explore the art of shaping metal using heat and force. Over the course of this two day, 12-hour introductory blacksmithing workshop, watch demonstrations by one of the few local master blacksmiths and make your own iron-forged tool using traditional methods. Strike while the iron is hot; you won't want to miss this chance to forge your own piece of history!

16 yrs + Classes: 2

RP9989.501 Living Farm Heritage Museum Sep 9 9am-3pm Sa,Su \$160

Signed, Sealed, Delivered -A Calligraphy Workshop

Are you looking to add a distinctive element to your wedding, special event or craft project? Spend an afternoon or evening learning the basics of the ancient art of calligraphy and how to add a timeless and personal touch to your invitations, place cards or thank you notes. Discover the history of this writing form with plenty of time to try it out for yourself. We provide calligraphy pens, ink and an assortment of stationary to practice the basics of script technique for numbers and letters. Leave the workshop with samples of place cards and invitation envelopes of your own design. Continue crafting your own unique style at home with our calligraphy kits. Kits include a calligraphy pen and a collection of paper types.

16 yrs +

RP9975.501 Ellicott City Colored School Restored Sep 14 7-9pm Th \$65 RP9975.502 Ellicott City Colored School Restored Oct 21 1-3pm Sa \$65

Calligraphy Workshop: Seasonal Special

Add a distinctive and unique touch to your holiday cards and table decorations! Make your holiday celebrations all the more memorable by including a handwritten element. Spend an afternoon or evening learning the basics of the ancient art of calligraphy and how to add a timeless and personal touch to your invitations, place cards or thank you notes. Discover the history of this writing form with plenty of time to try it out for yourself. We provide calligraphy pens, ink and an assortment of stationary to practice the basics of script technique for numbers and letters. Leave the workshop with samples of place cards and invitation envelopes of your own design. Continue crafting your own unique style at home with our calligraphy kits. Kits include a calligraphy pen and a collection of paper types.

<u> 16 yrs +</u>

RP9975.503 Ellicott City Colored School Restored Nov 16 7-9pm Th \$65 RP9975.504 Ellicott City Colored School Restored Dec 9 1-3pm Sa \$65



Travel through time at Crafts with a Past and try your hand at authentic activities from the Colonial Era.

Special Events

Crafts with a Past

We invite you to join us as we partake in authentic activities from the Colonial Era! Try your calligraphy skills with a nib pen and ink, observe candle making and cooking demonstrations, blend dried herbs and flowers to make your own scent sachet to take home. Learn why these skills were relevant in the Colonial Era from Heritage Program staff as they also provide tours of the late eighteenth-century log cabin.

All ages Thomas Issac Log Cabin 11:30am-3pm Sa Free Sep 9 Oct 14 Nov 11 Dec 9

NEW! Coffee Lover's Hike, History and Tasting Page 26

Curator's Choice: Lab Experience

Excavation is only part of the journey artifacts take to tell their story of the past. Learn the rest of the story as you clean, catalog, and type sort various artifacts from local historic sites including parts of the Patapsco Female Institute collection - consisting of some 100,000+ artifacts. Discover the tools, tips, and tricks of the trade archaeologists and museum curators use to go from dirt to display. There's a lot that happens behind museum doors, so join us and take the chance to get your hands-on history!

18 yrs +

RP9977.501 Heritage Program Office Sep 9 4-5:30pm Sa \$15 RP9977.502 Heritage Program Office Oct 28 1-2:30pm Sa \$15

Paleo Pathways

Take a journey back in time as you learn how to go from stone to arrowhead! Join the Heritage Program on this ancestral path and learn the prehistoric ways of crafting tools from raw stone called flintknapping. Experience the skills needed for this ancient art, discover the various types of tools that were made from stone and other natural materials, learn about daily life several thousands of years ago, and try your hand at spear throwing using technologies that have been around for over 30,000 years!

12 yrs +

RP9986.501	Pfeiffers Corner School House	Aug 12	10am-noon	Sa	\$15
RP9986.502	Pfeiffers Corner School House	Sep 16	10am-noon	Sa	\$15
RP9986.503	Pfeiffers Corner School House	Nov 20	10am-noon	M	\$15



Become a junior archaeologist at Archeological Lab Day.

Ghostly Guides

Gain exclusive after-hours access to the 180-year-old ruins of the Patapsco Female Institute, overlooking the Patapsco River Valley in Ellicott City. Take a guided tour of the historically rich (and possibly haunted!) ruins, then gather around a campfire with s'mores and listen to the stories and legends surrounding this Victorian-era girls' school. Afterwards, soak up the atmosphere as you use the same equipment as professional ghost hunters to gather evidence of paranormal activity and draw your own ghostly conclusions!

RP9978.501	Patapsco Female Institute	Sep 29	8-11pm	F	\$25
RP9978.502	Patapsco Female Institute	0ct 6	8-11pm	F	\$25
RP9978.503	Patapsco Female Institute	Oct 13	8-11pm	F	\$25

History Alive!

Enjoy a fun afternoon for kids and adults as you experience history amidst the stabilized ruins of this nineteenth-century girls' school! Bring a picnic and get into the spirit of the Victorian era with a variety of activities for the whole family including lawn games, costume try-ons, talks about local and women's history and look up your family names to see if you are a descendant of a former student. Docent-led tours highlight new information learned about the school and its attendees. Tours of the Mt. Ida Mansion are also offered during the event. Free parking and free shuttle from Circuit Court House parking lot.

All ages

Patapsco Female Institute Oct 8 Noon-4pm Su Free

Night at the Museum: Masguerade Ball

It's a night at the museum - with a Victorian twist! If you are looking for an alternative to bar hopping on Halloween weekend, come join us at this haunting late-night event featuring a chance to learn Victorian era dancing, mask making, wine tasting and a people's choice costume contest. If you have ever wondered about ghostly activity at the museum, this is your chance to try out the same equipment paranormal investigators use. Wine and non-alcoholic beverages and light refreshments are served. 21 yrs +

RP9095.501 HC Rec & Parks Oct 28 7-11pm Sa \$35



Visit with Santa and his elves at Santa's Workshop at the Thomas Isaac Log Cabin.

Archeological Lab Day

0 12 vrc

What can a toothbrush, button, and pieces of broken plates tell us about life in the past? Become a junior archaeologist and find out! Gain exclusive access to real artifacts from local historic sites as you clean, photograph, catalog and preserve different types of artifacts and learn what happens to these objects from the past after they've been excavated in a real archaeological lab setting.

<u>9-13 yis</u>					
RP9985.501	Heritage Program Office	Sep 21	10-11:30am	Th	\$15
RP9985.502	Heritage Program Office	Sep 23	5-6:30pm	Sa	\$15
RP9985.503	Heritage Program Office	0ct 14	6-7:30pm	Sa	\$15
RP9985.504	Heritage Program Office	Nov 10	1-2:30pm	F	\$15
RP9985.505	Heritage Program Office	Dec 16	1-2:30pm	Sa	\$15

Midnight Madness at the Historic Sites

Take a break from shopping during Midnight Madness and join us as we kick off the 2017 holiday season in historic Ellicott City! We have stories to share of winters past and the brave actions of our fire department at the Firehouse Museum. Make your way down to the B&O Railroad Museum to see what's new in the station for the holidays and do some holiday-themed crafts for the whole family.

All ages Dec 1 6-10pm

Fire House Museum, B&O Railroad Museum: Ellicott City Station

Santa's Workshop

at the Thomas Isaac Log Cabin

Join Santa and his elves on this magical evening as the Thomas Isaac Log Cabin is transformed into a magical winter wonderland! Santa, with the help of some elf friends, allow you to take a glimpse into his workshop that promises to captivate children of all ages.

All ages Thomas Isaac Log Cabin Dec 1 4-8pm

Santa Arrives at the Thomas Isaac Log Cabin

See Santa arrive by sleigh! If you missed Santa at Midnight Madness, come ready to share your holiday wish list with him at the start of the holiday festivities in the historic district. If Mrs. Claus is done with her baking, she may come too. Bring your camera... that perfect shot for your holiday greeting card is waiting.

All ages Thomas Isaac Log Cabin Dec 2 Noon-4pm



Robinson Nature Center's Home School programs give your child a new appreciation for nature and science topics.

Home School

- For Pre-Home & Home School Classes, there are three seasons of classes (fall, winter and spring) that focus on different themes. (Themes are listed in course descriptions.)
- Parents may attend classes with their child(ren) at no cost.
- Siblings younger than 4 years old are welcome, but must be accompanied by a parent at all times.
- Registration for classes opens June of each year.
- All participants must complete a participant form, which is e-mailed out prior to each season.
- Info: Robinson Nature Center, 410-313-0400 or mdowney@howardcountymd.gov

Home School Gym Class Page 86

Pre-Home School Classes 2017-2018

Give your young home schoolers a chance to learn skills and gain exposure to nature and science topics at an age-appropriate pace. Sign up to attend classes on either the first Thursday or first Friday of the month. Fall Topics: Maps & Directions, Native Americans, Farming Fun. Winter Topics: Solar system, Meteorites & the Moon, Rocks, Mud & More. Spring Topics: Mammals, Creepy, Crawly Critters, Taking Care of the Earth.

ercepy, eramy erreces, raming care or the zarem						
4-5 yrs Rob	inson Nature Center \$3	80 per child, per season	2:30-4pm			
RP4885.501	1st Thursdays in fall	Sep 7, Oct 5, Nov 2				
RP4885.511	1st Fridays in fall	Sep 8*, Oct 6, Nov 3				
RP4885.601	1st Thursdays in winter	Dec 7, Jan 4, Feb 1				
RP4885.611	1st Fridays in winter	Dec 8*, Jan 5, Feb 2				
RP4885.701	1st Thursdays in spring	Mar 1, Apr 5, May 3				
RP4885.711	1st Fridays in spring	Mar 2, Apr 6, May 4				
*Classes are on the second Friday of the month.						

"These classes and workshops were age appropriate and educational and fun. We are hoping to sign up next year as well. Thanks for all you did to make it a success."

Home School Classes 2017-2018

Give your home-schooled students hands-on, immersive experiences in nature and science topics. 6-9-year-olds can sign up to attend classes on either the first Thursday or first Friday of the month. Classes are also offered for 9-13-year-olds (Thursday only). Fall Topics: Navigation, Native Americans, Milling Era. Winter Topics: Solar System, Comets & Meteors, Geology. Spring Topics: Vertebrates, Invertebrates, Living Green.

6-9 yrs	Rob	inson Nature Center	\$30 per child, per season	2:30-4pm
RP4885.5	502	1st Thursdays in fall	Sep 7, Oct 5, Nov 2	
RP4885.5	512	1st Fridays in fall	Sep 8*, Oct 6, Nov 3	
RP4885.6	502	1st Thursdays in wint	er Dec 7, Jan 4, Feb 1	
RP4885.6	512	1st Fridays in winter	Dec 8*, Jan 5, Feb 2	
RP4885.7	702	1st Thursdays in sprin	g Mar 1, Apr 5, May 3	
RP4885.7	712	1st Fridays in spring	Mar 2, Apr 6, May 4	
<u>9-13 yrs</u>	Ro	binson Nature Center	\$30 per child, per seasor	2:30-4pm
RP4885.5	503	1st Thursdays in fall	Sep 7, Oct 5, Nov 2	
RP4885.6	603	1st Thursdays in wint	er Dec 7, Jan 4, Feb 1	
RP4885.7	703	1st Thursdays in sprin	g Mar 1, Apr 5, May 3	
*Classes	are o	n the second Friday of t	he month.	

Home School Parent-Guided Workshop

Join us for monthly opportunities to connect with other home-school families in an informal learning environment. Children socialize and collaborate with one another on parent-assisted educational projects and imaginative play opportunities. By joining, gain special access to a private, collaborative classroom space reserved specifically for home school families, special equipment, a tailored student project and social play opportunities. Each adult and child that plans on attending must register individually for the workshop. Price per person/per season. No online registration; you must call 410-313-0400 to register.

4-13 yrs w/ registered adult 2:30-4pm

<u>\$15,</u>	HC residen	t; \$18,	nonresident;	Free,	sibling	s 0- 3	yrs

RP4885.550	2nd Thursdays in fall	Sep 14, Oct 12, Nov 9
RP4885.650	2nd Thursdays in winter	Dec 14, Jan 11, Feb 8
RP4885.750	2nd Thursdays in spring	Mar 8, Apr 12, May 10



Give your child a nurturing, active and creative learning environment to build skills for kindergarten through our Early Learning Center.

Child Care

Howard County Recreation & Parks offers Recreational Licensed Child Care (RLC) programs for preschool (ELC) through middle school students, along with our Therapeutic Recreation Inclusion Opportunities (TRIO). Our goal is to provide a safe and structured environment for children to have fun while participating in meaningful group recreational activities.

Before a child can participate, parents must complete all licensing and required paperwork, including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at the time of registration. Because of the presence of children with severe allergic reactions, nuts and nut products are not served or permitted at any RLC programs.

If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.

All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including suspension and expulsion from the program. The primary concern of the Department must be the safety and well-being of all participants, even though it may cause inconvenience to parents in a particular case. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement.

For a list of who to contact and additional program information, visit www.howardcountymd.gov/rap and click on Licensed Child Care. For space availability, call 410-313-7275.

Early Learning Center

Early Learning Centers provide a safe, nurturing, active and creative learning environment for each child. Throughout the program, the children enjoy building the skills needed for kindergarten (social and emotional development, reading and math readiness and fine and gross motor skills). They also participate in hands-on activities, including arts and crafts, science, nature, music, drama, multicultural and cooking. There are instructional and self-directed activities throughout the day. All programs are successful participants in the Maryland EXCELS program. Staff is trained in continuing early childhood education classes yearly. Parents provide snack/lunch. Children must be toilet-trained and meet the age requirement by September 1, 2017. If class minimums are not met, a combined class is offered. Info: Brian Murphy, 410-313-4797 or bmurphy@howardcountymd.gov.

Bushy Pk ES / Director: Melissa Conrad / 410-313-5499

RP2252	3 yrs	9:30am-1:30pm	M,W	\$256, month			
RP2252	4 yrs	9:30am-3pm	M,W,F	\$528, month			
Roger Carte	Roger Carter Comm Ctr / Director: Keisha Hopkins / 410-313-2749						
RP2292	3-5 yrs	9:30am-3pm	M-F	\$660, month			
RP2292	3-5 yrs	8:30am-4:30pm	M-F	\$799, month			
Triadelphia Ridge ES / Director: Linda Hitzelberger / 410-313-5471							
RP2266	3 yrs	9-11:30am	M,W,Th	\$242, month			
RP2266	4 yrs	Noon-3pm	M-Th	\$336, month			

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.













Before & After Care helps keep your child active and engaged throughout the school day.

Elementary School Before & After Care

Before & After Care for Elementary School 2017-2018 Academic Year

Registration for the 2017-2018 school year is also open. This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports, special events and intramural competitions throughout the school year. To promote good health and wellness, we implement heart-healthy activities. Our curriculum is weekly, theme-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: RLC office, 410-313-3706.

Grades K-5	Before School 7am to	o beginning	of school day \$207, month
Grades K-5	After School End of s	chool day to	6pm \$318, month
Grades K-5	Before & After School	7am-6pm	\$459, month
RP2050	Bellows Spring ES	RP2059	Ilchester ES
RP2051	Bollman Bridge ES	RP2060	Laurel Woods ES
RP2052	Bushy Pk ES	RP2061	Lisbon ES
RP2049	Dayton Oaks ES	RP2062	Manor Woods ES
RP2053	Deep Run ES	RP2063	Pointers Run ES
RP2070	Ducketts Lane ES	RP2064	Rockburn ES
RP2054	Elkridge ES	RP2065	St. John's Lane ES
RP2055	Forest Ridge ES	RP2066	Triadelphia Ridge ES
RP2056	Fulton ES	RP2069	Veterans ES
RP2057	Gorman Crossing ES	RP2067	Waverly ES
RP2058	Hollifield Station ES	RP2068	West Friendship ES

Elementary Optional Full Day Programs

When school is closed for students, RLC has all-day programs at select locations. Kids have a blast participating in a variety of recreation activities! Morning and afternoon snack provided. Parents, please bring a bag lunch, with a drink, marked with your child's name. Please ensure your child's lunch is nut-free.

Grades K-5

Info: Ryan McFarland, 410-313-4713, rmcfarland@howardcountymd.gov								
RP2050.590	Bellows Spring ES	Sep 22	7am-6pm	F	\$45			
RP2055.590	Forest Ridge ES	Sep 22	7am-6pm	F	\$45			
RP2065.590	St. John's Lane ES	Sep 22	7am-6pm	F	\$45			
Info: Brian Mu	Info: Brian Murphy, 410-313-4797, bmurphy@howardcountymd.gov							
RP2057.591	Gorman Crossing ES	Oct 20	7am-6pm	M	\$45			
RP2064.591	Rockburn ES	Oct 20	7am-6pm	M	\$45			
RP2067.591	Waverly ES	Oct 20	7am-6pm	М	\$45			



We promote good health and wellness activities to keep your child's heart healthy at Before & After Care.

Info: Lakishia Major, 410-313-4717, Imajor@howardcountymd.gov						
RP2051.592	Bollman Bridge ES	Nov 22	7am-6pm	W	\$45	
RP2054.592	Elkridge ES	Nov 22	7am-6pm	W	\$45	
RP2058.592	Hollifield Station ES	Nov 22	7am-6pm	W	\$45	
Info: Shavon Gordon, 410-313-4633 or sgordon@howardcountymd.gov						
RP2011.593	Kiwanis-Wallas Hall	Dec 27	7am-6pm	Tu	\$45	
RP2011.594	Kiwanis-Wallas Hall	Dec 28	7am-6pm	W	\$45	
RP2011.595	Kiwanis-Wallas Hall	Dec 29	7am-6pm	Th	\$45	

Middle School After Care

"Can-TEEN Club" Middle School After-School Program

Our licensed after-school program provides a safe and high-quality environment for teens that enhances leadership skills and develops future leaders. Activities include educational and academic experiences while promoting positive thinking. Each location offers homework time, snack, sporting events and craft projects as part of the daily schedule. "YOLO" Fridays (You Only Live Once) encourages healthy eating and exercise essential to everyday living. Participants engage in community service outings and events that include visiting Rec & Parks sponsored after-school programs to mentor 4th & 5th grade students. Special events and outings may require additional fees. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: Lakishia Major, 410-313-4717 or Imajor@howardcountymd.gov. Grades 6-8 Bonnie Branch MS End of school day-6pm 2017-18 school year RP2370.931 3 days \$180, month RP2370.911 5 days \$299, month RP2370.921 2 days \$120, month Grades 6-8 Elkridge Landing MS End of school day-6pm 2017-18 school year \$299, month RP2372.911 5 days RP2372.931 3 days \$180, month RP2372.921 2 days \$120, month Ellicott Mills MS End of school day-6pm 2017-18 school year Grades 6-8 \$299, month RP2373.931 3 days \$180, month RP2373.911 5 days RP2373.921 2 days \$120, month Grades 6-8 Folly Quarter MS End of school day-6pm 2017-18 school year RP2374.911 \$299, month RP2374.931 3 days RP2374.921 2 days \$120, month Lime Kiln MS End of school day-6pm Grades 6-8 2017-18 school year RP2376.911 5 days \$299, month RP2376.931 3 days \$180, month RP2376.921 2 days \$120, month Grades 6-8 Thomas Viaduct MS End of school day-6pm 2017-18 school year RP2382.911 \$299, month RP2382.931 3 days \$180, month

RP2382.921

5 days

2 days

\$120, month

Therapeutic Recreation & Inclusion Services

- For information on Howard County Recreation & Parks programming for individuals with disabilities, contact Susan L. Potts, MS, CTRS at 410-313-4628 or spotts@howardcountymd.gov or Chloe Hodge, CTRS at 410-313-1671 or chodge@howardcountymd.gov or Ruth Coleman, 410-313-4708 rucoleman@howardcountymd.gov.
- Please do not arrive at programs more than five minutes before the start of the program. Be ready to leave as soon as the program is over. <u>Supervision is not provided before</u> <u>the scheduled start time</u>. Excessive early drop-offs and late pick-ups may result in being dropped from the program.
- Programs listed by category, then age, then alphabetical.

After School

Therapeutic Recreation Inclusion Opportunities (TRIO)

This therapeutic-based program offers individuals with developmental disabilities an age-appropriate environment with leisure life skills, community integration, therapeutic swimming, animal-assisted therapy, functional intervention, and skill development for transitioning. Program is not held when schools are closed. Selected full-day schedule available. Staff-to-participant ratio is 1:3 for the school and 1:5 for the park. No transportation provided to site.

<u>13-21 yrs</u> C	edar Lane School	2-6pm	M-F	\$360 per month
RP2501.511	Aug/Sep	RP2	501.52	1 Aug/Sep
RP2501.512	0ct	RP2	501.52	2 Oct
RP2501.513	Nov	RP2	501.52	3 Nov
RP2501.514	Dec	RP2	501.52	4 Dec

Aquatics

Therapeutic Private Swim Lessons

Learn and improve swimming skills in a private 1:1 lesson format. Child must have a disability. Goal: Improve gross motor skills, increase confidence in the water and ability to float, practice basic swim strokes and breathing skills. (No class 9/21.)

2-5 yrs Classes: 8

RP4202.501 Cedar Lane School Sep 13 6:15-6:45pm W \$165 6-11 yrs Classes: 8 RP4202.502 Cedar Lane School Sep 14 6:15-6:45pm Th \$165

Splashes

Learn and improve swimming skills in this aquatics program for children with disabilities. Siblings can register one week after open registration. Participants are divided into groups based on skill level. Goal: Improve gross motor skills, increase self-confidence, and improve ability to understand directions.

6-8 yrs Classes: 8

RP4205.501	Cedar Lane School	Sep 13	7:05-7:40pm	W	\$64
9-10 yrs Cla	asses: 8				
RP4205.502	Cedar Lane School	Sep 13	7:45-8:20pm	W	\$64
11-12 yrs C	lasses: 8				
RP4205.503	Cedar Lane School	Sen 13	8:25-9pm	W	\$64

Aquatic Skills Development

This semi-private skills session provides opportunities for increased endurance, core strengthening, and skills refinement for individuals with developmental disabilities who swim competitively. Participants should be able to

swim multiple lengths of the pool independently. Goal: Increase endurance level, enhance core strength, develop breathing techniques, refine swim strokes for competition.

13 yrs + Classes: 8

 RP4200.501
 Roger Carter Comm Ctr
 Sep 12
 7:30-8pm
 Tu
 \$75

 RP4200.502
 Roger Carter Comm Ctr
 Sep 12
 8-8:30pm
 Tu
 \$75

Saturday Splash

Children, teens and adults with developmental disabilities experience the warm aquatic pool at their own pace. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, enhance fitness level and provide sensory stimulation. Lifeguard provided; supervision is required by the parent or caregiver.

2-12 yrs (Parent/Child) Classes: 6

RP4207.501	Cedar Lane School	Sep 30	12:35-1:10pm	Sa	\$55
13-21 yrs C	lasses: 6				
RP4207.502	Cedar Lane School	Sep 30	1:15-1:50pm	Sa	\$55
22 yrs + Cl	asses: 6				
RP4207.503	Cedar Lane School	Sep 30	1:55-2:30pm	Sa	\$55

Waverunners

Sharpen swimming skills and improve fitness in this aquatics program for teens and adults with disabilities. Some participants may require someone to accompany them in the pool at the discretion of staff. Siblings may register one week after open registration. Goal: Increase range of motion, self-confidence, and improve ability to understand directions.

13-24 yrs Classes: 8

RP4213.501 Cedar Lane School Sep 14 6:50-7:25pm Th \$64

Open Swim

Adults with developmental disabilities, exercise in a warm aquatic tank at your own pace. This is an open swim opportunity with no formal instruction provided. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, and enhance fitness level.

18 yrs + Classes: 8

RP4309.501 Cedar Lane School Oct 7 7:30-8:05pm Th \$60

Cooking

Instructional Cooking

Participants learn basic kitchen safety and food prep with simple set recipes to take home. We explore cooking with a microwave, cook-top and oven. Participants make items and enjoy their efforts. Participants must be able to function in a 1:5 staff-to-participant ratio. Goal: Demonstrate safe use of cooking utensils, demonstrate safe use of a cook top stove and oven, and explore new recipes for healthy cooking.

16-26 yrs Classes: 6

RP4209.501 Cedar Lane Pk-West Sep 23 12:30-2pm Sa \$165 <u>28-39 yrs Classes: 5</u> RP4209.502 Cedar Lane Pk-West Sep 26 10:30am-noon Tu \$165

Crafts & Fine Arts

Expressions of Art

Express yourself! Teens and adults with developmental disabilities, expand your creativity using a variety of art materials. Make several projects to take home; some projects are displayed in the No Boundaries Art Exhibit. Goal: Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions.

<u>13 yrs + Classes: 6</u>

RP4302.501 Cedar Lane Pk-West Sep 23 10:45am-12:15pm Sa \$90

Dance

Dances

Teens and adults with developmental disabilities enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments are provided.

13 yrs + Bain Ctr

 RP4301.501
 Under the Sea
 Sep 23
 7-10pm
 Sa
 \$15

 RP4301.502
 Halloween Dance
 Oct 21
 7-10pm
 Sa
 \$15

 RP4301.503
 Winter Wonderland
 Dec 9
 7-10pm
 Sa
 \$15

Enrichment

Teen Venture

Teens with mild-to-moderate developmental disabilities spend time with their peers at various community outings. Teens must have moderate- to high-functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:4. Fee is inclusive of all activities other than dining. Goal: Increase awareness of others in social situations and of leisure activities and skills.

13-21 yrs Classes: 6 (No class 9/29.)

RP4206.501 Various locations Sep 15 6:30-9:30pm F \$185

The Safety Project

Men and women with intellectual disabilities are at a high risk for abuse. The Safety Project was developed to address this risk. This is an 8-session group safety education program for men and women with intellectual disabilities. Class includes mini-lectures and discussion, group activities, action planning, feedback, and problem solving, and relaxation exercises. Topics covered include healthy relationships and boundaries, nature, types, and warning signs of abuse, trauma and other effects of abuse, coping and help-seeking skills, safety planning skills, and disability rights.

21 yrs + Classes: 8

RP4321.501 Location TBD Sep 7 7-9pm Th \$185

Friday Night Socials

Adults with developmental disabilities, enjoy this casual group with easy going activities and socializing. Staff provide activity facilitation; caregivers must accompany at staff's discretion. Goal: Increase self-awareness through leisure experiences, improve social etiquette, and increase ability to listen to others. (No class 9/29.)

22-54 yrs Classes: 6

RP4306.501 Various locations Sep 15 7:30-9pm F \$130

Out & About

Adults with mild developmental disabilities, enjoy community outings and social activities. Adults must have moderate-to-high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:5. Goal: Increase self-awareness through environmental orientation, improve social etiquette, and increase ability to listen to others. Fee is inclusive of activities other than dining. (No class 9/29.)

22-48 yrs Classes: 6

RP4308.501 Various locations Sep 15 6:30-9:30pm F \$185 RP4308.502 Various locations Sep 16 6:30-9:30pm Sa \$185

Power Walkers Club

The Power Walkers Club is a walking club for adults with developmental disabilities to meet and exercise together at community centers and parks. Participants track their steps and log them each week. Prizes and incentives are provided for meeting challenge goals. Registration fee includes T-shirt and pedometer. Participant's caregiver is required to provide supervision. Staff supervision is not provided only program facilitation.

22 yrs + Classes: 8

RP4319.501 Various locations Sep 11 11am-12:30pm M \$125



Expressions of Art helps to improve motor coordination and provide a creative outlet for your child.

Fun Timers

Older adults with developmental disabilities enjoy this casual group with easy going activities and socializing. Staff provide activity facilitation; caregivers must accompany participants. Program includes lunch at the 50 + Center. Goal: Increase self-awareness through leisure experiences, improve social etiquette, and increase ability to listen to others. (No class 9/22.) 50 yrs + Classes: 6

RP4306.502 Bain Ctr Sep 15 10:30am-noon F \$125

Music & Theater Arts

No Boundaries

In this musical theater class, young adults with mild to moderate disabilities sing, dance and act while performing segments from *Aladdin*. The class ends with a public performance tentatively scheduled for June 1, 2, 3, 2018. Program meets for 10 weeks each season. Goal: Increase self-awareness, increase confidence and self-expression. Presented in cooperation with the Howard County Arts Council.

18 yrs + Classes: 30

RP4303.501 Howard County Ctr for the Arts Sep 12 5-6:15pm Tu \$325 RP4303.502 Howard County Ctr for the Arts Sep 12 6:30-7:45pm Tu \$325

Sports

Tumblers: Adapted Gymnastics

Parents and your child with physical or developmental disabilities, come participate in a structured, gymnastics class. Parents, work with instructors to assist and adapt to your child's individual needs and abilities. Goal: Increase gross motor coordination, core strength, balance, and overall self-awareness.

2-4 yrs Classes: 6

 RP4210.501
 Columbia Gymnastics
 Sep 27
 12:30-1:15pm
 W
 \$145

 6-11 yrs
 Classes: 6

 RP4211.501
 Columbia Gymnastics
 Sep 24
 12:30-1:30pm
 Su
 \$185

 RP4211.502
 Columbia Gymnastics
 Nov 5
 12:30-1:30pm
 Su
 \$185

Strikes & Spares Bowling League

Adults with developmental disabilities, develop and improve bowling skills and learn proper bowling etiquette. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase range of motion, improve athletic skills, and improve ability to stay on task.

13-16 yrs Classes: 8

 RP4313.501
 Normandy Brunswick Lanes
 Sep 16
 9-10:15am
 Sa
 \$95

 18-34 yrs
 Classes: 8

 RP4313.502
 Normandy Brunswick Lanes
 Sep 16
 10:30-11:45am
 Sa
 \$95

Alley Cats Bowling League

Adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fees. This program requires caregivers or agency support staff to remain with the participant. Supervision is not provided. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

<u>22 yrs + Classes: 10</u>

RP4315.501 Sep 13 10:30am-noon W \$100

Glory Daze Kickers

Glory Daze Kickers is an inclusive kickball team for adults with developmental disabilities. No experience needed! The team plays against other Howard County Rec teams in the co-ed league. All games are played on Wednesday evenings and are double headers. Participants to staff ratio is 1:5, participants must be independent with personal care. Goal: Improve teamwork skills, increase range of motion, improve social skills, improve hand-eye coordination.

22 yrs + Classes: 8

RP4320.501 Sep 6 7-9pm W \$100

Pinbusters Bowling League

Adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

30 yrs + Classes: 8

RP4312.501 Normandy Brunswick Lanes Sep 16 9-10:15am Sa \$95 RP4312.502 Normandy Brunswick Lanes Sep 16 10:30-11:45am Sa \$95





All ages / Sat., Oct. 28 / 10am-1pm

A sensory-friendly hour will be offered from 10-11am.

\$2 for 2 yrs+; Free for under 2 (max \$10 per family)

Gary J. Arthur Community Center, 2400 Route 97, Cooksville, MD 21723

- Trick-or-treat at trucks, tractors, emergency vehicles & more
- Children's activities
- Live music
- Face painting
- Hayrides
- Concessions
- Story time

Information: 410-313-4840

Pre-K (0-5 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical

Adventure & Outdoors Page 18

Nature & Environment Page 23

Adventures in Learning

The Early Years Matter: Help your child get ready for kindergarten. Follow this progression of classes that help build your child's social and emotional skills. (You can start at any stage of this school-readiness program.) More and more children in Maryland are school-ready when they enter kindergarten. Make sure your child is one of them! Staff members do not change diapers.

Awesome Athletes, Amazing Artists (Parent/Child) **flick**r

If you enjoy being active and creative, this is the class for you! Explore sports, games, arts and crafts while meeting new friends! Spend the first half of class throwing, kicking and shooting with a variety of interactive gym games. Continue the fun in the second half of class with painting, pasting and creating an array of art projects! Parents are required to attend. (No class 9/22, 10/20, 11/10, 11/24.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2-4 yrs Classes: 5

RP6973.501 Gary J Arthur Comm Ctr Sep 8 9:30-10:30am F \$75 RP6973.502 Gary J Arthur Comm Ctr Nov 3 9:30-10:30am F \$75

Tots Discovery Jr.

This drop-off class is designed to foster increased independence through hands-on activities that develop social, cognitive and fine motor skills while exploring and meeting new friends. It's a wonderful way to make a seamless transition into our Tots Discovery classes. (No class 9/22, 10/20, 11/10, 11/24.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov. 2 yrs Classes: 10

RP3204.501 Gorman Crossing ES Sep 15 10-10:45am F \$155 RP3204.502 Rockburn ES Sep 15 10-10:45am F \$155

Tots Discovery

Is your 2-year-old ready for a more challenging environment? This program provides enriching, positive experiences that allow children to have fun, explore the world around them and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate. To allow children time to adapt to this new environment, class meets for one hour the first day. Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 9/21, 11/21, 11/23.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs Classe	<u>es: 12</u>				
RP3201.501	Dayton Oaks ES	Sep 12	10am-noon	Tu,Th	\$195
RP3201.502	Dayton Oaks ES	Oct 31	10am-noon	Tu,Th	\$195
RP3201.503	Gorman Crossing ES	Sep 12	10am-noon	Tu,Th	\$195
RP3201.504	Gorman Crossing ES	Oct 31	10am-noon	Tu,Th	\$195
RP3201.505	Rockburn ES	Sep 12	10am-noon	Tu,Th	\$195
RP3201.506	Rockburn ES	Oct 31	10am-noon	Tu,Th	\$195

Preschool Adventures

Come join the adventure! Children enjoy an exciting, physically active and well-rounded experience. Enriching activities include story time, music, arts and crafts, along with sports-specific activities (including volleyball, baseball, soccer and other sports) in the gym. Participants should bring a peanut-free lunch and sneakers are highly recommended. Register for M-Th and receive a 10% discount off. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 9/21, 9/22, 11/20-23.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

<u>2 yrs, 9 mos-5 yrs </u>						
RP6971.501	Gary J Arthur Comm Ctr	Sep 11	9:30am-1pm	M,W	\$240	
RP6971.502	Gary J Arthur Comm Ctr	Sep 12	9:30am-1pm	Tu,Th	\$240	
RP6971.504	Gary J Arthur Comm Ctr	0ct 30	9:30am-1pm	M,W	\$240	
RP6971.505	Gary J Arthur Comm Ctr	0ct 31	9:30am-1pm	Tu,Th	\$240	
2 yrs, 9 mos-5	yrs Classes: 24					
RP6971.503	Gary J Arthur Comm Ctr	Sep 11	9:30am-1pm	M-Th	\$430	
RP6971.506	Gary J Arthur Comm Ctr	Oct 30	9:30am-1pm	M-Th	\$430	

My First School

This program is designed to help children make a successful transition to an independent experience. Children develop social skills while exploring the alphabet, games, music, movement, and art with a different theme each week. Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 9/21, 11/20-23.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs, 9 mos-3	3 yrs, 9 mos Classes:	12				
RP3202.501	Veterans ES	Sep 12	10am-noon	Tu,Th	\$195	
RP3202.502	Veterans ES	0ct 31	10am-noon	Tu,Th	\$195	
RP3202.503	N Laurel Comm Ctr	Sep 12	10am-noon	Tu,Th	\$195	
RP3202.504	N Laurel Comm Ctr	0ct 31	10am-noon	Tu,Th	\$195	
RP3202.505	Rockburn ES	Sep 11	10am-noon	M,W	\$195	
RP3202.506	Rockburn ES	Oct 23	10am-noon	M.W	\$195	

Step into School

This specialized program is designed to help your child get ready for kindergarten. Daily activities include writing workshops, reading readiness and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 11/20, 11/22.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

3 yrs, 9 mos-4	yrs, 9 mos Classes: 12				
RP3221.501	Thomas Viaduct MS	Sep 11	9:45am-12:15pm	M,W	\$205
RP3221.502	Thomas Viaduct MS	Oct 23	9:45am-12:15pm	M,W	\$205
RP3221.503	N Laurel Comm Ctr	Sep 11	9:30am-noon	M,W	\$205
RP3221 504	N Laurel Comm Ctr	Oct 23	0.30am_noon	M W	\$205

Kindergarten Jump Start flickr

This academic program helps children prepare for a smooth transition into kindergarten. Through age-appropriate activities in reading readiness, math, science and social studies, participants engage in individual, small- and large-group activities. Emphasis is on listening and following directions, starting and completing tasks, group cooperation and expected school behavior. Music, movement and art make learning fun! Participants should Bring a nut-free lunch. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 11/20, 11/22.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

4½-5 yrs C	lasses: 12				
RP1727.501	Veterans ES	Sep 11	9:30am-1pm	M,W	\$285
RP1727.502	Veterans ES	Oct 23	9:30am-1pm	M,W	\$285



Marshmallow Math teaches your little one beginning math concepts in a creative and delicious way!

Marshmallow Math

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing and measuring. Snack becomes an adventure when sorting Teddy Grahams or eating the number eight! Graph with marshmallows and explore terrific tangrams and shapes! Songs, art projects and manipulatives are all incorporated to help this preschool experience be meaningful and stimulating. (No class 10/20, 11/10, 11/24.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov. 3-5 yrs Classes: 8

RP3206.501 N Laurel Comm Ctr Sep 29 10am-noon F \$129

One Day Specials

• Parent or caregiver must attend.

Mommy & Me Fun Days

Enjoy a morning full of quality time designed for you and your little one. Join in the fun with theme-related stories, music and movement and complete the morning with a special make-and-take craft. Sign up for one class or make a date for all six adventures. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2-3 yrs Vete	erans ES				
RP3212.501	Toy Story	0ct 6	10-11am	F	\$19
RP3212.502	Cars	Oct 13	10-11am	F	\$19
RP3212.503	Mickey Mouse Clubhouse	Oct 27	10-11am	F	\$19
RP3212.504	Peppa Pig	Nov 3	10-11am	F	\$19
RP3212.505	Paw Patrol	Nov 17	10-11am	F	\$19
RP3212.506	Thomas the Tank Engine	Dec 1	10-11am	F	\$19

Cooking

• More cooking classes for 4 yrs + on page 39

C is for Cooking! (Parent/Child)

Let's get cooking! Parents, enjoy this hands-on class with your little ones while making recipes from favorite Sesame Street characters. Prepare delicious and nutritious recipes such as Big Bird's Yogurt Parfait, Rosita's Pizza Bagels and Oscar's Quick Dip in the Mud. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs Classe	<u> 18: 6</u>				
RP3209.501	Dayton Oaks ES	0ct 4	9:45-10:45am	W	\$105



Abrakadoodle Art Mini Doodlers fosters creative expression and confidence in creating new art masterpieces.



Abrakadoodle Art Twoosy Doodlers (Parent/Child)

Parents and kids, experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories and sing songs! Frames and protective aprons provided. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

20-36 mos Classes: 6

RP0133.501 Roger Carter Comm Ctr Oct 7 9:30-10:15am Sa \$89

Abrakadoodle Art Mini Doodlers

Get creative! Learn and emulate drawings of artists with new themes and topics! Paint, learn wet-on-wet techniques, create large-scale artwork and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity and develop new skills. Frames and protective aprons provided. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

3½-5 yrs Classes: 6

RP0134.501 Roger Carter Comm Ctr Oct 7 10:30-11:15am Sa \$89

Dance

Dance with Me! (Parent/Child)

Have fun using songs and games to learn dance and movement concepts in this introduction to dance and creative movement. Fee includes participation of one parent or caregiver and one child. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

20 mos -3 ½ yrs Classes: 8

RP1003.501 Roger Carter Comm Ctr Oct 23 10:30-11:15am M \$65 RP1003.502 Roger Carter Comm Ctr Oct 27 10:30-11:15am F \$65

Mommy & Me Movement (Parent/Child)

This exciting movement class allows you and your child to move together through dancing, singing, role-playing and more. Watch your little one gain confidence and an appreciation for music and rhythms. Wear comfortable clothing, bare feet or socks. Teachers: Cecilia Ituarte & Mary Clark. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

2-3 yrs Classes: 8

 RP1005.501
 Misako Ballet Studio
 Sep 26
 10-10:45am
 Tu
 \$85

 RP1005.511
 Misako Beats
 Sep 28
 10-10:45am
 Th
 \$85

 RP1005.512
 Misako Beats
 Sep 29
 11:15am-noon
 F
 \$85



Your tiny dancer twirls and dances while learning pre-ballet movements at Ballerina Basics.

Parent/Child Movement & Song by Kinetics Dance Theater

Encourage your child's imagination as they explore creative dance using stories, props and movement. Bare feet preferred. Fee includes participation of one child and one parent/caregiver. Instructor: Jodi Guzewich. (No class 9/30, 11/25.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

2-3 yrs Classes: 10

RP1007.501 Kinetics Dance Theatre Sep 16 10:15-11am Sa \$89 2-3 yrs Classes: 11

RP1007.502 Kinetics Dance Theatre Sep 19 9:45-10:30am Tu \$99

Ballerina Basics by Kinetics Dance Theatre

Do you dream of being a ballerina? Ballerina Basics introduces pre-ballet movements, grace and self-control in a creative and nurturing environment. This is a beginner-level class. No experience necessary. Leotard and ballet shoes recommended. Instructors: section 501 & 502: Lauren Snyder; section 503 & 504: Theresa Whittemore. (No class 11/24, 11/26.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-6 yrs Classes: 10

RP1011.502	Kinetics Dance Theatre	Sep 22	10-11am	F	\$115	
3-6 yrs Clas	ses: 11					
RP1011.501	Kinetics Dance Theatre	Sep 20	9-10am	W	\$125	
RP1011.503	Kinetics Dance Theatre	Sep 17	Noon-1pm	Su	\$125	
RP1011.504	Kinetics Dance Theatre	Sep 17	1-2pm	Su	\$125	

Ballet & Tap by Dance Connections, Inc.

This fun class combines the beauty of ballet with the rhythm of tap. For the first half of the classes, enjoy an introduction to ballet steps, dance fundamentals and concepts in the center and across the floor in a fun and creative environment. Halfway through, change into tap shoes and explore the basics of tap and rhythms. Wear dance attire for ease of movement such as leotard or dance dress and tights. Leather ballet and tap shoes required. (No class 11/23, 11/25.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 12

RP1025.501	Dance Connections, Inc.	Sep 11	10:45-11:30am	M	\$139
RP1025.502	Dance Connections, Inc.	Sep 14	2-2:45pm	Th	\$139
RP1025.503	Dance Connections, Inc.	Sep 16	1:30-2:15pm	Sa	\$139
RP1025.504	Dance Connections, Inc.	Sep 16	2:15-3pm	Sa	\$139

Creative Dance by Kinetics Dance Theatre

This intro to dance incorporates imagination, creative expression and a lot of fun! Dancers practice loco-motor skills, rhythm, patterns, and spatial awareness. What a wonderful way to learn to dance! All children under the age of 8 must have a parent/guardian on the premises while in class. Leotard and bare feet recommended. Instructor: section 501: Carol Asher; section 502: Jodi Guzewich; section 503 & 504: Rachel Wolfe. (No class 9/30, 11/25.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-6 yrs Classes: 10

RP1010.502	Kinetics Dance Theatre	Sep 16	9:30-10:15am	Sa	\$89		
RP1010.503	Kinetics Dance Theatre	Sep 23	11:45am-12:30pm	Sa	\$89		
RP1010.504	Kinetics Dance Theatre	Sep 23	1-1:45pm	Sa	\$89		
<u>3-6 yrs Classes: 11</u>							
RP1010.501	Kinetics Dance Theatre	Sep 18	9-10am	M	\$125		

Creative Movement by Cindee Velle Ballet

This intro to dance incorporates the exploration of space, rhythm, body-awareness, time, shape and dynamics. Use of imagination is encouraged! A pink leotard, pink tights and pink (leather or canvas) ballet shoes required for girls; a white t-shirt, black shorts or sweat pants and black ballet (leather or canvas) shoes required for boys. Enjoy a showcase at the end of the session for family and friends (additional costume fee applies). Teacher: Amy Spears. (No class 9/22, 10/20, 11/10, 11/24.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 12

RP1019.501 Veterans ES Sep 8 4:10-4:55pm F \$85

Fairy Dance & Storytelling by Kinetics Dance Theater

This special intro to dance lets your child's imagination take flight! In each class, the fairy theme is expressed through movement and storytelling and incorporated into the dance components (including space, rhythm and body awareness). Dancers share and explore ideas while learning in a safe and creative environment. Attire: leotard and bare feet. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 11

RP1006.501 Kinetics Dance Theatre Sep 19 9-9:45am Tu \$99

Frozen Ballet & Tap by Dance Connections, Inc.

Let it Go! Enjoy learning ballet and tap with the themes and music from everyone's favorite movie, Frozen! Foundations of ballet and tap are covered while using fine and gross loco-motor movements. Skate like Anna and Elsa, march and climb mountains like Kristoff, spin and dance like Olaf! Props and story lines used to explore movement in fun, creative ways. Dancers, wear clothes for ease of movement, leather ballet and tap shoes. (No class 11/24.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. 3-5 yrs Classes: 12

RP1014.501 Dance Connections, Inc. Sep 15 10:45-11:30am F \$139

Princess Ballet by Dance Connections, Inc.

Twirl your way to becoming a dancing princess. Learn the foundations and fundamentals of ballet while working on fine and gross loco-motor movements. The focus is on fun as we use creative dance to learn about ballet steps. Tip-toe around the beast's castle like Belle, waltz like Sleeping Beauty, spin and twirl like Anna and Elsa. Dancers, wear leotard, tights and (leather or canvas) ballet shoes. (No class 11/24.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 12

RP1046.501	Dance Connections, Inc.	Sep 11	10-10:45am	Μ	\$139
RP1046.502	Dance Connections, Inc.	Sep 15	10-10:45am	F	\$139

Tinker Bell's Ballet by Dance Connections, Inc.

Be free and fancy! Learn about your favorite fairies while learning ballet in a creative way. Foundations and fundamentals of ballet are covered while using fine and gross loco-motor movements. Fly like Tinker Bell, arabesque with our frozen wings like Periwinkle, and leap like Zarina! Dancers should wear leotard, tights and (leather or canvas) ballet shoes. (No class 11/23.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. 3-5 yrs Classes: 12

RP1017.501 Dance Connections, Inc. Sep 14 1:15-2pm Th \$139

Ballet & Tap with Barbie!

Using the music and stories of Barbie, learn ballet and tap basics and put on a show on the last class. Bring your favorite Barbie to dance with you. Ballet and tap shoes required. (No class 11/21.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

3½-5 yrs Classes: 8

RP1022.501 Roger Carter Comm Ctr Oct 24 10:30-11:30am Tu \$79

Dance, Baila! by Misako Ballet Studio

Introduce your child to Spanish through dance! Taught by a native Spanish speaker, learn a variety of basic dance steps, stretches, and movement patterns while practicing new words and concepts in Spanish such as greetings, animals and body parts. Dancers, wear comfortable clothing for ease of movement and bare feet. Bring a reusable water bottle. Teacher: Cecilia Ituarte. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov. 3½-5 yrs Classes: 8

RP1016.501 Misako Ballet Studio Sep 26 10:45-11:30am Tu \$85

Enrichment

Fabulous Friends

Enjoy a program for children and their parents who need a small-group experience. Learn about how to promote early socialization and enjoy play activities that set the stage for school readiness, are hands-on, and developmentally appropriate. Class designed with Howard County Early Intervention Services. (No class 10/20,11/10, 11/24.) Must be with the Infants & Toddlers Program. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov. 1 yrs Classes: 8

RP3200.501 Dayton Oaks ES Sep 29 9:30-10:15am F \$95 2-3 yrs Classes: 8 RP3200.502 Dayton Oaks ES Sep 29 10:30-11:30am F \$95

Fitness

Funfit® Tots (Parent/Child)

This fun-filled, high-energy class includes songs, stories, parachutes, games, balls, music and more! The perfect combination for your child who loves to move and loves music too! Looking to squeeze in an extra 45 minutes of fun exercise while playing with your child? This is the class for you! Child must be walking. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

<u>11-24 mos</u>	Classes: 6				
RP3210.501	Roger Carter Comm Ctr	Sep 19	9:30-10:15am	Tu	\$59
RP3210.511	Roger Carter Comm Ctr	Nov 7	9:30-10:15am	Tu	\$59
<u>1y 6m-4 yrs</u>	Classes: 6				
RP3210.502	Roger Carter Comm Ctr	Sep 19	10:15-11am	Tu	\$59
RP3210.512	Roger Carter Comm Ctr	Nov 7	10:15-11am	Tu	\$59

Music & Theater Arts

Broadway Babies Drama: Animals of Pride Rock by DLC

Students learn singing, dancing, and acting skills as they work as part of a theatrical team. Discover all the residents of Pride Rock! Class session culminates in a final performance for family and friends featuring props created by the students during craft time. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 6

 RP0103.501
 Drama Learning Center
 Sep 26
 10-11am
 Tu
 \$95

 RP0103.502
 Drama Learning Center
 Sep 16
 9-10am
 Sa
 \$95

Music Together with Olenka School of Music

Everyone has the potential to be musical. Discover the joy of making Music Together® with your family and friends. Your child grows into a confident music-maker while tapping into all the developmental benefits of music education. You'll have so much fun singing, dancing, shaking and drumming, you won't even realize how much learning is taking place! Babies under 8 months old may attend FREE with a paid sibling! **\$42 materials fee per student due at first class.** Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

_	, ,			
Infant - 5yrs	Olenka School of Music	Columbia	\$95	Classes: 5
RP0121.501	Aug 28 or Nov 13	10:30-11	:15am	М
RP0121.501	Aug 29 or Nov 7	10:30-11	:15am	Tu
RP0121.501	Aug 30 or Nov 8	11:30am	-12:15p	m W
RP0121.501	Aug 31 or Nov 9	10:30-11	:15am	Th
RP0121.501	Aug 31 or Nov 9	5:30-6:1	5pm	Th
RP0121.501	Sep 1 or Nov 10	9:30-10:	15am	F
RP0121.501	Sep 2 or Nov 11	10:15-11	am	Sa
RP0121.501	Sep 3 or Nov 12	8:30-9:1	5am	Su
Infant - 5yrs	Olenka School of Music	Ellicott City	\$95	Classes: 5
RP0121.501	Aug 29 or Nov 7	10-10:45	am	Tu
RP0121.501	Sep 2 or Nov 11	9:30-10:	15am	Sa
RP0121.501	Sep 3 or Nov 12	10:30-11	:15am	Su

Music ABCs & Keyboarding with Olenka School of Music

Bond with your little one while learning the ABCs of Music! Students dance, sing, play keyboards and rhythm instruments, train their young ears and play stimulating music games designed to teach the fundamentals of the Universal Language of Music. Adult participation required. No previous experience necessary. **\$42 materials fee due at first class.** Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

3-5 yrs Ole	nka School of Music	: Columbia \$115	Classes: 5
RP0128.501	Aug 31 or Nov 9	6:15-7pm	Th
RP0128.501	Sep 2 or Nov 11	11:30am-12:15pm	Sa
RP0128.501	Sep 3 or Nov 12	12:30-1:15pm	Su
3-5 yrs Ole	nka School of Music	Ellicott City \$115	Classes: 5
RP0128.501	Sep 1 or Nov 10	1:15 -2pm	F
RP0128.501	Sep 3 or Nov 12	9:30-10:15am	Su

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.











Youth (5-10 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors *Page 18* **Nature & Environment** *Page 23*

Chess

Chess Club Before & After School with Silver Knights Chess

Learn how to play chess from highly rated professional chess instructors, who have coached many state and national champions! Time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Open to all levels. Play time is structured to pair against opponent of similar skill. All chess supplies provided. (No class 10/20, 11/10, 11/20, 11/21, 11/22-24, 12/25-1/1.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Before School	Grades K-5 Classe	es: 12			
RP3323.501	Atholton ES	0ct 4	8-9am	W	\$175
RP3323.502	Bellows Spring ES	Oct 3	8:10-9:10am	Tu	\$175
RP3323.503	Ilchester ES	0ct 2	8:10-9:10am	M	\$175
RP3323.504	Pointers Run ES	0ct 6	8:10-9:10am	F	\$175
After School	Grades K-5 Classes	: 12			
RP3322.501	Centennial Lane ES	0ct 4	3:30-4:30pm	W	\$175
RP3322.502	Dayton Oaks ES	Oct 2	3:35-4:35pm	М	\$175
RP3322.503	Fulton ES	Oct 5	4-5pm	Th	\$175
RP3322.504	Gorman Crossing ES	0ct 4	4-5pm	W	\$175
RP3322.505	Hammond ES	Oct 5	3:35-4:35pm	Th	\$175
RP3322.506	Manor Woods ES	Oct 5	3:20-4:20pm	Th	\$175
RP3322.507	Northfield ES	0ct 6	3:30-4:30pm	F	\$175
RP3322.508	Rockburn ES	Oct 3	3:25-4:25pm	Tu	\$175
RP3322.509	St. John's Lane ES	Oct 3	3:20-4:20pm	Tu	\$175
RP3322.510	Waverly ES	0ct 4	3:50-4:50pm	W	\$175

Chess Wizards Before & After School

Want to learn chess in a fun, engaging and interactive way? Curriculum is designed by teachers and comedians to impart many benefits—critical thinking, sportsmanship and learning from our mistakes in a challenging and exciting way. Enjoy lessons and traditional gameplay, variations of chess games that incorporate teamwork and improve logic, planning, discipline, judgment, and self-control. All skill levels welcome and are grouped accordingly for lessons and game-play. (No class 10/20, 11/20-24. No class after school only on 11/10.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Before School	Grades K-5 Class	<u>es: 8</u>			
RP3373.501	Deep Run ES	0ct 2	8:10-9:10am	M	\$135
RP3373.502	Elkridge ES	0ct 6	8:10-9:10am	F	\$135
RP3373.503	Forest Ridge ES	0ct 5	8-9am	Th	\$135
RP3373.504	Thunder Hill ES	Oct 3	8:10-9:10am	Tu	\$135
RP3373.505	Waterloo ES	0ct 4	8:10-9:10am	W	\$135
After School	Grades K-5 Classes	<u>s: 8</u>			
RP3372.501	Hollifield Station ES	Oct 3	3:20-4:20pm	Tu	\$135
RP3372.502	Jeffers Hill ES	0ct 5	3:35-4:35pm	Th	\$135
RP3372.503	Lisbon ES	0ct 6	3:15-4:15pm	F	\$135
RP3372.504	Phelps Luck ES	0ct 2	3:25-4:25pm	M	\$135
RP3372.505	Running Brook ES	0ct 4	4-5pm	W	\$135
RP3372.506	Swansfield ES	0ct 3	3:20-4:20pm	Tu	\$135
RP3372.507	Triadelphia Ridge ES	0ct 4	3:30-4:30pm	W	\$135
RP3372.508	West Friendship ES	Oct 2	3:50-4:50pm	M	\$135



Your child learns to cook for the holidays using recipes from around the world at Cooking with Chef Nikki.

Cooking

Cooking with Chef Nikki After School

This mobile cooking program is offered through Chef Nikki Marks (owner of the food truck Mindgrub Café). Classes are taught by Marks and her staff of culinary experts. Enjoy cultural explorations through the preparation of a range of cuisine. Emphasis is on etiquette, nutrition, kitchen safety and the science behind cooking! **\$40 Material fee due at first class**, payable to Nikki Marks. (No class 11/23, 11/24.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Classes:4 Session 1

Session Theme: Holiday Cooking! Visit different cultures and learn about the food that they eat during their holidays. Have you ever had Kwanzaa slaw or kugel? Let's talk about what our families eat during holiday celebrations while enjoying cuisine from around the world.

Willie enjoying cusine nom around the world.					
Fulton ES	Nov 16	4-5:30pm	Th	\$80	
Hammond ES	Nov 17	3:35-5:05pm	F	\$80	
at Hammond MS					
llchester ES	Nov 28	4:10-5:40pm	Tu	\$80	
at Bonnie Branch MS					
Northfield ES	Nov 29	3:30-5pm	W	\$80	
at Dunloggin MS					
Triadelphia Ridge ES	Nov 27	4-5:30pm	Μ	\$80	
	Fulton ES Hammond ES at Hammond MS Ilchester ES at Bonnie Branch MS Northfield ES at Dunloggin MS	Fulton ES Nov 16 Hammond ES Nov 17 at Hammond MS Ilchester ES Nov 28 at Bonnie Branch MS Northfield ES Nov 29 at Dunloggin MS	Fulton ES Nov 16 4-5:30pm Hammond ES Nov 17 3:35-5:05pm at Hammond MS Ilchester ES Nov 28 4:10-5:40pm at Bonnie Branch MS Northfield ES Nov 29 3:30-5pm at Dunloggin MS	Fulton ES Nov 16 4-5:30pm Th Hammond ES Nov 17 3:35-5:05pm F at Hammond MS Ilchester ES Nov 28 4:10-5:40pm Tu at Bonnie Branch MS Northfield ES Nov 29 3:30-5pm W at Dunloggin MS	Fulton ES Nov 16 4-5:30pm Th \$80 Hammond ES Nov 17 3:35-5:05pm F \$80 at Hammond MS Ilchester ES Nov 28 4:10-5:40pm Tu \$80 at Bonnie Branch MS Northfield ES Nov 29 3:30-5pm W \$80 at Dunloggin MS

Wee Chefs Mini-Session with Mrs. Theresa

Join us for hands-on cooking! Make fun and delicious food that is sure to please the taste buds. Our classes teach little chefs how to make various appetizers and desserts. Learn different cooking techniques that allow you to help at home. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

5-7 yrs Clas	ses: 2			
RP3225.501	Ellicott Mills MS	Sep 20	6:30-8pm	W
RP3225.502	Ellicott Mills MS	Oct 18	6:30-8pm	W
RP3225.503	Ellicott Mills MS	Nov 8	6:30-8pm	W

What's Cooking? With Mrs. Theresa

Make delicious treats to share with friends and family! Handmade recipes, story sharing and music add to the fun. You are not near hot appliances.

Section 501: Trick or Treat! Come in costume and make an edible haunted house, a spider cake and eye ball punch. Section 502: Holidays Around the World! Design a holiday apron and create a book filled with cookie recipes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. 5-7 yrs

\$35 \$35 \$35

RP3227.501 Ellicott Mills MS Oct 6 6:30-8:30pm F \$29 RP3227.502 Ellicott Mills MS Dec 1 6:30-8:30pm F \$29

Kids Night in the Kitchen

TGIF! Parents, enjoy a night out while it's a night fun for kids! Make a special dinner and treat and watch a movie. (\$12 off additional sibling by phone only.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. 7-11 yrs

RP3229.501	Ellicott Mills MS	Sep 29	6-9pm	F	\$35
RP3229.502	Ellicott Mills MS	Oct 13	6-9pm	F	\$35
RP3229.503	Ellicott Mills MS	Nov 3	6-9pm	F	\$35
RP3229,504	Ellicott Mills MS	Dec 8	6-9pm	F	\$35

Crafts & Fine Arts

KidzArt After School **flickr**

Enjoy a fun, unique, confidence-building, art experience. This drawing-based curriculum delivers engaging and educationally rich, creative experiences that amaze and delight. Create a masterpiece each week. Explore artist-grade mediums (Prismacolor ArtStix, Oil Pastels, Chalk Pastels, Charcoal, Watercolor, Clay, Copper, Textured Papers and more)! Bring a nut-free snack to be eaten while supervised between school dismissal and class. **Materials included in registration fee**. (No class 10/20, 11/20-11/24, 12/25-12/29, 1/1, 1/15.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5	Classes: 5				
RP0113.501	Bellows Spring ES	Sep 29	4:10-5:10pm	F	\$90
RP0113.508	Ilchester ES	Sep 29	4:10-5:10pm	F	\$90
RP0113.513	Rockburn ES	Sep 29	3:35-4:35pm	F	\$90
RP0113.515	Thunder Hill ES	Sep 29	4:10-5:10pm	F	\$90
Grades K-5	Classes: 7				
RP0113.502	Centennial Lane ES	Sep 28	3:35-4:35pm	Th	\$126
RP0113.503	Clarksville ES	Sep 27	4:10-5:10pm	W	\$126
RP0113.504	Elkridge ES	Sep 25	4:10-5:10pm	Μ	\$126
RP0113.523	Elkridge ES	Nov 13	4:10-5:10pm	M	\$126
RP0113.505	Fulton ES	Sep 26	4:10-5:10pm	Tu	\$126
RP0113.506	Gorman Crossing ES	Sep 26	4:10-5:10pm	Tu	\$126
RP0113.507	Hammond ES	Sep 26	3:45-4:45pm	Tu	\$126
	at Hammond MS				
RP0113.509	Longfellow ES	Sep 28	3:40-4:40pm	Th	\$126
RP0113.510	Manor Woods ES	Sep 25	3:35-4:35pm	M	\$126
RP0113.528	Manor Woods ES	Nov 13	3:35-4:35pm	M	\$126
RP0113.511	Northfield ES	Sep 27	3:30-4:30pm	W	\$126
RP0113.512	Pointers Run ES	Sep 27	4:10-5:10pm	W	\$126
RP0113.514	St. John's Lane ES	Sep 25	3:30-4:30pm	M	\$126
RP0113.532	St. John's Lane ES	Nov 13	3:30-4:30pm	M	\$126
RP0113.516	Triadelphia Ridge ES	Sep 28	3:40-4:40pm	Th	\$126
Grades K-5	Classes: 8				
RP0113.521	Bellows Spring ES	Nov 17	4:10-5:10pm	F	\$144
RP0113.527	Ilchester ES	Nov 17	4:10-5:10pm	F	\$144
RP0113.531	Rockburn ES	Nov 17	3:35-4:35pm	F	\$144
RP0113.533	Thunder Hill ES	Nov 17	4:10-5:10pm	F	\$144
Grades K-5	Classes: 9				
RP0113.522	Centennial Lane ES	Nov 16	3:35-4:35pm	Th	\$162
RP0113.535	Clarksville ES	Nov 15	4:10-5:10pm	W	\$162
RP0113.524	Fulton ES	Nov 14	4:10-5:10pm	Tu	\$162
RP0113.525	Gorman Crossing ES	Nov 14	4:10-5:10pm	Tu	\$162
RP0113.526	Hammond ES	Nov 14	3:45-4:45pm	Tu	\$162
	at Hammond MS				
RP0113.536	Longfellow ES	Nov 16	3:40-4:40pm	Th	\$162
RP0113.529	Northfield ES	Nov 15	3:30-4:30pm	W	\$162
RP0113.530	Pointers Run ES	Nov 15	4:10-5:10pm	W	\$162

RP0113.534 Triadelphia Ridge ES Nov 16 3:40-4:40pm Th \$162

School's Out Workshop with KidzArt!

School is out! Engage your imagination in a new way! Our format teaches fine-art techniques while encouraging creative thinking in a relaxed environment. Explore various artist-grade materials through drawings and 3D projects from popular camps. Breaks for snack, lunch and active play! Registration fee includes materials. Bring an apron, smock or wear old clothes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5	Roger Carter Comm Ctr	\$105

RP0113.591	Inspiration from the Master	Sep 21	8:30am-5:30pm	Th
RP0113.592	Caribbean Adventure	Sep 22	8:30am-5:30pm	F
RP0113.593	The Artist in Me	Oct 20	8:30am-5:30pm	F

Dance

Movement for Boys by Kinetics Dance Theatre

Boys, this creative, dance class is designed to introduce you to movement and dance in a fun and structured environment. Class incorporates many of the components of dance, including space, rhythm, body awareness, and more! Must have a parent/quardian on the premises while child is in class. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. 4-6 yrs Classes: 11

RP1013.501 Kinetics Dance Theatre Sep 20 10-11am W \$125

Beginning Princess Ballet: Rhythm & Steps

Dance with scarves to the music of your favorite princesses. This class combines basic ballet steps with the imagination of creative movement and helps young dancers establish basic skills in locomotion, imagination and music appreciation. Leotard, tights and leather ballet shoes (no satin slippers) required. Bring a reusable water bottle. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-7 yrs Classes: 8

RP1001.501 Misako Ballet Studio Sep 29 5:15-6pm F \$85 RP1001.511 Misako Beats Sep 26 5:15-6pm Tu

All That Jazz & Tap by Kinetics Dance Theatre

Discover tempo, balance, strength, and style through beginning tap and jazz dance technique. Groove to the music while learning about rhythm in this beginner-level class that balances fun with learning. This is a co-ed class. No experience is required. Wear comfortable clothing; tap and jazz shoes required. (No class 11/26.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

6-8 yrs Classes: 11

RP1026.501 Kinetics Dance Theatre Sep 17 1-2pm Su \$125

Ballet/Jazz After School by Cindee Velle Ballet

This 90-minute dance class introduces basic barre exercises: leg, feet and arm positions and first forms of classic center work. The jazz portion includes contemporary movement from a range of American dance styles such as Broadway, lyrical and funk. Girls, wear black leotard, pink tights, pink ballet shoes (leather or canvas) and black jazz shoes. Boys, wear white t-shirt, black shorts or sweat pants, black ballet shoes (leather or canvas) and black jazz shoes. Teacher: Catherine Rach. (No class 11/22.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

6-11 yrs Classes: 12

RP1018.501 Veterans ES Sep 13 4:10-5:40pm W \$139

Back Beats with Nysia Carter

This fast-paced, high-energy, hip-hop class emphasizes body isolation movements, intricate rhythms and individual expression. Come learn basic hip-hop, popping and break dancing techniques to develop your own unique style. Wear comfortable clothes. Sneakers required. (No class 11/25.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. 7-10 yrs Classes: 12

RP1020.501 Roger Carter Comm Ctr Sep 16 3:30-4:30pm Sa \$139

Language

Sign Language Class After School

Learn how to sign sentences/thoughts. Enjoy finger spelling and using classifiers. Come sign a made-up story! Professional interpreter and teacher, Ms. Laura, is great with kids and has been working in HCPSS for 17 years. American Sign Language (ASL) is a visual, conceptual, complete language. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-2 Classes: 7

RP3343.501 Fulton ES Oct 6 4-5:15pm F Grades 3-5 Classes: 7 RP3343.511 Fulton ES Oct 3 4-5:15pm Tu \$99

Spanish After School

Learn a new language, explore a new culture and traditions where Spanish is spoken. Learning is enhanced by playing games, singing songs, reading poems, creating crafts and other hands-on activities. Classes are taught by native speakers who are not only experienced teachers, but also engaging, fun and motivating. No class on half days or when school is not in session. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov. Grades K-5 Classes: 8

diddc3 N 3	Classes. 0				
RP3301.505	Lisbon ES	0ct 6	3:15-4:15pm	F	\$139
Grades K-5	Classes: 10				
RP3301.501	Ilchester ES	0ct 2	4-5pm	M	\$175
RP3301.502	Hammond ES	0ct 4	3:40-4:40pm	W	\$175
RP3301.504	Gorman Crossing ES	Oct 5	4-5pm	Th	\$175
Grades 3-5	Classes: 10				
RP3301.503	Northfield ES	Oct 3	3:20-4:20pm	Tu	\$175

Passport to China After School

This popular, after-school program gives you the chance to learn Chinese in an immersion environment that is fun and efficient. Enjoy learning about China's geography, history, culture, and language. Class covers basic conversational language, abacus math skills, and native music and song! Enjoy crafts such as paper cutting (Jianzhi), paper folding (Origami), and calligraphy (Shufa). Classes are taught by specially-trained Academy of Excellence instructors, sponsored by the WeeStar Corporation, a non-profit educational organization focusing on Chinese language teaching and cultural exchange programs. No class on half days or when school is not in session. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades 1-5	\$139 Classes: 8			
RP3314.501	Fulton ES	4-5:30pm	0ct 5	W
RP3314.502	Pointers Run ES	4-5:30pm	0ct 5	Th
RP3314.503	St. John's Lane ES	3:20-4:50pm	0ct 4	W
RP3314.504	Thunder Hill ES	4-5:30pm	0ct 3	Tu
RP3314.505	Veterans ES	4:05-5:35pm	0ct 6	F

Music & Theater Arts

Music

Guitar Studio

with Olenka School of Music flickr

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. No previous music experience necessary. Students must bring their own guitar. \$30 materials fee due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-10 yrs Olenka School of Music Columbia Classes: 5 RP0125.501 Aug 28 or Nov 13 5:30-6:30pm M \$130



Beginning Princess Ballet: Rhythm & Steps teaches basic skills in locomotion, imagination and music appreciation.

Kidz Sing with Olenka School of Music

Does your little singing star love to belt out tunes around the house? This is the perfect class to learn to sing on pitch and develop expressive techniques and beginning harmony through a variety of songs, games and movement. **\$30 materials fee per student due at first class.** Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-10 yrs \$115 Classes: 5

RP0124.501

 OSM Columbia
 Aug 28 or Nov 13
 4:30-5:15pm
 M

 OSM Ellicott City
 Sept 3 or Nov 12
 11:30am-12:20pm
 Su

Learn Now Music After School

Learn Now Music's mission is "to create a positive, musical experience for all of our students"! Participate in musical instruction and theory. Enjoy musical games, curriculum-based activities, listening excerpts, and more! You can borrow a rental instrument and materials each session at no cost. A rental agreement must be signed at the first class. No class on half days or when school is not in session. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

-	, ,				
Grades K-5	Drums Classes: 6				
RP3361.531	Clarksville ES	Oct 17	4-5pm	Tu	\$135
RP3361.532	Ducketts Lane ES	Oct 18	3:20-4:20pm	W	\$135
RP3361.533	Bellows Spring ES	Oct 18	4-5pm	W	\$135
RP3361.534	Northfield ES	Oct 27	3:30-4:30pm	F	\$135
RP3361.535	llchester ES	Oct 19	4:10-5:10pm	Th	\$135
RP3361.536	Hammond ES	0ct 16	3:35-4:35pm	M	\$135
RP3361.537	Clemens Crossing ES	0ct 16	3:50-4:50pm	M	\$135
RP3361.538	Dayton Oaks ES	Oct 19	3:40-4:40pm	Th	\$135
Grades K-5	Groovy Guitar Classe	s: 6			
RP3361.511	Thunder Hill ES	Oct 18	4-5pm	W	\$135
RP3361.512	St. John's Lane ES	Oct 27	3:15-4:15pm	F	\$135
RP3361.513	Pointers Run ES	Oct 19	4-5pm	Th	\$135
RP3361.514	Rockburn ES	0ct 16	3:30-4:30pm	M	\$135

RP3361.515	Waverly ES	Oct 17	3:50-4:50pm	Tu	\$135
RP3361.516	Atholton ES	Oct 17	3:50-4:50pm	Tu	\$135
RP3361.517	Hollifield Station ES	Oct 27	3:20-4:20pm	F	\$135
RP3361.518	Bushy Pk ES	Oct 19	3:55-4:55pm	Th	\$135
RP3361.542	Centennial Lane ES	Oct 27	6-7pm	F	\$135
Grades K-5	Poppin' Piano Classes	<u>: 6</u>			
RP3361.501	Thunder Hill ES	Oct 18	4-5pm	W	\$135
RP3361.502	St. John's Lane ES	Oct 27	3:15-4:15pm	F	\$135
RP3361.503	Pointers Run ES	Oct 19	4-5pm	Th	\$135
RP3361.504	Rockburn ES	0ct 16	3:30-4:30pm	M	\$135
RP3361.505	Waverly ES	Oct 17	3:50-4:50pm	Tu	\$135
RP3361.506	Atholton ES	Oct 17	3:50-4:50pm	Tu	\$135
RP3361.507	Hollifield Station ES	Oct 27	3:20-4:20pm	F	\$135
RP3361.508	Bushy Pk ES	Oct 19	3:55-4:55pm	Th	\$135
Grades K-5	Viva Violin Classes: 6				
RP3361.521	Clarksville ES	Oct 17	4-5pm	Tu	\$135
RP3361.522	Ducketts Lane ES	Oct 18	3:20-4:20pm	W	\$135
RP3361.523	Bellows Spring ES	Oct 18	4-5pm	W	\$135
RP3361.524	Northfield ES	Oct 27	3:30-4:30pm	F	\$135
RP3361.525	Ilchester ES	Oct 19	4:10-5:10pm	Th	\$135
RP3361.526	Hammond ES	0ct 16	3:35-4:35pm	M	\$135
RP3361.527	Clemens Crossing ES	0ct 16	3:50-4:50pm	M	\$135
RP3361.528	Dayton Oaks ES	Oct 19	3:40-4:40pm	Th	\$135
RP3361.541	Centennial Lane ES	Oct 27	6-7pm	F	\$135

Music Exploration & Keyboarding with Olenka School of Music

Develop a strong music foundation with this energetic, parent/child class offering a rich exploration into the essentials of music theory and performance. Learn to read and write music, explore rhythm instruments, understand keyboard geography and keyboarding techniques, and eartraining exercises. Stimulating music games and activities are designed to teach the fundamentals of the Universal Language of Music. Adult participation required. No previous music experience necessary. **\$42 materials fee per student due at first class.** Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-10 yrs	<u>Olenka Schoo</u>	l of Music Columbia	Class	ses: <u>5</u>
RP0127.50	1 Sep 1	5:30-6:30pm	F	\$155
RP0127.50	1 Sep 2	1:30-2:30pm	Sa	\$155
RP0127.50	1 Sep 3	11:30am-12:20pm	Su	\$155
5-10 yrs	Olenka Schoo	l of Music Ellicott City	Cla	sses: <u>5</u>
RP0127.50	1 Aug 31	6-7pm	Th	\$155

Rock School

Beginners and up, learn from professional rock musicians. Enhance memory, self-expression, creativity, and self-confidence. Focus on instrument play, music theory and technique. Bring your guitar/bass. Drums available during class. Vocals includes warm-up/warm-down exercises, proper breathing techniques and singing lessons to help teach how to properly use your voice when singing. Schedule subject to change, visit www.therockshopmd.com. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

<u>6-11 yrs Th</u>	ie Rock Shop	Classes: 5	
RP1037.501	Drums	0ct 6	6:30-7:30рг

RP1037.502 Keyboard/vocals Oct 6 6:30-7:30pm F \$139 RP1037.503 Bass/Guitar Oct 6 6:30-7:30pm F \$139

Intro to Piano

Learn to play the piano! Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. Must have access to a keyboard to practice on outside class. Fee includes music book. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

8-11 yrs Classes: 8

Theater

 Visit www.howardcountymd.gov/drama for complete schedules.

Beginning Acting:

Disney's Lion King Kids by DLC

Join Simba, Nala, Timon, and Pumbaa! Sing, dance, act, and work together towards a final performance for family and friends. Program meets weekly for 6 classes, has 2 evening dress rehearsals and 2 weekend final performances. \$35 materials fee due at first class. (No class 10/28.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

RP1038.501	Drama Learning Center	Sep 15	5-7pm	F	\$210	
RP1038.502	Drama Learning Center	Sep 16	9:30-11:30am	Sa	\$210	

Hawaiian Adventures Drama Showcase by DLC

Learn about and celebrate Hawaii and some of its famous residents like Moana, Maui, Lilo, and Stitch! Create and act out scenes. Perform in a final showcase luau for family and friends. Bring a pencil and binder. Bring a nut-free snack while supervised between school dismissal and when class begins. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades	K-5	Classes: 7	

KP 1040.301	Dayton Oaks ES	UCI Z	5.40-5.40pm	IVI	222
RP1040.502	Deep Run ES	Oct 10	4-6pm	Tu	\$99
RP1040.503	Stevens Forest ES	Sep 28	3:40-5:40pm	Th	\$99
RP1040.504	Phelps Luck ES	Oct 10	3:30-5:30pm	Tu	\$99

Musical Theatre Disney's Aristo CATS by DLC

High-society cat Duchess and her kittens' butler pulls off a catnapping. Now alley cat, Thomas O'Malley and his swingin' jazz cats need to save the day. Sing, dance, act, and work together towards a final performance for family and friends. Meet weekly for 8 classes, have 2 dress rehearsals and a final, evening performance. (For Fulton Grades 3-5 Production, see On Stage: Disney's Jungle Book.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Gra	ides	K-2	Classes: T	l

RP1039.501	Fulton ES	Sep 20	4-6pm	W	\$195
Grades 1-5	Classes: 11				
RP1039.502	Centennial Lane ES	Sep 29	3:35-5:35pm	F	\$195
RP1039.503	Clarksville ES	Oct 12	4-6pm	Th	\$195
RP1030 504	St John's Lang FS	Oct /	3.20_5.20nm	W	¢105

School's Out Drama Workshops by DLC

Why sit at home in front of the TV when off from school? Join us for a day of drama-themed fun, arts and crafts. (\$50 off additional sibling by phone only.) DLC (410-997-9352) has before and after care. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Drama Learning Center

RP0105.501	Endless Summer 1	Aug 28	9am-4pm	М	\$75
RP0105.502	Endless Summer 2	Aug 29	9am-4pm	Tu	\$75
RP0105.503	Endless Summer 3	Aug 30	9am-4pm	W	\$75
RP0105.504	Endless Summer 4	Aug 31	9am-4pm	Th	\$75
RP0105.505	Endless Summer 5	Sep 1	9am-4pm	F	\$75
RP0105.506	Emoji Fun Day	Sep 22	9am-4pm	F	\$75
RP0105.507	Lego Batman/Lego Ninjago	Oct 20	9am-4pm	F	\$75
RP0105.508	Despicable Me Day	Nov 22	9am-4pm	W	\$75

Winter Break Drama Camp: Stars Wars by DLC

Focus on a different topic each day for drama-themed fun, arts and crafts. Performances conclude each day and you have an opportunity to show parents and friends what was learned. (\$50 off additional sibling by phone only.) Call DLC (410-997-9352) for before and after care. Info: Melissa Calleri,



Watch them sing, act and dance in a theater production this fall.

410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-2	<u>Drama Learning Center</u>						
RP3338.601	Rey & BB8	Dec 26	9am-4pm	Tu	\$75		
RP3338.602	Luke & R2D2	Dec 27	9am-4pm	W	\$75		
RP3338.603	Leia & C3PO	Leia & C3PO Dec 28 9am-4pm					
RP3338.604	Han & Chewbacca	F	\$75				
Grades 3-6	Drama Learning Cent	er					
RP3338.611	Rey & BB8	Dec 26	9am-4pm	Tu	\$75		
RP3338.612	Luke & R2D2	Dec 27	9am-4pm	W	\$75		
RP3338.613	Leia & C3PO	Dec 28	9am-4pm	Th	\$75		
	Ecia a coi o	0000	- ap		4		

Disney's The Lion King by CCTA

Howard County Recreation & Parks has teamed up with Columbia Center for Theatrical Arts to produce Disney's *The Lion King!* Students, learn the fundamentals of musical theater including choreography, character development and stage direction. The program culminates with a full stages production complete with theatrical sets, lighting, costumes and sound! At the final class, a 7pm performance for friends and family ends the season. Bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

6-11 yrs Classes: 11

RP1041.501	Gorman Crossing ES	Sep 25	4-5:15pm	M	\$205
RP1041.502	Northfield ES @ Dunloggin MS	Sep 28	3:30-4:45pm	Th	\$205
RP1041.503	Pointers Run ES	Sep 26	4:10-5:25pm	Tu	\$205

Homeschool Musical Theatre:

The Lion King, Jr! by DLC

The African Savannah comes to life on stage with Simba, Rafiki, and an unforgettable case of characters as they journey from Pride Rock to the jungle and back again in this inspiring, coming-of-age tale. Students work as a theatrical team to improve their acting, singing, and dancing skills as they rehearse for a production of this classic tale. Program meets weekly for 9 classes and concludes with one week of dress rehearsals and two final performances for family and friends. (\$75 off additional sibling by phone only.) \$55 materials fee due at first class, payable to Drama Learning Center. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. Grades 1-8 Classes: 16

RP0114.501 Drama Learning Center Sep 28 1-3:30pm Th \$250



On Stage: Disney's Jungle Book by DLC

Banished by the ferocious tiger, (Shere Khan), a human boy (Mowgli) and his panther friend (Bagheera) are in the jungle. Look for the bare necessities of life as you learn acting, singing and dancing skills while rehearsing for the final performance. Program meets weekly for 10 classes, has 3 evening dress rehearsals and an evening final performance for family and friends. (For Fulton Grades K-2 Production, see Musical Theatre: Disney's AristoCATS.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov. Grades 1-5 Classes: 14

RP1045.501	Manor Woods ES	Sep 20	3:35-5:35pm	W	\$240
RP1045.502 Triadelphia Ridge ES		Sep 28	3:30-5:30pm	Th	\$240
Grades 3-5	Classes: 14				
RP1045.503	Fulton ES	Sep 20	4-6pm	W	\$240

Production Class: *The Lion King*, Jr. by Drama Learning Center

The African Savannah comes to life on stage with Simba, Rafiki and an unforgettable case of characters as they journey from Pride Rock to the jungle and back again, in this inspiring, coming-of-age tale. Meet weekly for 9 classes, conclude with 1 week of dress rehearsals, from 5-8:30pm, and 2 final performances for family and friends. (Have middle school registrants? See tween listing.) \$50 materials fee due at first class, payable to Drama Learning Center. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades 3-5	Classes: 16				
RP1043.501	Drama Learning Center	Sep 12	5-7:30pm	Tu	\$305
RP1043 502	Drama Learning Center	Sen 13	5-7·30nm	W	\$305

Personal Development

How To Say It Best

This fun, hands-on class increases your confidence and communication. Play and work through a coloring/activity book while learning manners. Day 1: Learn how to make friends, give and receive compliments, avoid rude behaviors (like interrupting), and have a conversation. Day 2: Practice the magic words (please, thank you, excuse me, and more); proper telephone manners; body language; and theater-behavior. (\$5 off additional sibling by phone only.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov. 4-7 yrs Classes: 2

RP3335.501 Roger Carter Comm Ctr Oct 16 5-5:50pm M \$40

Communicate Like A Leader

Through role-play, activities and handouts, become comfortable meeting and greeting new people. Become a good conversationalist. Learn how to give and receive compliments, to be a good listener, to write thank you notes and more. This confidence-building program helps you feel more at ease at school and at play. (\$5 off additional sibling by phone only.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

8-11 yrs Classes: 2

RP3332.501 Roger Carter Comm Ctr Oct 16 6-6:50pm M \$40

Kid Empowerment: P.E.T Power!

Reach your full potential! At this fun, hands-on program, learn to create Positive Empowering Thoughts (P.E.T.s) that chase away Automatic Non-supportive Thoughts (A.N.T.s)! Build resilience, confidence and essential life skills through engaging activities and charming animations. Unleash your P.E.T. Power sooner rather than later! Get your own stuffed pet and earn special P.E.T. tags. New and returning students welcome. Bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. \$25 materials fee per student due at first class. No class on half days or when school is not in session. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

diades 2-4	Classes: 0				
RP3333.510	Bellows ES	0ct 9	4:05-5:35pm	M	\$115
RP3333.501	Clarksville ES	Oct 12	4-5:30pm	Th	\$115
RP3333.502	Clemens Crossing ES	Oct 11	3:50-5:20pm	W	\$115
RP3333.503	Dayton Oaks ES	0ct 9	3:35-5:05pm	M	\$115
RP3333.504	Elkridge ES	Oct 12	4-5:30pm	Th	\$115
RP3333.505	Gorman Crossing ES	Oct 13	4-5:30pm	F	\$115
RP3333.506	llchester ES	Oct 11	4-5:30pm	W	\$115
RP3333.507	Manor Woods ES	Oct 10	3:20-4:50pm	Tu	\$115
RP3333.508	Pointers Run ES	Oct 13	4-5:30pm	F	\$115
RP3333.509	Waverly ES	Oct 9	3:50-5:20pm	M	\$115

Science & Technology

Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

TECH Scientific Schools Out Camps

4-6 yrs Roger Carter Comm Ctr

Dinosaurs & Fossils "Oh My"- Explore prehistoric life the way scientists do. Create, bury and unearth imitation fossils (the backbone of dinosaur research). Reconstruct skeleton models and speculate about their appearance and behavior based on their bones. Investigate dinosaur footprints to make inferences about size, speed and stride. Using models, learn their physical features, develop a classification system, and learn the meanings of dinosaur names.

RP3304.551	Before care	Sep 21	8-9am	Th \$12
RP3304.501	Camp day	Sep 21	9am-3:30pm	Th \$99
RP3304.561	After care	Sep 21	3:30-5pm	Th \$18

World and Science of Color - Why do we see color? Understand our colorful world through exploration. Learn about the rainbow using ROYGBIV, and learn what color is black and what color is white. Cool color-mixing and fun chromatography are a part of the day. Don't miss a great colorful learning experience!

RP3304.552	Before care	Sep 22	8-9am	F	\$12
RP3304.502	Camp day	Sep 22	9am-3:30pm	F	\$99
RP3304.562	After care	Sep 22	3:30-5pm	F	\$18

Slime Me or Not - All kids love Slime! Here's what's cool - we have found a way to teach science concepts by making all the gooey things kids love! Make slime, gak and oobleck - yes, they are all different. Along the way, learn geometry of shapes, how to measure and find out what happens when we don't measure exactly right. Also explore color-mixing and magnetism!

RP3304.553	Before care	0ct 20	8-9am	F	\$12
RP3304.503	Camp day	Oct 20	9am-3:30pm	F	\$99
RP3304.563	After care	Oct 20	3:30-5pm	F	\$18

Leagues Under the Sea - Enamored with the ocean or Chesapeake Bay? Explore unique properties of the oceans and seas, and all the truly special life-forms that live in them! Truly turn STEM into STEAM as we complement our hands-on-science investigations with the addition of modelling projects.

RP3304.554	Before care	Nov 22	8-9am	W	\$12
RP3304.504	Camp day	Nov 22	9am-3:30pm	W	\$99
RP3304.564	After care	Nov 22	3:30-5pm	W	\$18



Keep their mind active during winter break at Bricks4Kidz Camp.

Lil' Space Explorer (Winter Break Camp) with Tech Scientific

Enjoy the excitement of space. Astronauts, explore the cosmos and Milky Way and try some real space food! Projects include making moon sand, eating space ice cream, learning zero gravity and how much things weigh in space, and much more as we learn about the planets of our solar system.

4-6	yrs	Roger	Carter	Comm	Ctr	Classes: 4

RP3304.651	Before care	Dec 26	8-9am	Tu-F	\$29
RP3304.601	Camp day	Dec 26	9am-3:30pm	Tu-F	\$265
RP3304.661	After care	Dec 26	3:30-5pm	Tu-F	\$55

Bricks4Girlz LEGO® After School

We are STEAMing it up at with this all-girl, after-school class! Work on motorized model building, craft with LEGO® bricks and do other LEGO®-based activities. This fun, engaging class includes team-building, creative thinking and engineering skills! (No class 11/10, 11/24.)

Grades	K-5	Classes: 6
ulaucs	1/-7	Classes. U

RP3329.591	Bellows Spring ES	0ct 9	4-5:30pm	М	\$129
RP3329.592	Deep Run ES	Oct 10	4-5:30pm	Tu	\$129
RP3329 593	Northfield FS	Nov 3	3·30-5nm	F	\$129

Bricks4Kidz LEGO® After School BrickCity Engineers

Grab your hard hats and get those engineering minds going! Let's build a city and explore the jobs involved. What would a city be without the architects and engineers needed to come up with the ideas, plans and building skills to make it all come together? Enjoy city-themed models using LEGO® bricks. (No class 10/20, 11/10, 11/20, 11/21, 11/22-24, 12/25-1/1.)

didde5 it 5	Classes. o					
RP3329.500	Atholton ES	Dec 8	3:50-4:50pm	F	\$99	
RP3329.501	Centennial Lane ES	Nov 29	3:15-4:15pm	W	\$99	
RP3329.502	Clemens Crossing ES	Oct 5	3:50-4:50pm	Th	\$99	
RP3329.503	Deep Run ES	Nov 29	4-5pm	W	\$99	
RP3329.504	Elkridge ES	Oct 3	4-5pm	Tu	\$99	
RP3329.505	Hollifield Station ES	0ct 2	3:20-4:20pm	M	\$99	
RP3329.506	Manor Woods ES	Nov 27	3:25-4:25pm	Μ	\$99	
RP3329.507	Northfield ES	0ct 2	3:30-4:30pm	M	\$99	
RP3329.508	Rockburn ES	0ct 4	3:25-4:25pm	W	\$99	
RP3329.509	Thunder Hill ES	Nov 30	4-5pm	Th	\$99	
RP3329.510	Veterans ES	Nov 27	4-5pm	M	\$99	
RP3329.511	Waterloo ES	0ct 6	4-5pm	F	\$99	
RP3329.512	Waverly ES	Nov 28	3:50-4:50pm	Tu	\$99	

Bricks4Kidz LEGO® After School Jurassic Bricks

Are you ready for the adventure of a lifetime? Put on your hiking boots and camouflage. We are going back in time to a world of Jurassic Bricks! Build the gentle brontosaurus, ferocious velociraptor, mighty T-Rex and more with our specialized LEGO® brick kits. Learn fascinating facts about extinct animals during the age of dinosaurs. (No class 10/20, 11/10, 11/20, 11/21, 11/22-24, 12/25-1/1.)

Grades K-5	Classes: 6					
RP3329.540	Atholton ES	0ct 6	3:50-4:50pm	F	\$99	
RP3329.541	Bellows Spring ES	0ct 5	4-5pm	Th	\$99	
RP3329.542	Clemens Crossing ES	Nov 30	3:50-4:50pm	Th	\$99	
RP3329.543	Deep Run ES	0ct 4	4-5pm	W	\$99	
RP3329.544	Elkridge ES	Nov 28	4-5pm	Tu	\$99	
RP3329.545	Hollifield Station ES	Nov 27	3:20-4:20pm	M	\$99	
RP3329.546	llchester ES	0ct 3	4-5pm	Tu	\$99	
RP3329.547	Longfellow ES	Nov 29	3:30-4:30pm	W	\$99	
RP3329.548	Manor Woods ES	0ct 2	3:25-4:25pm	M	\$99	
RP3329.549	Thunder Hill ES	0ct 5	4-5pm	Th	\$99	
RP3329,550	Triadelphia Ridge ES	Dec 8	3:30-4:30pm	F	\$99	

Bricks4Kidz LEGO® After School Mining & Crafting

Experience world-building the Bricks4Kidz way. Explore the science and engineering behind Minecraft® - - with LEGO® bricks! From mining ores to animal mobs to farming and fishing and fighting off dragons, each class features a different science or engineering lesson followed by a mechanized or motorized Technic model of the day! (No class 10/20, 11/10, 11/20, 11/21, 11/22-24, 12/25-1/1.)

Grades K-5	Classes: 6				
RP3329.560	Bellows Spring ES	Nov 30	4-5pm	Th	\$99
RP3329.561	Centennial Lane ES	0ct 4	3:15-4:15pm	W	\$99
RP3329.562	llchester ES	Nov 28	4-5pm	Tu	\$99
RP3329.563	Longfellow ES	0ct 4	3:30-4:30pm	W	\$99
RP3329.564	Northfield ES	Nov 27	3:30-4:30pm	M	\$99
RP3329.565	Rockburn ES	Nov 29	3:25-4:25pm	W	\$99
RP3329.566	Triadelphia Ridge ES	0ct 6	3:30-4:30pm	F	\$99
RP3329.567	Veterans ES	0ct 2	4-5pm	M	\$99
RP3329.568	Waterloo ES	Dec 8	4-5pm	F	\$99
RP3329.569	Waverly ES	0ct 3	3:50-4:50pm	Tu	\$99

Bricks4Kidz LEGO® School's Out Camps

School is out and we're open for play! Topics vary and include the popular LEGO themes of Ninja Training, Wizards & Muggles, Amusement Park and the new Junior Robotics! Activities take place indoors.

5-12 yrs Ro	oger Carter Comm Ctr	Full Day			
RP3369.501	Amusement Park	Sep 21	8:30am-5pm	Th	\$95
RP3369.502	Ninja Training	Sep 22	8:30am-5pm	F	\$95
RP3369.503	Wizards & Muggies	Oct 20	8:30am-5pm	F	\$95
RP3369.504	Junior Robotics	Nov 22	8:30am-5pm	W	\$115
5-12 yrs Ro	oger Carter Comm Ctr	Half Day M	orning		
RP3369,511	Amusement Park	Sep 21	8:30am-12:30pm	Th	\$95
RP3369.512	Ninja Training	Sep 22	8:30am-12:30pm	F	\$95
RP3369.513	Wizards & Muggles	Oct 20	8:30am-12:30pm	F	\$49
RP3369.514	Junior Robotics	Nov 22	8:30am-12:30pm	W	\$69
5-12 yrs Ro	oger Carter Comm Ctr	Half Day At	<u>fternoon</u>		
RP3369.521	Amusement Park	Sep 21	1-5pm	Th	\$95
RP3369.532	Ninja Training	Sep 22	1-5pm	F	\$95
RP3369.523	Wizards & Muggies	Oct 20	1-5pm	F	\$49
RP3369.524	Junior Robotics	Nov 22	1-5pm	W	\$69



Build from designs and plans to create a city at Bricks4KidzLEGO® After School BrickCity Engineers.

Bricks4Kidz LEGO® Winter Break Camp

It's winter break and we're open for play! Enjoy topics that include the popular LEGO themes of Mining & Crafting, Galaxy Space Wars, Plundering Pirates and Spinning Ninjas! Activities take place indoors.

5-12 yrs Ro	ger Carter Comm Ctr	Classes: 4			
RP1715.601	Full day, 4 days	Dec 26	8:30am-5pm	Tu-F	\$279
RP1715.611	Half day, 4 days	Dec 26	8:30am-12:30pm	Tu-F	\$149
RP1715.612	Half day, 4 days	Dec 26	1-5pm	Tu-F	\$149
RP1715.621	Mining & Crafting	Dec 26	8:30am-5pm	Tu	\$95
RP1715.622	Galaxy Space Wars	Dec 27	8:30am-5pm	W	\$95
RP1715.623	Plundering Pirates	Dec 28	8:30am-5pm	Th	\$95
RP1715.624	Spinning Ninjas	Dec 29	8:30am-5pm	F	\$95

Intro to STEM with LEGO® After School with Play-Well Teknologies

Tap into your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as boats, snowmobiles, catapults, and merry-go-rounds! Use special pieces to create unique designs! Explore the endless possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. (No class 10/20, 11/10, 11/24.)

Grades K-2 Classes: 8

RP3371.501 Bellows Spring ES Sep 29 4-5:30pm F \$179 RP3371.502 Northfield ES Sep 26 3:30-5pm Tu \$179

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.













HoCoParks APP

NEW! LEGO WeDo® Meets K'NEX After School with Club SciKidz

Club SciKidz uses K'NEX to teach mechanical movement. Then transfer these skills to LEGO® WeDo® models with motorized, moving parts. Focus on simple machines and how they make robots move - levers, wheels, screws and more! Gain a mechanical understanding as a young engineer! (No class 10/20, 11/10, 11/24.) Info: www.clubscikidz.com or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-2	Classes: 8				
RP3338.501	Dayton Oaks ES	Sep 26	3:35-4:50pm	Tu	\$129
RP3338.502	Forest Ridge ES	Sep 27	3:50-5:05pm	W	\$129
RP3338.503	Fulton ES	Sep 28	4-5:15pm	Th	\$129
RP3338.504	Gorman Crossing ES	Sep 25	4-5:15pm	М	\$129
RP3338.505	Hammond ES	Sep 27	3:35-4:50pm	W	\$129
RP3338.506	Manor Woods ES	Sep 29	3:20-4:35pm	F	\$129
RP3338.507	Pointers Run ES	Sep 29	4-5:15pm	F	\$129
RP3338.508	West Friendship ES	Sep 28	3:50-5:05pm	Th	\$129

Science Club After School with Club SciKidz (No class 10/20, 11/10, 11/24.) Info: www.clubscikidz.com or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-2 Classes: 8 Icky, Gross, Spooky Science

What young scientist doesn't like a little mess and fun while learning science?
Use household products to create things that may seem gross but in most cases
are useful. Make glue, plastic, fake blood, and make Ph paper from cabbage juice.
Also concoct our own gravity defying GOO and end with the favorite - fun/fantastic
explosions!

DD2255 504	D II C : FC	c 27	4.5	147	4420
RP3355.501	Bellows Spring ES	Sep 27	4-5pm	W	\$129
RP3355.502	Centennial Lane ES	Sep 25	3:15-4:15pm	M	\$129
RP3355.503	Clemens Crossing ES	Sep 27	3:50-4:50pm	W	\$129
RP3355.504	Dayton Oaks ES	Sep 26	3:35-4:35pm	Tu	\$129
RP3355.505	Deep Run ES	Sep 25	4-5pm	M	\$129
RP3355.506	Elkridge ES	Sep 28	4-5pm	Th	\$129
RP3355.507	Fulton ES	Sep 29	4-5pm	F	\$129
RP3355.508	Gorman Crossing ES	Sep 29	4-5pm	F	\$129
RP3355.509	Hammond ES	Sep 26	3:35-4:35pm	Tu	\$129
RP3355.510	Hollifield Station ES	Sep 27	3:20-4:20pm	W	\$129
RP3355.511	Longfellow ES	Sep 28	3:30-4:30pm	Th	\$129
RP3355.512	Rockburn ES	Sep 28	3:25-4:25pm	Th	\$129
RP3355.513	St. John's Lane ES	Sep 28	3:20-4:20pm	Th	\$129
RP3355.514	Triadelphia Ridge ES	Sep 25	3:30-4:30pm	M	\$129
RP3355.515	West Friendship ES	Sep 26	3:50-5:50pm	Tu	\$129

Grades 3-5 Classes: 8 Forensic Biology Fun

Enjoy eight classes of biology-based real forensic experiments used in crime lab, in our Club Scikidz portable labs! Extract your own DNA; solve a mystery of "Who ate the Cheese" with DNA fingerprinting; bone measurement and analysis; identify gene movement using electrophoresis; and discover how to use entomology (bugs) to solve crimes! Join us for this fun "CSI-Howard County" class!

			.,		
RP3355.521	Bellows Spring ES	Sep 27	4-5pm	W	\$129
RP3355.522	Centennial Lane ES	Sep 25	3:15-4:15pm	M	\$129
RP3355.523	Clemens Crossing ES	Sep 27	3:50-4:50pm	W	\$129
RP3355.524	Dayton Oaks ES	Sep 26	3:35-4:35pm	Tu	\$129
RP3355.525	Deep Run ES	Sep 25	4-5pm	M	\$129
RP3355.526	Elkridge ES	Sep 28	4-5pm	Th	\$129
RP3355.527	Fulton ES	Sep 29	4-5pm	F	\$129
RP3355.528	Gorman Crossing ES	Sep 29	4-5pm	F	\$129
RP3355.529	Hammond ES	Sep 26	3:35-4:35pm	Tu	\$129
RP3355.530	Hollifield Station ES	Sep 27	3:20-4:20pm	W	\$129
RP3355.531	Rockburn ES	Sep 28	3:25-4:25pm	Th	\$129
RP3355.532	St. John's Lane ES	Sep 28	3:20-4:20pm	Th	\$129
RP3355.533	Triadelphia Ridge ES	Sep 25	3:30-4:30pm	M	\$129
RP3355.534	West Friendshin FS	Sep 26	3:50-4:50pm	Tu	\$129





Create projects like mazes and platform games that make learning logic, coding and animation fun at Coding Club Before School.

Minecraft Animation After School with C3 Cyber Club

Become an animator using Mine-imator software. Learn basic animation techniques with Minecraft characters and stages! Expand your observation skills and imagination by studying motion and how it influences motion in animation. Create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. (No class 10/20, 11/10, 11/20, 11/21, 11/22-24, 12/25-1/1.)

Grades 1-3	Classes: 6				
RP3328.501	Centennial Lane ES	Sep 29	3:30-4:30pm	F	\$145
RP3328.502	Elkridge ES	Nov 15	4-5pm	W	\$145
RP3328.503	Gorman Crossing ES	Sep 26	4-5pm	Tu	\$145
RP3328.504	Pointers Run ES	Nov 16	4-5pm	Th	\$145
RP3328.505	Triadelphia Ridge ES	Sep 26	3:30-4:30pm	Tu	\$145
Grades 4-5	Classes: 6				
Grades 4-5 RP3328.511	<u>Classes: 6</u> Dayton Oaks ES	Nov 15	3:35-4:35pm	W	\$145
		Nov 15 Nov 15	3:35-4:35pm 4-5pm	W W	\$145 \$145
RP3328.511	Dayton Oaks ES				
RP3328.511 RP3328.512	Dayton Oaks ES Fulton ES	Nov 15	4-5pm	W	\$145

Minecraft Programming After School with C3 Cyber Club

Looking for a fun way to learn programming? Using a custom mod called "Computercraft," learn how to program robots called "turtles" inside the world of Minecraft. Utilize problem-solving skills by learning how to program your robot to complete various tasks and objectives such as programming turtles to automatically build, mine and craft items and structures. Be introduced to programming if-then-else statements, for while loops, and implement their own functions using LUA, a simple scripting language. (No class 10/20, 11/10 (after school), 11/20, 11/21, 11/22-24, 12/25-1/1.)

u	iaucs i-5	Classes. U					
R	P3326.501	Dayton Oaks ES	Sep 29	3:30-4:30pm	F	\$145	
R	P3326.502	Fulton ES	Sep 27	4-5pm	W	\$145	
R	P3326.503	Lisbon ES	Nov 16	3:10-4:10pm	Th	\$145	
R	P3326.504	Northfield ES	Nov 16	3:30-4:30pm	Th	\$145	
R	P3326.505	West Friendship ES	Dec 1	3:50-4:50pm	F	\$145	

Grades 4-5	Classes: 6				
RP3326.511	Centennial Lane ES	Nov 14	3:15-4:15pm	Tu	\$145
RP3326.512	Gorman Crossing ES	Nov 14	4-5pm	Tu	\$145
RP3326.513	Manor Woods ES	Sep 27	3:25-4:25pm	W	\$145
RP3326.514	Triadelphia Ridge ES	Nov 14	3:30-4:30pm	Tu	\$145
RP3326.515	Waverly ES	Sep 25	3:50-4:50pm	M	\$145

Schools' Out LEGO Engineering Workshop with Play-Well Teknologies

Power up your engineering skills with Play-Well Teknologies and tens of thousands of LEGO® pieces! Apply real-world concepts in physics, engineering and architecture through engineer-designed projects, such as arch bridges, skyscrapers, motorized cars and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. Experienced instructor challenges new and returning engineers! Grades 1-4

RP3377.501 Gary J Arthur Comm Ctr Oct 20 9am-4pm F \$85

NEW! Video Game Design & Production After School with C3 Cyber Club

Aspiring game designers love this class!. Learn how to utilize the industry-standard game design software Unreal® Editor, among other software, used to create the games Batman: Arkham Asylum ® and Mass Effect®. Learn how to create exterior environments, and apply different procedures of modelling and texturing. Create your own outdoor terrain using advanced tools such as terrain sculpting, particle creation, and dynamic lighting. Import pre-set 3D models, control dynamic lighting, add interactive vehicles and weapons. (No class 10/20, 11/10, 11/20, 11/21, 11/22-24, 12/25-1/1.) Grades 1-3 Classes: 6

RP3327.501	Clemens Crossing ES	Sep 26	3:50-4:50pm	Tu	\$145	
RP3327.502	Lisbon ES	Sep 28	3:10-4:10pm	Th	\$145	
RP3327.503	Rockburn ES	Sep 25	3:25-4:25pm	M	\$145	
RP3327.504	St. John's Lane ES	Sep 29	3:20-4:20pm	F	\$145	
RP3327.505	Waverly ES	Nov 13	3:50-4:50pm	M	\$145	
Grades 4-5	Classes: 6					
RP3327.511	Clemens Crossing ES	Nov 14	3:50-4:50pm	Tu	\$145	
RP3327.512	Hammond ES	Sep 25	3:35-4:35pm	M	\$145	
RP3327.513	Rockburn ES	Nov 13	3:25-4:25pm	Μ	\$145	
RP3327.514	St. John's Lane ES	Dec 1	3:20-4:20pm	F	\$145	
RP3327.515	Thunder Hill ES	Sep 27	4-5pm	W	\$145	

Wonderland Winter Break Camp with Play-Well Teknologies

Design and build! Apply engineering, architecture, creativity and fun to create a magical Winter Wonderland with tens of thousands of LEGO® pieces! Build motorized contraptions like snowmobiles, gondolas and more! Create a hilltop village complete with slopes for our LEGO® skiers and sledding. Grades 1-4 Classes: 3

RP3378.601 N Laurel Comm Ctr Dec 27 9am-4pm W-F \$239

Coding Club Before School with Silver Knights

Create stories, games and animations using a visual programming language called Scratch. It's as easy to use as snapping together building blocks! Think creatively, work collaboratively and reason systematically. Projects like mazes and platform games make learning logic, coding and animation fun and creative! Our curriculum teaches new coders the basics while challenging more experienced coders to create increasingly complex programs. Silver Knights provides a laptop for every child.

|--|

RP3325.502	Bellows Spring ES	0ct 5	8:10-9:10am	Th	\$215
RP3325.501	llchester ES	Oct 3	8:10-9:10am	Tu	\$215
RP3325.503	Pointers Run ES	Oct 2	8:10-9:10am	M	\$215

NEW! LEGO® EV3 Robot Olympiad Before School with Club SciKidz

Using the LEGO® EV3 platform, build and program robots to complete a different task or theme each day! Themes include Athletic Training Center, Basketball, Hockey, Tug of War, Sprint, and Wrestling. (No class 10/20, 11/24.)

Grades 2-5 Classes: 8

RP3357.501	Clemens Crossing ES	Sep 26	7:45-9am	Tu	\$149	
RP3357.502	Gorman Crossing ES	Sep 28	7:55-9:10am	Th	\$149	
RP3357.503	Running Brook ES	Sep 25	7:55-9:10am	M	\$149	
RP3357.504	Waverly ES	Sep 29	7:45-9am	F	\$149	
RP3357.505	West Friendship ES	Sep 27	7:45-9am	W	\$149	

TECH Scientific Schools Out Camps

7-12 vrs Roger Carter Comm Ctr

Maker's Invention Convention

Build cool contraptions such as daVinci's catapult, a paint stirrer crossbow, rubber band helicopter and more! It's a fact that those who tinker and make things, develop analytical skills and computational thinking abilities!

RP3305.551	Before care	Sep 21	8-9am	Th	\$12
RP3305.501	Camp day	Sep 21	9am-3:30pm	Th	\$99
RP3305.561	After care	Sep 21	3:30-5pm	Th	\$18

Art Bots Science and Art Me

Campers, build at least one artistic robot to bring home that can draw or maybe even sing or dance! Robots can be made in many ways, but most robots have a lot in common. Common parts include: sensors, effectors and control systems. STEAM has never been so much fun.

RP3305.552	Before care	Sep 22	8-9am	F	\$12
RP3305.502	Camp day	Sep 22	9am-3:30pm	F	\$99
RP3305.562	After care	Sep 22	3:30-5pm	F	\$18

Stem Gems & Rock Docs

Travel back in time to discover the mysteries of the Earth! Become a gemologist for the day and experience crystal and mineral growing. Enter the hidden world of the geode and build then erupt your own volcano! Pan for genuine gemstones and learn where precious minerals are mined around the globe. As we examine rocks and minerals, discover what a rockin' place our world can be!

RP3305.553	Before care	0ct 20	8-9am	F	\$12
RP3305.503	Camp day	0ct 20	9am-3:30pm	F	\$99
RP3305.563	After care	Oct 20	3:30-5pm	F	\$18



Make your role-playing games come to life at RPG Video Game Creator this winter.

Turkey Tricks

Have some fun before the holidays! Set-up, try, fail, and master some of the best science-based tricks and illusions. Pull a table cloth out from under dishes without breaking a single one! (The secret is force and motion.) Use centripetal force to lift objects with a glass. Tie a knot without ever letting go of the rope! What a great way to learn some science concepts!

RP3305.554	Before care	Nov 22	8-9am	W	\$12
RP3305.504	Camp day	Nov 22	9am-3:30pm	W	\$99
RP3305.564	After care	Nov 22	3:30-5pm	W	\$18

RPG Video Game Creator (Winter Break Camp) with Tech Scientific

Make your role-playing games come to life! Our RPG Maker Camp shows you how to create an epic role-playing game where you battle fierce monsters prowling in a dungeon. Learn what RPG is, its history, the basics, the character, and all aspects of the game. Use RPG Maker VXAce which features dragdrop interface, library of characters, tile-based environments, enhanced map editor, built-in character generator with custom sprites and faces, custom items, and weapons. Once finished, export your game to a portable EXE file that can be played on any Windows® system!

7-12 yrs Roger Carter Comm Ctr Classes: 4

RP3305.651	Before care	Dec 26	8-9am	Tu-F	\$29
RP3305.601	Camp day	Dec 26	9am-3:30pm	Tu-F	\$265
RP3305.661	After care	Dec 26	3:30-5pm	Tu-F	\$55

NEW! Land and Air Rescue Robots After School with Club SciKidz

Our new and exciting technology class combines LEGO® Mindstorm Rescue Robot and a partnership with Onpoynt Aerial Robots. Come learn and use robot design for search, rescues and safety challenges. Missions include teamwork to solve a hazardous chemical spill, deliver water and supplies to a disaster area, and find a lost hiker in wooded terrain. This is a one of a kind class. Develop real-world skills with drones and robotics! (No class 10/20, 11/10, 11/24.)

Grades	3-5	Classes: 8

RP3356.501	Fulton ES	Sep 26	4-5:15pm	Tu	\$149
RP3356.502	Hollifield Station ES	Sep 29	3:20-4:35pm	F	\$149
RP3356.503	Lisbon ES	Sep 25	3:15-4:30pm	М	\$149
RP3356.504	Manor Woods ES	Sep 26	3:20-4:35pm	Tu	\$149
RP3356.505	Pointers Run ES	Sep 25	4-5:15pm	M	\$149



Practice your hand with different mediums and techniques learned at Drawing Techniques.

Teens & Tweens (11-18 yrs) **Classes & Activities**

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors Page 18

Nature & Environment

Heritage Programs Page 27

Home School Page 29

Chess

Chess Club After School with Silver Knights

Learn chess with Silver Knights! Chess clubs split time between lesson and play. Lessons range from learning the rules to advanced tournament strategies, depending on the children. State and national champions have come from our programs, but most of our students are just looking to learn and have fun! Play time is structured to pair each student against an opponent of similar skill. (No class 11/22.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

Grades 6-8 Classes: 8

RP2931.501 Dunloggin MS Oct 4 2:35-3:35pm W \$119

Crafts & Fine Arts

Anime & Manga: Styles of Classic Mangaka

Appealing to readers of all ages and backgrounds, "manga" (Japanese comics) is the world's most versatile and influential form of sequential art. Beginners and veteran artists, learn what techniques make manga so popular and how to incorporate them into their drawing. Supplies included, but you are encouraged to bring your own sketchbook. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 4

RP2855.501 Ellicott Mills MS Sep 28 6-8pm Th \$59

Comics Unleashed

Explore comic book design and learn basic drawing techniques, character design, page composition, layout, penciling and inking. Explore a variety of comic genres including superhero, Manga, Indie, and graphic novels. Please wear comfortable clothing you don't mind getting dirty. You are encouraged to bring a sketchbook for class and at-home practice. (No class 11/23.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov. 11-17 yrs Classes: 5

RP2854.501 Ellicott Mills MS Oct 26 6-8pm Th \$65

Digital Photography

Learn how to take your best pictures. Explore composition, lighting and the elements that make memorable photographs. Learn about shutter speed, exposure and using flash and basics on how your camera works. Practice shooting using your camera's built in settings and scene modes. Bring your camera. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 4

RP2856.501 Roger Carter Comm Ctr Oct 8 12:30-2:30pm Su \$65

Drawing Techniques

Strengthen your drawing skills as you focus on different media including graphite, charcoal, colored pencils, pastels and watercolor pencils. Techniques include modeling, color transitions, gesture style, blending and wet-on-dry. Materials are provided but you are encouraged to bring a sketchbook. (No class 11/25.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2851.501 N Laurel Comm Ctr Nov 11 10:30am-noon Sa

Jewelry Design

Design your own jewelry using professional tools and supplies. Classes include bead stringing, crimping, wire wrapping, bead weaving and bead making. Beads and tools provided. Register for all three classes and receive 10% registration discount (must register by phone for discount). Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Roger Carter Comm Ctr

RP2852.501 Bracelets 0ct 7 10am-noon Sa \$25 RP2852.502 Necklaces Oct 21 10am-noon Sa \$25 RP2852.503 Earrings Nov 4 10am-noon Sa \$25

Painting for Teens

Work in acrylics to learn or master color mixing, brush work and how to "build" a painting rich with texture and color. The instructor does a demonstration painting each week and works with you one-on-one. Previous experience not necessary. Materials included. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2853.501 N Laurel Comm Ctr Oct 7 10:30am-noon Sa \$85

Dance

Hip Hop Dance with Nysia Carter

During this high-energy class, focus on choreography, perfect your skills and learn hip-hop, popping and breakdancing techniques. With an easy-to-follow breakdown of the basic moves, learn how to put various steps together that allow you to step comfortably onto a dance floor at any event. Wear comfortable clothes; jazz shoes or sneakers required. (No class 11/25.) Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-17 yrs Classes: 12

RP2857.501 Roger Carter Comm Ctr Sep 16 5-6pm Sa \$155



Join Howard County Teen Clubs to strengthen your leadership, networking and marketing skills with other teens.

Enrichment & Personal Development

Beauty & Hairstyling

Beauty Academy: Mani & Pedi Basics

Going to the salon for a manicure and pedicure is the ultimate treat. This class teaches you the basics of completing them right in your own home. Participants receive a basic nail kit to take home. Practice with your peers and receive a step-by-step guide to follow along with at home. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 2

RP2860.511 Wilde Lake MS Oct 25 6-8pm W \$65

Makeup 101

Come experiment and learn the basics than Makeup 101. This class is designed for the teen who wants instruction on a clean, natural approach to makeup. Have fun learning simple and easy makeup techniques and tips. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov. 11-17 yrs Classes: 2

RP2860.501 Ellicott Mills MS Oct 5 6-8pm Th \$69

Fitness

Teen Yoga with Rachel Wolfe Page 66

Job Skills

Babysitting Fundamentals

This babysitter training course emphasizes child development, safety, security, first aid, understanding, patience, and other necessary skills. Class includes introduction to hands-only CPR & AED, but does not include CPR certification. Registrants must be at least 11 years old by the first class. Receive a certificate upon course completion. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

<u>11-14 yrs Classes: 2</u>

RP2862.501 Wilde Lake MS Sep 27 5:30-7:30pm W \$69 RP2862.502 Clarksville MS Nov 1 5:30-7:30pm W \$69

Leadership

Howard County Teen Clubs

Join a diverse group of teens to represent the youth of Howard County and promote programs and events at the community centers across the county. Bring your creative ideas and help develop new activities for teens. Monthly meetings focus on developing leadership, social networking and marketing skills. Earn service-learning hours at the meetings and events. Attend four or more meetings and receive a free center membership. Info: Ovan Shortt, 410-313-4648 or oshortt@howardcountymd.gov.

11-16 yrs First Friday of the month

RP2880.501 Roger Carter Comm Ctr Oct 4 4-5:30pm F Free

11-16 yrs Second Friday of the month

RP2880.502 Gary J Arthur Comm Ctr Oct 13 3:30-5pm F Free

11-16 yrs Third Friday of the month RP2880.503 N Laurel Comm Ctr

tr 0ct 27 4:30-6pm F Free

Modeling

Modeling School:

Commercial Acting and Modeling

Join Sean Gibson, a former National Modeling Agency Director, National Modeling School Instructor and current scout of Model Citizens Models, LLC for this workshop designed to teach you the skills needed to enter the modeling industry. Train for skills needed to successfully model in catalogues, cosmetics advertisements, television commercials, magazine advertisements, newspaper advertisements, billboards, and more. The class also focuses on personality development, confidence, interviewing skills, auditioning, goal-setting, public speaking techniques and more! Not planning to be a model? How about having the confidence of a model? Students perform a monologue or commercial in the graduation event. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov or Sean@teenfashionshow.com.

11-17 yrs Classes: 8

RP2867.501 Roger Carter Comm Ctr Sep 30 Noon-1:30pm Sa \$119

Personal Development

Networking 101

Learn how to be more comfortable at social and work gatherings where you need to meet and have conservations with new people and make sure you know how to handle yourself at upcoming holiday gatherings. In this program, learn how to prepare for an event, enter and exit conversations, what you can talk about, and what you should not talk about. Learn how to create a first and lasting impression through a proper handshake, eye contact, proper introductions, and appropriate nonverbal conversation. Learn the keys to being a conversation partner who is interesting and interested. This course is important for anyone who attends businesses gatherings, conferences, parties and school or community events. In two short hours, feel at ease and more confident. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

12-16 yrs

RP2869.501 Long Reach HS Nov 6 7-9pm M \$55

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.









Social Etiquette &

Communication Skills Express

Designed for the student with a busy schedule, this class emphasizes the importance of having responsible decorum in all aspects of life. Topics include initial impressions, dress for success, conversation and listening, etiquette in public, phone and electronic etiquette. Don't miss this opportunity to discover why research demonstrates that social skills are paramount for success in later life! This is a great class as an introduction or a refresher. Info: William Banks, 410-313-4609, or wbanks@howardcountymd.gov.

12-16 yrs

RP2868.501 Centennial HS Oct 30 6-8pm M \$55

Music & Theater Arts

Music

Guitar Studio with Olenka School of Music

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. No previous music experience necessary. Students must bring their own guitar. **\$30 materials fee per student due upon first class.** Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-14 yrs	Olenka Sch	ool of Music Colu	ımbia	Classes: 5
RP2873.501	Aug 28	6:30-7:30pm	M	\$130
RP2873 501	Nov 13	6·30-7·30nm	M	\$130





Learn to read and write music at Music Exploration & Keyboarding with Olenka School of Music.

Music Exploration & Keyboarding with Olenka School of Music

Learn the Universal Language of Music using keyboards to explore the essentials of music theory and performance. Enjoy learning to read and write music, using keyboarding techniques and developing rhythm and ear-training. This course is an invaluable first step to learning to play any instrument. No previous music experience necessary. **\$42 materials fee per student due first class.** Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-14 yrs	Olenka Sch	<u>ool of Music Ellico</u>	tt City	Classes: 5
RP2878.501	Aug 29	6:30-7:30pm	Tu	\$155
11-14 yrs	Olenka Sch	ool of Music Colur	nbia	Classes: 5
RP2878.501	Sep 1	6:30-7:30pm	F	\$155
RP2878.501	Sep 3	1:30-2:30pm	Su	\$155

Vocal Starz with Olenka School of Music

Aspiring vocalists, improve singing skills and ability to sing on pitch with Solfege (do-re-mi), sight reading, vocal exercises & warm-ups, note value, ear training and harmonizing as part of an ensemble. **\$30 materials fee per family due first class.** Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-14 yrs	Olenka Scho	<u>ool of Music Ellico</u>	tt City	Classes: 5
RP2879.501	Aug 28	5:30-6:30pm	M	\$130
RP2879.501	Aug 29	6:30-7:30pm	Tu	\$130
RP2879.501	Nov 7	6:30-7:30pm	Tu	\$130
<u>11-14 yrs</u>	Olenka Scho	ool of Music Colur	nbia	Classes: 5
RP2879.501	Aug 30	6:15-7:15pm	W	\$130
RP2879.501	Nov 8	6:15-7:15pm	W	\$130
RP2879.501	Nov 13	5:30-6:30pm	M	\$130

Intro to Piano

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. Must have access to a keyboard to practice on outside class. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov. 11-17 yrs Classes: 9

RP2872.501 River Hill HS Sep 23 Noon-1pm Sa \$115

Piano II

Build on the piano skills learned in the Intro to Piano class in this next step class! Gain confidence, develop and learn new piano methods and techniques. You should have access to a keyboard to practice outside. Prerequisite: Intro to Piano. Intro to Piano students should bring book from previous class. Those without a book may purchase one at the first class for \$15. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov. 11-17 yrs Classes: 9

RP2872.502 River Hill HS Sep 23 1-2pm Sa \$115

Rock School

Are you ready to rock? Beginners and up, learn from professional working rock musicians while enhancing memory, self-expression, creativity and self-confidence. Instrumental sessions focus on instrument play, music theory and technique. Vocals class includes warm-up/warm-down exercises, proper breathing techniques and singing lessons to help you learn how to properly use your voice when singing. Bring your guitar/bass. Drums are available for use during class. Class runs concurrently with youth class. Schedule subject to change, visit www.therockshopmd.com. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Th	ne Rock Shop	Classes: 5			
RP2871.503	Bass/Guitar	0ct 6	6:30-7:30pm	F	\$139
RP2871.501	Drums	0ct 6	6:30-7:30pm	F	\$139
RP2871.502	Kevboard/Voca	al Oct 6	6:30-7:30pm	F	\$139

Voice

Do you want to sing like a star? This beginning vocal course teaches you everything you need to know. Learn music theory, vocal techniques, and rhythmic and harmonic reading. Enjoy the spotlight as you perform for an audience and showcase your new talents. No experience necessary! Everyone has a voice, what's yours? Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

<u>11-17 yrs Classes: 9</u> RP2890.501 River Hill HS Sep 23 2-3pm Sa \$8

Theater

Broadway Starz with Olenka School of Music

Breath control, vocal production, and tone production are demonstrated through various exercises. Team building is an integral part of the learning process and is explored through games, acting, singing, and improvisation. Learn how to improve presentation skills, performance quality, rhythm and movement while creating characters and telling a story. Repertoire selected from Broadway musicals. No prior vocal training required. **\$30 materials fee per family due upon first class.** (No class 11/24.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

<u>11-14 yrs</u>	Olenka School of Music Columbia			Classes: 5	
RP2891.501	Aug 30	5:15-6:15pm	W	\$130	
RP2891.501	Nov 8	5:15-6:15pm	W	\$130	
<u>11-14 yrs</u>	Olenka Scho	ool of Music Ellico	tt City	Classes: 5	5
RP2891.501	Sep 1	5:30-6:30pm	F	\$130	
RP2891.501	Sep 3	12:15-1:15pm	Su	\$130	
RP2891.501	Nov 10	5:30-6:30pm	F	\$130	
RP2891.501	Nov 12	12:15-1:15pm	S	\$130	



Practice performance and production with exercises that boost your confidence and skills on stage at Broadway Starz.

Production Class: Lion King Jr

The African savannah comes to life on stage with Simba, Rafiki and an unforgettable cast of characters as they journey from Pride Rock to the jungle, in this inspiring, coming-of-age tale. Students on DLC's stage this fall are going to have a great time working as a theatrical team to tell the story of one of the world's most famous stories. Program meets weekly for 9 classes and concludes with one week of dress rehearsals and two final performances. Visit www.howardcountymd.gov/drama for complete schedules. **\$50 materials fee due at first class**. Section .501 & .502 run concurrently with grades 3-5 section. Info: Will Banks, 410-313-4609 or wbanks@howardcountymd.gov.

 Drama Learning Center
 Classes: 9

 RP2877.501
 Grades 6-8
 Sep 12
 5:30-7:30pm
 Tu
 \$300

 RP2877.502
 Grades 6-8
 Sep 13
 5:30-7:30pm
 W
 \$300

 RP2877.503
 Grades 6-9
 Sep 23
 5:30-7:30pm
 Sa
 \$300

Intro to Acting

Enjoy an introduction to the concepts crucial to the theatrical arts: self-awareness, observation, improvisation, creative imagination, and story-telling. Move towards building and heightening responsiveness to action and the development of an actor's skills. Create, stage and perform your own scenes. Last class features a short performance highlighting each actor. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-17 yrs Classes: 5

RP2875.501 Roger Carter Comm Ctr Oct 8 2-4pm Su \$65

Science & Technology

C3 Cyber Club: Drone Flight & Mechanics

In this class, enjoy the opportunity to learn basic flight skills through hands-on activities and exercises using quadcopters. Dive into the safety and science of drone flight, and how it all comes together to make everything possible. What is lift? What are pitch, yaw, and roll? How does tilt affect flight speed? All these questions are tackled and explored in class. Are you interested in learning how to fly quadcopter drones? Come learn the answer during class! (No class 11/22.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

<u>Grades 6-9 Classes: 6</u> RP2960.504 Lime Kiln MS Nov 1 5:30-6:30pm W \$145

C3 Cyber Club: Game Design & Production

Aspiring game designers love this class, as you have the chance to learn how to utilize the industry-standard game design software Unreal® Editor, among other software, used to create games as Batman: Arkham Asylum® and Mass Effect 3®. Learn how to create exterior environments and apply different procedures of modelling and texturing. Create your own outdoor terrain using advanced tools such as terrain sculpting, particle creation, and dynamic lighting. Learn how to import pre-set 3D models, control dynamic lighting, add interactive vehicles and weapons. Learn how to use the same tools video game developers are using today! Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

Grades 6-9 Classes: 7

RP2960.503 Roger Carter Comm Ctr 0ct 1 1:15-2:15pm Su \$145

C3 Cyber Club: Lego Mechanics & Engineering Our Lego Robotics class combines the exciting world of Lego with programming to manipulate and program your own personal robot. Learn how to use the simple, but powerful software to create commands with drag and drop visual programming. Configure different sensors that track motion, light, and touch to create the ultimate robot! Work together as a small team of young engineers to build and program their designs. This class is great

for those who are hands on and like working in small teams. Info: William

Grades 6-9 Classes: 7

RP2960.502 Roger Carter Comm Ctr Oct 1 Noon-1pm Su \$145

Banks, 410-313-4609 or wbanks@howardcountymd.gov.

C3 Cyber: Programming using Minecraft

Using a custom mod called "Computercraft," learn how to program robots called "Turtles" inside the world of Minecraft. Learn about LUA, a simple scripting language used to develop games such as Angry Birds, where you learn how to program "if-then-else" statements, "for-while loops," and implement functions. Utilize problem-solving skills by learning how to program their robots to complete various tasks and objectives such as programming their turtles to automatically build, mine, and craft items and structures. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov. Grades 6-9 Classes: 6

RP2960.501 Clarksville MS Sep 27 5:30-6:30pm W \$145

Special Events

Teen Lock-in!

Ready to stay up really late? Teens are taking over Gary J. Arthur Community Center! Enjoy a night of cooperative games, music, movies, delicious food, contests, and more. This after-hours party includes all-night access to the gym, *Cupcake Wars* (decorate & eat!), night-time Nerf battle, and video game tournaments. You are supervised at all times by our experienced & energetic staff. Boys and girls sleep in different rooms. Food and snacks include pizza at 10pm, midnight snack and continental breakfast at 8am. Bring your sleeping bag and pillow, comfortable clothes and shoes for sports. All participants must be checked in by 9pm. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov.

11-15 yrs

RP2985.501 Gary J Arthur Comm Ctr Dec 8 7pm-9am F \$49

Monster Mash

Show your Halloween spirit in a night filled with fun and friends. DJ, glow light sports, costume contest, indoor trick-or-treat, Xbox tournament, and more. Info: Holly Harden, 410-313-4625 or hharden@howardcountymd.gov. 11-16 yrs \$9 in advance, \$13 at the door

RP2991.501 Roger Carter Comm Ctr Oct 27 7:30-9:30pm F



Chef Mark Waitsman teaches delicious recipes to taste and take home to prepare in your own kitchen.

Adults (18 yrs +) Classes & Activities

Adventure & Outdoors Page 18

Nature & Environment Page 23

Cooking

• Programs listed by date order.

NEW! Vegetarian Cuisine Around the World with Chef Ravi

Chef Ravi has handpicked a few of his favorite vegetarian dishes from around the world to bring home to your kitchen table. The meals include: leaf spinach pakoras from India; Thai lime and basil stir fried veggies in coconut from Thailand; Nasi Goreng from Indonesia and for dessert a Seviya kheer (Roasted Vermicelli dessert) from Pakistan. **\$20 materials fee due at class**. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0506.501 Hammond HS Sep 6 6:30-9pm W \$29

Mind Blowing Moroccan with Chef Mark Waitsman

Once an Executive Chef in a Middle Eastern restaurant, Chef Mark Waitsman made unbelievably delicious fare for patrons. You too can have exotic aromas filling the air that intoxicate your family and friends as you cook this majestic meal. You won't believe how easy it is to prepare a restaurant-quality feast in your home kitchen. Learn how to make Outrageous Orange and Carrot Salad, Chef Mark's Harissa (Hot Red Pepper Sauce), Chicken Tagine with Preserved Lemons and Olives, and Chef Mark's Spiced Basmati Pilaf. Dinner is served with Freshly Made Flatbread (not made in class). This is a terrific class that you should not miss! \$15 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0501.501 Mt. Hebron HS Sep 13 6:30-9pm W \$20



Learn to paint or draw with various art materials at a craft & fine arts class.

NEW! Gluten Free Baking & Cooking with June Ramey & Kris Dzagan

Join published authors for a fun, informative class on cooking and baking gluten- and sugar-free. Enjoy hands-on experience working with gluten-free flours and alternative sweeteners. Presenters make recipes in class for you to taste, but you put together all ingredients to take home and bake. Menu items include September 26: Pancakes and Carrot Muffins; October 13: Apple Crisp and Sweet Potato Muffins; and November 17: Chocolate Muffins and Holiday Eggnog. **\$22 materials fee due at class** includes a 40-page handout with information on substituting ingredients, cooking mishaps and more. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

 RP0510.501
 Sep 26
 Mt. Hebron HS
 6-9pm
 Tu
 \$32

 RP0510.502
 Oct 13
 Mt. Hebron HS
 6-9pm
 F
 \$32

 RP0510.503
 Nov 17
 Mt. Hebron HS
 6-9pm
 F
 \$32

Easy Indian Vegetarian with Chef Ravi

Chef Ravi teaches you how to make some easy and quick vegetarian dishes without going through the long and time-consuming recipes. Make mixed vegetarian pakoras (fritters) with a mint chutney, followed by a Dal Panchratna (a blend of 5 lentils), and a garlic and green chili pulao dessert, the all time favorite of saffron and rice pudding. **\$20 materials fee due at class**. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs +

RP0507.501 Hammond HS Oct 18 6:30-9pm W \$29

NEW! The Secret is in the Sauce with Chef Ravi

All-time favorite foundation sauce class returns! Create your own favorite dishes within minutes by getting to the three basic and popular sauces in Indian cuisine: brown masala (onion sauce), Makhani sauce (tomato butter cream) and Korma sauce (almond sauce). These base sauces open new doors to easy Indian meals. **\$20 materials fee due at class**. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0508.501 Hammond HS Nov 15 6:30-9pm W \$29

NEW! Indian Vegetarian with Chef Ravi

Learn the most popular restaurant menu items with Chef Ravi, making Dal Tadka (a blend of 3 kinds of lentils), Malai Kofta (a mashed potato and veggie dumpling in a creamy sauce), served with Biryani rice. **\$20 materials fee due at class**. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0509.501 Hammond HS Dec 6 6:30-9pm W \$29

Craft & Fine Arts

• Programs listed by date order.

Drawing & Painting

Watercolor Holiday Cards with Brenda Kidera

Back by popular demand! From new reference materials (provided), learn to build a painting using step-by-step instructions and demonstrations. Once complete, have the painting printed as cards in time to send out for the holidays. Elementary knowledge of watercolor necessary. Supply list: www.howardcountymd.gov/craftsandfinearts. \$5 reference material fee due at first class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 5

RP0201.501 Gary J Arthur Comm Ctr Sep 5 9:30am-12:30pm Tu \$135

NEW! Art Lecture Series: Art Crimes

The U.S. Department of Justice currently ranks art crime as the third-largest criminal enterprise in the world. The increase in international art transactions has helped create a booming market for stolen and fraudulent art, and major U.S. arts institutions still struggle with repatriation of stolen or looted objects in their collections. Explore the darker side of the art world: thefts, forgeries, vandalism, art scams, and even historic confrontations between artists. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0212.501 N Laurel Comm Ctr Sep 15 9:30-11:30am F \$25

Oil Painting with Ann Wiker

All levels welcome! Beginners, learn the basics of oil painting (prepping the canvas, mixing colors, brush techniques, composition, and light and shadow). Intermediate painters, review color mixing, composition and choosing subject matter. Advanced painters, receive individualized instruction based on ability. Don't be intimidated; this is fun! Materials list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0210.501 N Laurel Comm Ctr Sep 19 9:30-11:30am Tu \$59

NEW! Beginner Portraits in Oil with Brenda Kidera

With step-by-step instruction, learn how to paint a portrait in oil. If you've ever been afraid of painting a portrait, this is the class for you! Begin with basic value studies and progress from there. Reference materials provided. **\$20 reference material fee due at first class.** Some oil experience is necessary. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 vrs + Classes: 8

RP0204.501 Gary J Arthur Comm Ctr Sep 22 9:30am-12:30pm F \$219

NEW! Paint and Sip with Pinot's Palette

Join us for an unforgettable evening of friends, fun, beer, wine, and painting in Ellicott City! We provide everything you need for a great night out! All supplies included, drinks available for purchase. Choose from the following paintings: North Shore, Maryland, My Maryland, or Whimsical Forest. Create a "masterpiece" to take home. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

21 yrs +

 RP0215.501
 Pinot's Palette
 Sep 28
 7-9pm
 Th
 \$40

 RP0215.502
 Pinot's Palette
 Oct 26
 7-9pm
 Th
 \$40

 RP0215.503
 Pinot's Palette
 Nov 16
 7-9pm
 Th
 \$40

Watercolor: Pouring Paint with Brenda Kidera

From new reference materials, this challenging and fun course walks you through the entire process of pouring your painting. Begin with a value sketch, followed by masking and pouring layers of paint. Bring your own art supplies. Some watercolor experience is necessary. **\$20 reference material fee due at first class**, includes 300# Arches watercolor paper. Supply list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 7

RP0202.501 Gary J Arthur Comm Ctr Oct 10 9:30am-12:30pm Tu \$189

NEW! Art Lecture Series: Matisse vs Picasso

These two artists famously met for the first time at one of Gertrude Stein's dinner parties. "Matisse was a cool, calm, Northern European artist. Picasso was a hot, temperamental Spaniard." From that time on, their lives and their artwork were effected by each other. Who was more prolific? Who was intimidated? Who was faithful in their personal lives? Were they friends? Did they like each other's art? The relationship between the artists Henri Matisse and Pablo Picasso is the subject of this lecture that focuses on the influences each artist had on the other's creations. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0213.501 Roger Carter Comm Ctr Oct 24 9:30am-noon Tu \$25

NOW HIRING!

- >> CHILDCARE
- >> SPORTS COACHES
- >> PROGRAM DIRECTORS
- >> INSTRUCTORS
- » LIFEGUARDS
- » AND MANY MORE!

Learn more about our job openings and apply today!

FOR MORE INFORMATION

Visit us online at www.howardcountymd.gov/hcrpjobs or call 410-313-4700.



Learn to knit or crotchet this fall.

Drawing for Beginners, Intermediate, Advanced

Focus on a variety of drawing approaches, from the realistic to the abstract. Special attention is given to the area of portraiture. Beginners, learn the basics of drawing, including exercises that appeal to both its technical and creative components. Intermediate and advanced participants, receive individualized instruction as you work to improve and refine their skills. Materials list provided on www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 3

RP0211.501 Roger Carter Comm Ctr Nov 20 9:30am-noon M \$59

Pen & Ink with Watercolor with Brenda Kidera Back by popular demand! With step-by-step instruction, learn how to work

Back by popular demand! With step-by-step instruction, learn how to work with pen and ink with watercolor washes. Great for travel journaling! All new reference materials are provided; you're also free to bring your own. Supply list: www.howardcountymd.gov/craftsandfinearts. **\$8 reference material fee due at first class**. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

<u>18 yrs + Classes: 3</u>

RP0203.501 Gary J Arthur Comm Ctr Nov 28 9:30am-12:30pm Tu \$84

NEW! Art Lecture Series: Explore Glass Art

The history of glass making can be traced back to 3500 BCE in Mesopotamia. Techniques in working with glass have varied throughout history and in different regions. Explore glass as a medium for fine art. Learn about the making of glass and the techniques used to form it into art objects. We discuss the work of such famous glass artists as Dale Chihuly, Louis Comfort Tiffany, Harvey Littleton, and John LaFarge. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0214.501 Roger Carter Comm Ctr Dec 5 9:30-11:30am Tu \$25

54

Knitting & Crocheting

Crochet 1 with Anna Tai

Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet—drape, yarn selection, and shaping. Project choices are a scarf, hat, wrap, bag, or tank top. Materials list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0802.501 Oakland Mills HS Nov 2 7-9pm Th \$47

Knit 1 with Anna Tai

Experience the joy of knitting. Learn to cast on, the knit and purl stitches, cast off, adjust tension, and correct mistakes. Combine garter and stockinette stitch patterns and make your first scarf. Materials list: www.howard-countymd.gov/craftsandfinearts. Info: Danielle Bassett 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0801.501 Oakland Mills HS Nov 1 7-9pm W \$47

Photography

Basic Digital Photography with John Guion

This class is designed for those getting started with a digital camera and wants to become better versed in entry-level concepts. This "one-size-fits-all" class covers the basics whether using a compact digital camera, an interchangeable lens compact camera or a single lens reflex camera. Cover features common to camera (e.g., image size settings, image quality controls, how to change them, and using the camera's creative modes and not just relying on the automatic setting). Discuss downloading photos to a computer and accessories you may want to consider such as a tripod or monopod. Bring your camera and manual to class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

21 yrs + Classes: 6

RP0206.501 Roger Carter Comm Ctr Sep 27 7-9pm W \$100

NEW! Guided Photo Walk

Find fall beauty! Whatever the weather, explore the power of color, shapes, textures, and the face of nature in landscapes as we walk and shoot through your choice of parks or neighborhoods. Apply exposure compensation to adjust for back-lighting and take advantage of silhouettes. Explore close-ups and panoramas. Review your shots to discover more opportunities. Bring your digital camera and enthusiasm. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0207.501 N Laurel Comm Ctr Oct 7 9:30-11:30am Sa \$56

Beginner Photoshop Elements

Let's make your old photos fresh again! Turn faded images bright again, get rid of dust and scratches, and combine our old and new memories into our own life stories. Start by cropping a cloning, getting rid of distractions, and building our expertise with layers and collages. Save money as we customize our scanned prints and digital images and fit our personal images into standard frames and mats. Bring your laptop or borrow one from the instructor for a \$10 lab fee. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

<u>18 yrs + Classes: 3</u>

RP0209.501 Roger Carter Comm Ctr Oct 12 7-9pm Th \$49

NEW! Illustrate Your Stories

The holidays are filled with memories and moments you capture on film. Pick some photos, old or new, and find words that inspire you. Explore question-answer and voice-recording tools to create a photo story that speaks out loud in your own voice. Bring your smart phone, tablet or laptop. Be-



Take the camera off "automatic" and learn to take better pictures at Basic Digital Photography with John Guion.

come familiar with the process, and draft your story for yourself or to share. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov. 18 yrs + Classes: 3

RP0208.501 Gary J Arthur Comm Ctr Nov 7 7-9pm Tu \$49

Dance

• Programs listed in alphabetical order.

Ballroom

Ballroom Dance Basics with Jim & Lucy

This beginner Social Dance class introduces you to two Swing styles, as well as a sampling of classic Foxtrot steps. Learn to step in sync with Big Band songs, as well as Oldies, Motown, and Rock-n-Roll. While you learn steps, develop your lead or follow skills so important for successful partnering on a dance floor. After completing the class, we hope you feel confident saying "yes" to invitations to dance at weddings, office parties, and other social events. Singles as well as couples welcome; do not wear sneakers. Fee is per person. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1107.501 Roger Carter Comm Ctr Sep 20 8:25-9:25pm W \$75

Ballroom Sampler: Swing and Quickstep with Jim & Lucy

This popular class provides a sampling of the unique character and joys of Big Band Swing and lively Quickstep. The first four weeks focus on Single-Step Swing (suited to faster music), and the last four weeks on Quickstep (a Line-Of-Dance style). Master the foundational steps of each dance style, understand lead and follow, and become ready to take your dancing onto any dance floor. Each class reviews the basic techniques and foot patterns learned the week before, and then teaches one or two new steps. Couples only; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 orkehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1104.501 Atholton ES Sep 22 8:30-9:30pm F \$149



You won't turn down an invitation to dance after taking a ballroom dance class.

Couples Dance with Mo & Barb Dutterer

Beginner to advanced dancers, learn to dance every dance at your next party, reunion, anniversary, or wedding. Cha Cha, waltz, two-step (foxtrot), and slow dance are taught. Join the fun with Mo and Barb on their 28th year of teaching dance here in Howard County. Couples only. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1119.501 Roger Carter Comm Ctr Sep 26 8:30-9:30pm Tu \$125

Intro to Ballroom Dance with Jim & Lucy

This "Social Dance Survival" class equips you with dance routines adaptable to a variety of dance musical styles commonly played at weddings and parties, including smooth jazz, foxtrot, slower big band, romantic songs, and traditional waltz. In the last two weeks, enjoy a two-week sampling of Swing dance steps. We look forward to planting in you the desire and the confidence to get out of your seats and head to the dance floor at parties, weddings, or anywhere you hear dance music playing! Singles as well as couples welcome; do not wear sneakers. Fee is per person. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1106.501 Roger Carter Comm Ctr Sep 20 7:05-8:05pm W \$75

Next Step with Jim and Lucy: Urban Waltz & Cha Cha

This 'Next Step' class is designed for those who have taken classes in the last five years in both Waltz and Cha Cha, and/or are experienced with leading and following the basic steps in both these dances. In the first week, review Cha Cha foot patterns, then expand your Cha Cha repertoire in weeks two to four. On the fifth night, review Waltz rhythm and footwork, then learn faster waltz steps, including turn variations, during the last three weeks. Classes emphasize learning to execute smooth leads and follows. Couples only; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u> 18 yrs + Classes: 8</u>

RP1105.501 Atholton ES Sep 22 7:15-8:15pm F \$149

Dance Movement

Adult Beginner Ballet with Cecilia Ituarte

Adults with little or no previous ballet training, come learn basic ballet exercises with an emphasis on body alignment and musicality while developing a strong core. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1129.501 Misako Ballet Studio Sep 21 7:30-8:30pm Th \$78

Beginning Adult Ballet

Come learn basic ballet movements to help build strength, flexibility, and grace. Learn in an open environment where everyone can learn at their own pace. Leotard and tights recommended, but form-fitting comfortable clothing is also allowed. Wear ballet shoes and bring a water bottle. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 11

RP1113.501 Kinetics Dance Theatre Sep 19 7-8pm Tu \$100

Contemporary Modern Dance for Beginners

Dance and have fun in this class for adults of all levels. Begin with an invigorating warm-up, practice dance steps, and learn different choreography each week. This class combines modern, ballet and jazz techniques to provide participants with an enjoyable introduction to dancing and a relaxing workout. No experience necessary. Please wear clothes that are comfortable to move and stretch in, such as leggings or sweat pants with an exercise top or cotton t-shirt. No shoes required, but if you prefer, wear ballet or jazz shoes. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 16 yrs + Classes: 8

RP1128.501 Misako Ballet Studio Sep 18 7:15-8:15pm M \$80

Hip Hop with CJ Cunningham

Get ready to work your body in ways you never imagined! Enjoy exciting hip-hop routines to keep you moving and grooving. Learn to isolate your movements and hit it hard in easy to follow dances. Whether you are a beginner dancer or have years of experience, this class works you out and refines your swagger. Wear comfortable clothes and tennis shoes; bring a towel and water bottle. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 11</u>

RP1112.501 Kinetics Dance Theatre Sep 19 8-9pm Tu \$100

International

Bellying Dancing for Beginners

This is an introduction to Classical Middle Eastern Dance. Learn fundamental steps and technique. Enjoy learning shimmies, hip articulation and isolations. Cultural relevance and elements of folklore and Near Eastern music are also studied. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

16 yrs + Classes: 8

RP1130.501 Misako Beats Sep 20 7:30-8:30pm W \$78 RP1130.502 Misako Beats Sep 22 11:30am-12:30pm F \$78

Bollywood Dance with Jaya Mathur

Trained in Indian Classical Dance, Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water. Get ready for a great workout while learning an art form! Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u> 18 yrs + Classes: 6</u>

RP1108.501 Harper's Choice MS Sep 26 7:30-8:30pm Tu \$65

Line Dancing

Line Dance with Mo & Barb Dutterer

Want to exercise to music, burn calories, and have fun at the same time? Join our line dance class that welcomes all levels of dancers. We teach new dances each week and review every dance previously taught. Learn the latest dances and the old standbys while dancing to a variety of music: Latin, pop, country, jazz, and rock. By the end of this 6-week session, have many fabulous, fun dances in your dance bag! Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP1118.501 Roger Carter Comm Ctr Sep 26 7:15-8:15pm Tu \$75

Lifelong Learning Bridge

NEW! Beginning Bridge with Dennis Serpico

Beginners, come learn the fundamentals of bridge. Learn bridge terminology, bidding and response basics based on the Standard American System, pre-emptive and slam bids, and declarer and defensive approaches. All material is supported by discussion and play of example hands. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 10

RP3421.501 Roger Carter Comm Ctr Sep 12 6:30-8:30pm Tu \$75

Blacksmithing

Introduction to Blacksmithing

Tools, nails, and everyday items, blacksmiths made the objects that built early American communities. Explore the art of shaping metal using heat and force. Over the course of this two day, 12-hour introductory blacksmithing workshop, watch demonstrations by one of the few local master blacksmiths and make your own iron-forged tool using traditional methods. Strike while the iron is hot; you won't want to miss this chance to forge your own piece of history! Bring a reusable water bottle, lunch and a snack. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

<u>16 yrs + Classes: 2</u>

RP9989.501 Living Farm Heritage Museum Sep 9 9am-3pm Su,Sa \$160

Do it Yourself

Bike Maintenance with Larry Black

Learn everything you need to know about maintaining and repairing your bike. Learn about on-the-road fixes, overhauls, wheel building, and how to negotiate the best price for repairs. Tools and some practice bikes are provided; bring your own bike to get hands-on experience. Optional manual is \$25 at class. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 4

RP3409.501 Gary J Arthur Comm Ctr Sep 13 7-9pm W \$99 RP3409.502 Gary J Arthur Comm Ctr Oct 11 7-9pm W \$99

Communication

Networking 101 with School of Protocol

Learn how to be more comfortable at social and work gatherings where you need to meet and have conservations with new people. Know how to handle yourself at upcoming holiday gatherings. In this program, learn how to prepare for an event, enter and exit conversations, and learn what you can talk about and what you should not talk about. In this program, learn how to create a first and lasting impression through proper handshakes, eye contact, proper introductions and appropriate nonverbal conversation. Learn the keys to being a conversation partner who is interesting and interested. This course is important for anyone who attends businesses gatherings,



Bring your bike to Bike Maintenance with Larry Black and learn how to maintain and repair it.

conferences, parties and school or community events. In two short hours, feel at ease more confident. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs +

RP3412.501 Long Reach HS Nov 6 7-9pm M \$55

Computer Technology

NEW! Personal Security: You and your PC with Constance Lowe

Security starts and stops with you. Increase your awareness and learn basic prevention and protection steps while using your laptop, tablet, and smartphone. Gain knowledge about common security measures like learning to create strong passwords and remember them. This class demonstrates computer security best practices to follow. Become informed about unsafe practices your kids may be doing on the internet. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 vrs + Classes: 3

RP3415.501 N Laurel Comm Ctr Sep 12 7-8pm Tu \$68

Finance

Financial Fitness for Women with Fran Makino

This is a basic, personal finance class. Learn about cash, stocks, bonds, IRAs, and how 401Ks/403Bs/TSPs work and how best to invest them. Come discuss basic types of insurances and what is needed. Work on investment strategies. Questions are welcomed. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u> 18 yrs + Classes: 3</u>

RP3410.501 River Hill HS Oct 25 7-9pm W \$45

Language

Everyday Spanish I with Cecilia Redmond

Come learn the basics. Learn grammar foundations and practice in an enjoyable way. Build confidence as you learn vocabulary on familiar topics. Put it all together and you're ready for easy conversation starters. Native speaking instructor shares strategies and cultural insights. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 6

RP3404.501 Ellicott Mills MS Oct 5 7-8:30pm Th \$65

Hablemos Español with Cecilia Redmond

Have fun communicating with classmates only in Spanish in this immersion five-week session. Not a beginner class. Enjoy a different topic of conversation each night. A theme and vocabulary list is provided. Pronunciation and grammatical errors are addressed by native speaker instructor. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 vrs + Classes: 5

RP3403.501 Ellicott Mills MS Oct 3 7-8pm Tu \$55

Paranormal Investigations

• Programs listed by date order.

Meet the Friendly Ghosts of Belmont Manor

Belmont Manor is home to a number of benign ghosts who have not crossed over. As a precursor to the Belmont Investigation & Ghost Tour, this talk goes over the experiences and findings from the Inspired Ghost Tracking team and others as they discuss results from their investigations at Belmont Manor. Sign up for this and the Ghost Tour to get the full experience! Info: www.belmontmanormd.org or 410-313-0200.

18 yrs +

RP9908.501 Belmont Oct 24 7:30-9pm Tu \$15

Belmont Investigation & Ghost Tour

Join the Inspired Ghost Tracking team as they guide you on a tour of the Manor, grounds and cemetery (weather permitting). Participate in an actual paranormal investigation and visit areas where paranormal activity has been suspected. Investigators from IGT use EMFs, data recorders, and temperature sensors to search for paranormal activity. Bring your own flashlights and dress appropriately for the weather. Registration/Info: 410-313-0200.

RP9901.501 Belmont Oct 27 7:30-10:30pm F \$25

Introduction to Ghost Investigating

What is the difference between a ghost and a spirit? This lecture explores that complex question and tries to explain why some spirits stay behind and are unable to move on, or how ghosts can cross over into spirits. Discover how these entities are detected using both science and technology.

<u>18 yrs +</u>

RP9902.501 Belmont Dec 12 7:30pm-9pm Tu \$15

Pet Instruction

Dog Obedience

Turn Rover into a well-behaved companion. Dog must be older than four months old with current shots. Instructor advises about leash and collar. Please bring dog on a 6-foot leash, no retractable leashes allowed. Bring plastic bag and scoop. Class appropriate for any size dog. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + \$69 Classes: 6

RP3407.501 Mariann Hein Dunloggin MS Sep 13 6:30-7:30pm W RP3407.502 Darryll Ann Buschling Schooley Mill Pk Sep 18 6:30-7:30pm M

Dog Park Manners with Darryll Ann Buschling

Having trouble at the dog park? Is your dog nervous, aggressive, or does not listen when it's time to go? This is a great class for socializing and becoming acquainted with the dog park. We start with basic dog obedience and work up to socializing and experiencing the dog park. Please bring a 6-foot leash; no retractable leashes allowed. Bring plastic bag and scoop. Class appropriate for any size dog. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

16 yrs +

RP3408.501 Worthington Pk Sep 16 11am-1pm Sa \$25 RP3408.502 Worthington Pk Oct 14 11am-1pm Sa \$25

Travel & Writing

How to Travel Inexpensively with Ken Greco

Learn secret tips from an experienced traveler. Ken Greco has traveled the world professionally and for pleasure for the past 45 years. Discover how to get the most of your travel money including secrets on hotels, rental cars, cruises, airline, and rail travel. The course covers travel in the USA, Caribbean and Europe, advantages and disadvantages of escorted tours, self-planned trips, and virtual planning. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 2</u>

RP3419.501 N Laurel Comm Ctr Sep 27 7-9pm W \$75

Travel Writing for Publication with Tony Glaros

Have you taken a special vacation and returned with a firmament of locked away memories? Do you harbor a secret yearning to liberate those images into compelling travel stories for newspapers, magazines or other publications? Learn the basics of writing about vacations, business trips and adventures. Include everything from safety tips and the hottest recreation and entertainment spots to cultural and historical landmarks of any destination. Gather all the hardware for your writer's toolbox and learn how to submit your articles for professional publication. Bring composition notebook, pens/pencils, photos or other mementos from recent vacations, trips, etc. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP3416.501 Hammond HS Sep 27 7-9pm W \$8.

Signed, Sealed, Delivered-A Calligraphy Workshop

Are you looking to add a distinctive element to your wedding, special event or craft project? Spend an afternoon or evening learning the basics of the ancient art of calligraphy and how to add a timeless and personal touch to your invitations, place cards or thank you notes. Discover the history of this writing form with plenty of time to try it out for yourself. We provide calligraphy pens, ink and an assortment of stationary to practice the basics of script technique for numbers and letters. Leave the workshop with samples of place cards and invitation envelopes of your own design. Continue crafting your own unique style at home with our calligraphy kits. Kits include a calligraphy pen and a collection of paper types. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

 16 yrs +
 Ellicott City Colored School Restored

 RP9975.501
 Nov 16
 7-9pm
 Th
 \$65

 RP9975.502
 Dec 9
 1-3pm
 Sa
 \$65

Wellness

Intro to Ayurveda with Lenny Bernstein

During this five-week course, you're challenged to uncover your unique physical and mental constitution and learn how to use the tools of this ancient wisdom. As a guide to discovering your true self, Ayurveda is the Sanskrit word that means the Science of Life. Ayurveda was derived from the Vedic scriptures of India which seek to harmonize the body, mind, and spirit in order for the individual to more fully know their true nature. Through the study of the principles of Ayurveda, understand the cause and effect relationship of consciousness and matter. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 5</u>

RP3402.501 N Laurel Comm Ctr Oct 4 7-8:15pm W \$75



Keyboarding is a great way to learn how to read and write music, an invaluable first step to learning any instrument.

Music & Theater Arts

• Programs listed in alphabetical order.

Music

Art of Hand Drumming with Orlando Cotto

Both drumming beginners and serious enthusiasts are welcome! Led by professional percussionist Orlando Cotto, (re)learn the basics of drumming, develop your internal timing, and learn common folk rhythms from Cuba, Puerto Rico and West Africa. Learn techniques and skills such as drum tuning and sound development. You're encouraged to bring your own drums, though conga drums can be rented from the instructor for a one-time fee of \$55. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 4

RP3435.501 Wilde Lake HS Oct 5 7-8pm Th \$80

Beginning Guitar with Art Spilkia

Learn chords and strums to accompany classic rock and folk-rock songs. Start learning how to play rock and roll instrumentals. Bring a six-string acoustic or electric guitar. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 5

RP0225.501 Oakland Mills HS Oct 3 7-8pm Tu \$65

Guitar Studio with Olenka School of Music

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. No previous music experience necessary. Students must bring their own guitar. **\$30 materials fee per student due upon first day of class**. (No class 9/4.) Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

 16 yrs +
 Olenka School of Music Columbia
 Classes: 5

 RP3427.501
 Aug 28
 7:30-8:25pm
 M
 \$130

 RP3427.502
 Nov 13
 7:30-8:25pm
 M
 \$130



Grab your guitar and learn to play classic rock and folk-rock chords and instrumentals at Beginning Guitar with Art Spilkia.

Intermediate Guitar with Art Spilkia

Now that you have a basic knowledge of chords, rhythms, and fret board notes, learn more advanced chords, rhythms, and guitar instrumentals. Bring a six-string acoustic or electric guitar. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 5</u>

RP0226.501 Oakland Mills HS Oct 3 8-9pm Tu \$65

Intro to the Ukulele with Thomas Davey

Have you ever wanted to play an instrument but was afraid it was too hard? It's never too late and the ukulele is one of easiest instruments to learn! Learn the basic techniques and some easy songs from Hawaiian tunes to folk and rock songs. It is also one of the most affordable instruments, so bring your own Ukulele to class and a 3-ring binder. Instruments on sale: www.musicarts.com. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

18 yrs + Classes: 8

RP0228.501 N Laurel Comm Ctr Sep 27 7-8:30pm W \$9

Keyboarding with Olenka School of Music

Learn to play melody and accompaniment for familiar songs on keyboard. Designed for beginners interested in fun basic keyboarding techniques as well as an introduction to reading and writing music. This course is an invaluable first step to learning to play any instrument. No previous music experience necessary. **\$42 materials fee per student due upon first day of class**. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

16 yrs + 0	Olenka Schoo	ol of Music Colun	nbia	Classes: 5	
RP3428.501	Aug 30	7:15-8:15pm	W	\$155	
RP3428.502	Nov 8	7:15-8:15pm	W	\$155	
16 yrs + (Olenka Schoo	ol of Music Ellico	tt City	Classes:	5
RP3428.503	Sep 1	7:30-8:30pm	F	\$155	
RP3428.504	Nov 10	7:30-8:30pm	F	\$155	

Musical Muses - Community Show Choir

Do you like to sing but don't like classical music or religious hymns? Adults who don't have time for a full theatre production, but enjoy performing in a group, learn to sing and harmonize while having fun in a creative environment! Beginners and experienced singers welcome. Led by a professional choir director, learn entertaining secular music pieces including but not limited to Broadway show tunes, pop/rock hits, or old classics updated for a contemporary audience. No auditions are necessary. All rehearsals meet on Monday except one: Wednesday, Nov 29. Season ends with a public performance on Saturday, Dec 2. Bring a 3-ring binder with pockets. \$10 materials fee due to instructor at first class. Sign up with a friend for more fun! Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 9

RP3424.501 Baldwin Hall Oct 9 7-8:30pm M,W,Sa \$45

Piano II

Build on the piano skills learned in the Intro to Piano class in this next step class! Gain confidence, develop and learn new piano methods and techniques. You should have access to a keyboard to practice outside. Prerequisite: Intro to Piano. Intro to Piano students, bring book from previous class. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8

RP0230.501 River Hill HS Sep 23 11am-noon Sa \$115

Rock Drum Class

Have you ever wanted to play the drums like your rock and roll heroes? From John Bonham to Dave Grohl, from beginner to advanced, we can help you achieve this dream. Come and rock out! Info: www.therockshopmd.com or Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 5</u>

RP3431.501 The Rock Shop Oct 6 8-9pm F \$139

Rock Guitar and Bass Class

Have you ever wanted to play the guitar like your rock and roll heroes? You can accomplish this with the help of our classes and our instructors. We help anyone achieve this dream. Come and rock out. Info: www.therockshopmd. com or Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 5

RP3430.501 The Rock Shop Oct 6 8-9pm F \$139

Rock Keyboard Class

Did you dream of playing the keyboard like your rock and roll heroes? From Keith Emerson to John Lord, you can do it with the help of our instructors. We help beginner to advanced players achieve this dream. Just sign up and rock out. Info: www.therockshopmd.com or Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

<u>18 yrs + Classes: 5</u>

RP3432.501 The Rock Shop Oct 6 8-9pm F \$139

Vocal Harmony with Olenka School of Music

OSM invites adults to join their voices in song. Sing familiar songs, learn basic harmony and improve vocal technique all while having fun, releasing stress and making new friends. No previous music experience necessary. **\$30 materials fee per student due upon first day of class**. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

 16 yrs +
 Olenka School of Music Columbia
 Classes: 5

 RP3429.501
 Aug 28
 7:30-8:30pm
 M
 \$115

 RP3429.502
 Nov 13
 7:30-8:30pm
 M
 \$115

 16 yrs +
 Olenka School of Music Ellicott City
 Classes: 5

 RP3429.503
 Sep 1
 6:30-7:30pm
 F
 \$115

 RP3429.504
 Nov 10
 6:30-7:30pm
 F
 \$115

Theater

Intro to Improv Comedy with Baltimore Improv Group

Veteran Improv Instructor Terry Withers (UCB Theatre, The Terry Withers Mysteries) introduces beginning concepts and exercises that form the foundation to more advanced improvisation training. Create something hilarious with nothing more than a great attitude. Explore the fundamental principles of improvisation through exercises in agreement, commitment, spontaneity, and listening. No prior performance or improv experience are necessary. Classes build upon one another, allowing novice improvisers to grow and be challenged at a comfortable rate. Sessions are designed so students build a strong foundation as confident performers. Amaze yourself with your newfound skills at the last class performance in front of your friends and family! (Official BIG 101 class. Enrolled students are able to sign up for Improv 201 at BIG following completion of this class). Students 16-17 yrs must have parental permission. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov.

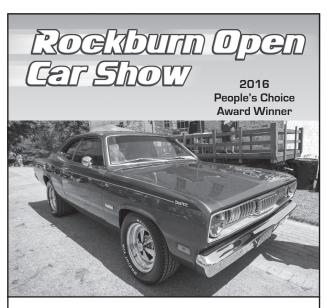
<u>16 yrs + Classes: 8</u>

RP3437.501 Roger Carter Comm Ctr Sep 17 6:30-8:30pm Su \$200

Musical Theatre

Learn acting, singing, and dancing skills as you work group songs and scenes in a low-pressure learning environment, all while having a great time with your classmates. Conclude the session with a final showcase for family and friends! Taught by accomplished actress, singer, and educator Janine Sunday, this class accommodates a variety of skill sets from beginner to intermediate. Info: Karen Bradley Ehler, 410-313-4635 or kehler@howardcountymd.gov. 18 yrs + Classes: 8

RP3425.501 Drama Learning Center Oct 7 3:30-5pm Sa \$185



Saturday, August 19 10 AM – 2 PM

Rockburn Branch Park (Montgomery Road entrance)

Show is free to the public!

Classics
 Hot Rods

• 1999 & older

AntiquesModifieds

• See page 18 for details



Don't let watercolor painting intimidate you! Carol Zika teaches the basic techniques of this art form.

Adults (55 yrs +) Classes & Activities

- Below is in alphabetical order.
- If you would like this Guide in a larger font, contact Susan Potts, 410-313-4628.
- See additional activities in the Adults (18 yrs +) section.

Adventure & Outdoors Page 18

Nature & Environment Page 23

Exercise with Ease with Joyce DiTomasso, ACSM *Page 67*

Fitness for Life with Lori Nowicki, ACE, AFPA Page 67

NEW! BOSU Mobility & Stability for the Active Aging with Lori Nowicki, ACE, AFPA Page 67

Aquatics

Open Swim

Workout on your own or just relax in the warm water of a therapeutic pool. Exercise accessories available for use. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 6

RP3518.501 Cedar Lane School Oct 7 10:30am-12:30pm Sa \$35

Therapeutic Aqua Dancercise

This is not your ordinary synchronized dancing in the water! Combine upbeat music with the added resistance of water and you get an incredible workout. Enjoy the warm water of a therapeutic pool while engaging in cardio, dancebased movements that are fun and easy to follow. Aquatic fitness instructor assists with exercises and provides instruction. Info: Cathy Vigus,

410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 8

RP3520.501 Cedar Lane School Sep 12 6:15-7:15pm Tu \$75

Therapeutic Water Exercise

Get a great workout without going to the gym! Enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own pace in group instruction. Aquatic fitness instructor assists with exercises and provides instruction. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 8

RP3519.501 Cedar Lane School Sep 11 6:15-7:15pm M \$75 RP3519.502 Cedar Lane School Sep 13 6-7pm W \$75

Crafts & Fine Arts

Artful Journaling Club

Express yourself in an art journal! In this weekly club, create journal pages that combine creative writing and decorative art using a variety of media. No art experience necessary. Participants are invited to suggest and lead activities on a voluntary basis. Supplies discussed at first meeting. This is a participant-run club; no instructors present. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 12

RP0305.501 Bain Ctr Sep 7 9:30am-noon Th \$15

Drawing & Painting with Zina

Beginners, learn to draw with right-brain techniques, discuss design and color theory and begin painting by the 10th class. Advanced painters, become motivated by art history, artist demonstrations and projects designed to inspire. Learn to create original work from real life or continue your personal style with the help of teacher critiques and demos. \$50 materials list (purchased separately) discussed at the first class. Info: Cathy Vigus, 410-313-7311 or cviqus@howardcountymd.gov.

55 yrs + Classes: 14

RP0302.501 Gary J Arthur Comm Ctr Sep 11 10am-noon M \$110 RP0302.502 Gary J Arthur Comm Ctr Sep 11 1:15-3:15pm M \$110

NEW! Drawing on the Right Side of the Brain with Zina

This introduction to drawing techniques based on Betty Edwards' book "Drawing on the Right Side of the Brain" includes using eye-hand coordination exercises, learning how to draw hands and using tone to create the illusion of volume on a flat surface. Class includes an overview of Zina's course which covers drawing, design, color theory and painting. Info: Cathy Vigus, 410-313-7311 or cviqus@howardcountymd.gov.

55 yrs +

RP0101.501 Gary J Arthur Comm Ctr Aug 28 10am-noon M \$3

Watercolors with Carol Zika

A painting class for students who have completed Watercolor Basics for the Very Beginner and those with previous watercolor experience. Instructor provides guided lessons, building technique and confidence. Bring materials to the first class. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 14

RP0303.501 E. Columba Lib Sep 8 1-3:30pm F \$140

You Can Draw & Paint with Carol Zika

Let your artistic expression soar in this congenial, fun and supportive open studio atmosphere. Bring watercolors, acrylics, oils, pastels or other materials. Explore your creative potential. Instructor provides direction/instruction in drawing and painting for beginners and experienced dabblers. Bring your own or discuss materials (purchased separately) at the first class. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 14

RP0304.501 E. Columba Lib Sep 8 9:15-11:45am F \$14



Join the Community Knitting & Crocheting Group that meets twice a month to create various community service projects.

Knitting & Crocheting

Community Knitting & Crocheting Group

Knit or crochet cozy scarves, snuggly blankets and warm hats for a variety of community service projects. This non-instructional gathering of volunteers meets twice a month. All skill levels welcome. "Acrylic yarn" donations gladly accepted. Please, no wool or cotton. Preregistration required. Info: Linda DiPanfilo, 410-313-4704 or Idipanfilo@howardcountymd.gov.

55 yrs + 2nd and 4th Wed of the month

RP3070.601 Kiwanis-Wallas Hall 1-3pm W Free

Lifelong Learning

NEW! International Savvy: Learning the Art of Cross Cultural Communication

The needs and opportunities for Americans to travel abroad and for visitors from overseas to travel in America are even more important in today's world. Each traveler or host needs to be sensitive to incoming and outgoing messages about cultural differences and nuances. Learn appropriate verbal and nonverbal communication as a host for international guests or as a guest in another country as taught by the International School of Protocol. Info: Cathy Vigus, 410-313-7311 or cvigus @howardcountymd.gov.

RP3500.501 55 yrs + Kiwanis-Wallas Hall Sep 21 10am-noon Th \$55

NEW! Dining Savvy Through the Ages

Wonder why we set the table with forks on the left? For the last hundred years, dining customs have barely changed. Learn the answer to place-setting questions and interesting facts from the International School of Protocol. Info: Cathy Vigus, 410-313-7311 or cvigus @howardcountymd.gov.

RP3500.503 55 yrs + Kiwanis-Wallas Hall Oct 26 10am-noon Th \$55

NEW! Basic Defensive Tactics

Learn basic techniques to defend yourself against physical threats. The techniques of Sifu Johnson, Basic Defensive Tactics incorporates a positive attitude and basic precautions. Course is taught in a relaxed environment that is conducive to learning proven tactics and unique insights about the problems unique to older adults. A fitness waiver must be completed prior to participation. Info: Curtis Gore, 410-313-7281 or cgore@howardcountymd.gov. 55 yrs + Classes: 5

RP3517.501 U.S. Jow Ga Martial Arts Sep 13 10-11am W \$7: RP3517.502 U.S. Jow Ga Martial Arts Oct 25 10-11am W \$7:

Nature & Environment

Friday Late Nights in the NatureSphere Page 23

NEW! Fall Geocaching at Robinson Nature Center

Discover a whole new way to navigate in nature! Explore the grounds of the Robinson Nature Center during a crisp fall afternoon as you navigate through the woods using GPS technology. Enjoy a brief presentation on the history behind GPS technology and how it works. Then, learn how to use a handheld GPS unit to navigate along the Center's trails as you search for hidden caches. Please wear close-toed, sturdy shoes. Trails include both paved pathways and unsurfaced paths. Registration/Info: 410-313-0400.

<u>55 yrs + Robinson Nature Ctr \$9</u> RP4842.501 Sep 28 2:30-4pm Th

NEW! The "New" Moon

We remember Neil Armstrong's first steps on the Moon. We remember Apollo 13. But how are we exploring the moon today? Join us for a fascinating evening exploring the "New Moon" with Johns Hopkins University Applied Physics Lab's Dr. Brett Denevi, Planetary Scientist, and Michael Paul, Space Exploration Mission Formulation Lead. Dr. Denevi presents recent developments in lunar science and exploration, including ongoing and future missions being designed right here in Howard County. Afterwards, enjoy a viewing of the full dome movie, "Back to the Moon for Good" in which groups of everyday citizens compete to launch their own rockets to the moon! Michael Paul, who led one of the Lunar Xprize teams, and is featured in the movie, speaks afterwards about the experience and takes questions. Registration/Info: 410-313-0400.

55 yrs + Robinson Nature Ctr \$9 RP4842.502 Nov 16 2:30-4pm Th

Maryland Master Naturalist Certification Training *Page 26*

NEW! Holiday Decorating Workshops Page 16





Enjoy through all four seasons:

- Children's Discovery Room
- Planetarium and full-dome movies
- Nature trails, interactive exhibits and more!

Enjoy complimentary admission and special discounts on designated programs and gift shop items with your family pass!

6692 Cedar Lane, Columbia, MD 21044 I 410-313-0400 www.howardcountymd.gov/RobinsonNatureCenter



Body Conditioning with Cyndi Kummerlowe moves you through low-impact workouts followed by strength training.

Fitness

- Classes are for 18 years and up.
- Participants 12-17 years old may register, but must be accompanied by a participating parent/guardian.
- · Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a Community Center member to attend HCRP fitness classes at a center.
- Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

Cardio & Strength

Please bring a reusable water bottle to class.

AAA/Triple Threat with Robin Robinson

AAA/Triple Threat is a complete and total body workout but targets three of your most valuable assets... your Arms, Abs and Ace (Gluteus Maximus)! Melt body fat, get a tighter core, toned arms and a firm bottom. Accelerate your workout and maximize your results in 30 minutes. Suitable for all fitness levels. (No class 11/21, 11/23, 11/25.)

18 yrs + Classes: 24

RP8551.521 N Laurel Comm Ctr Sep 12 6-6:30pm Tu or Th \$60 RP8551.522 N Laurel Comm Ctr Sep 12 6-6:30pm Tu,Th \$120

Agility Ladder Basics

Agility ladders are a great tool to help increase agility, coordination and balance; enhance your skills; and sharpen your abilities. Come learn the basics. Registration/Info: 410-313-2764.

<u>16 yrs + Roger Carter Comm Ctr</u> <u>Nov 8</u> <u>7:30-8:30am</u> RP4091.503 Fit4U/Go50+ Member \$4 RP4091.504 Nonmember \$7

AM Fitness Workout with Vickie Jacobs, AFAA, AAAI

Warm up with fun and easy moves, then move to the Precor cardio and strength training equipment for 40 minutes. Finish your workout with a great stretch to improve flexibility and balance. This is great for all levels! Fitness waiver must be completed prior to exercising. (No class 11/23.) 18 yrs + Classes: 24

RP8669.501 Roger Carter Comm Ctr Sep 12 8am-9am Tu,Th \$120

Aqua Zumba

Known as the ZUMBA pool party, this Aqua Zumba class gives new meaning to the idea of an invigorating workout! Splashing, stretching, twisting, laughing, hooting and hollering - experience it all at Aqua Zumba class. Blend together the Zumba formula and philosophy with traditional aqua fitness in a safe, challenging water-based workout that's cardio conditioning, body-tightening, and most of all, exhilarating! Free trial class on Thursday, 9/14, and Thursday, 10/26, register at www.freedomfitness.info/events. (No class 11/23.)

<u> 18 yrs +</u>	Roger Carter Comm Ctr	Classes: 11			
RP8612.501	With Michelle Taylor	Sep 19	9:45-10:30am	Tu,Th	\$110
RP8612.502	With Tish Heyssel	Sep 19	6:30-7:15pm	Tu,Th	\$110
RP8612.511	With Michelle Taylor	Nov 2	9:45-10:30am	Tu,Th	\$110
RP8612.512	With Tish Heyssel	Nov 2	6:30-7:15pm	Tu,Th	\$110

Barre Burn with Becca Sigmund

Ballet movements combine with fitness exercises for a full body workout. Sculpt and tone your body while gaining a dancer's sense of alignment and physical control. Round off your workout with yoga and stretching. Bring 3-to-5-lb. weights. Mats are provided but you are encouraged to bring your own. (No evening class on 11/22.)

 18 yrs +
 Classes: 11

 RP8282.501
 Kinetics Dance Theatre
 Sep 20
 9:15-10:15am
 W
 \$132

 18 yrs +
 Classes: 10

 RP8282.502
 Kinetics Dance Theatre
 Sep 20
 8-9pm
 W
 \$120

Barre None with Caroline Nosbisch, AFAA

Enjoy a cutting-edge, safe and progressive method of barre training that lengthens and strengthens your muscles and improves your flexibility and posture. This fun class gives you great results! **Free class on 9/12,** register at www.freedomfitness.info/events. (No class 10/31, 11/21.)

18 yrs + Classes: 10

RP8130.501 Gary J Arthur Comm Ctr Sep 19 6-6:55pm Tu \$49

Body Conditioning with Cyndi Kummerlowe, AFAA

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and 2-to-5-lb. hand weights. (No class 9/21, 11/23.)

<u>18 yrs + Classes: 24</u>

RP8220.501 Rockburn ES Sep 12 7:05-8pm Tu,Th \$86

NEW! Booty Camp Cardio with Marissa Intelisano, SCW

Total motivation - no yelling or screaming. Designed to torch calories, crank up your metabolism, change your body, and life. Booty Camp Cardio builds confidence with an array of cardio and strength moves utilizing balls, bands, weights and your own body weight. Not sure if this is for you? **Free class on 9/11**, register at www.freedomfitness.info/events. (No class 10/9, 11/20, 11/22.)

<u>18 yrs + Classes: 22</u>

RP8430.504 N Laurel Comm Ctr Sep 13 6:30-7:20pm M,W \$99

To register, visit www.howardcountymd.gov/rap or call 410-313-7275.











Bosu Clinic

Have you seen a BOSU around and wondered what in the world people do with it? Come learn how this versatile piece of equipment can help increase balance, flexibility, and overall strength. Registration/Info: 410-313-2764.

16 yrs + Roger Carter Comm Ctr Oct 7 8:30-9:30am

RP4091.501 Fit4U/Go50+ Member \$4 RP4091.502 Nonmember \$7

"Build Your Engine" Strength Training with Christy Edwards, ACE

Build the engine (muscles) that burns the fuel (the food you eat)! In our 30s, our metabolism slows down... but we can speed it up with strength training. Change your body composition, help stabilize your joints, feel stronger and healthier, and look great. Challenge and strengthen every muscle group in your body to achieve balance, energy, confidence, and an increased metabolism. Bring a mat and hand weights.

18 yrs + Classes: 14

RP8506.501 Thunder Hill ES Sep 13 7-8pm M,W \$63

Cardio Blast Interval with Beth Harbinson, AFAA

This highly effective class includes a 25-minute cardiovascular workout with intense intervals to boost metabolism and 35 minutes of muscle conditioning, core work and stretching. All levels enjoy an intense, energetic workout! Bring hand weights (5 lbs. recommended) and a mat. (No class 11/22.) 18 yrs + Classes: 30

RP8422.501 Veterans ES Sep 6 6:45-7:45pm M,W \$105

Cardio Crunch Challenge with Lori Nowicki, ACE

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, boot camp, kickboxing, athletic training, cardio stability ball, Tabata and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility, foam roller and balance. Experience a high-energy class at high or low impact, take the challenge and have fun. Bring a mat, hand weights and stability ball. Some classes are outdoors. (No class 11/22.) 18 yrs + Classes: 13

RP8481.501 Cedar Lane Pk-West Sep 6 9:15-10:30am M or W \$65 18 yrs + Classes: 26

RP8481.502 Cedar Lane Pk-West Sep 6 9:15-10:30am M,W \$130

Cardio Dance with Sandra Duerr, AFAA, NASM

A fun choreographed dance class that goes from warm-up steps to heart pounding dances, giving you an aerobic workout that helps to sculpt your body and makes you feel good about yourself. No sit ups or repetitions. We dance the inches away! We sweat, we laugh and we burn lots of calories. (No class 11/22, 11/24.)

 18 yrs +
 Roger Carter Comm Ctr
 Classes: 10

 RP8225.501
 Oct 4
 11:30am-12:20pm
 W or F
 \$70

 18 yrs +
 Roger Carter Comm Ctr
 Classes: 20

 RP8225.502
 Oct 4
 11:30am-12:20pm
 W,F
 \$140

Cardio Fusion with Marianne Larkin, AAAI

Your favorite cardio and toning formats are combined in one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Pump up your workouts and burn fat with a mix of everything from step, high/low and interval training to strength, core, balance and flexibility exercises inspired by yoga and Pilates. (No class 10/9, 11/22.)

18 yrs + Classes: 12

RP8482.501 Gary J Arthur Comm Ctr Sep 11 9:35-10:50am M or W \$72 18 yrs + Classes: 24 RP8482.502 Gary J Arthur Comm Ctr Sep 11 9:35-10:50am M,W \$144

Cardio Kickboxing with Robin Robinson

Exercise has never been so much fun! Enjoy a calorie-burning, dance-party, exercise session that combines Tae Bo, aerobics and dance to great music. Come have fun while getting in great shape. Suitable for all fitness levels. (No class 11/21, 11/23.)

18 yrs + Classes: 24

RP8551.501 N Laurel Comm Ctr Sep 12 6:30-7:30pm Tu or Th \$96 RP8551.502 N Laurel Comm Ctr Sep 12 6:30-7:30pm Tu,Th \$192

Cardio Kickboxing Plus with Robin Robinson

This cardio kickboxing class is like none other. This class is calorie-burning, dance-party exercise session that combines tae bo, aerobics and dance plus 15 minutes of intense ab workout at the end of class. Come out, get in shape and get a tight core all while having fun! Suitable for all fitness levels. (No class 11/25.)

18 yrs + Classes: 12

RP8551.511 N Laurel Comm Ctr Sep 16 8:15-9:15am Sa \$96

Country Heat Live

It's the jump-right-in-and-do-it dance workout. This class is so much fun you'll barely notice you're working up a sweat and getting a total-body workout. Trainer and professionally-trained dancer Autumn Calabrese collaborated with Beachbody® to create this country dance-inspired workout that combines her love of country music with simple moves that melt off the weight. (No class 10/9, 11/20, 11/22.) **Free class on 9/11,** register at www.freedomfitness.info/events.

18 yrs + Instructor TBD Classes: 22

RP8435.501 Roger Carter Comm Ctr Sep 13 10:30-11:20am M,W \$115 18 vrs + With Nikki Holden Classes: 22

RP8435.502 N Laurel Comm Ctr Sep 13 7:30-8:20pm M,W \$115

Fit Jam: Cardio Party with Liz Rolland

Join this cardio party and dance the night away to the hottest hits from around the globe. Learn the basic steps from salsa, Cumbia, hip-hop and many more dance styles. Simple choreography is very easy to learn, no experience necessary! Bring a friend and have a blast while burning tons of calories! Get ready to be gorgeous! Bring a towel. (No class 11/23.)

18 yrs + Classes: 12

RP8350.501 Gary J Arthur Comm Ctr Sep 11 5:45-6:45pm M \$120 RP8350.502 Gary J Arthur Comm Ctr Sep 14 5:45-6:45pm Th \$120

Fit Jam: Fire and Spice! with Liz Rolland

Spice up your workout with this unique blend of Pilates mat work, cardio dance fitness and yoga stretches set to the hottest music from around the globe. Incinerate mega calories while toning and tightening all those problem zones. Learn the basic moves first, and then challenge your workout with light weights, stability balls and bands (provided). Bring a thick yoga mat. This workout is hot stuff! (No class 11/24.)

18 yrs + Classes: 12

RP8351.501 Gary J Arthur Comm Ctr Sep 15 9:30-10:45am F \$144

Foam Roll & Stretch with Liz Rolland

Who doesn't love a great massage? Now you can learn to give yourself a healing, therapeutic massage using a foam roller. This tool offers a safe and effective method for massaging both muscles and fascia---the connective tissue that surrounds muscles. Foam rolling can help release tight muscles and knots, relieve tension, increase blood flow to speed healing, and soothe aches and pains. Perfect for active people looking to reduce their risk of injury and chronic stress. Each class includes foam rolling techniques and gentle stretches. Foam rollers provided. (No class 11/23, 11/24.)

18 yrs + Classes: 12

 RP8283.501
 Gary J Arthur Comm Ctr
 Sep 11
 4:45-5:30pm
 M
 \$108

 RP8283.502
 Gary J Arthur Comm Ctr
 Sep 14
 4:45-5:30pm
 Th
 \$108

 RP8283.503
 Gary J Arthur Comm Ctr
 Sep 15
 11-11:45am
 F
 \$108

Fun & Friendly Bootcamp By Liz Rolland

Are you scared to try a bootcamp class? Hate drill sergeants shouting at you? Then this class is for you! Learn the bootcamp basics, from pushups to planks to burpees, all in the comfort of an indoor studio. The 45-minute workout includes a complete and careful warm-up, a wide variety of aerobics and strength training, specific skill drills, safe stretching, and abdominal exercises to flatten the tummy. Wear comfortable cross-training shoes. Bring a towel. Beginners welcome!

18 yrs + Classes: 12

RP8384.511 Roger Carter Comm Ctr Sep 12 10:30-11:15am Tu \$108

HIIT Workout Party with Royale Fit

Are you ready to maximize your workout time while attaining your fitness goal in a fun atmosphere? This workout is designed to propel you to your fitness goal with a High Intensity Interval full body workout guaranteed to burn fat, increase metabolism and strengthen your muscles. Each session consists of 15 minutes of jump rope cardio blast, body weight exercises, muscle toning, core workouts and stretches in a party atmosphere. Get ready to meet the upgraded version of you, full of confident, strong and fit. All fitness levels are welcome. Bring along a jump rope, a mat and 5 or 10 lbs. pair of dumb bell. (Jump ropes are available for sale.)

18 vrs + Classes: 8

RP8550.501 N Laurel Comm Ctr Sep 30 10:30-11:30am Sa \$76

Kettlebell Basics

Kettlebells are some of the most powerful tools for improving your fitness and physique. They combine strength, mobility and cardiovascular training to produce extraordinary results! Come try this introductory class in kettlebells and learn all you need to get started. Registration/Info: 410-313-2764.

16 yrs + Roger Carter Comm Ctr Dec 9 8:30-9:30am

RP4091.505 Fit4U/Go50+ Member \$4 RP4091.506 Nonmember \$7

La Canne (French Cane Fighting) with Steve Savoie

Get a great workout while learning the unique French sport of Canne De Combat (French stick fighting). Focus on basic strikes, blocks, lunges and evasions while increasing flexibility, coordination and strength. Once you try it, you'll love it! No experience required. Practice canes provided. Shin guards recommended. This class is an 18 and older class, but if accompanied by an adult the minimum age is 14. (You must call in to register your child.)

18 yrs + Classes: 8

RP8505.501 Cedar Lane Pk-West Sep 21 8:15-9:15pm Th \$46

New! Muscle Pump Group Fitness

A group strength class that works every major muscle group so that you stay strong, fit, and fabulous! Strength-training helps you build and maintain bone-density while increasing your metabolism. This group setting helps keep you motivated and wanting more. NEW - use free-weight exercises in the aerobic room. **Free class on 9/11,** register at www.freedomfitness.info/events. (No class: 10/9, 11/20, 11/22.)

18 yrs + Classes: 22

RP8660.501 Roger Carter Comm Ctr Sep 13 9:15-10:15am M,W \$121

Piloxing with Caroline Nosbisch, SCW

Enjoy a non-stop, cardio fusion of Pilates, boxing, and dance that pushes you past your limits for a sleek and powerful you! This class blends the power, speed and agility of boxing with the flexibility and sculpting of Pilates to give you a muscle-toning, fat-burning, exhilarating workout that makes you feel physically and mentally empowered! **Free class on 9/12**, register at www.freedomfitness.info/events. (No class 10/31, 11/21.)

<u>18 yrs + Classes: 10</u>

RP8135.501 Gary J Arthur Comm Ctr Sep 19 7-8pm Tu \$65



Spice up your workout and combine aspects of cardio, dance, yoga and pilates at Fit Jam: Fire & Spice!

Step & Sculpt and Step & Sculpt Plus! with Marianne Larkin, AAAI

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with the latest turbo charged step moves combined with strength, core and balance exercises for a total body workout. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Steps are provided. Bring a mat and hand weights. (No class 9/21, 9/14, 10/7, 10/21, 11/23.)

18 yrs + Step & Sculpt Classes: 12 RP8300.511 Mount View MS 7-8pm Tu or Th \$60 Sep 12 18 yrs + Step & Sculpt Classes: 24 RP8300.512 Mount View MS Sep 12 7-8pm Tu.Th 18 yrs + Step & Sculpt Plus! Classes: 12 RP8300.501 Gary J Arthur Comm Ctr Sep 9 8:30-9:45am \$72

Tabata Interval Training with Lori Nowicki, ACE

Get great results in a short time! This boot camp is based on the most effective high-intensity interval training (20 seconds on, 10 seconds rest). This program includes three types of Tabata for maximum results. Burn 5x more calories after exercise. Our motto is more is not better, better is better! Workouts can be modified. (No class 10/27, 11/24.)

18 yrs + Classes: 11

RP8485.501 Roger Carter Comm Ctr Sep 8 9:15-9:55am F \$55

Trim & Tighten

Enjoy a total body workout that moves to the beat of the music. Burn calories as you flow through a variety of exercises designed to sculpt and tone your body while improving your strength, balance and flexibility. Bring a mat and 2 to 5 lb. weights. (No class 9/14, 9/21, 11/23.)

18 yrs + With Marianne Larkin Classes: 24

RP8210.501 Mount View MS Sep 12 6-6:55pm Tu,Th \$96

Toning with Cardio Dance by Hillary Gil

If you are ready to tone your entire body and have fun while doing it, this is the class for you. This class incorporates a little kickboxing, strong by Zumba, strength training, and ab exercises. The music is structured around a Zumba tempo. This class can be categorized as a dance, whole body workout with toning. (No class 11/22.)

18 yrs + With Hillary Gil Classes: 12

RP8210.502 Burleigh Manor MS Sep 13 6:30-7:25pm W \$60

Zumba

Zumba takes the "work" out of "workout" by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and world rhythms take over, you'll see why Zumba® Fitness is exercise in disguise. Super effective? Check. Super fun? Check. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. *Free class on 9/11 & 9/13, register at www. freedomfitness.info/events. (No class for RP8430.503 on 11/22 and no class for RP8430.520 on 10/9, 11/20, 11/22.)

<u>18 yrs + Wi</u>	th Brandi Harrington Cla	sses: 10			
RP8360.501	Misako Beats Studio	Sep 11	7-8pm	M	\$120
RP8360.502	N Laurel Comm Ctr	Sep 16	9:30-10:30am	Sa	\$120
<u>18 yrs + Wi</u>	th Stephanie Scott Class	es: 13			
RP8330.501	Roger Carter Comm Ctr	Sep 11	5:30-6:30pm	M	\$97
RP8330.502	Roger Carter Comm Ctr	Sep 13	5:30-6:30pm	W	\$97
<u>18 yrs + Wi</u>	th Marie Duket Classes: 2	22			
RP8430.503	Mount View MS	Sep 13*	6:30-7:20pm	M,W	\$154
<u>18 yrs + Wi</u>	th Jane Lears Classes: 11				
RP8430.520	Mount View MS	Sep 20*	9:15-10:15am	W	\$77
<u>18 yrs + Wi</u>	18 yrs + With Sandra Duerr Classes: 11				
RP8225.511	Roger Carter Comm Ctr	0ct 2	8-8:45pm	M	\$82

Fitness with Friends

Need a friend to give you that extra push? Want to be rewarded for your hard work? Then this is for you! Bring a friend, come work out, and achieve your goal as a team. The team with the most points is awarded a prize at the end of the program. Two individuals per team, each team receives a starter bag. 16 yrs + Oct 1-Dec 31

RP5400.503	Fit4U/Go50+ Member	Roger Carter Comm Ctr	\$10
RP5400.504	Nonmember	Roger Carter Comm Ctr	\$105

Health & Relaxation

Teens

Teen Yoga with Rachel Wolfe

This class follows Vinyasa yoga, a smoothly flowing style that synchronizes breath with each movement. This is an energizing class for the beginner or intermediate that strengthens and stretches muscles with sun salutations, standing poses, balancing poses, reclining and seated poses. The integration of breath relaxes the mind while providing maximum energy to the body. Yoga mats/blocks provided but please bring your own mat if you have one. (No class 11/24.)

<u>13-17 yrs Classes: 10</u> RP8245.501 Kinetics Dance Theatre Sep 22 4:30-5:30pm F

Adults

Gentle Yoga with Jane Lears, Yogafit, SCW

This relaxed, fun, but purposeful version of yoga emphasizes yoga movements and poses to build strength, grace and mindfulness. Bring a yoga mat. **Free class on 9/13.**

<u>18 yrs + Classes: 11</u> RP8420.503 Mount View MS Sep 20 10:15-11:15am W \$99

Hatha Yoga for Flexibility & Relaxation

Create a calm, peaceful awareness of both body and mind through the ancient art of yoga. Classic yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen and relax. Beginning and ongoing students

are welcome. Yoga mats/blocks provided. (No class 11/23, 11/24.)

 18 yrs +
 With Kris Copeman
 Classes: 10

 RP8240.501
 Kinetics Dance Theatre
 Sep 21
 9:45-10:45am
 Th
 \$120

 18 yrs +
 With Rachel Wolfe
 Classes: 10

 RP8240.502
 Kinetics Dance Theatre
 Sep 22
 7:15-8:15pm
 F
 \$120

Introduction to Pilates with Christine Williams

Connect your mind, body and spirit as you practice this systematic exercise program. This series of flowing movements and breathing patterns lengthen and strengthen your muscles, with a primary focus on the powerhouse/abdominals. All levels of practitioners are welcome. Please bring a mat.

18 yrs + Classes: 8

RP8155.501 Misako Ballet Studio Sep 16 8:30-9:30am Sa \$99

Pilates Plus with Liz Rolland

This mat-work class strengthens and tones all major muscle groups, focusing specifically on abdominals, back, hips, and thighs. Light weights are added in order to intensify your workout once the basic exercises have been learned. Enjoy gentle yoga stretches and a full-body relaxation that leaves you refreshed and ready to face the day! Bring a yoga or Pilates mat and a thick beach towel.

<u>18 yrs + Classes: 12</u>

RP8384.501 Roger Carter Comm Ctr Sep 12 9:15-10:15am Tu \$144

Pilates with Toys with Lori Nowicki, AAAI, AFPA

Pilates is the ultimate mind-body exercise program. This class can be modified and use of toys is optional. Exercises incorporate multiple repetitions, mixed tempos, added equipment and reformer-like movements. Strengthen your legs, arms and core, increase your flexibility, and reduce stress! Focus is on core, balance, breathing, and alignment. Bring your own mat and ball. (No class 9/21, 11/23.)

18 yrs + Classes: 26

RP8154.501 Cedar Lane Pk-West Sep 5 9:15-10am Tu,Th \$130

Pilates

This whole-body program emphasizes core strengthening for abdominal and lower back muscles. You work everything from your neck to your knees to your entire core. Tone and lengthen your muscles, increase your strength, improve your posture and flexibility, and have fun doing it! Bring a mat.

Free class on 9/11, register at www.freedomfitness.info/events. (No class 10/9, 11/20, 11/22.)

18 yrs + TBD Classes: 22

RP8420.501 Cedar Lane Pk-West Sep 13 7:30-8:30pm M,W \$110

Power Yoga Intermediate with Kris Copeman

This class is an energizing, athletic way of practicing yoga postures that emphasizes strength, flexibility and stamina while creating the calm awareness to the mind and body. If you want a fitness-based class designed to build upper-body and core strength while increasing flexibility and reducing stress, this Ashtanga-based yoga is for you! This is an intermediate class; prior yoga experience is required. Yoga mats/blocks provided. (No class 11/23.)

<u> 18 yrs + Classes: 10</u>

RP8241.501 Kinetics Dance Theatre Sep 21 11am-noon Th \$120

Qigong with Chris Judge

Qigong is a moving meditation practice that brings balance to the body and mind by connecting thoughtful movement with deep breathing. Learn a series of gently flowing movements that strengthen muscles and tendons, stabilize joints and quiet the mind. All levels of practitioner are welcome. Please wear comfortable clothing, no mat required.

18 yrs + Classes: 8

RP8155.521 Misako Beats Studio Sep 13 7-8pm W \$99

Revive, Relax & Renew with Yoga

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active, physical workout and a relaxing, meditative work-in. This class is for beginners or those with some yoga experience. Explore and expand your own strength, flexibility, balance, and focus. You leave each class feeling better than when you walked in. Bring a mat/blanket. (No class 11/22.) 18 yrs + Classes: 12

RP8252.502 Gary J Arthur Comm Ctr Sep 13 5:45-6:45pm W \$114 RP8252.501 Gary J Arthur Comm Ctr Sep 18 7-8pm M \$114

Sunday Afternoon Yoga with Mary Garratt, NETA, E-RYT500

Ease your way from the weekend to the work week with yoga. Come refresh your body and calm your mind. Whether you're new to yoga or have experience, enjoy the benefits of an energizing, physical workout and a soothing, meditative work-in. Explore and expand your strength, flexibility, balance and focus. Leave each class relaxed and ready to take on the week!

18 yrs + Classes: 12

RP8252.512 Gary J Arthur Comm Ctr Sep 17 2-3pm Su \$114

Tai Chi Page 85

Therapeutic Massage

Skilled gentle massage therapy can help you feel better physically, by easing pain and allowing the body to relax. Experience the benefits of Therapeutic Massage and Reflexology offered by Carol Lancaster, Licensed Massage Therapist. Info/schedule appointment: 410-313-4840.

18 yrs + ½ hr - \$35, 1 hr - \$60, 1½ hr - \$85, Reflexology - \$45

Gary J Arthur Comm Ctr 10am-9pm Tu

Yoga for a Happy Body with Liz Rolland

Have you heard that sitting is the new smoking? In order to be healthy and happy, our bodies are meant to MOVE! Learn to lovingly care for your body and mind with yoga. Gently stretch and strengthen your whole body with voga postures and movement sequences while practicing breath awareness and mindfulness. Leave class feeling BETTER than when you walked in! Perfect for all levels; beginners welcome. Please wear comfortable clothing. Bring a yoga mat and a large beach towel to each class.

18 yrs + Classes: 12

RP8284.501 Roger Carter Comm Ctr Sep 11 9:15-10:15am M \$144

Yogalates with EC Goode

This class merges two disciplines, yoga, and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/ blocks are provided, but please bring your own mat if you have one.

18 yrs + Classes: 11

RP8244.501 Kinetics Dance Theatre Sep 19 8:30-9:30pm Tu \$132

Adults (55 yrs +)

NEW! BOSU Mobility & Stability for the Active Aging with Lori Nowicki, ACE, AFPA

The BOSU is specially designed to improve coordination and flexibility while working the entire body's strength and balance. This fun, effective and safe program reduces the risk of falls, expands your movement, improves bone density, and strengthens the mind. Bring water and a mat.

55 yrs + Classes: 12

RP3516.501 Cedar Lane Pk- West Oct 9 10:45-11:45am M,W \$139

NEW! Basic Defensive Tactics Page 62



Refresh your mind and center yourself at a yoga class this fall.

Exercise with Ease with Joyce DiTomasso, ACSM

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning simple choreographed moves.

55 yrs + Classes: 24

RP8060.501 E. Columbia 50+ Ctr Sep 12 8:50-9:50am Tu,Th \$72

Fitness for Life with Lori Nowicki, ACE, AFPA

This class, designed for active adults, combines easy-to-follow aerobics, weight and cardio training on Keiser and Precor equipment, free weights, bands, floor exercises, balance training and stretching. A fitness waiver must be completed prior to exercising. (No class 9/21, 10/27, 11/22-24.)

55 yrs + Classes: 26 RP8666.501 N Laurel Comm Ctr Sep 6 12:35-1:50pm M,W \$156 RP8666.502 Gary J Arthur Comm Ctr Sep 5 10:30-11:45am Tu,Th \$156 RP8666.503 Roger Carter Comm Ctr Sep 5 12:15-1:30pm Tu.Th \$156 55 yrs + Classes: 11

RP8666.504 Roger Carter Comm Ctr Sep 8 10-11:15am \$66

Personal Training

Personal Training

Each session is customized to fit your individual needs and abilities. Private training sessions are one participant to one trainer; semi-private sessions are up to three participants to one trainer. Sessions are nontransferrable. Registration for sessions is first-come, first-served; walk-in and phone registrations only. All sessions must be scheduled at the time of registration. Info: 410-313-4840 or Sara Schwab, 410-313-4842 or sschwab@howardcountymd.gov.

<u> 13 yrs +</u>	Ongoing Gary J Arthur Comm Ctr	
1 session	30 minutes, private	\$45
1 session	60 minutes, private	\$75
4 sessions	30 minutes, private	\$160
8 sessions	30 minutes, private	\$299
4 sessions	30 minutes, semi-private, group of 3	\$240
8 sessions	30 minutes, semi-private, group of 3	\$459

Concussion Information

www.howardcountymd.gov/concussion

What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

What are some warning signs of a concussion? — For Immediate Attention Call 911

Signs Observed by a Parent/Guardian

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets sports plays
- Is unsure of game, score, or opponent
- · Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- · Shows behavior or personality changes
- Can't recall events prior to hit or fall
- · Can't recall events after hit or fall

Signs Reported by the Athlete

- Headache or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- · Sensitivity to light
- · Sensitivity to noise
- Feeling sluggish, hazy, or groggy
- Concentration or memory problems
- Confusion
- · Does not "feel right"

What should you do if you think a concussion has occurred?

1. Seek medical attention right away.

A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

2. Legally, you must keep your child out of play until medically cleared by a qualified health care provider.

Concussions take time to heal. Don't let your child return to play until a health care professional says it's ok. Children who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

3. Inform all coaches about any recent concussions.

Coaches should know if your child has had a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

4. Help your child return to sports safely after a concussion.

As symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to activities after a concussion may need to • Take rest breaks as needed • Spend fewer hours at activities • If in doubt, sit it out!

Consider getting a baseline test performed before a concussion occurs.

Righttime Medical Care, HeadFirst Sports Injury and Concussion Care is an innovative community program for young athletes, their families, physicians, coaches and athletic trainers in the education and evaluation of concussions, baseline testing and navigation to appropriate care in the unfortunate event a young athlete sustains a Traumatic Brain Injury.

One tool that assesses the symptoms of concussion is the ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) test. ImPACT is a computerized exam that measures cognitive brain function and reaction time of athletes 10 years of age and older. It can be administered to student athletes before an injury occurs to assess pre-injury cognitive function and reaction time. It's also used to measure the impact a concussion has on areas of brain function after an injury. Essentially, the ImPACT test is a preseason physical of the brain.

HeadFirst offers ImPACT baseline testing. This non-invasive test is set up in "video-game" style and takes about 25 minutes to complete. Righttime Medical Care's HeadFirst program also offers free baseline tests to athletes ages 10 & up who currently participate in Howard County Recreation & Parks programs. ImPACT testing is offered by appointment at the following locations. Info/appointment: 888-808-6483 or www.myheadfirst.com. 6334 Cedar Lane, Columbia, MD 21044

18045 Georgia Avenue, Olney, MD 20832

2401 Brandermill Boulevard, Gambrills, MD 21054

Sudden Cardiac Arrest

www.howardcountymd.gov/suddencardiacarrest

What is Sudden Cardiac Arrest?

Sudden Cardiac Arrest (SCA) is a potentially fatal condition in which the heart suddenly and unexpectedly stops beating. When this happens, blood stops flowing to the brain and other vital organs. Student athletes' risk of SCA is nearly four times that of non-athletes due to increased demands on the heart during exercise. SCA is caused by several structural and electrical diseases of the heart. These conditions predispose an individual to have an abnormal rhythm that can be fatal if not treated within a few minutes. Most conditions responsible for SCA in children are inherited, which means the tendency to have these conditions is passed from parents to children through the genes. Other possible causes of SCA are a sudden blunt non-penetrating blow to the chest and the use of recreational or performance-enhancing drugs and/or energy drinks.

Warning Signs of SCA

- SCA strikes immediately.
- SCA should be suspected in any athlete who has collapsed and is unresponsive.
- No response to tapping on shoulders
- Does nothing when asked if he/she is OK
- No pulse

Emergency Response to SCA

- Act immediately; time is most critical to increase survival rates.
- Recognize SCA.
- Call 911 immediately and activate EMS.
- Administer CPR.
- Use Automatic External Defibrillator (AED).

Warning Signs of Potential Heart Issues: The following need to be further evaluated by your primary care provider. Risk of Inaction: Ignoring such symptoms and continuing to play could be catastrophic and result in sudden cardiac death. Taking these warning symptoms seriously and seeking timely appropriate medical care can prevent serious and possibly fatal consequences.

- Family history of heart disease/cardiac arrest
- Fainting, a seizure, or convulsions during physical activity
- Fainting or a seizure from emotional excitement, emotional distress, or being startled
- Dizziness or lightheadedness, especially during exertion
- Exercise-induced chest pain
- Palpitations: awareness of the heart beating, especially if associated with other symptoms such as dizziness
- Extreme tiredness or shortness of breath associated with exercise
- History of high blood pressure

How Can We Minimize The Risk of SCA & Improve Outcomes?

The risk of SCA in student athletes can be minimized by providing appropriate prevention, recognition and treatment strategies. One way to minimize risk is through an annual pre-participation screening evaluation, often called a sports physical, performed by the athlete's medical provider.

- 1. There is a "Pre-Participation Physical Evaluation Form" available at http://www.mpssaa.org/healthandsafety/forms.asp.
- 2. Since the majority of these conditions are inherited, be aware of your family history, especially if any close family member:
- a. had sudden unexplained and unexpected death before the age of 50.
- b. was diagnosed with any of the heart conditions listed above.
- c. died suddenly/unexpectedly during physical activity, during a seizure, from Sudden Infant Death Syndrome (SIDS) or from drowning.
- 3. Take seriously the warning signs and symptoms of SCA. Athletes should notify their parents, coaches, or school nurses if they experience any of these warning signs or symptoms.
- 4. Schools in Maryland have AED policies and emergency preparedness plans to address SCA and other emergencies in schools. Be aware of your school's various preventive measures.
- 5. If a cardiovascular disorder is suspected or diagnosed based on the comprehensive pre-participation screening evaluation, a referral to a child heart specialist or pediatric cardiologist is crucial. Such athletes should stop playing sports pending further evaluation and clearance by their medical providers.

Info from American Heart Association (www.heart.org), Parent Heart Watch (www.parentheartwatch.org) and the Sudden Cardiac Arrest Foundation (www.sca-aware.org).

Sports

• Superintendent: Allan Harden, 410-313-4652.

Coaches' and Administrator's Registry

All children's sports coaches and administrators (volunteer or paid) are members of the Coaches' and Administrator's Registry. Membership requirements include:

- Annual National background screening
- American Sport Education Program certification
- Concussion and Cardiac Arrest awareness training
- Membership badge with photo and membership expiration date to be displayed by coach on field/court

League Refund Policy

Unless otherwise directed in the community sport program description, a 20% administrative fee is deducted for all refund requests more than four (4) weeks prior to league starting; a 50% refund if withdrawal requested more than two (2) weeks prior to league starting; no refunds are given less than two (2) weeks prior to the start of the league. Registration is accepted on a first-come, first-served basis up to the registration deadline listed in each league description. Additional teams may be accepted at the league commissioner's discretion. Special requests for youth leagues should be made at the time of registration, are not guaranteed, and are at the discretion of the department.

Aquatics

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. All our instructors have been trained at our facility and are knowledgeable about the programs we teach.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.
- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Parents and guardians are not permitted to assist child during the lesson, except for the parent-child or Therapeutic Recreation classes. Accompanying adult for children under 16 must remain at the facility.
- Swimming diapers and/or rubber shorts must be worn.
- Read Concussion & Sudden Cardiac Arrest info on pages 64-65. Your family's review of this info is required by law before you're allowed to register for sports/swim programs.

Not sure which level to register for?

Free skill evaluations every Monday from 7-7:30pm. No registration required. First come first serve.

Interested in Scuba certification?

Info: Stacy Tozaki, 410-313-2765 or stozaki@howardcountymd.gov.

Group Lessons (0-18 yrs)

Baby Water Play: Parent/Child

Parents, learn how to work safely with your child in the water, including how to appropriately support and hold your child. With an adult, children explore submerging, buoyancy and entering and exiting safely. Children begin to glide on the front and back with assistance and change body position in the water. Swimming diapers and rubber shorts must be worn. Registration/Info 410-313-2764.

6 mos-3 yrs Classes: 8 RP4007.501 Roger Carter Comm Ctr Sep 19 5-5:20pm Tu,Th \$70 RP4007.502 Roger Carter Comm Ctr Oct 24 5-5:20pm Tu,Th \$70 RP4007.503 Roger Carter Comm Ctr Nov 28 5-5:20pm Tu,Th \$70

Preschool Swimming

Registration/Info: 410-313-2764.

Level 1

Your child becomes familiar with the aquatic environment and learns basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. This class creates the foundation for safe practices.

4-5 yrs Clas	<u>sses: 8</u>				
RP4009.501	Roger Carter Comm Ctr	Sep 20	5:40-6pm	W,F	\$70
RP4009.502	Roger Carter Comm Ctr	Sep 20	6:50-7:10pm	W,F	\$70
RP4009.503	Roger Carter Comm Ctr	Sep 19	5:25-5:45pm	Tu,Th	\$70
RP4009.504	Roger Carter Comm Ctr	Oct 25	5:40-6pm	W,F	\$70
RP4009.505	Roger Carter Comm Ctr	Oct 25	6:50-7:10pm	W,F	\$70
RP4009.506	Roger Carter Comm Ctr	Oct 24	5:25-5:45pm	Tu,Th	\$70
RP4009.507	Roger Carter Comm Ctr	Nov 29	5:40-6pm	W,F	\$70
RP4009.508	Roger Carter Comm Ctr	Nov 29	6:50-7:10pm	W,F	\$70
RP4009.509	Roger Carter Comm Ctr	Nov 2	5:25-5:45pm	Tu,Th	\$70

Level 2 (must have passed Level 1)

Level 3 (must have passed Level 3)

Your child becomes more independent through more advanced fundamentals of water entry and exit, breath control, buoyancy, treading and swimming on the front and back with assistance as needed.

4-5 yrs Classes: 8					
RP4010.501	Roger Carter Comm Ctr	Sep 20	6:50-7:10pm	W,F	\$70
RP4010.502	Roger Carter Comm Ctr	Sep 19	5-5:20pm	Tu,Th	\$70
RP4010.503	Roger Carter Comm Ctr	Oct 25	6:50-7:10pm	W,F	\$70
RP4010.504	Roger Carter Comm Ctr	Oct 24	5-5:20pm	Tu,Th	\$70
RP4010.505	Roger Carter Comm Ctr	Nov 29	6:50-7:10pm	W,F	\$70
RP4010.506	Roger Carter Comm Ctr	Nov 28	5-5:20pm	Tu,Th	\$70

Your child practices independent water entry and exit, breath control, buoyancy, treading and swimming on the front and back at a more proficient level. Emphasis is on improved coordination of combined simultaneous and alternating arm and leg actions.

4-5 yrs Classes: 8						
	RP4011.501	Roger Carter Comm Ctr	Sep 20	5:40-6pm	W,F	\$70
	RP4011.502	Roger Carter Comm Ctr	Oct 25	5:40-6pm	W,F	\$70
	RP4011.503	Roger Carter Comm Ctr	Nov 29	5:40-6pm	W,F	\$70
	RP4011.504	Roger Carter Comm Ctr	Nov 28	5:35-5:55pm	Tu,Th	\$70

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.

Please bring a reusable water bottle to class.



Let your little one experience the joys of swimming at Aqua Kids.

Aqua Kids

Registration/Info: 410-313-2764.

Level 1

In this intro to swimming, learn basic water safety and skills. Skills include safe entry and exit, breath control, floating and swimming on the front and back.

6-10 yrs Classes:	8
-------------------	---

RP4012.501	Roger Carter Comm Ctr	Sep 20	5-5:30pm	W,F	\$80
RP4012.502	Roger Carter Comm Ctr	Sep 20	7:20-7:50pm	W,F	\$80
RP4012.503	Roger Carter Comm Ctr	Sep 19	6-6:30pm	Tu,Th	\$80
RP4012.504	Roger Carter Comm Ctr	Oct 25	5-5:30pm	W,F	\$80
RP4012.505	Roger Carter Comm Ctr	Oct 25	7:20-7:50pm	W,F	\$80
RP4012.506	Roger Carter Comm Ctr	0ct 24	6-6:30pm	Tu,Th	\$80
RP4012.507	Roger Carter Comm Ctr	Nov 29	5-5:30pm	W,F	\$80
RP4012.508	Roger Carter Comm Ctr	Nov 29	7:20-7:50pm	W,F	\$80
RP4012.509	Roger Carter Comm Ctr	Nov 28	6-6:30pm	W,F	\$80

Level 2 (must have passed/completed Level 1)

Build on the fundamental skills of entry and exit, breath control and buoyancy. Emphasis on combined simultaneous and alternating arm and led action at a more proficient level. Learning how to float unassisted as well as treading in deep water.

6-10 yrs Classes: 8

RP4013.501	Roger Carter Comm Ctr	Sep 20	6:10-6:40pm	W,F	\$80	
RP4013.502	Roger Carter Comm Ctr	Sep 20	7:20-7:50pm	W,F	\$80	
RP4013.503	Roger Carter Comm Ctr	Sep 19	5:25-5:55pm	Tu,Th	\$80	
RP4013.504	Roger Carter Comm Ctr	Oct 25	6:10-6:40pm	W,F	\$80	
RP4013.505	Roger Carter Comm Ctr	Oct 25	7:20-7:50pm	W,F	\$80	
RP4013.506	Roger Carter Comm Ctr	Oct 24	5:25-5:55pm	Tu,Th	\$80	
RP4013.507	Roger Carter Comm Ctr	Nov 29	6:10-6:40pm	W,F	\$80	
RP4013.508	Roger Carter Comm Ctr	Nov 29	7:20-7:50pm	W,F	\$80	
RP4013.509	Roger Carter Comm Ctr	Nov 28	5:25-5:55pm	Tu,Th	\$80	

Level 3 (must have passed/completed Level 3)

Build on your skills and begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Begin to learn head-first entries. You should be able to swim 15 yds. freestyle and backstroke unassisted and be comfortable in deep water. Class taught in deep water.

6-10 yrs Classes: 8

RP4014.501	Roger Carter Comm Ctr	Sep 20	5-5:30pm	W,F	\$80
RP4014.502	Roger Carter Comm Ctr	Sep 20	6:10-6:40pm	W,F	\$80
RP4014.503	Roger Carter Comm Ctr	Sep 19	6-6:30pm	Tu,Th	\$80

RP4014.504	Roger Carter Comm Ctr	Oct 25	5-5:30pm	W,F	\$80
RP4014.505	Roger Carter Comm Ctr	Oct 25	6:10-6:40pm	W,F	\$80
RP4014.506	Roger Carter Comm Ctr	Oct 24	5-5:30pm	Tu,Th	\$80
RP4014.507	Roger Carter Comm Ctr	Nov 29	5-5:30pm	W,F	\$80
RP4014.508	Roger Carter Comm Ctr	Nov 29	6:10-6:40pm	W.F	\$80

Learn to Swim

Registration/Info: 410-313-2764.

Beginner

Learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Learn how to float without support and recover to a standing position.

11-15 yrs Classes: 8

RP4015.501	Roger Carter Comm Ctr	Sep 20	7:55-8:25pm	W,F	\$80
RP4015.502	Roger Carter Comm Ctr	Oct 25	7:55-8:25pm	W,F	\$80
RP4015.503	Roger Carter Comm Ctr	Nov 29	7:55-8:25pm	W,F	\$80

Intermediate

After completing Beginner Level, build on fundamentals of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Deep water safety is introduced. Begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Start to learn head-first entries.

11-15 yrs Classes: 8

RP4016.501	Roger Carter Comm Ctr	Sep 19	7:20-7:50pm	Tu,Th	\$80
RP4016.502	Roger Carter Comm Ctr	Oct 24	7:20-7:50pm	Tu,Th	\$80
RP4016.503	Roger Carter Comm Ctr	Nov 28	7:20-7:50pm	Tu,Th	\$80

Private Lessons (3 yrs +)

Private/Semi-Private Swim Lessons

Each lesson lasts 30 minutes and is customized to fit individual needs and swimming abilities. Private lessons include one participant to one instructor; semi-private lessons include up to three participants to one instructor. Semi-private lessons participants must be of similar age and ability. Lessons are not transferrable. Registration is first-come, first-served. Info: Stacy Tozaki, 410-313-2765 or stozaki@howardcountymd.gov.

3 yrs + Private Classes: 8

RP4020.501 Roger Carter Comm Ctr		Sep 2	\$254		
RP4020.502	Roger Carter Comm Ctr	Oct 28	\$254		
3 yrs + Semi-Private Classes: 8					
RP4020.503	Roger Carter Comm Ctr	Sep 2	\$441		
RP4020.504 Roger Carter Comm Ctr		Oct 28	\$441		

Swim Team Prep (6-18 yrs)

Pre-Swim Team Skills

In this stroke improvement course, work on the front crawl and elementary backstroke for longer distances and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving are presented. This is the perfect course for those interested in swim team!

Pre-requisite: 25 yards of freestyle and 25 yards of backstroke. Registration/Info: 410-313-2764.

6-18 yrs Classes: 8

RP4018.501	Roger Carter Comm Ctr	Sep 20	7:55-8:25pm	W,F	\$80
RP4018.502	Roger Carter Comm Ctr	Sep 20	8:30-9pm	W,F	\$80
RP4018.503	Roger Carter Comm Ctr	Sep 19	8:30-9pm	Tu,Th	\$80
RP4018.504	Roger Carter Comm Ctr	Oct 25	7:55-8:25pm	W,F	\$80
RP4018.505	Roger Carter Comm Ctr	Oct 25	8:30-9pm	W,F	\$80
RP4018.506	Roger Carter Comm Ctr	Oct 24	8:30-9pm	Tu,Th	\$80
RP4018.507	Roger Carter Comm Ctr	Nov 29	7:55-8:25pm	W,F	\$80
RP4018.508	Roger Carter Comm Ctr	Nov 29	8:30-9pm	W,F	\$80
RP4018,509	Roger Carter Comm Ctr	Nov 28	8:30-9pm	Tu.Th	\$80



Practice your swim techniques with a one-day clinic.

NEW! Non-Competitive Swim League

Thinking about swim team? This non-competitive league teaches you the basics of swim team drills and timing. Practices are one hour twice a week for eight weeks. Monday evenings and Saturday mornings. Pre-requisites: 25-yard freestyle, 25-yard backstroke. Registration/Info: 410-313-2764. 6-10 yrs Classes: 16

RP4022.501 Roger Carter Comm Ctr Sep 18 5-6nm \$114 12-18 yrs Classes: 16

RP4022.502 Roger Carter Comm Ctr Sep 18

Stroke and Turn Clinic

Are you already a competitive swimmer? Work on perfecting each stroke and learn flip turns for continuous swimming for competitions and fitness. Prerequisite: 50-yard freestyle, 50-yard backstroke and 25-yard breaststroke. Registration/Info: 410-313-2764.

8-18 yrs Classes: 8

RP4024.501 Roger Carter Comm Ctr Sep 18 7:30-8:30pm M \$100

One-Day Clinics (6-16 yrs)

Basic Diving Clinic

Learn the basics of diving in this one-day clinic. Topics covered include seated, kneeling and standing dives from both the deck and diving board. No diving experience required. Pre-requisite: 25 yards freestyle and comfortable in deep water. Class is taught in 10'6". Registration/Info: 410-313-2764. 6-15 yrs

RP4025.501 Roger Carter Comm Ctr Sep 23 9:30-10:30am Sa \$12

Competitive Turns

Learn and refine your racing turns and transitions to improve your speed and efficiency. Flip turns, open turn, and backstroke flip turn are covered in this one day clinic. Pre-requisite: 25-yards freestyle, 25 yards backstroke and 25 yards breaststroke. Registration/Info: 410-313-2764.

6-16 yrs

RP4027.501 Roger Carter Comm Ctr Sep 30 9:30-10:30am Sa \$12

Freestyle Stroke Clinic

Learn how to improve your freestyle swimming stroke. Emphasis is placed on stroke technique and improvement. Pre-requisite: 50-yards freestyle. Info: 410-313-2764.

6-16 yrs

RP4030.501 Roger Carter Comm Ctr Oct 7 9:30-10:30am Sa \$12

Racing/Competitive Starts Clinic

Learn and refine your racing starts for each competitive stroke and relays. Both in water and out of water dives/starts are taught in this one day clinic. Pre-requisites: 25 yards freestyle, 25 yards backstroke and 25 yards breaststroke. Registration/Info: 410-313-2764.

6-16 yrs

RP4026.501 Roger Carter Comm Ctr Oct 14 9:30-10:30am Sa \$12

Backstroke Clinic

Learn how to improve your backstroke swimming stroke. Emphasis is placed on stroke technique and improvement. Prerequisite: 50-yards backstroke. Info 410-313-2764.

6-16 yrs

RP4031.501 Roger Carter Comm Ctr Oct 21 9:30-10:30am \$12

Breaststroke Clinic

Learn how to improve your breaststroke swimming. Emphasis is placed on stroke technique and improvement. Prerequisite: 50-yards breaststroke. Info: 410-313-2764.

6-15 yrs

RP4032.501 Roger Carter Comm Ctr Oct 28 9:30-10:30am Sa \$12

Introduction to Butterfly Clinic

Learn the basics of butterfly kick, pull and stroke. No prior butterfly swim experience required. Pre-requisite: 50-yards breaststroke. Info: 410-313-2764. 6-15 yrs

RP4033.501 Roger Carter Comm Ctr Nov 4 9:30-10:30am Sa \$12

Butterfly Stroke Clinic

Learn how to improve your butterfly stroke technique and timing in this clinic. Pre-requisite: 25-yards butterfly. Info: 410-313-2764.

6-15 yrs

RP4034.501 Roger Carter Comm Ctr Nov 11 9:30-10:30am Sa \$12

Guarding & Certification (16 yrs +)

Lifequard Training

Prepare to save lives and make a difference in your community! Learn the skills necessary to prevent and respond to aquatic emergencies. Specific precourse swimming requirements available when registering. You must attend every class, successfully complete required skills and pass written exams to receive the Red Cross certification for 2 years in Lifeguarding/First Aid and CPR/AED for the professional rescuer. You must be prepared to swim at all classes. Registration/Info: 410-313-2764.

15 yrs + Classes: 3

RP4002.501 Roger Carter Comm Ctr Sep 22 \$205 9am-5pm Su,F-Sa RP4002.502 Roger Carter Comm Ctr Oct 20 9am-5pm \$205 Su,F-Sa

Lifequard Recertification

Recertify in just 10 hours! This course is for those who are currently certified in Lifequarding/First Aid and CPR/AED. This is a competency test of skills with limited review with an instructor. Participants must provide copies of current certifications upon registration. Upon successful completion of the review, gain two-year certifications for Lifequarding/First Aid and CPR/AED for the Lifeguard. Registration/Info: 410-313-2764.

15 yrs + Classes: 2

RP4003.501 Roger Carter Comm Ctr Sep 16 4-9pm Su,Sa \$125 RP4003.502 Roger Carter Comm Ctr Oct 14 4-9pm Su,Sa \$125

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.

Adults (16 yrs +)

Private/Semi-Private Lessons Page 71

Adult Swim Lessons

Registration/Info: 410-313-2764.

Beginner

Adults who never learned how to swim, this is the class for you. Also, build on the fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught.

16 \	rs +	Classes:	8

RP4019.501	Roger Carter Comm Ctr	Sep 20	8:30-9pm	W,F	\$80
RP4019.502	Roger Carter Comm Ctr	Oct 25	8:30-9pm	W,F	\$80
RP4019.503	Roger Carter Comm Ctr	Nov 29	8:30-9pm	W,F	\$80

Intermediate

Looking to refine and hone your stroke and turn skills? Adults with intermediate swimming skills, refine their stroke and breathing skills for continuous swimming. Freestyle, backstroke, breaststroke and rhythmic breathing are heavily emphasized.

16 yrs + Classes: 8

RP4023.501	Roger Carter Comm Ctr	Sep 19	8-8:30pm	Tu,Th	\$80
RP4023.502	Roger Carter Comm Ctr	Oct 24	8-8:30pm	Tu,Th	\$80
RP4023.503	Roger Carter Comm Ctr	Nov 28	8-8:30pm	Tu,Th	\$80

Master's Swimming

RCCC Masters is a new, year-round program for swimmers with a focus on stroke improvement and fitness. Join an experienced coach and fellow swimmers for a 90-minute workout each weekend. Registration/Info: 410-313-2764.

18 yrs + Classes: 8

RP4035.501 Roger Carter Comm Ctr Sep 17 7-8:30am Su \$45

Badminton

Youth Badminton

Boys and girls, learn the fun, fast-paced game of badminton. Each week, learn skills and game concepts through games and activities and compete in matches. Racquets and shuttlecocks are provided. Info: Will Dunmore, 410-313-1697.

9-14 yrs Classes: 8

RP6830.501 Meadowbrook Ath Comp Sep 11 6:30-8pm M \$7

Adult Badminton

Play badminton during the day! Join other badminton players of all ability levels in singles and doubles matches. The Meadowbrook Ath Comp has courts set up during the designated time. A leader is on site to help assign players to matches. Bring your own rackets and shuttle-cocks. (No class 11/23, 1/16.) Info for 521 Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov or for .502, .601 &.602 Will Dunmore, 410-313-1697.

1	^				
-1	X	V	rς	Н	H

RP6830.521	Meadowbrook Ath Comp	Sep 7	Noon-2pm	Th	\$60
RP6830.502	Meadowbrook Ath Comp	Sep 11	8-11pm	M	\$60
RP6830.602	Meadowbrook Ath Comp	Jan 7	8:30-11pm	Sa	\$60
RP6830.601	Meadowbrook Ath Comp	Jan 9	8:15-11pm	М	\$60

Baseball, Softball & Tee Ball

Pre-K & Youth Instruction

Tinv Tykes Tee Ball

Batter up! Nobody strikes out and everyone hits home runs! Our ageappropriate equipment and activities are designed to provide a successful



Enjoy the fast-paced game of badminton with new techniques learned each week at Youth Badminton.

introduction to the skills of batting, catching, throwing, and base running. Parents are encouraged to follow the coach's instructions to assist in the games and activities with your child. (No class 9/21, 11/10, 11/20-25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Clas	<u>ses: 6</u>				
RP6053.501	Cedar Lane Pk-West	Sep 11	10:30-11:15am	М	\$75
RP6053.502	Waterloo ES	Sep 12	6-6:45pm	Tu	\$75
RP6053.503	Cedar Lane Pk-West	Sep 13	9:30-10:15am	W	\$75
RP6053.504	Cedar Lane Pk-West	Sep 14	12:30-1:15pm	Th	\$75
RP6053.505	Hollifield Station ES	Sep 16	10:30-11:15am	Sa	\$75
RP6053.506	Waterloo ES	Sep 16	1:30-2:15pm	Sa	\$75
RP6053.507	Meadowbrook Ath Comp	0ct 30	9:30-10:15am	М	\$75
RP6053.508	Thunder Hill ES	Oct 30	6-6:45pm	М	\$75
RP6053.509	Meadowbrook Ath Comp	Oct 31	12:30-1:15pm	Tu	\$75
RP6053.510	N Laurel Comm Ctr	Nov 1	12:30-1:15pm	W	\$75
RP6053.511	Meadowbrook Ath Comp	Nov 2	1:30-2:15pm	Th	\$75
RP6053.512	Hollifield Station ES	Nov 4	10:30-11:15am	Sa	\$75

Kiddie Tee Ball

Learn the fundamentals of baseball in this exciting clinic. Coaches have extensive training and focus on developing the necessary skills. Learn to catch, throw, field ground balls, hit, and run the bases in a variety of drills and mini-games. Bring a glove; other equipment is provided. (No class 9/21.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

4 1/2 - 6 yrs	Classes: 6				
RP6054.501	Centennial Lane ES	Sep 11	4:25-5:25pm	Μ	\$54
RP6054.502	Bellows Spring ES	Sep 12	5-6pm	Tu	\$54
RP6054.503	St. John's Lane ES	Sep 13	4:25-5:25pm	W	\$54
RP6054.504	Hammond ES	Sep 14	4:40-5:40pm	Th	\$54

After-School Baseball

Learn the fundamentals of baseball in this exciting clinic. Coaches have extensive baseball training and focus on developing the necessary skills. Players learn to catch, throw, field ground balls, hit, and run the basesthrough a variety of drills and mini-games. Bring your glove, all other equipment is provided. (No class 9/21.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5 1/2-8 1/2 vrs	Classes: 6
-----------------	------------

RP6057.501	Centennial Lane ES	Sep 11	3:20-4:20pm	M	\$54
RP6057.502	Bellows Spring ES	Sep 12	4-5pm	Tu	\$54
RP6057.503	St. John's Lane ES	Sep 13	3:20-4:20pm	W	\$54
RP6057.504	Hammond ES	Sep 14	3:35-4:35pm	Th	\$54

Pre-K, Youth & Teen Leagues

Columbia Baseball League & Columbia Softball League

Come join the CBL and CBSL this fall for some baseball and softball. The league features a weeknight practice and a weekend game. You can specify practice nights when you register. Baseball games for 6-8 and 9-10 are on Saturdays, between 9am and 4pm. Tee ball, 11-12 and 13,14 games are on Sundays, between noon and 6pm. Fee includes shirt and hat. Practices and games are held at schools & parks in Columbia. Volunteer coaches needed. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

iee dali Cia	<u>5565. 0</u>				
RP5990.501	4-6 yrs	Sep 10	Noon-4pm	Su	\$125
Baseball Cla	asses: 8				
RP5990.511	6-8 yrs	Sep 9	9am-4pm	Sa	\$135
RP5990.521	9-10 yrs	Sep 9	9am-4pm	Sa	\$135
RP5990.531	11-12 yrs	Sep 10	Noon-6pm	Su	\$135
RP5990.541	13-14 yrs	Sep 10	Noon-6pm	Su	\$135
Softball Cla	isses: 8				
RP5995.501	6-8 yrs	Sep 9	9am-4pm	Sa	\$135
RP5995.511	9-10 yrs	Sep 9	9am-4pm	Sa	\$135
RP5995.521	11-12 yrs	Sep 9	9am-4pm	Sa	\$135

Western Howard County Youth Baseball & Softball League (WHCYBSL)

WHCYBSL provides tee ball, baseball and fast pitch softball leagues to families in Western Howard County, Columbia, and Clarksville. Howard County Recreation & Parks is contracted to provide administrative services to WHCYBSL. Registration deadline is September 2. Info www.whcsports.com.

Fall Baseball

Continue to fine tune your baseball skills with WHC Fall Baseball! The fall schedule consists of one practice per week (specific night depends on coach/team placement) and games to be held on Sunday. All players receive a team jersey, hat and socks. Baseball players are required to provide/wear gray baseball pants, cleats and a glove. Opening Day is September 10; the season ends on October 29. Game locations are primarily at Western Regional Park, but are also held at other Howard County locations.

6-18 yrs	8 wks starting Sep 10	\$85, \$75 each ad	ditional child
RP5981.50	1 6-8 yrs	RP5981.531	13-14 yrs
RP5981.51	1 9-10 yrs	RP5981.541	15-18 yrs
RP5981.52	1 11-12 yrs		

Fall Fast Pitch Softball

Continue to fine tune your softball skills with WHC Fall Fast Pitch Softball! The fall schedule consists of one practice per week (specific night depends on coach/team placement) and games to be held on Saturday. All players receive a team jersey, hat and socks. Softball players provide their own pants (color determined by coach), cleats and a glove. Bats and softball helmets are provided in the team equipment; a personal bat/helmet are optional. Opening Day is September 9; the season ends on October 29. Game locations are primarily at Western Regional Park but are also held at other Howard County locations.

6-18 yrs 8	wks starting Sep 9	\$85, \$75 each add	<u>itional child</u>
RP5982.501	6-8 yrs	RP5982.531	13-14 yrs
RP5982.511	9-10 yrs	RP5982.541	15-18 yrs
RP5982.521	11-12 yrs		

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.

Basketball

Pre-K & Youth Instruction

Little Tykes Hoops Basketball

In this class, having fun is sure to be a slam dunk! Children are introduced to beginner basketball concepts such as dribbling, passing and shooting through a curriculum of exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 9/21, 11/10, 11/20-25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Class	<u>ses: 6</u>				
RP6086.501	Meadowbrook Ath Comp	Sep 11	12:30-1:15pm	М	\$75
RP6086.502	Cedar Lane Pk-East	Sep 12	6-6:45pm	Tu	\$75
RP6086.503	N Laurel Comm Ctr	Sep 13	12:30-1:15pm	W	\$75
RP6086.504	Cedar Lane Pk-East	Sep 14	10:30-11:15am	Th	\$75
RP6086.505	Dayton Oaks ES	Sep 14	6-6:45pm	Th	\$75
RP6086.506	Guilford ES	Sep 16	10:30-11:15am	Sa	\$75
RP6086.507	Thunder Hill ES	0ct 30	5-5:45pm	М	\$75
RP6086.508	Meadowbrook Ath Comp	0ct 31	10:30-11:15am	Tu	\$75
RP6086.509	Veterans ES	Nov 1	6-6:45pm	W	\$75
RP6086.510	Meadowbrook Ath Comp	Nov 2	9:30-10:15am	Th	\$75
RP6086.511	Northfield ES	Nov 2	5-5:45pm	Th	\$75
RP6086.512	Meadowbrook Ath Comp	Nov 3	1:30-2:15pm	F	\$75
RP6086.513	Guilford ES	Nov 4	9:30-10:15am	Sa	\$75
RP6086.514	Dayton Oaks ES	Nov 4	1:30-2:15pm	Sa	\$75

Kiddie Basketball

5-7 yrs Session 1 Classes: 6

Come learn the sport of basketball in this perfect introductory clinic. Players work on the fundamental skills of dribbling, passing, shooting, and overall team play in a fun and encouraging environment. Meet in the gym. (No class 9/21, 11/20-23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u> </u>	51011 1 Classes, 0				
RP6080.501	Meadowbrook Ath Comp	Sep 11	5:05-6pm	M	\$50
RP6080.502	Cradlerock ES	Sep 11	3:55-4:55pm	M	\$54
RP6080.503	Clemens Crossing ES	Sep 12	4:55-5:55pm	Tu	\$54
RP6080.504	Running Brook ES	Sep 12	5-6pm	Tu	\$54
RP6080.505	Thunder Hill ES	Sep 13	5-6pm	W	\$54
RP6080.506	Fulton ES	Sep 13	5-6pm	W	\$54
RP6080.509	Waterloo ES	Sep 11	5-6pm	M	\$54
RP6080.510	Meadowbrook Ath Comp	Sep 12	5:05-6pm	Tu	\$50
RP6080.511	Atholton ES	Sep 13	4:55-5:55pm	W	\$54
RP6080.512	Ducketts Lane ES	Sep 14	4:30-5:30pm	Th	\$54
5-7 yrs Ses	sion 1 Classes: 7				
RP6080.508	West Friendship ES	Sep 14	3:55-4:55pm	Th	\$54
5-7 yrs Ses	sion 2 Classes: 6				
RP6080.513	Fulton ES	Nov 6	5-6pm	M	\$54
RP6080.514	Veterans ES	0ct 30	5-6pm	M	\$54
RP6080.516	Cradlerock ES	0ct 31	3:55-4:55pm	Tu	\$54
RP6080.517	Hammond ES	Nov 1	4:40-5:40pm	W	\$54
RP6080.518	Running Brook ES	Nov 1	5-6pm	W	\$54
RP6080.519	Atholton ES	Nov 2	4:55-5:55pm	Th	\$54
RP6080.520	Longfellow ES	Nov 2	4:35-5:35pm	Th	\$54
RP6080.521	Jeffers Hill ES	0ct 30	4:40-5:40pm	M	\$54
RP6080.522	Clemens Crossing ES	0ct 31	4:55-5:55pm	Tu	\$54
RP6080.523	Clarksville ES	Nov 1	5-6pm	W	\$54
RP6080.524	Fulton ES	Nov 9	5-6pm	Th	\$54



Use the skills learned through activities and scrimmages to compete against other teams at Instructional Basketball League.

Instructional Basketball League

New and returning players, improve basic skill development through activities and scrimmages, Practice for four weeks and play four games against teams from other sites. T-shirt included. Register by location; meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov. 6-7 yrs. Classes: 8

6-7 yrs Clas	<u>ses: 8</u>						
RP6082.501	Dayton Oaks ES	Sep 16	9-10am	Sa	\$80		
RP6082.502	Ducketts Lane ES	Sep 16	9-10am	Sa	\$80		
RP6082.503	Forest Ridge ES	Sep 16	9-10am	Sa	\$80		
RP6082.504	Hollifield Station ES	Sep 16	9-10am	Sa	\$80		
RP6082.505	Fulton ES	Sep 16	9-10am	Sa	\$80		
RP6082.506	Rockburn ES	Sep 16	9-10am	Sa	\$80		
7 yrs adv-9½ y	rs Classes: 8						
RP6083.501	Dayton Oaks ES	Sep 16	10:15-11:	15am	Sa	\$8	30
RP6083.502	Ducketts Lane ES	Sep 16	10:15-11:	15am	Sa	\$8	30
RP6083.503	Forest Ridge ES	Sep 16	10:15-11:	15am	Sa	\$8	30
RP6083.504	Hollifield Station ES	Sep 16	10:15-11:	15am	Sa	\$8	30
RP6083.505	Fulton ES	Sep 16	10:15-11:	15am	Sa	\$8	30
RP6083.506	Rockburn ES	Sep 16	10:15-11:	15am	Sa	\$8	30
8½-10 yrs (Classes: 8						
RP6084.501	Dayton Oaks ES	Sep 16	11:30am-	ا12:30	pm	Sa	\$80
RP6084.502	Ducketts Lane ES	Sep 16	11:30am-	ا12:30	pm	Sa	\$80
RP6084.503	Forest Ridge ES	Sep 16	11:30am-	ا12:30	pm	Sa	\$80
RP6084.504	Hollifield Station ES	Sep 16	11:30am-	ا12:30	pm	Sa	\$80
RP6084.505	Fulton ES	Sep 16	11:30am-	ا12:30	pm	Sa	\$80
RP6084.506	Rockburn ES	Sep 16	11:30am-	12:30	pm	Sa	\$80

After-School Basketball

School's over and it's time to play some basketball. In this clinic, boys and girls learn and develop fundamental skills such as dribbling, passing, shooting, defense and overall team play through activities and games. It is the perfect place to start or to complement one of our basketball leagues. Meet in the gym. (No class 9/21, 11/20-23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Se	ssion 1 Classes: 6				
RP6081.501	Meadowbrook Ath Comp	Sep 11	4:10-5:05pm	М	\$50
RP6081.502	Cradlerock ES	Sep 11	2:50-3:50pm	М	\$54
RP6081.503	Clemens Crossing ES	Sep 12	3:50-4:50pm	Tu	\$54
RP6081.504	Running Brook ES	Sep 12	4-5pm	Tu	\$54
RP6081.505	Thunder Hill ES	Sep 13	4-5pm	W	\$54
RP6081.506	Fulton ES	Sep 13	4-5pm	W	\$54
<u>8-10 yrs Se</u>	ssion 1 Classes: 5				
RP6081.508	West Friendship ES	Sep 14	3:50-4:50pm	Th	\$45
<u>8-10 yrs Se</u>	ssion 2 Classes: 6				
RP6081.509	Fulton ES	Nov 6	4-5pm	M	\$54
RP6081.510	Veterans ES	0ct 30	4-5pm	M	\$54
RP6081.512	Cradlerock ES	0ct 31	2:50-3:50pm	Tu	\$54
RP6081.513	Hammond ES	Nov 1	3:35-4:35pm	W	\$54
RP6081.514	Running Brook ES	Nov 1	4-5pm	W	\$54
RP6081.515	Atholton ES	Nov 2	3:50-4:50pm	Th	\$54
RP6081.516	Longfellow ES	Nov 2	3:30-4:30pm	Th	\$54

Super Hoops Basketball

Girls and boys, hoops anyone? Coaches help advance your basic skills and fundamentals through a variety of drills, exercises, games and scrimmages. Emphasis is on dribbling, passing, shooting, offensive, defensive positioning and teamwork. Basketball knowledge and playing experience is preferred. Fee includes t-shirt. Meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs <u>Classes: 6</u>				
RP6085.501 Hammond HS	0ct 8	1:30-3pm	Su	\$85
11-13 yrs Classes: 6				
RP6085.511 Hammond HS	0ct 8	3:15-4:45pm	Su	\$85

Dribble, Pass, Shoot Winter Camp

Enjoy either 1, 2, 3, or 4 full-days of the complete Youth Basketball League (YBL) experience through certified, HCRP basketball coaches. Learn, develop and implement offensive and defensive skills; participate in competitions and games; and break into teams to play a mini-league schedule and end-of-camp tournament. Experienced coaches use a variety of creative drills, challenging exercises, exciting games, scrimmages, and more to help elevate your game. Emphasis is placed on sportsmanship and teamwork. Each day after fundamentals sessions, teams play league games. There is down time during lunch. Info: Krista Billingsley, 410-313-4637 or Kbillingsley@howardcountymd.gov.

<u>9-14 yrs Da</u>	<u>ys: 1</u>				
RP6410.602	Meadowbrook Ath Comp	Dec 26	8am-6pm	Tu	\$59
RP6410.603	Meadowbrook Ath Comp	Dec 27	8am-6pm	W	\$59
RP6410.604	Meadowbrook Ath Comp	Dec 28	8am-6pm	Th	\$59
RP6410.605	Meadowbrook Ath Comp	Dec 29	8am-6pm	F	\$59
9-14 yrs Days: 4					
RP6410.601	Meadowbrook Ath Comp	Dec 26	8am-6pm	Tu-F	\$199

Meadowbrook School's Out Basketball

School is out and Meadowbrook is open for action! This camp has all the excitement of an entire season packed into one fun-filled day. Players, improve your skills and make new friends while enjoying a high-energy basketball experience. Our skilled coaches use a variety of creative drills, challenging exercises, exciting games and scrimmages to help elevate your game. Camp ends with the camp tournament and the crowning of a camp champion! Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

9-14 y15						
RP7020.501	Meadowbrook Ath Comp	Sep 21	8am-5pm	Th	\$64	
RP7020.502	Meadowbrook Ath Comp	Sep 22	8am-5pm	F	\$64	
RP7020.503	Meadowbrook Ath Comp	Oct 20	8am-5pm	F	\$64	
RP7020.504	Meadowbrook Ath Comp	Nov 22	8am-5pm	W	\$64	

Basketball Skills Training

Enhance your basketball skills in this clinic! Join certified coaches as they instruct you on proper mechanics, footwork, and conditioning. This clinic focuses on skill development and helping you advance your game to the next level. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

14-18 yrs Girls Classes: 6

RP6410.501 Meadowbrook Ath Comp Sep 24 1-2:30pm Su \$70 14-18 yrs Boys Classes: 6

RP6410.502 Meadowbrook Ath Comp Sep 24 2:30-4pm Su \$70

Youth Leagues

Youth Basketball League (YBL)

Boys and girls, come have fun playing basketball while learning the fundamentals of the game! Focus on skill development, sportsmanship, basketball knowledge, and fun! Enjoy a "GoodSports" atmosphere through certified volunteer coaches, league staff and facilities. League features one weeknight practice and one game per week. Every player is guaranteed to participate in each game. The YBL is for novice to experienced players who wish to learn while playing in a recreational atmosphere. Volunteer head coaches needed and volunteer assistant coaches welcomed. Games and practices are played at Meadowbrook Athletic Complex, the North Laurel and Roger Carter Community Centers, or Howard County Public Schools. Info: www.howardcountymd.gov/basketball.

Fall Season (5-8 yrs)

The Fall season consists of a weekly, evening practice and seven league games. One-hour games are scheduled on Saturdays between 8am-1pm, starting September 16. Players receive a medal and jersey.

League Director contacts participants regarding practice days/times one week prior to start. Registration deadline: 8/30. Special requests are not guaranteed and must be submitted via phone through registration. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

 5 yrs & 6 yrs beginner
 Sep 9

 RP5600.501
 \$82
 RP5600.511 (Head Coach's Child)
 \$30

 6 yrs intermediate & 7 yrs
 Sep 9

 RP5600.502
 \$82
 RP5600.512 ((Head Coach's Child)
 \$30

 7 yrs advanced & 8 yrs
 Sep 9

 RP5600.503
 \$82
 RP5600.513 (Head Coach's Child)
 \$30

Fall Season (9-14 yrs)

The fall season consists of one weekly evening practice beginning the week of September 18 in addition to six league games, and ending with a single-elimination tournament. One-hour, full court, officiated games are held on Friday nights starting between 6-9pm. Specific details on practice and game times/locations are communicated after the preseason skills assessment on 9/5, 9/6, 9/7, 9/8 or 9/9. Registration deadline: 8/30. No special requests accepted. Info/volunteer to coach: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

9-10 yrs Co-ed	<u>d</u>			
RP6184.501 \$	5149	RP6184.503 (Head Coach's Child)	\$49	
9-11 yrs Girls				
RP6184.531 \$	5149	RP6184.533 (Head Coach's Child)	\$49	
11-12 yrs Co-6	<u>ed</u>			
RP6184.511 \$	5149	RP6184.513 (Head Coach's Child)	\$49	
12-14 yrs Girls				
RP6184.532	\$149	RP6184.533 (Head Coach's Child)	\$49	
<u>13-14 yrs Co-ed</u>				
RP6184.521 \$	5149	RP6184.523 (Head Coach's Child)	\$49	

Winter Season (5-8 yrs)

The Winter season consists of a weekly, evening practice and eight league games. One-hour games are scheduled on Saturdays between 8am-noon, starting 1/13. Players receive a medal and jersey. League Director contacts participants regarding practice days/times one week prior to start. Registra-



Join the Youth Basketball League for excitement that lasts through the fall or winter season.

tion deadline: 12/28. Special requests are not guaranteed and must be submitted via phone through registration. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

5 & 6 yrs beginner Jan 6

RP5600.601	\$89	RP5600.611 (Head Coach's Child)	\$30	
6 yrs intermediate & 7 yrs Jan 6				
RP5600.602	\$89	RP5600.612 (Head Coach's Child)	\$30	
7 yrs advanced	d & 8 yrs	<u>Jan 6</u>		
RP5600.603	\$89	RP5600.613 (Head Coach's Child)	\$30	

Winter Season (9-14 yrs)

The winter season consists of one weekly evening practice beginning the week of 12/11 in addition to six league games, and ending with a single-elimination tournament. One-hour, full court, officiated games are held on Saturdays. Specific details on practice and game times/locations are communicated after the preseason skills assessment on 11/28, 11/29, or 11/30. Registration deadline: 11/22. No special requests accepted. Teams from established organizations may be eligible to participate in the Alliance Division of the YBL. Info/volunteer to coach: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

RP6184.603 (Head Coach's Child)	\$49
RP6184.633 (Head Coach's Child)	\$49
RP6184.613 (Head Coach's Child)	\$49
RP6184.633 (Head Coach's Child)	\$49
RP6184.623 (Head Coach's Child)	\$49
	RP6184.633 (Head Coach's Child) RP6184.613 (Head Coach's Child) RP6184.633 (Head Coach's Child)

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.

Fall & Winter High School Basketball League (Boys & Girls)

Fine-tune your skills before try-outs and the start of the season! Coaches and players are encouraged to register as a school or organizational team. HCRP forms teams from individual registrants. Games are played on Saturdays between 9am-3pm. if there are not enough players for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic once a week, with the first hour being a practice and second hour being scrimmages. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

Fall League: For individual registrants, the pre-season skills assessment is on 9/16. Registration deadline is 9/11. This fall league consists of six games.Grades 9-12Meadowbrook Ath CompGames start Sep 239am-3pmSaRP6403.503Boys Individual\$70RP6403.506Girls Individual\$70Team Registration\$450\$450\$450\$450\$450\$450\$450RP6403.502Boys Junior Varsity (JV)RP6403.501Boys Varsity\$450RP6403.505Girls Junior Varsity (JV)RP6403.504Girls Varsity

Winter League: For individual registrants, the pre-season skills assessment is on 1/6. Registration deadline is 1/4. This winter league includes 6 games and play-offs.

Grades 9-12	Boys Individual Game	s start Jan 1	3	
RP6403.601	Meadowbrook Ath Comp	o Jan 13	Sa	\$80
Grades 9-12	Girls Individual			
RP6403.602	Meadowbrook Ath Comp	o Jan 13	Sa	\$80

Adult

Winter Classic 3 on 3 Basketball Tournament

This 3-on-3 tournament crowns a new champion in Howard County. Group and elimination rounds take place on Saturday, December 9. Teams provide uniforms. Fee includes three-game minimum, referees, awards, and administration. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

<u>18 yrs +</u>

RP5605.601 Roger Carter Comm Ctr Dec 9 9am-4pm Sa \$105

Drop-In Co-Rec Basketball

Join athletes of all ability levels for basketball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the Get Active Package (page 9) to play multiple days. Some gyms may be canceled due to insufficient registration or attendance. (No class 9/21, 11/23, 1/16, 1/18, 2/15, 2/20.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

<u> 18 yrs +</u>					
RP6900.501	Rockburn ES	Sep 11	8-10pm	M	\$44
RP6900.502	Meadowbrook Ath Comp	Sep 13	9-11pm	W	\$44
<u> 30 yrs +</u>					
RP6900.511	Bonnie Branch MS	Sep 11	8-10pm	M	\$44
RP6900.512	Bonnie Branch MS	Sep 14	8-10pm	Th	\$44
RP6900.513	Reservoir HS	Sep 12	8-10pm	Tu	\$44
RP6900.514	Reservoir HS	Sep 14	8-10pm	Th	\$44
RP6900.515	Lisbon ES	Sep 12	8-10pm	Tu	\$44
30 yrs +					
RP6900.527	Lake Elkhorn MS	Sep 12	6-8pm	Su	
		& 8-10pm,		Tu.Th	\$55



Get your team together for the Fall & Winter Basketball League.

Fall & Winter League Basketball flickr

Pull down some boards, tickle the twine or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games are played at Meadowbrook Ath Comp, North Laurel Community Center and Roger Carter Community Center. League refund policy is on page 70. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

Fall League

Register by September 1. Register by August 25 to receive a 5% discount.

<u>18 yrs + Me</u>	en's We	<u>eeks: 8</u>		
RP5080.501	Sep 12	7pm	Tu	\$615
RP5080.503	Sep 13	8pm	W	\$615
RP5080.504	Sep 14	8pm	Th	\$615
30 yrs + Me	en's We	eeks: 8		
RP5080.502	Sep 12	7pm	Tu	\$615
18 yrs + Wo	men's	Weeks:	8	
RP5080.505	Sep 14	8pm	Th	\$615

Winter League

Register by December 15. Register by December 8 to receive a 5% discount.

18 yrs + M	en's W	<u>'eeks: 8</u>		
RP5080.601	Jan 9	7pm	Tu	\$615
RP5080.603	Jan 10	8pm	W	\$615
RP5080.604	Jan 11	8pm	Th	\$615
30 yrs + M	en's W	'eeks: 8		
RP5080.602	Jan 9	7pm	Tu	\$615
18 yrs + W	omen's	Weeks	8	
RP5080.605	Jan 11	8pm	Th	\$615



Learn the ancient "Art of the Sword" and develop footwork and defensive moves for successful swordplay.

Cricket

Youth Cricket-Wicket Fun

Get a taste of what makes cricket the second-most popular sport worldwide! Receive specialized instruction on batting, bowling, fielding, and following the rules. Whether you have never played or have played for years, this instructional league ensures you leave a better cricket player! The program's focus is on skill development through drills, game rules and scrimmages. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov. 5-10 yrs Classes: 6

RP5976.501 Meadowbrook Ath Comp Sep 10 9-11am Su \$90

Adult Cricket League Fall Season

Look no further! Enjoy the area's most competitive adult cricket league! Separate spring and fall seasons are offered. Matches are played on Saturdays and Sundays (balanced, rotating schedule, starting between 8am-3pm). Games are 20 overs and limited to three hours in length. Additional league rules TBA to registered teams. Maximum roster is 30 players per team; games are played with 11 players a side. League ball is a heavy/modified tennis ball manufactured for cricket use - any manufacturer is eligible. Fee includes game schedule, playoffs, awards, field rental and administration. Register now, the league has a maximum number of teams and will fill. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov. 18 yrs + Classes: 24 Schooley Mill Park (turf pitch) & Murray Hill MS (clay pitch) RP5975.501 8am-8pm Su,Sa \$330

Dodgeball

After-School Dodgeball

This is a great way for all ability levels to stay active, be a part of a team, and have fun! Learn and play variations of dodgeball. Worried about safety? We use foam balls (gator skin) that are designed for accuracy and minimize the risk of injury. Meet coaches in the gym. (No class 9/21, 11/20-23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Se	ssion 1 Classes: 6				
RP6200.501	Waterloo ES	Sep 11	4-5pm	M	\$54
RP6200.502	Meadowbrook Ath Comp	Sep 12	4:10-5:05pm	Tu	\$50
RP6200.503	Atholton ES	Sep 13	3:50-4:50pm	W	\$54
RP6200.504	Ducketts Lane ES	Sep 14	3:25-4:25pm	Th	\$54
8-10 yrs Se	ssion 2 Classes: 6				
RP6200.505	Jeffers Hill ES	Oct 30	3:35-4:35pm	M	\$54
RP6200.506	Clemens Crossing ES	0ct 31	3:50-4:50pm	Tu	\$54
RP6200.507	Clarksville ES	Nov 1	4-5pm	W	\$54
RP6200.508	Fulton ES	Nov 9	4-5pm	Th	\$54

Fencing

Fencing with Tejav Safai

Have you ever dreamed of wielding a sword like a Musketeer or pirates of the Caribbean? Learn the ancient "Art of the Sword" with the modern sport of fencing in the English tradition of swordplay. Enjoy this individual, as well as family, sport that trains the student physically and mentally while building self-confidence. Novice musketeers learn "En garde", elements of footwork and lunging, basic defenses and simple attacks. Intermediate fencers are introduced to variable footwork in employment of an attack, secondary defensive moves and compound attacks that apply intricate blade and point control for purposeful results. Classes are taught by Certified US Fencing Coaches Association, Teja Safai, who has over 45 years of experience as a fencer and 14 years of coaching experience. All equipment for the class is provided. (No class 10/14, 11/25.) Info: Jamie Brentlinger, 410-313-1665 or jbrentlinger@howardcountymd.gov.

7-18 yrs	Schooley Mill	Pk-Multi-Purpose Ri	n	Classes: 10
RP8830.50	1 Sep 16	9-10:30am	Sa	\$115
RP8830.50	2 Sep 16	10:45am-12:15pm	Sa	\$115

Intro to Fencing (Youth & Adult)

Have you ever dreamed of taking part in a sword fight with real steel swords? Would you like to learn more about the lightning fast Olympic sport of fencing? Work with the highly experienced, professional coaches from Baltimore Fencing Center as they instruct you in this exciting modern sport, based upon the serious swordplay of the past. Instructors use both traditional drilling techniques and games to help students learn basic footwork, blade work and bouting skills. Info: Jamie Brentlinger, 410-313-1665 or jbrentlinger@howardcountymd.gov.

8-12 yrs Youth Classes: 8				
RP8840.501 Balt Fencing Ctr Colum	nbia Sep 12	6-7pm	Tu	\$110
RP8840.502 Balt Fencing Ctr Colum	nbia Sep 14	6-7pm	Th	\$110
13 yrs + Adults Classes: 8				
RP8840.511 Balt Fencing Ctr Colum	nbia Sep 11	7-8pm	М	\$110

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.

Field Hockey

Introduction to Field Hockey

Tired of the same traditional sports? Want to experience a new challenge? Field hockey is the hottest craze and keeps growing in popularity! This introductory program provides youth with a strong foundation of skills that may lead into a lifetime of field hockey. The program focuses on a fun method of teaching skills through small games. The goal is to start young, have fun and love the game! Participants must provide field hockey stick, mouth guard, shin guards and certified protective field hockey eye wear. Fee includes t-shirt, supplies and administration. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

6-10 yrs Classes: 6

RP5266.501 Atholton HS Sep 10 3:30-5pm Su \$89

Middle School Instructional Field Hockey Clinic

Novice and experienced players, come compete in this instructional recreational clinic. Program consists of fundamental instruction through drills and skill work. First hour of session is instruction, followed by scrimmages. Instructors are varsity field hockey coaches and players. Participants must provide field hockey stick, mouth quard, shin quards and certified protective field hockey eye wear. Fee includes t-shirt, supplies, and administration. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov. 10 1/2-14 yrs Classes: 6

RP5260.501 Atholton HS Sep 10 1-3pm Su \$89

Winter Indoor Field Hockey League

Join this fast-paced league! Play on regulation-size courts with an optimal. indoor playing surface. Compete in two 25-minute, 6 vs. 6 games per night. Indoor stick, mouth guard, and shin guards required. Outdoor sticks not permitted. Teams must have a goalie; goalies must provide own equipment. Registration includes team shirt, facilities and paid officials. Games are on Sunday afternoons/evenings. Only team registrations accepted. Individuals interested in playing may contact the league coordinator. Teams must have a manager or coach in our Coaches Registry. League Director approves team registrations from community sports organizations and independent clubs upon application to ensure a competitive balance of play. League refund policy on page 70 Registration deadline is November 11. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

Middle School Division

RP5268.601 Meadowbrook Ath Comp \$880 **High School Division** \$880

RP5269.601 Meadowbrook Ath Comp Dec 10 5:30-10pm Su

Floor Hockey

Kiddie Floor Hockey

Come learn how to play hockey! This first-time/beginner level class does not involve checking. Learn and improve skills, including puck/ball control, passing, shooting, teamwork and game play. Shin guards are recommended. Meet in the gym. (No class 9/21, 11/20-23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Sess	sion 1 Classes: 6				
RP6265.501	Hollifield ES	Sep 11	4:25-5:25pm	M	\$54
RP6265.502	Waterloo ES	Sep 12	5-6pm	Tu	\$54
RP6265.503	Hammond ES	Sep 13	4:40-5:40pm	W	\$54
RP6265.504	Northfield ES	Sep 14	4:20-5:20pm	Th	\$54
5-7 yrs Sess	sion 2 Classes: 6				
RP6265.505	Clarksville ES	Oct 30	5-6pm	M	\$54
RP6265.506	Atholton ES	0ct 31	4:55-5:55pm	Tu	\$54
RP6265.507	Jeffers Hill ES	Nov 1	4:40-5:40pm	W	\$54
RP6265.508	Bryant Woods ES	Nov 2	4:25-5:25pm	Th	\$54

After-School Floor Hockey

This fast-paced, fun, beginner hockey class does not involve checking. Learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. (No class 9/21, 11/20-23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>8-10 yrs Se</u>	ssion 1 Classes: 6				
RP6263.501	Hollifield ES	Sep 11	3:20-4:20pm	M	\$54
RP6263.502	Waterloo ES	Sep 12	4-5pm	Tu	\$54
RP6263.503	Hammond ES	Sep 13	3:35-4:35pm	W	\$54
RP6263.504	Northfield ES	Sep 14	3:15-4:15pm	Th	\$54
8-10 yrs Se	ssion 2 Classes: 6				
RP6263.505	Clarksville ES	Oct 30	4-5pm	M	\$54
RP6263.506	Atholton ES	Oct 31	3:50-4:50pm	Tu	\$54
RP6263.507	Jeffers Hill ES	Nov 1	3:35-4:35pm	W	\$54
RP6263.508	Bryant Woods ES	Nov 2	3:20-4:20pm	Th	\$54

Flag Football

Fall NFL Flag

Boys and girls, come play flag football while working on basic skills. Fiftyminute games are 5-on-5 and non-contact. All games played on Saturdays at Hollifield Station Elementary School beginning September 16. Games are one hour, between 8:30am-5pm. Register by practice area. Indicate when registering if you cannot practice on a particular evening. The Department forms teams; special requests not guaranteed. Fee includes team shirt and participation award. Volunteer head coaches are needed and receive a discount for their child on their team and a guaranteed spot on parent's team. Age determination date is September 1. Register by August 15. Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.

Practices & games on Saturday. No weeknight practices.

5-6 yrs Hollifield Station ES Aug 26 8:30-10:30am Sa Classes: 10 RP6300.501 \$105 RP6300.502 (Head Coach's Child) \$75

Practice is one weeknight evening at least one week before games begin. Register for below practice locations.

5-6 yrs	Columbia	Aug 26	8:30-10:30am	Sa	Classes: 10
RP6300.50	3 \$105	RP6300.5	504 (Head Coach's Child) \$	75
5-6 yrs	Dayton Oaks	Sep 2	8:30-10:30am	Sa	Classes: 10
RP6300.50	5 \$105	RP6300.5	506 (Head Coach's Child) \$	75
7-9 yrs	Columbia	Sep 2	10:30am-12:30pm	Sa	Classes: 10
RP6300.51	1 \$105	RP6300.5	512 (Head Coach's Child) \$	75
7-9 yrs	Dayton Oaks	Sep 2	10:30am-12:30pm	Sa	Classes: 10
RP6300.51	7 \$105	RP6300.5	518 (Head Coach's Child) \$	75
7-9 yrs	Elkridge	Sep 2	10:30am-12:30pm	Sa	Classes: 10
RP6300.51	3 \$105	RP6300.5	514 (Head Coach's Child) \$	75
7-9 yrs	Meadowbrook Pk	Sep 2	10:30am-12:30pm	Sa	Classes: 10
RP6300.51	5 \$105	RP6300.5	516 (Head Coach's Child) \$	75
10-12 yrs	Columbia	Sep 2	12:30-4pm	Sa	Classes: 10
RP6300.52	1 \$105	RP6300.5	522 (Head Coach's Child) \$	75
10-12 yrs	Dayton Oaks	Sep 2	12:30-4pm	Sa	Classes: 10
RP6300.52	7 \$105	RP6300.5	528 (Head Coach's Child) \$	75
10-12 yrs	Elkridge	Sep 2	12:30-4pm	Sa	Classes: 10
RP6300.52	3 \$105		524 (Head Coach's Child		
10-12 yrs	Meadowbrook Pk	Sep 2	12:30-4pm	Sa	Classes: 10
	5 \$105		526 (Head Coach's Child		
13-15 yrs	Columbia	Sep 2	9:30am-12:30pm	Sa	Classes: 10
RP6300.53	1 \$105	RP6300.5	32 (Head Coach's Child) \$	75
13-15 yrs	Dayton Oaks	Sep 2	9:30am-12:30pm	Sa	Classes: 10
			336 (Head Coach's Child		
13-15 yrs	Meadowbrook Pk	Sep 2	9:30am-12:30pm	Sa	Classes: 10
	3 \$105	-	534 (Head Coach's Child		



Get active this season with fast-paced Fall NFL Flag Football.

Flag Football Winter on the Turf

Boys and girls, play games on the turf field inside the Volleyball/Soccer House in Elkridge. Novices to experienced players, learn and play the sport in a safe, fun environment. Scrimmage/games are 7-on-7 and non-contact. Practice and/or game are up to one hour, once a week, beginning December 9. The first three weeks are clinic/practice. You are notified of your first practice time at least two weeks before play. Games begin in January. (No practices 12/23-12/30.) Volunteer head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Fee includes t-shirt and medal. Register by December 15 or until section fills. Age determination date is September 1, 2017. Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.

<u>5-6 yrs</u>	Volleyball House	Dec 9	8:30am-10:15am	Sa	Classes: 10
RP6305.6	01 \$110	RP6305.6	602 (Head Coach's Cl	nild)	\$85
7-10 yrs	Volleyball House	Dec 9	10:15am-1pm	Sa	Classes: 10
RP6305.6	11 \$120	RP6305.6	612 (Head Coach's Cl	nild)	\$95
40 40				_	
10-13 yrs	Volleyball House	Dec 9	1-4:30pm	Sa	Classes: 10
	Volleyball House 21 \$120		<u>1-4:30pm</u> 622 (Head Coach's Cl		
RP6305.6	21 \$120	RP6305.6	•	nild)	\$95

After-School Flag Football

Fall means football! Boys and girls, learn and improve skills by focusing on the fundamentals of passing, catching, running routes and team play, all in a fun and exciting environment. Apply your skills during scrimmages. Meet outside school office; coaches escort players to field. (No class 9/21.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

asses: 6				
Jeffers Hill ES	Sep 11	3:35-4:35pm	M	\$54
Elkridge ES	Sep 12	4-5pm	Tu	\$54
Stevens Forest ES	Sep 13	3:35-4:35pm	W	\$54
Lisbon ES	Sep 14	3:15-4:15pm	Th	\$54
	Jeffers Hill ES Elkridge ES Stevens Forest ES	Jeffers Hill ES Sep 11 Elkridge ES Sep 12 Stevens Forest ES Sep 13	Jeffers Hill ES Sep 11 3:35-4:35pm Elkridge ES Sep 12 4-5pm Stevens Forest ES Sep 13 3:35-4:35pm	Jeffers Hill ES Sep 11 3:35-4:35pm M Elkridge ES Sep 12 4-5pm Tu Stevens Forest ES Sep 13 3:35-4:35pm W

Kiddie Flag Football

Fall means football! Boys and girls, learn or improve skills focusing on the fundamentals of passing, catching, running routes and team play in a fun and exciting environment. Players apply their skills during scrimmages. Meet on the field. (No class 9/21.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.

<u>8-10 yrs Cla</u>	asses: 6				
RP6030.501	Jeffers Hill ES	Sep 11	4:40-5:40pm	M	\$54
RP6030.502	Elkridge ES	Sep 12	5-6pm	Tu	\$54
RP6030.503	Stevens Forest ES	Sep 13	4:40-5:40pm	W	\$54
RP6030.504	Lisbon ES	Sep 14	3:20-4:20pm	Th	\$54

Sunday Flag Football on the Turf

Boys and girls, learn and play games at the turf field that is inside. Novices to experienced players, learn and play the sport in a safe, fun environment. Scrimmage/games are 7-on-7 and non-contact. Practice and game are up to one hour, once a week, beginning December 10, between 12:30-5:30pm. You are notified of your first practice time at least two weeks before play. The first three weeks are clinic/practice. Games begin in January. (No practices 12/24-12/31.) Age-appropriate teams are formed by the department. Volunteer head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Includes t-shirt and medal. Registration until 12/15 or until filled. Age determination date is September 1, 2017. Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov. Volleyball House Dec 10 12:30pm-5:30pm Su \$120 Classes: 10 RP6305.640 7-9 yrs RP6305.640 (Head Coach's Child) RP6305.641 10-13 yrs

RP6305.642 (Head Coach's Child)

\$95

Football

Fall Co-Rec Football League

Enjoy playing this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. At least 3 women must be on the field. Teams provide own uniforms and football. Schedule includes eight games plus playoffs. All teams qualify for playoffs. Fee includes eight-game schedule, playoffs, awards, field rental, and administration. Teams are responsible for \$34 referee fee paid on-site to referee crew at each game (regular season only). If a team forfeits, it must pay the referees for forfeited game (\$68) prior to its next scheduled game. Failure to do so results in that team's removal from the league without refund. Team managers are updated with a league packet one week prior to start of games. Register by August 22. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov. 18 yrs + Classes: 8

RP5301.501 Blandair Pk Aug 29 6:30-9:30pm Tu \$300

Fall Men's Run & Shoot Football League

Enthusiasts, come play this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes a six-game schedule, playoffs, awards, field rental, and administration. Teams provide uniforms and an official NFL-sized football. All teams qualify for playoffs. Team managers are updated with a league packet one week prior to start of games. (No session 9/3.) Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

18 yrs + Fall Men's Run & Shoot Football League RP5300.501 Rockburn Branch Pk Aug 13 8am-2pm \$300 RP5300.601 Rockburn Branch Pk Jan 14 9am-2pm Su \$230

Winter Co-Rec Football League

Enjoy playing this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes six games plus playoffs. All teams qualify for playoffs. Fee includes six-game schedule, playoffs, awards, field rental and administration. For complete rules, visit www.howardcountymd.gov/football. Team managers are updated with a league packet one week prior to start of games. Register by 1/5. Info: Will Dunmore, 410-313-1697. 18 yrs +

RP5301.601 Rockburn Branch Pk Jan 13 9am-2pm Sa \$230

For information about our Tackle Football and Cheer programs please call 410-313-4700 or email wdunmore@howardcountymd.gov for a flier or for information



Beginners and intermediate players, learn the fundamentals of the game at various golf courses in the county at Junior Golf.

Golf

Youth

Junior Golf

Beginners welcome! This introduction to the game includes swing fundamentals, rules and etiquette. No equipment or experience necessary. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

7 17 urc	Rall foor	\$15 at first class	· Classos 5
/- I / VIS	Ball lee:	2 12 at Hrst class	s Classes: 5

RP6320.501	Timbers at Troy Golf Course	Sep 23	9-9:45am	Sa	\$82
RP6320.502	Timbers at Troy Golf Course	Sep 23	Noon-12:45pm	Sa	\$82
RP6320.503	Timbers at Troy Golf Course	Sep 25	4:30-5:15pm	M	\$82
RP6320.504	Timbers at Troy Golf Course	Sep 27	4:30-5:15pm	W	\$82
RP6320.505	Timbers at Troy Golf Course	Sep 29	4:30-5:15pm	F	\$82
<u>7-17 yrs Ba</u>	II fee: \$7 per week Classes	<u>:: 5</u>			
RP6320.506	Waverly Woods Golf Course	Sep 27	4-4:45pm	W	\$82
RP6320.507	Waverly Woods Golf Course	Sep 29	4-4:45pm	F	\$82
<u>7-17 yrs Ba</u>	II fee: \$7 per week Classes	<u>:: 5</u>			
RP6320.508	Rocky Gorge Golf Fairway	Sep 23	10-11am	Sa	\$82
<u>7-17 yrs Ba</u>	II fee: \$15 at first class Cla	sses: 4			
RP6320.509	Fairway Hills Golf Course	Sep 23	1-2pm	Sa	\$82
RP6320.510	Fairway Hills Golf Course	Sep 24	1-2pm	Su	\$82

Adults

Celebration of Sports Golf Tournament

Celebrate community sports and enjoy a day on the links. Fee includes lunch, green fees, cart, use of driving range, awards and hole prizes. Format is best ball scramble. Register before or on-site by 8:00 AM, shotgun starts at 9:00 AM. Info: Mike Blevins, 410-313-1691.

18 yrs + Classes: 1

RP6601.501	Timbers at Troy	Foursome	Oct 13	8:30am-3:30pm	F	\$340
RP6601.502	Timbers at Troy	Individual	Oct 13	8:30am-3:30pm	F	\$85
RP6601.504	Timbers at Troy	Donation	Oct 13	8:30am-3:30pm	F	\$20

Fairway Hills Golf Lessons

These small-group, beginner lessons include putting, chipping and full swing with both irons and woods. Ball fee (\$15) due at first lesson; no clubs required. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

Please bring a reusable water bottle to class.

<u> 18 yrs + Be</u>	eginner Classes: 4				
RP6321.501	Fairway Hills Golf Course	Sep 24	10-11am	Su	\$82
RP6321.503	Fairway Hills Golf Course	Sep 26	11am-noon	Tu	\$82
RP6321.504	Fairway Hills Golf Course	Sep 27	4-5pm	W	\$82
RP6321.505	Fairway Hills Golf Course	Sep 28	11am-noon	Th	\$82
<u> 18 yrs + Ad</u>	dvanced Beginner Classes	: 4			
RP6321.502	Fairway Hills Golf Course	Sep 25	4-5pm	M	\$82

Rocky Gorge Golf Lessons

Beginners and advanced beginners, develop fundamentals of a sound swing. Learn personal skill analysis and self-improvement of distance and approach in small group lessons. Ball fee (\$7) due weekly; no clubs required. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov. 18 yrs + Classes: 5

RP6323.501	Rocky Gorge Golf Fairway	Sep 23	11-11:45am	Sa	\$82
RP6323.502	Rocky Gorge Golf Fairway	Sep 26	6-6:45pm	Tu	\$82
RP6323 503	Rocky Gorge Golf Fairway	Sen 27	6-6:45nm	W	\$82

Timbers at Troy Golf Lessons

Enjoy small group lessons for beginners and advanced beginners that include iron play, driving, putting and more. Ball fee (\$15) due at first lesson; no clubs required. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u> 18 yrs + Be</u>	eginner Classes: 5				
RP6324.501	Timbers at Troy Golf Course	Sep 23	10-10:45am	Sa	\$82
RP6324.502	Timbers at Troy Golf Course	Sep 25	5:30-6:15pm	М	\$82
RP6324.503	Timbers at Troy Golf Course	Sep 27	5:30-6:15pm	W	\$82
RP6324.504	Timbers at Troy Golf Course	Sep 29	5:30-6:15pm	F	\$82
<u> 18 yrs + Ac</u>	lvanced Beginner Classes: 5				
RP6324.511	Timbers at Troy Golf Course	Sep 23	11-11:45am	Sa	\$82
RP6324.512	Timbers at Troy Golf Course	Sep 25	6:30-7:15pm	M	\$82
RP6324.513	Timbers at Troy Golf Course	Sep 27	6:30-7:15pm	W	\$82
RP6324.514	Timbers at Troy Golf Course	Sep 29	6:30-7:15pm	F	\$82

Waverly Woods Golf Lessons

Beginners and advanced beginners, learn in a small group iron play, driving, putting, and more. Ball fee (\$7) due weekly; no clubs required. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u> 18 yrs + Be</u>	<u>eginner Classes: 5</u>					
RP6325.501	Waverly Woods Golf Course	Sep 27	5-5:45pm	W	\$82	
RP6325.502	Waverly Woods Golf Course	Sep 29	5-5:45pm	F	\$82	
<u> 18 yrs + Ac</u>	lvanced Beginner Classes: 5					
RP6325.511	Waverly Woods Golf Course	Sep 27	6-6:45pm	W	\$82	
RP6325.512	Waverly Woods Golf Course	Sep 29	6-6:45pm	F	\$82	

Gymnastics

Parent/Child Gymnastics

Be an active participant as your child develops self-awareness, coordination and locomotor movement. Toddlers use a variety of gymnastics equipment, songs, games and climbing activities in a fun and supportive atmosphere. Adult and child must register together. Child must be walking. (No class 11/20-25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u>1½-3 ½yrs</u>	Classes: 6				
RP6351.501	Columbia Gymnastics	Sep 7	10-10:45am	Th	\$99
RP6351.502	Columbia Gymnastics	Sep 8	10-10:45am	F	\$99
RP6351.503	Columbia Gymnastics	0ct 26	10-10:45am	Th	\$99
RP6351.504	Columbia Gymnastics	Oct 27	10-10:45am	F	\$99

Preschool Gymnastics

In this introduction to gymnastics, boys and girls develop strength coordination and loco-motor movement, listening skills, and cooperation. Participants use all types of gymnastics and physical education equipment including bars, beams, mats, trampolines and a foam training pit. Emphasis is on fun in a safe and supportive atmosphere. Diapers or pull-ups are not allowed. (No class 10/31, 11/20-25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-5 yrs Clas	sses: 6				
RP6352.501	Columbia Gymnastics	Sep 11	5-5:45pm	Μ	\$99
RP6352.502	Columbia Gymnastics	Sep 5	1:45-2:30pm	Tu	\$99
RP6352.503	Columbia Gymnastics	Sep 5	2:30-3:15pm	Tu	\$99
RP6352.504	Columbia Gymnastics	Sep 5	4:30-5:15pm	Tu	\$99
RP6352.505	Columbia Gymnastics	Sep 6	9:15-10am	W	\$99
RP6352.506	Columbia Gymnastics	Sep 6	1:45-2:30pm	W	\$99
RP6352.507	Columbia Gymnastics	Sep 6	2:30-3:15pm	W	\$99
RP6352.508	Columbia Gymnastics	Sep 6	4:30-5:15pm	W	\$99
RP6352.509	Columbia Gymnastics	Sep 7	9:15-10am	Th	\$99
RP6352.510	Columbia Gymnastics	Sep 7	10:45-11:30am	Th	\$99
RP6352.511	Columbia Gymnastics	Sep 7	1:15-2pm	Th	\$99
RP6352.512	Columbia Gymnastics	Sep 7	2-2:45pm	Th	\$99
RP6352.513	Columbia Gymnastics	Sep 7	2:45-3:30pm	Th	\$99
RP6352.514	Columbia Gymnastics	Sep 8	9:15-10am	F	\$99
RP6352.515	Columbia Gymnastics	Sep 8	10:45-11:30am	F	\$99
RP6352.516	Columbia Gymnastics	Sep 9	Noon-12:45pm	Sa	\$99
RP6352.517	Columbia Gymnastics	Oct 23	5-5:45pm	M	\$99
RP6352.518	Columbia Gymnastics	0ct 24	1:45-2:30pm	Tu	\$99
RP6352.519	Columbia Gymnastics	0ct 24	2:30-3:15pm	Tu	\$99
RP6352.520	Columbia Gymnastics	0ct 24	4:30-5:15pm	Tu	\$99
RP6352.521	Columbia Gymnastics	Oct 25	9:15-10am	W	\$99
RP6352.522	Columbia Gymnastics	Oct 25	1:45-2:30pm	W	\$99
RP6352.523	Columbia Gymnastics	Oct 25	2:30-3:15pm	W	\$99
RP6352.524	Columbia Gymnastics	Oct 25	4:30-5:15pm	W	\$99
RP6352.525	Columbia Gymnastics	0ct 26	9:15-10am	Th	\$99
RP6352.526	Columbia Gymnastics	0ct 26	10:45-11:30am	Th	\$99
RP6352.527	Columbia Gymnastics	0ct 26	1:15-2pm	Th	\$99
RP6352.528	Columbia Gymnastics	0ct 26	2-2:45pm	Th	\$99
RP6352.529	Columbia Gymnastics	0ct 26	2:45-3:30pm	Th	\$99
RP6352.530	Columbia Gymnastics	0ct 27	9:15-10am	F	\$99
RP6352.531	Columbia Gymnastics	Oct 27	10:45-11:30am	F	\$99
RP6352.532	Columbia Gymnastics	Oct 28	Noon-12:45pm	Sa	\$99

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.

Beginning Gymnastics

Enjoy an introduction to the beginning skills and progressions of the vault, uneven bars, balance beam and floor exercise using a variety of equipment including trampolines and a foam training pit. Develop your confidence, fitness, strength and flexibility in a fun, supportive environment. (No class 10/31, 11/20-25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u>6-12 yrs Bo</u>	<u>ys Classes: 6</u>				
RP6353.501	Columbia Gymnastics	Sep 7	6:30-7:30pm	Th	\$99
RP6353.502	Columbia Gymnastics	Oct 26	6:30-7:30pm	Th	\$99
6-12 yrs Gir	ls Classes: 6				
RP6353.511	Columbia Gymnastics	Sep 5	4:30-5:30pm	Tu	\$99
RP6353.512	Columbia Gymnastics	Sep 7	6:30-7:30pm	Th	\$99
RP6353.513	Columbia Gymnastics	Sep 8	6:30-7:30pm	F	\$99
RP6353.514	Columbia Gymnastics	Sep 9	11:45am-12:45pm	Sa	\$99
RP6353.515	Columbia Gymnastics	0ct 24	4:30-5:30pm	Tu	\$99
RP6353.516	Columbia Gymnastics	Oct 26	6:30-7:30pm	Th	\$99
RP6353.517	Columbia Gymnastics	Oct 27	6:30-7:30pm	F	\$99
RP6353.518	Columbia Gymnastics	Oct 28	11:45am-12:45pm	Sa	\$99

Jump Rope

Intermediate Jumpers with Kangaroo Kids

Build on basic single and long rope skills and introduction to precision group routines. Returning jump ropers should bring their beaded jump ropes. You may buy a new rope at class for \$7.00. Prerequisite: Minimum two sessions of Junior Jumpers and/or coach's approval. (No class 10/31, 11/22.) Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

<u>6-14 yrs Cla</u>	<u>isses: 12</u>					
RP6363.501	Meadowbrook Ath Comp	Sep 12	4:25-5:25pm	Tu	\$175	
RP6363.502	Meadowbrook Ath Comp	Sep 12	5:30-6:30pm	Tu	\$175	
RP6363.503	Meadowbrook Ath Comp	Sep 13	4:25-5:25pm	W	\$175	

Junior Jumpers with Kangaroo Kids

This beginning jump rope class is all about fun and fitness. Learn basic single rope, Double Dutch and long rope skills. Jump rope fee is \$7 for first-time participants due at first class. Returning jumpers should bring their beaded jump ropes. (No class 10/31, 11/22.) Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

<u>6-14 yrs Cla</u>	isses: 12				
RP6361.501	Meadowbrook Ath Comp	Sep 12	4:25-5:25pm	Tu	\$175
RP6361.502	Meadowbrook Ath Comp	Sep 12	5:30-6:30pm	Tu	\$175
RP6361.503	Meadowbrook Ath Comp	Sep 13	4:25-5:25pm	W	\$175
RP6361.504	Meadowbrook Ath Comp	Sep 13	5:30-6:30pm	W	\$175

Preparation to Perform with Kangaroo Kids

Jumpers with a desire to perform at public events build on single and long rope skills, precision routines and develop showmanship skills. No performing requirements. Returning jump ropers should bring their beaded jump ropes. Prerequisite: Minimum two sessions of Intermediate Jumpers and/or coach's approval. (No class 10/31, 11/22.) Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

8-16 yrs Cla	isses: 12				
RP6364.501	Meadowbrook Ath Comp	Sep 12	4:25-5:25pm	Tu	\$175
RP6364.502	Meadowbrook Ath Comp	Sep 13	5:30-6:30pm	W	\$175

Kickball

Fall Co-Rec Kickball League

Return to the playground! Anyone can play, no skill-set required besides enthusiasm and teamwork. Games played as doubleheaders fora minimum of 16 games. Every team is eligible for a postseason tournament. Teams can have up to 16 players per roster. For league rules/info visit www.howard-countymd.gov/kickball. Registration is on a first-come, first-served basis. Info: Patrick McGinnis, 410-313-4716, or pmcginnis@howardcountymd.gov. 18 yrs + Classes: 8

RP5830.501 County Parks Aug 16 6-10pm W \$495

Lacrosse

Youth

Mighty LAXers Lacrosse

This high energy curriculum introduces children to important fundamentals of lacrosse such as scooping, cradling, and shooting. Age appropriate equipment is used to provide children with a safe and fun experience in every LAXers class! Parents are also encouraged to follow the coach's instructions to assist in the games and activities. (No class 9/21, 11/10, 11/20-11/25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

		~1		-
۱4-4	/rs	u	asses:	6

5 1 115 6145	5651 0				
RP6972.501	Cedar Lane Pk-West	Sep 11	9:30-10:15am	M	\$75
RP6972.502	Gorman Crossing ES	Sep 11	6-6:45pm	M	\$75
RP6972.503	Cedar Lane Pk-East	Sep 12	12:30-1:15pm	Tu	\$75
RP6972.504	Waterloo ES	Sep 12	5-5:45pm	Tu	\$75
RP6972.505	N Laurel Comm Ctr	Sep 13	1:30-2:15pm	W	\$75
RP6972.506	Cedar Lane Pk-West	Sep 14	1:30-2:15pm	Th	\$75
RP6972.507	Waterloo ES	Sep 16	2:30-3:15pm	Sa	\$75
RP6972.508	Meadowbrook Ath Comp	0ct 30	10:30-11:15am	M	\$75
RP6972.509	N Laurel Comm Ctr	Nov 1	1:30-2:15pm	W	\$75
RP6972.510	Meadowbrook Ath Comp	Nov 2	10:30-11:15am	Th	\$75
RP6972.511	Northfield ES	Nov 2	6-6:45pm	Th	\$75
RP6972.512	Guilford ES	Nov 4	10:30-11:15am	Sa	\$75
RP6972.513	Forest Ridge ES	Nov 4	2:30-3:15pm	Sa	\$75

Kiddie Lacrosse

Come learn and develop the fundamental skills of passing, catching, cradling, defense and overall team play in a fun and encouraging environment. Meet on the field. (No class 9/21.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 y	/rs	Classes: 6

RP6715.501	Veterans ES	Sep 11	5-6pm	M	\$54
RP6715.502	Dayton Oaks ES	Sep 12	4:40-5:40pm	Tu	\$54
RP6715.503	Bushy Park ES	Sep 13	5-6pm	W	\$54
RP6715.504	Fulton ES	Sep 14	5-6pm	Th	\$54

Lacrosse Introduction

This program is for first-time players or those wanting to improve skills and lacrosse fundamentals. Enhance your stick work, shooting, ground balls and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse equipment, including protective eye wear for girls (mandated by U.S. Lacrosse). Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

<u>Cedar</u>	Lane	<u>Park</u>	West	Sep	<u> 10 </u>	Su	\$85	Classes: 6	

5-6 yrs	9-10am	RP6505.501	Boys	RP6506.501	Girls
7-8 yrs	10:15-11:15am	RP6505.502	Boys	RP6506.502	Girls
9-10 yrs	11:30am-12:30pm	RP6505.503	Boys	RP6506.503	Girls
Meadowbrook Ath Comp Jan 14 Su \$85 Classes: 6					
5-6 yrs	9-10am	RP6505.601	Boys	RP6506.601	Girls
7-8 yrs	10:15-11:15am	RP6505.602	Boys	RP6506.602	Girls
9-10 yrs	11:30am-12:30pm	RP6505.603	Bovs	RP6506.603	Girls



Give your little one an introduction to Maryland's popular sport of lacrosse at Mighty LAXers Lacrosse.

Fall Pick-Up Lacrosse

Keep your lacrosse skills sharp in this pick-up style lacrosse program. Enjoy instruction, game play and more. Games are played Wednesday evenings, beginning September 6. Girls bring stick, eye protection (mandated by U.S. Lacrosse), and mouth guard. Full equipment is required. Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Cedar Lane Pk-West Classes: 6

RP5502.501	7-10 yrs	Boys	Sep 6	6-7pm	W	\$85
RP5502.502	11-13 yrs	Boys	Sep 6	7:15-8:15pm	W	\$85
RP5505.501	10-13 yrs	Girls	Sep 6	6-7pm	W	\$85
RP5505.502	14-18 yrs	Girls	Sep 6	7:15-8:15pm	W	\$85

After-School Lacrosse

The school day is over and it's time to LAX it up! First-time players or those wanting to improve skills focus on the fundamentals of passing, catching, cradling, defense and overall team play in a fun and exciting environment. Meet outside school office; coach escorts players to the field. (No class 9/21.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Classes: 6

RP6720.501	Veterans ES	Sep 11	4-5pm	M	\$54
RP6720.502	Dayton Oaks ES	Sep 12	3:35-4:35pm	Tu	\$54
RP6720.503	Bushy Park ES	Sep 13	3:55-4:55pm	W	\$54
RP6720.504	Fulton ES	Sep 14	4-5pm	Th	\$54

Lacrosse Winter Tune-Up

Get ready for the spring season! Improve stick work, shooting, ground ball skills, and conditioning. Have fun while working on all aspects of your game. Players must provide equipment. (No class 2/18.) Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Meadowbrook Ath Comp	Classes: 6
----------------------	------------

caaob.co.						
RP6503.601	7-10 yrs	Boys	Jan 14	9-10am	Su	\$85
RP6504.601	10-13 yrs	Girls	Jan 14	10-11am	Su	\$85
RP6503.602	11-14 yrs	Boys	Jan 14	9-10am	Su	\$85
RP6504.602	14-18 vrs	Girls	Jan 14	10-11am	Su	\$85

Boys High School Fall Lacrosse League

Get in on this high-scoring, fast-action league designed for high school players. Instruction is limited; basic lacrosse skills are required. Players are encouraged to contact their high school coach about entering a team. Individuals are also welcomed to form a team organized by HCRP. Players provide all equipment. Games are once or twice a week on Mondays and Wednesdays and start between 6-10pm. Info: Derrick Thompson,

410-313-4736 or dethompson@howardcountymd.gov.

13-15 yrs Junior Varsity, Individual Registration Games: 8

RP5501.501 Sep 11 6-10pm M,W \$80

15-18 yrs Varsity, Individual Registration Games: 8

RP5501.502 Sep 11 6-10pm M,W \$80

13-15 yrs Junior Varsity, Team Registration Games: 8

RP5501.511 Sep 11 6-10pm M,W \$1200

13-15 yrs Junior Varsity, Team Registration Games: 8

RP5501.512 Sep 11 6-10pm M,W \$1200

Adult

Men's Fall Pick-Up Lacrosse

Keep your lacrosse skills tuned in this fun social pick-up lacrosse program. Teams are split up at the beginning of each session. Referees are provided. Must bring a reversible light and dark colored jersey. Info: Derrick Thompson, 410-313-4736 or dethompson@howardcountymd.gov.

<u>18yrs</u> + Classes: 8

RP5503.501 Rockburn Branch Pk Aug 30 8-11pm W \$44

Martial Arts

Youth & Adult

After-School Karate

This after-school karate program allows you to exercise while working on following directions, listening, patience, and building confidence. Learn basic motion, forms, jujitsu, one-step, and sparring. All levels are welcome. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov. 5-11 vrs Classes: 5

RP8700.501 Clemens Crossing ES Oct 5 3:50-4:35pm Th \$36

TKA Karate

Boys and girls of all skill levels, come learn karate and jujitsu. One week is spent taking or viewing the test or participating in a refresher class. If a class is not listed as beginner or intermediate, it is for all level students. Black-belt instructors emphasize safety. (No class 9/21, 11/20-23.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

5-12	vrs	Classes:	12

RP8730.501	Gary J Arthur Comm Ctr	Sep 18	6:30-7:30pm	Μ	\$72
RP8730.502	Oakland Mills MS	Sep 18	7-8pm	Μ	\$72
RP8730.503	Worthington ES	Sep 19	7-8pm	Tu	\$72
RP8730.505	Longfellow ES	Sep 19	7-8pm	Tu	\$72
RP8730.506	Beginner Fulton ES	Sep 20	6-7pm	W	\$72
RP8730.516	Intermediate Fulton ES	Sep 20	7-8pm	W	\$72
RP8730.507	Northfield ES	Sep 20	7-8pm	W	\$72
RP8730.508	Beginner Rockburn ES	Sep 20	6-7pm	W	\$72
RP8730.509	Intermediate Rockburn ES	Sep 20	7-8pm	W	\$72
RP8730.510	Gorman Crossing ES	Sep 14	7-8pm	Th	\$72
RP8730.511	Manor Woods ES	Sep 14	7-8pm	Th	\$72
RP8730.512	Pointers Run ES	Sep 14	7-8pm	Th	\$72

D & S Karate

Improve coordination, confidence, flexibility, balance, agility and focus while learning the art of karate and jujitsu. Our certified black belt instructors are nationally ranked experts in martial arts with years of classroom experience instructing children in the art of self-defense and personal accomplishment. (No class 9/21, 11/20-23.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

6-13 yrs Classes: 13

RP8710.501	N Laurel Comm Ctr	Sep 11	7-8pm	M	\$75
RP8710.502	Hammond ES	Sep 13	7-8pm	W	\$75
6-13 yrs Cla	isses: 12				
RP8710.503	Centennial Lane ES	Sep 14	7-8pm	Th	\$69

Kuk Sool Won w/ Darren Fulmore

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This extremely well-organized class seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques, which consist of kicking, punching, martial acrobatics and self-defense techniques, into a beautiful and dynamic hard/soft style focusing on discipline and respect. (No class 11/21, 11/23.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

6 yrs + Classes: 26

RP8760.501	Beg.	N Laurel Comm Ctr	Sep 12	6:30-7:30pm	Tu,Th	\$85
RP8760.502	Adv.	N Laurel Comm Ctr	Sep 12	7:30-8:30pm	Tu,Th	\$90

Shotokan Karate with Steve Morris

Learn a repertoire of techniques and the optimal safe positions for self-defense based upon the movement of your opponent(s), all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and take-downs. Special attention is given to low-impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self-defense in Howard County for 30 years. (No class 11/23, 11/25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

13 yrs + Classes: 13

RP8791.501	Roger Carter Comm Ctr	Sep 14	7-8pm	Th	\$98
RP8791.502	Roger Carter Comm Ctr	Sep 14	8:05-9:05pm	Th	\$98
RP8791.503	Roger Carter Comm Ctr	Sep 16	10-11am	Sa	\$98
RP8791.504	Roger Carter Comm Ctr	Sep 16	11:05am-12:05pm	Sa	\$98

Adult

Aikido with Ki by Russ Dauber

Martial Art and Ki training, taught by Japan's Shin Shin Toitsu Aikikai, promotes dynamic movement with unified mind and body. The Ki part is low-impact. The Aikido part involves practice with partners and rolling on mats. Effective self-defense techniques flow with and lead attackers' movements. We develop the benefits of keeping one point and extending ki. We emphasize safety, knowledge and enjoyment. (No class 9/21, 11/21, 11/23.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u>18 yrs + Classes: 26</u>

RP8880.501 Waverly ES Sep 12 7-9pm Tu,Th \$75

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.

Tai Chi

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress. (No class 9/21, 11/22, 11/23.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

<u> 18 yrs + In</u>	<u>structo</u>	<u>r: Tim Kwei Cla:</u>	sses: 13				
RP8850.501	Beg	Dunloggin MS	Sep 13	7-8pm	W	\$99	
RP8850.502	Int	Dunloggin MS	Sep 13	8:05-9:05pm	W	\$99	
<u> 18 yrs + In</u>	structo	r: Scott Vandame	Classes	<u>: 12</u>			
RP8850.503	Beg	Murray Hill MS	Sep 14	7-8pm	Th	\$93	
RP8850.504	Int	Murray Hill MS	Sep 14	8:05-9:05pm	Th	\$93	

TKA Karate

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. One week is spent taking or viewing the test or participating in a refresher class. Wear comfortable clothing or gi. Black-belt instructors emphasize safety. (No class 9/21, 11/20-23.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov

13 yrs +	Classes: 12
RP8731.501	Gary J A

RP8731.501	Gary J Arthur Comm Ctr	Sep 18	7:30-9pm	M	\$84
RP8731.502	Oakland Mills MS	Sep 18	8-9:30pm	M	\$84
RP8731.503	Worthington ES	Sep 19	8-9:30pm	Tu	\$84
RP8731.505	Longfellow ES	Sep 19	8-9:30pm	Tu	\$84
RP8731.506	Fulton ES	Sep 20	8-9:30pm	W	\$84
RP8731.507	Northfield ES	Sep 20	8-9:30pm	W	\$84
RP8731.508	Rockburn ES	Sep 20	8-9:30pm	W	\$84
RP8731.509	Gorman Crossing ES	Sep 14	8-9:30pm	Th	\$84
RP8731.510	Manor Woods ES	Sep 14	8-9:30pm	Th	\$84
RP8731.511	Pointers Run ES	Sep 14	8-9:30pm	Th	\$84

Multi-Sport

MAC Pre-K Drop-In Play

This fall and winter, drop-in play days are full of fun and exciting activities in a safe and non-competitive environment. The MAC staff provides equipment for activities including mini basketball, floor hockey, soccer, lacrosse, jump rope, hula-hoops, big wheel trikes, scooters, and much more! Daily fee is collected at the MAC. Parent involvement required. Info: Greg Meyd at 410-313-1162 or gmeyd@howardcountymd.gov.

Jump Bunch Kids

JumpBunch classes are a wonderful opportunity for parents and children to interact in a fun, engaging and noncompetitive environment during an introduction to multiple sports and fitness activities. Warm-up exercises are designed to improve balance, increase coordination and develop body awareness. This season's sports include football, soccer, hockey, basketball, volleyball and tennis. Children, enjoy using and exploring child-friendly equipment provided by JumpBunch each week while being introduced to each of these fun sports. (No class 11/25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

2-3	vrc	Classes: 6	
/-)	VIS	(14335)	

RP6313.501	St. John's Lane ES	Sep 9	10-10:45am	Sa	\$75	
RP6313.503	St. John's Lane ES	Oct 28	10-10:45am	Sa	\$75	
3-5 yrs Clas	3-5 yrs Classes: 6					
RP6313.502	St. John's Lane ES	Sep 9	11-11:45am	Sa	\$75	
RP6313.504	St. John's Lane ES	Oct 28	11-11:45am	Sa	\$75	

Learn-N-Play Sports

Children, play a variety of age-appropriate sports that help develop large motor and socialization skills in a fun atmosphere! Each week, focus on different activities that combine positive social interactions, good listening skills, taking turns, and teamwork. Activities include bowling, parachute games, sports stations, relay races, and more! Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 9/21, 11/10, 11/20-25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6

RP6970.501	Meadowbrook Ath Comp	Sep 12	10:30-11:15am	Tu	\$75
RP6970.502	Meadowbrook Ath Comp	Sep 14	9:30-10:15am	Th	\$75
RP6970.503	Meadowbrook Ath Comp	0ct 31	1:30-2:15pm	Tu	\$75
RP6970.504	Meadowbrook Ath Comp	Nov 3	12:30-1:15pm	F	\$75

Little Big Shots

This multi-sport program introduces children to basketball, tee ball and soccer through a curriculum full of exciting and engaging games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 9/21, 11/10, 11/20, 11/20-25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Clas	<u>ses: 6</u>				
RP6314.501	Meadowbrook Ath Comp	Sep 12	9:30-10:15am	Tu	\$75
RP6314.502	Cedar Lane Pk-East	Sep 12	5-5:45pm	Tu	\$75
RP6314.503	Veterans ES	Sep 13	5-5:45pm	W	\$75
RP6314.504	Cedar Lane Pk-East	Sep 14	9:30-10:15am	Th	\$75
RP6314.505	Meadowbrook Ath Comp	Sep 14	10:30-11:15am	Th	\$75
RP6314.506	Guilford ES	Sep 16	9:30-10:15am	Sa	\$75
RP6314.507	Dayton Oaks ES	Sep 16	2:30-3:15pm	Sa	\$75
RP6314.508	Meadowbrook Ath Comp	0ct 30	1:30-2:15pm	M	\$75
RP6314.509	Meadowbrook Ath Comp	0ct 31	9:30-10:15am	Tu	\$75
RP6314.510	Meadowbrook Ath Comp	Nov 2	12:30-1:15pm	Th	\$75
RP6314.511	Atholton ES	Nov 2	5-5:45pm	Th	\$75
RP6314.512	Meadowbrook Ath Comp	Nov 3	10:30-11:15am	F	\$75
RP6314.513	Dayton Oaks ES	Nov 4	2:30-3:15pm	Sa	\$75

Little Big Wheelers

Parents, bring your children indoors to experience the most fun possible on three wheels! They have a blast on their Big Wheels trike as they ride around the courts in a fun-filled safe environment. Staff provide Big Wheel trikes, instruction and leadership as your little speed racers enjoy obstacle courses, individual and team races and other fun activities. Helmets are mandatory and must be brought by the participants. (No class 11/21, 11/23.) Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

4-5 yrs Classes: 6

RP6402.501	Meadowbrook Ath Comp	Sep 5	10-10:50am	Tu	\$65
RP6402.502	Meadowbrook Ath Comp	Sep 7	11-11:50am	Th	\$65
RP6402.503	Meadowbrook Ath Comp	Oct 17	10-10:50am	Tu	\$65
RP6402.504	Meadowbrook Ath Comp	Oct 19	11-11:50am	Th	\$65

School's Out Junior Sports Camp

School is out and we're open for play! Young athletes, develop skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Brian Wyman,

410-313-4705 or bwyman@howardcountymd.gov.

<u>5-7</u>	yrs

RP7008.501	Roger Carter Comm Ctr	Sep 21	8:30am-12:30pm	Th	\$40
RP7008.502	Roger Carter Comm Ctr	Sep 22	8:30am-12:30pm	F	\$40
RP7008.503	Roger Carter Comm Ctr	Oct 20	8:30am-12:30pm	F	\$40



When schools are closed for winter break, drop your child off at Winter Mix Camp where they select daily rotations of various activities.

Winter Mix Camp

One, two, three, or four days of fun! Participate in a wide variety of activities including sports, fitness, arts and crafts, nature, games, and special surprises. Follow an exciting daily rotation designed to allow your child to select activities of their choice to build their own program. Rotate in ageand skill-appropriate groups. The focus is on having fun, staying fit, building character, and boosting self-esteem. Register for one, two, three, or four days. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov. 5-13 yrs Classes: 1

RP6404.601	Meadowbrook Ath Comp	Dec 26	8am-5:30pm	Tu	\$59	
RP6404.602	Meadowbrook Ath Comp		'			
RP6404.603	Meadowbrook Ath Comp	Dec 28	8am-5:30pm	Th	\$59	
RP6404.604	Meadowbrook Ath Comp	Dec 29	8am-5:30pm	F	\$59	
<u>5-13 yrs Classes: 4</u>						
RP6404.605	Meadowbrook Ath Comp	Dec 26	8am-5:30pm	Tu-F	\$199	

Home School Gym Class

Join in on an exciting gym class program that meets the physical activity needs of our local home school families! We provide staff leadership and all the equipment for a variety of sport and fitness activities. Children improve skills and learn the fundamentals of teamwork as they play basketball, soccer, volleyball, floor hockey, badminton and other sport requests the staff can provide. Have fun, stay fit, build character and boost selfesteem. (No class 10/4, 11/22, 11/23.) Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

ge) uee.ruruee ue)urge						
5-10 yrs Cla	isses: 7					
RP6405.501	Meadowbrook Ath Comp	Sep 6	11am-noon	W	\$64	
RP6405.505	Meadowbrook Ath Comp	Sep 7	1-2pm	Th	\$64	
RP6405.507	Meadowbrook Ath Comp	0ct 26	1-2pm	Th	\$64	
RP6405.503	Meadowbrook Ath Comp	Nov 1	11am-noon	W	\$64	
11-14 yrs Cl	lasses: 7					
RP6405.502	Meadowbrook Ath Comp	Sep 6	11am-noon	W	\$64	
RP6405.506	Meadowbrook Ath Comp	Sep 7	1-2pm	Th	\$64	
RP6405.508	Meadowbrook Ath Comp	0ct 26	1-2pm	Th	\$64	
RP6405.504	Meadowbrook Ath Comp	Nov 1	11am-noon	W	\$64	

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.

School's Out Sports and Swim Camp

School is out and we're open for play! Young athletes, develop skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>8-13 yrs Cla</u>	isses: I				
RP7007.501	Roger Carter Comm Ctr	Sep 21	8:30am-6pm	Th	\$70
RP7007.502	Roger Carter Comm Ctr	Sep 22	8:30am-6pm	F	\$70
RP7007.503	Roger Carter Comm Ctr	Oct 20	8:30am-6pm	F	\$70

Pickleball

For more info on programs, classes, leagues, and tournaments, visit www.howardcounytmd.gov/pickleball.

NEW! After-School Pickleball

Pickleball is the fastest growing sport in America! This new sport is a combination of badminton, tennis, and ping-pong. Learn the basic rules and skills of this fun and exciting sport through an engaging curriculum. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

7-10 yrs Cla	asses: 6				
RP6832.501	Atholton ES	Sep 18	4-5pm	M	\$45
RP6832 502	Thunder Hill FS	Sen 20	4-5nm	W	\$45

Running

Youth Distance Runners

Don't miss out on your opportunity to train this winter! Join Rec & Parks, Howard County Junior Striders, and Bullseye Running for an indoor training program offering runner-specific training and conditioning. Each participant receives a t-shirt. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

7-18 yrs Classes: 8 RP6953.601 Meadowbrook Ath Comp Jan 13 6:30-8pm Sa \$75

Soccer

Youth Instructional

U.K. Elite Petite Soccer

This is a mini-taste of the U.K. Elite experience! Hour-long program of soccer fun and games is designed to introduce the youngest of players to the greatest of games. The emphasis is on having fun with a soccer ball. Parent involvement is encouraged at times. Shin guards are required. Cleats optional. (No class 11/21.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

2-3 yrs Clas	ses: 6				
RP6710.501	Cedar Lane Pk-West	Sep 20	9:30-10:30am	W	\$105
RP6710.502	Cedar Lane Pk-West	Sep 21	9:30-10:30am	Th	\$105
RP6710.503	Cedar Lane Pk-East	Sep 16	9-10am	Sa	\$105
RP6710.504	Centennial Pk	Sep 12	5-6pm	Tu	\$105
RP6710.505	Centennial Pk	Sep 12	6-7pm	Tu	\$105
RP6710.506	Centennial Pk	Sep 13	5-6pm	W	\$105
RP6710.507	Centennial Pk	Sep 13	6-7pm	W	\$105
2-3 yrs Clas	<u>ses: 5</u>				
RP6710.517	Meadowbrook Ath Comp	Nov 7	10:30-11:30am	Tu	\$90
RP6710.518	Meadowbrook Ath Comp	Nov 7	1-2pm	Tu	\$90
3-5 yrs Clas	<u>ses: 6</u>				
RP6710.508	Cedar Lane Pk-West	Sep 20	10:30-11:30am	W	\$105
RP6710.509	Cedar Lane Pk-West	Sep 21	9:30-10:30am	Th	\$105
RP6710.510	Cedar Lane Pk-West	Sep 21	10:30-11:30am	Th	\$105
RP6710.511	Cedar Lane Pk-East	Sep 16	10-11am	Sa	\$105
RP6710.512	Centennial Pk	Sep 12	6-7pm	Tu	\$105
RP6710.513	Centennial Pk	Sep 13	5-6pm	W	\$105
RP6710.514	Centennial Pk	Sep 13	6-7pm	W	\$105
RP6710.515	Centennial Pk	Sep 14	4:45-5:45pm	Th	\$105
RP6710.516	Western Regional Pk	Sep 20	1:30-2:30pm	W	\$105
3-5 yrs Clas	<u>ses: 5</u>				
RP6710.519	Meadowbrook Ath Comp	Nov 7	10:30-11:30am	Tu	\$90
RP6710.520	Meadowbrook Ath Comp	Nov 7	1-2pm	Tu	\$90

Mighty Kickers Soccer

GOAL! Coaches provide a high-energy, fun introduction to soccer. Mighty Kickers uses a creative, age-appropriate curriculum to introduce basic soccer skills to kids including dribbling, passing and shooting while providing an entertaining and friendly atmosphere! Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 9/21, 11/10, 11/20-25.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4	yrs	Classes: 6
	_	

RP6705.501	Meadowbrook Ath Comp	Sep 11	1:30-2:15pm	M	\$75
RP6705.502	Gorman Crossing ES	Sep 11	5-5:45pm	M	\$75
RP6705.503	Cedar Lane Pk-East	Sep 12	1:30-2:15pm	Tu	\$75
RP6705.504	Cedar Lane Pk-West	Sep 13	10:30-11:15am	W	\$75
RP6705.505	Veterans ES	Sep 13	6-6:45pm	W	\$75
RP6705.506	Dayton Oaks ES	Sep 14	5-5:45pm	Th	\$75
RP6705.507	Hollifield Station ES	Sep 16	9:30-10:15am	Sa	\$75
RP6705.508	Dayton Oaks ES	Sep 16	1:30-2:15pm	Sa	\$75
RP6705.509	Meadowbrook Ath Comp	Oct 30	12:30-1:15pm	M	\$75
RP6705.510	Veterans ES	Nov 1	5-5:45pm	W	\$75
RP6705.511	Atholton ES	Nov 2	6-6:45pm	Th	\$75
RP6705.512	Meadowbrook Ath Comp	Nov 3	9:30-10:15am	F	\$75
RP6705.513	Hollifield Station ES	Nov 4	9:30-10:15am	Sa	\$75
RP6705.514	Forest Ridge ES	Nov 4	1:30-2:15pm	Sa	\$75

Kiddie Soccer

Are you ready to play the world's most popular game? Boys and girls, learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Meet on the field. (No class 9/21, 11/20-23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.qov.

5-7 yrs Ses	sion 1 Classes: 6				
RP6700.501	Bushy Park ES	Sep 11	3:55-4:55pm	M	\$54
RP6700.502	Clemens Crossing ES	Sep 11	3:50-4:50pm	M	\$54
RP6700.503	Hammond ES	Sep 12	3:35-4:35pm	Tu	\$54
RP6700.504	Guilford ES	Sep 12	4-5pm	Tu	\$54
RP6700.505	Gorman Crossing ES	Sep 13	4-5pm	W	\$54
RP6700.506	Talbott Springs ES	Sep 13	3:15-4:15pm	W	\$54
RP6700.507	Waterloo ES	Sep 14	4-5pm	Th	\$54
RP6700.508	Stevens Forest ES	Sep 14	3:35-4:35pm	Th	\$54
5-7 yrs Ses	sion 2 Classes: 6				
RP6700.509	Meadowbrook Ath Comp	Oct 30	4:10-5:05pm	M	\$50
RP6700.510	Talbott Springs ES	0ct 31	4:20-5:20pm	Tu	\$54
RP6700.512	Pointers Run ES	Nov 2	5-6pm	Th	\$54

U.K. Elite Soccer: Technical Programs

Do you want to take your skills to the next level by learning from some of the finest British soccer coaches? Boys and girls, learn from one of the best professional youth soccer coaching companies in the country. This fantastic learning experience uses age-appropriate curricula and expert instruction. Emphasis is on sound fundamental techniques and skills, along with a firm understanding of the game. (No class 9/21.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

<u>5-6 yrs Clas</u>	<u>sses: 6</u>				
RP6706.501	Centennial Pk	Sep 14	5:45-6:45pm	Th	\$105
RP6706.502	Centennial Pk	Sep 15	5:45-6:45pm	F	\$105
RP6706.503	Cedar Lane Pk-East	Sep 16	11am-noon	Sa	\$105
7-10 yrs Cla	asses: 6				
RP6706.504	Centennial Pk	Sep 14	5:45-6:45pm	Th	\$105
RP6706.505	Centennial Pk	Sep 15	5:45-6:45pm	F	\$105
RP6706.506	Cedar Lane Pk-East	Sep 16	11am-noon	Sa	\$105
<u>11-14 yrs</u> C	lasses: 6				
RP6706.507	Centennial Pk	Sep 14	5:45-6:45pm	Th	\$105
RP6706.508	Centennial Pk	Sep 15	5:45-6:45pm	F	\$105

After-School Soccer

The world's most popular game awaits you. Boys and girls, learn and improve basic skills such as dribbling, trapping, shooting, passing, defense and team play. Coaches use a variety of drills, games and scrimmages to make learning fun and exciting. Meet outside school office; coaches escort players to field. (No class 9/21, 11/20-23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Se	ssion 1 Classes: 6					
RP6701.501	Bushy Park ES	Sep 11	3:55-4:55pm	M	\$5	4
RP6701.502	Clemens Crossing ES	Sep 11	3:50-4:50pm	M	\$5	4
RP6701.503	Hammond ES	Sep 12	3:35-4:35pm	Tu	\$5	4
RP6701.504	Guilford ES	Sep 12	4-5pm	Tu	\$5	4
RP6701.505	Gorman Crossing ES	Sep 13	4-5pm	W	\$5	4
RP6701.506	Talbott Springs ES	Sep 13	3:15-4:15pm	W	\$5	4
RP6701.507	Waterloo ES	Sep 14	4-5pm	Th	\$5	4
RP6701.508	Stevens Forest ES	Sep 14	3:35-4:35pm	Th	\$5	4
8-10 yrs Ses	ssion 2 Classes: 6					
RP6701.509	Meadowbrook Ath Co	mp Oct	30 4:10-5:05p	m	М	\$50
RP6701.510	Talbott Springs ES	Oct :	31 3:15-4:15p	m	Tu	\$54
RP6701.512	Pointers Run ES	Nov	2 4-5pm		Th	\$54



Stick around once the bell rings to learn the world's most popular game at After-School Soccer.

Youth Leagues

Fall Youth Soccer League

Boys and girls, have fun playing soccer while learning the fundamentals of the world's most popular sport. The Department forms teams, which practice once a week on a weeknight beginning the week of August 28. Coaches contact participants regarding practice days and times one week prior to the beginning of the program. One-hour games are on Saturdays, starting September 16, between 9am-5pm. Shin guards required. Fee includes participation award, soccer jersey and a soccer ball from Play It Again Sports in Ellicott City. Volunteer head coaches are needed and their children receive a discount. Individual registration only, no team entries. Registration deadline is August 11. (No class 9/30.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

4 yrs Meadowbrook Pk	<u>Sep 16 9:30am-5pm Sa</u>	
RP5701.501 \$82	RP5701.502 (Head Coach's Child)	\$52
5-6 yrs Meadowbrook Pk	Sep 16 9:30am-5pm Sa	
RP5701.511 \$82	RP5701.512 (Head Coach's Child)	\$52
7-8 yrs HC Ctr for the Arts	Sep 16 9:30am-5pm Sa	
RP5701.521 \$82	RP5701.522 (Head Coach's Child)	\$52

Winter Indoor Soccer League

Boys and girls, play soccer indoors while learning the basic skills of the sport. The Department forms teams. Fee includes soccer jersey, socks and participation trophy. Sneakers and shin guards required. Individual registrations only, no team entries. This is a Sunday afternoon-only program. No weeknight practices. Volunteer coaches are needed. Head coach's child receives a discount. Registration deadline is December 8. (No class 2/4.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

4 yrs Harpers Choice Middle	Jan 7 Noon-7pm Su Classes: 8		
RP5702.601 \$84	RP5702.602 (Head Coach's Child)	\$54	
5-6 yrs Harpers Choice Middle	Jan 7 Noon-7pm Su Classes: 8		
RP5702.611 \$84	RP5702.612 (Head Coach's Child)	\$54	
7-8 yrs Harpers Choice Middle	Jan 7 Noon-7pm Su Classes: 8		
RP5702.621 \$84 RP5702.622 (Head Coach's Child)			

Instructional Soccer League

First-time and returning players, improve your fundamentals with small-sided games. Enjoy drills and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Shin guards required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

<u>5-6 yrs beginners Classes: 8</u>									
RP6702.501	Dayton Oaks ES	Sep 16	1:15-2:15pm	Sa	\$80				
RP6702.502	Forest Ridge ES	Sep 16	1:15-2:15pm	Sa	\$80				
RP6702.503	Hollifield Station ES	Sep 16	1:15-2:15pm	Sa	\$80				
RP6702.504	Talbott Springs ES	Sep 16	1:15-2:15pm	Sa	\$80				
6 1/2 yrs adva	nced-8 yrs beginners	Classes:	8						
RP6703.501	Dayton Oaks ES	Sep 16	2:30-3:30pm	Sa	\$80				
RP6703.502	Forest Ridge ES	Sep 16	2:30-3:30pm	Sa	\$80				
RP6703.503	Hollifield Station ES	Sep 16	2:30-3:30pm	Sa	\$80				
RP6703.504	Talbott Springs ES	Sep 16	2:30-3:30pm	Sa	\$80				
8 yrs advance	d-10 yrs beginners C	lasses: 8							
RP6704.501	Dayton Oaks ES	Sep 16	3:45-4:45pm	Sa	\$76				
RP6704.502	Forest Ridge ES	Sep 16	3:45-4:45pm	Sa	\$76				
RP6704.503	Hollifield Station ES	Sep 16	3:45-4:45pm	Sa	\$76				
RP6704.504	Talbott Springs ES	Sep 16	3:45-4:45pm	Sa	\$76				

Adult Leagues

Adult Soccer Leagues

Registration is first-come, first-served, with league/division size based on available field space. A custom question of preferred division play should be answered (evaluating your team's level); however, the league reserves the right to create equal divisions after registration. Your preferred division is not guaranteed. Shin guards are required. **Spring league starts late March.** For complete rules visit www.howardcountymd.gov/soccer. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

<u> 18 yrs + Fall League</u>	County Parks	County Parks & HS Synthetic Turf Fields						
RP5700.501 Aug 22	6:30-11pm	Tu	\$330	Co-rec				
RP5700.502 Aug 24	6:30-11pm	Th	\$330	Co-rec				
RP5700.503 Aug 25	6:30-11pm	F	\$330	Men's				
RP5700.504 Aug 27	8am-4pm	Su	\$330	Men's				
RP5700.505 Aug 27	4-10pm	Su	\$330	Women's				
18 yrs + Co-Rec Cla	isses: 8							
RP5700.601 Jan 9	6:30-11pm	Tu	\$220	Co-rec				
18 yrs + Men's Classes: 8								
RP5700.602 Jan 14	11-2pm	Su	\$220	Men's				

Softball

Baseball, Softball & Tee Ball Page 73

Tennis

Youth

Play Time Tennis with Shantha Chandra

Learn tennis and have fun with others while working on balance, agility and reaction time. Bring a junior-sized racket (size 19", 21" or 23"). Weekday classes have rain makeup on Fridays. Saturday classes have rain makeup on Sunday afternoons. (No class 9/21.) Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

3-6 yrs Clas	ses: 6				
RP6847.501	Cedar Lane Pk-East	Sep 9	8:15-9am	Sa	\$65
RP6847.502	Cedar Lane Pk-East	Sep 11	10:15-11am	M,W	\$65
RP6847.503	Cedar Lane Pk-East	Sep 12	1-1:45pm	Tu,Th	\$65
RP6847.504	Cedar Lane Pk-East	Sep 8	4:45-5:30pm	F	\$65
RP6847.505	Cedar Lane Pk-East	0ct 9	10:15-11am	M,W	\$65
RP6847.506	Cedar Lane Pk-East	Oct 12	1-1:45pm	Tu,Th	\$65



Learn to play tennis from Shantha Chandra, award recipient of a Lifetime Service Award from the U.S. Tennis Association.

Parent/Child Tennis with Shantha Chandra

Parents and children, learn how to work together to develop and improve tennis skills. Same parent should attend each week for consistency in learning. Saturday class rain makeup on Sunday afternoons. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

5am

5am

M,W

M,W

3-6 yrs	Classes	s: 6	<u>\$85 per pair</u>		
RP6842.5	502 C	edar L	ane Pk-East	Sep 11	9:30-10:1
RP6842.5	503 C	edar L	ane Pk-East	0ct 9	9:30-10:1
7-12 yrs	Class	es: 6	\$85 per pai	<u>r</u>	

RP6842.501 Cedar Lane Pk-East Sep 9 12:15-1:15pm Sa

Parent/Child Reginning Tennis

Parent/Child Beginning Tennis with Billie Jean King's Eye Coach

Grand Slam Tennis Legend Billie Jean King says "The Eye Coach is the most exciting idea in tennis coaching I've ever seen." Learn how to use the revolutionary Eye Coach to accelerate learning with your child while having fun with the Baltimore Tennis Patrons professionally trained instructors. Parent and child, learn and play together. Loaner rackets and BJK Eye Coaches provided during class. Adult and child must register together. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

5-8 yrs Beginner Classes: 5

RP6852.501 River Hill HS Sep 30 10:30am-noon Sa \$96

Beginners Cardio Tennis for Kids

Professionally trained instructors from Baltimore Tennis Patrons introduce you to Cardio Tennis for Kids. Each practice features an action-based group warm up, cardio and cool down, followed by the QuickStart (QS) tennis play to learn format. Let the games begin! Cardio and QS Tennis is a new format to help kids learn and play the game effortlessly with user-friendly and reduced-size equipment. This is a great new way for your child to get a great workout and burn calories! Loaner racquets available. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

3 , -		, ,							
5-8 yrs Beginner Classes: 5									
RP6851.501 Centennial Pk West	Sep 29	5-6pm	F	\$89					
9-14 yrs Advanced Beginner Classes: 5									
RP6851.502 Centennial Pk West	Sep 29	6-7pm	F	\$89					
10-14 yrs Advanced Beginner Classes: 5									
RP6851.503 River Hill HS	Sep 30	9-10:30am	Sa	\$96					

NEW! Form Your Own Tennis Class

Join professionally trained instructors from the Baltimore Tennis Patrons on Saturday and tell us what type of Tennis Class you would like to form with your friends (first come, first serve). Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

5 yrs + Classes: 5

RP6853.501 River Hill HS Sep 30 2-3:30pm Sa \$104

Junior GRIPS Challenge

Join professionally trained instructors from Baltimore Tennis Patrons (BTP). This is a progressive 11-level tennis program that incentivizes and rewards kids for competency. Like karate, ability levels are rated and distinguished by colors. Games and drills correspond with players' skill level. This is a certified GRIPS program with officially certified GRIPS instructors. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov. 5-14 yrs Classes: 5

River Hill HS

RP6854.503	Sep 30	Noon-1pm	Sa	\$103	Jr.White Beg.					
RP6854.504	Sep 30	1-2pm	Sa	\$103	Jr. Gold Advanced Beg.					
Centennial Pk West										
RP6854.505	Sep 25	5:30-7pm	M	\$112	Jr. Orange Advanced Beg.					
RP6854.506	Sep 29	6:30-7:30pm	F	\$103	Jr. Orange Advanced Beg.					
RP6854.507	Sep 29	7:30-8:30pm	F	\$103	Jr. Blue Intermediate					

Kiddie Tennis

Time for tennis! Learn and practice basic tennis skills in this program taught by trained coaches. Classes include a variety of enjoyable drills and exciting games. (No class 9/21, 11/20-23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-/ yrs Sess	sion i Classes: 6				
RP6870.501	Atholton ES	Sep 11	5-6pm	M	\$54
RP6870.502	Thunder Hill ES	Sep 12	5-6pm	Tu	\$54
RP6870.503	Lisbon ES	Sep 13	4:20-5:20pm	W	\$54
RP6870.504	Dayton Oaks ES	Sep 14	4:45-5:45pm	Th	\$54
5-7 yrs Sess	sion 2 Classes: 6				
RP6870.505	Thunder Hill ES	Oct 30	5-6pm	M	\$54
RP6870.506	Meadowbrook Ath Comp	Oct 31	5:05-6pm	Tu	\$50
RP6870.507	Dayton Oaks ES	Nov 1	4:40-5:40pm	W	\$54
RP6870.508	Clarksville ES	Nov 2	5-6pm	Th	\$54

10 & Under Tennis with Shantha Chandra

Drills, games, instruction and QuickStart tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance and coordination skills. Saturday class rain makeup on Sunday afternoons. Bring a junior-size racket (21" to 25"). Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

	6-8 yrs Clas	<u>sses: 6</u>					
	RP6840.501	Cedar Lane Pk-East	Sep 9	9-10am	Sa	\$60	
	RP6840.502	Cedar Lane Pk-East	Sep 11	5:45-7pm	M,W	\$76	
	RP6840.511	Cedar Lane Pk-East	0ct 9	5:45-7pm	M,W	\$76	
9-10 yrs Classes: 6							
	RP6840.503	Cedar Lane Pk-East	Sep 9	10-11am	Sa	\$60	
	RP6840.504	Cedar Lane Pk-East	Sep 11	4:30-5:45pm	M,W	\$76	
	RP6840 513	Cedar Lane Pk-Fast	Oct 9	4·30-5·45nm	M W	\$76	

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.



Learn to volley, serve and score on the courts at a tennis class.

NEW! TGA Premier Youth Tennis

The US Tennis Association Mid-Atlantic Section (USTA MAS) proudly presents TGA Premier Youth Tennis, the first and only national tennis enrichment program in the country. Students, develop tennis skills utilizing kid-friendly equipment in a play-to-learn style that gets you rallying and having fun right away. In addition, learn relevant enrichment skills such as sportsmanship, math, science, technology, history, and more as they advance through our five-level program. Parents receive weekly email updates and progress report at the end. Program is taught by USTA-trained coaches. We provide all tennis equipment including racquet and balls. Fee includes hat, wristband, and student handbook. (No class 11/23-24.) Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

6-10 yrs Cla	isses: 8				
RP6876.501	Elkridge ES	Sep 25	4:30-5:30pm	M	\$99
RP6876.502	Waverly ES	Sep 26	4:20-5:20pm	Tu	\$99
RP6876.503	Fulton ES	Sep 29	4:30-5:30pm	F	\$99
RP6876.504	St. John's Lane ES	Sep 28	3:50-4:50pm	Th	\$99
RP6876.505	Hollifield Station ES	Sep 27	3:50-4:50pm	W	\$99
RP6876.506	Triadelphia Ridge FS	Sen 27	4-5pm	W	\$99

After-School Tennis

Have fun while you learn the basics or fine-tune your skills in this program taught by trained coaches. Classes include a variety of drills and games and an introduction to match play. Meet in front of school office; coach esescort players to tennis courts. (No class 9/21, 11/20-23.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Se	ssion 1 Classes: 6					
RP6871.501	Atholton ES	Sep 11	4-5pm	M	\$54	
RP6871.502	Thunder Hill ES	Sep 12	4-5pm	Tu	\$54	
RP6871.503	Lisbon ES	Sep 13	3:15-4:15pm	W	\$54	
RP6871.504	Dayton Oaks ES	Sep 14	3:40-4:40pm	Th	\$54	
8-10 yrs Session 2 Classes: 6						
RP6871.505	Thunder Hill ES	Oct 30	4-5pm	M	\$54	
RP6871.506	Meadowbrook Ath Comp	0ct 31	4:10-5:05pm	Tu	\$50	
RP6871.507	Dayton Oaks ES	Nov 1	3:35-4:35pm	W	\$54	
RP6871.508	Clarksville ES	Nov 2	4-5pm	Th	\$54	

Tennis Excellence

This introductory tennis class uses Quick Start tennis nets to reduce the court size to help make the learning process easier and more enjoyable. Learn the forehand, the backhand, volleys, serving and scoring. Weekly games and drills help teach basic skills and create an exciting environment. Rain makeups added to the end of season. Instructor: Sam Keefer. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov. 8-10 yrs Classes: 6

RP6859.501 Centennial Pk West Sep 16 1:15-2:15pm Sa \$84 RP6859.502 Centennial Pk West Sep 17 1-2pm Su \$84

Junior USA Team Tennis with Shantha Chandra

Advanced beginner and intermediate players, refresh basic ground strokes, volleys, serving and scoring, then enjoy match-play tennis. Rain makeup dates are Sunday afternoons. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

9-14 yrs Classes: 6

RP6849.501 Cedar Lane Pk-East Sep 9 1:15-2:45pm Sa \$84

Team Tennis/Match Play with Shantha Chandra

Players should have fairly consistent strokes with medium-paced shots, be able to rally and serve from baseline and keep score, and have some knowledge of volleys and lobs. Teams are formed and each team plays matches against other teams. Players also learn doubles strategy. Instructor determines if this class is appropriate after the first class. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u>10-12 yrs Classes: 6</u> RP6858.501 Cedar Lane Pk-East Sep 9 2:45-4:15pm Sa \$84 <u>11-18 yrs Classes: 6</u> RP6858.502 Cedar Lane Pk-East Sep 8 5:30-7pm F \$84

Tennis Elite

This introductory tennis class uses Quick Start tennis nets to reduce the court size to help make the learning process easier and more enjoyable. Learn the forehand, the backhand, volleys, serving and scoring. Weekly games and drills help teach basic skills and create an exciting environment. Rain makeups added to the end of season. Instructor: Sam Keefer. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u>10-13 yrs C</u>	<u>lasses: 6</u>					
RP6860.501	Centennial Pk West	Sep 16	Noon-1pm	Sa	\$84	
RP6860.502	Centennial Pk West	Sep 17	2:15-3:15pm	Su	\$84	
RP6860.503	Centennial Pk West	Sep 19	6:30-7:30pm	Tu	\$84	
RP6860.504	Centennial Pk West	Sep 20	6:30-7:30pm	W	\$84	

Tennis Lessons with Shantha Chandra

Beginners and advanced beginners, learn and improve basic skills in a group and through match play. Learn consistent stroke production, baseline serving and volleys. Saturday class rain makeup on Sunday afternoons. (No class 9/21.) Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u>11-15 yrs C</u>	<u>lasses: 6</u>				
RP6841.501	Cedar Lane Pk-East	Sep 9	11am-noon	Sa	\$60
RP6841.502	Cedar Lane Pk-East	Sep 12	6-7pm	Tu,Th	\$60
RP6841.503	Cedar Lane Pk-East	Oct 12	5:45-6:45pm	Tu,Th	\$60

Additional Adult Tennis Classes

NEW! Adult Beginner Tennis & Open Trail Running
 NEW! Adult Intermediate Tennis & Intermediate Trail Running
 NEW! Adult Tennis & On Court Yoga
 Info: www.howardcountymd.gov/tennis

High School Development Team Tennis with Shantha Chandra

Advanced beginners and intermediate players, improve basic skills, including volleys, serving, scoring and ground strokes. Participate in match play against players of similar ability. (No class 9/21.) Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

13-18 vi	's Cla	sses: 6
13-18 VI	S Cla	isses: o

RP6855.501	Cedar Lane Pk-East	Sep 12	4:30-6pm	Tu,Th	\$84
RP6855.502	Cedar Lane Pk-East	Oct 12	4:15-5:45pm	Tu,Th	\$84

Tennis Essentials

Want to make the high school team or improve your position? This program prepares you for match play tennis. Learn how to hit forehands, backhands, serving, volleying and scoring. Instructor: Sam Keefer. Rain makeups added to the end of season. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

14-17 yrs Classes: 6

RP6863.501 Centennial Pk West Sep 16 2:30-3:30pm Sa

Adults

Mom's Tennis Swings with Shantha Chandra

Learn the basics or fine-tune your game. Lessons include drills and match play. No babysitting available. Rain makeup dates are on Fridays. (No class 9/21.) Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

<u> 18 yrs + Ce</u>	dar Lane Pk-East C	lasses: 6			
RP6848.501	Beg-Adv Beginner	Sep 11	11am-12:30pm	M,W	\$105
RP6848.502	Beg-Adv Beginner	Sep 12	11:30am-1pm	Tu,Th	\$105
RP6848.503	Beg-Adv Beginner	0ct 9	11am-12:30pm	M,W	\$105
RP6848.504	Beg-Adv Beginner	Oct 12	11:30am-1pm	Tu,Th	\$105
RP6848.505	Intermediate	Sep 12	10-11:30am	Tu,Th	\$105
RP6848.506	Intermediate	Oct 12	10-11:30am	Tu.Th	\$105

Strictly Doubles Tennis

Clinic format focusing on learning the nuances and strategies of playing doubles tennis. The class teaches how to play doubles, when to poach, partner communication and signals, how to move on the court and positioning, strategy, shot selection and placement, one up one back, two up at net, volleys, half volleys, lobs and overheads. Drills and strategy sessions to be followed by game play. The class focuses on footwork, net play and strategy and includes match play. Players should be able to serve and rally consistently and be willing to make transition from baseline to net. This is a high-energy class and involves lots of footwork and closing skills. Corresponds to an NTRP rating of 3.0. Instructor: Gene Pierelli. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

18 yrs + Advanced Beginner/Intermediate Classes: 6

RP6845.501 Rockburn Branch Pk Sep 17 9:45-11am Su \$105

Sunday Swings Tennis with Shantha Chandra

Beginners, advanced beginners, intermediate and advanced players, learn and improve your skills through drills, small-group games and match play. Tune-up drills with special emphasis on level of play for league players/NTRP. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

18 yrs +	Beg	inne	r/	Advand	ced	Beg	inne	r	Classes:	4
0044450		<i>-</i> 1			_		_	40		_

RP6844.501	Cedar Lane Pk-East	Sep 10	Noon-1:30pm	Su	\$71			
RP6844.511	Cedar Lane Pk-East	Oct 15	Noon-1:30pm	Su	\$71			
<u>18 yrs + Inf</u>	18 yrs + Intermediate Classes: 4							
RP6844.502	Cedar Lane Pk-East	Sep 10	10:30am-noon	Su	\$71			
RP6844.512	Cedar Lane Pk-East	Oct 15	10:30am-noon	Su	\$71			
<u> 18 yrs + Ac</u>	lvanced Classes: 4							
RP6844.503	Cedar Lane Pk-East	Sep 10	9-10:30am	Su	\$71			
RP6844.513	Cedar Lane Pk-East	Oct 15	9-10:30am	Su	\$71			



Strictly Doubles Tennis focuses on partner play, communication, signals, and movement on the court.

Tennis Lessons

Whether you are looking to fine tune your skills or work on advanced tennis tactics, we have a program for you. These small group lessons are filled with instructional drills, fun games, and match play. Instructor: Gene Pierelli (sections .501-.503 & .507-.509) and Sam Keefer (sections .505-.506). Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov. The beginner class consists of fundamental tennis lessons in a clinic format for players who are past the introduction stage and wish to continue to improve on skills learned in previous beginner class. Player should be able to judge where the ball is going when receiving, sustain a slow-paced rally with other players of similar ability, and begin to develop strokes with proper technique. This class corresponds to an NTRP level rating of strong 2.0 to 2.5.

18 yrs + Beginner Classes: 6

Contonnial Dk Wost

KP6843.503	Centenniai PK West	Sep 16	Noon-1pm	Sa	\$97		
RP6843.505	Rockburn Branch Pk	Sep 17	8am-9am	Su	\$97		
RP6843.508	Rockburn Branch Pk	Sep 20	6-7pm	W	\$97		
The advanced beginner class consists of clinic format with drills and game							
play focusing on serve, volleys, overheads, consistency and control. This							
player is consistent when hitting basic ground strokes but is not comfort-							
able with execution of all strokes. Corresponds to an NTRP rating of strong							
2 5-3 0							

18	yrs +	<u>Advanced</u>	Beginner	Classes: 6	

RP6843.502	Centennial Pk West	Sep 16	10:45-11:45am	Sa	\$97				
RP6843.506	Rockburn Branch Pk	Sep 17	9-10am	Su	\$97				
RP6843.507	Rockburn Branch Pk	Sep 19	6-7pm	Tu	\$97				
The intermediate class consists of clinic format with drills and game play for									
players comf	players comfortable with foot work, consistency and execution of strokes								
including ser	including serve, volleys, approach, lobs, passing shots and ground strokes.								
This is a high-energy class involving reflex volleys and transition games as									

18 vrs + Intermediate Classes: 6

RP6843.501	Centennial Pk West	Sep 16	9:30-10:30am	Sa	\$97
RP6843.509	Rockburn Branch Pk	Sep 20	7:15-8:15pm	W	\$97

well as match play. Corresponds to NTRP rating of 3.0-3.5.



Join the Youth Volleyball League and improve your skills and match play in a GoodSports encouraging environment.

Volleyball

Instructional Volleyball

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through drills and scrimmages. The first 4 weeks are instructional practices, the final 4 weeks involve game situations. Info: Carson Nickell, 410 313-4720 or cjnickell@howardcountymd.gov.

6 yrs all levels - 7 yrs beginners Classes: 8							
RP5893.501 Roger Carter Comm Ctr Sep 16 1-2:10pm	Sa	\$99					
7 yrs advanced - 9 yrs beginners Classes: 8							
RP5893.502 Roger Carter Comm Ctr Sep 16 2:20-3:30pm	Sa	\$99					
8 1/2 yrs advanced - 10 yrs all levels Classes: 8							
RP5893.503 Roger Carter Comm Ctr Sep 16 3:40-4:50pm	Sa	\$99					

Boys Instructional Volleyball Clinic

Join Ofer Levy and his coaching staff as they instruct players on the fundamentals of the game and progress towards the finer points. This clinic is designed to aide players in developing techniques and fine tuning their volleyball skills. Focus is on passing, hitting, setting and serving. Don't miss out! Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

0 12 y13 Classes. 0				
RP5892.507 Roger Carter Comm Ctr	Sep 8	5-6pm	F	\$89
<u>13-16 yrs Classes: 8</u>				
RP5892 517 Roger Carter Comm Ctr	Sen 8	5-6nm	F	\$89

Volleyball Skills Development

Practice makes perfect! This program is for new players who enjoy this exciting sport and want to learn the basics. Individual players, develop skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn skills such as passing, hitting, setting and serving. (No class 11/22, 11/23.) Info: Carson Nickell, 410 313-4720 or cjnickell@howardcountymd.gov.

<u>8-12 yrs Classes: 8</u>					
RP5892.501	N Laurel Comm Ctr	Sep 11	6-7:30pm	M	\$125
RP5892.502	Gary J. Arthur Comm Ctr	Sep 6	7-8:30pm	W	\$125
RP5892.503	Roger Carter Comm Ctr	Sep 7	6-7:30pm	Th	\$125
<u>8-12 yrs Cla</u>	isses: 6				
RP5892.504	N Laurel Comm Ctr	Nov 6	6-7:30pm	M	\$95
RP5892.505	Gary J. Arthur Comm Ctr	Nov 1	7-8:30pm	W	\$95
RP5892.506	Roger Carter Comm Ctr	Nov 2	6-7:30pm	Th	\$95

<u>13-16 yrs</u> C	lasses: 8				
RP5892.511	N Laurel Comm Ctr	Sep 11	7:30-9pm	М	\$125
RP5892.512	Gary J. Arthur Comm Ctr	Sep 6	7-8:30pm	W	\$125
RP5892.513	Roger Carter Comm Ctr	Sep 7	7:30-9pm	Th	\$125
<u>13-16 yrs</u> C	lasses: 6				
RP5892.514	N Laurel Comm Ctr	Nov 6	7:30-9pm	М	\$95
RP5892.515	Gary J. Arthur Comm Ctr	Nov 1	7-8:30pm	W	\$95
RP5892.516	Roger Carter Comm Ctr	Nov 2	7:30-9pm	Th	\$95

Volleyball Performance Clinic

Join coaches from the Columbia Volleyball Club (CVC) and other top coaches in the area as they instruct players in the finer points of the game. This clinic is designed to aide players in fine tuning their volleyball skills to assist them in playing on their future high school and club volleyball teams. Don't miss out! Info: Carson Nickell, 410 313-4720 or cjnickell@howardcountymd.gov. 9-14 yrs Classes: 14

RP5892.541 Meadowbrook Ath Comp Sep 11 7-9pm M,W \$200

Youth Volleyball League

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. This program provides a "Good Sports" atmosphere, bringing together aspiring players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP-Certified Volunteer Parent Coaches provide a quality recreation environment for our players, parents, coaches, and spectators. Weekly practices are between 5-9pm on a weeknight at a Rec & Parks indoor facility. Matches are on Sundays between 10am-4pm at Meadowbrook. Players are placed on teams after a skills evaluation scheduled for Sunday, 9/10. Specific details on one-hour matches/practice times are communicated after each season's skills evaluation. The YVL is for novice to experienced players who wish to learn more about the sport. Coach requests are not accepted, please communicate any nights you are unavailable for practice upon registering. Registration deadline is 9/3. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

10-11 yrs Sep 10	Su Weeks: 8	
RP5891.501 \$130	RP5891.502 (Head Coach's Child)	\$30
12-13 yrs Sep 10	Su Weeks: 8	
RP5891.511 \$130	RP5891.512 (Head Coach's Child)	\$30
14-16 yrs Sep 10	Su Weeks: 8	
RP5891.521 \$130	RP5891.522 (Head Coach's Child)	\$30



Practice your serve in eight matches this fall with the Co-Rec Volleyball League.

Co-Rec Volleyball League

The volleyball leagues play 6-on-6, with rosters up to 12 players. Schedule includes eight matches and all teams participate in postseason playoffs. Fee includes scheduling, facility, awards, and administration. Teams are required to pay game official fees of \$20 on the court at each match. Register by September 3. Info: Carson Nickell, 410-313-4720 or cinickell@howardcountymd.gov.

18 yrs + Matches: 8 + playoffs

RP5890.501 Roger Carter Comm Ctr Sep 10 4-10pm Su \$220 RP5890.502 N Laurel Comm Ctr Sep 12 7-10pm Tu \$220

Drop-In Co-Rec Volleyball

Join athletes of various skill levels for volleyball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the Get Active Package (page 9) to play multiple days. Some gyms may be canceled due to insufficient registration or attendance. (No class 9/21, 11/23.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

18 yrs + Classes: 10

RP6901.501	Burleigh Manor MS	Sep 11	8-10pm	M	\$44
RP6901.502	Burleigh Manor MS	Sep 14	8-10pm	Th	\$44
RP6901.503	Forest Ridge ES	Sep 13	8-10pm	W	\$44
RP6901.504	Rockburn ES	Sep 12	8-10pm	Tu	\$44
RP6901.505	Meadowbrook Ath Comp	Sep 13	9-11pm	W	\$44

Co-Rec Volleyball League

Men and women of various skill levels, enjoy competitive and fun volleyball play. Previous experience helpful. Fee based on when you register. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Meadowbrook Ath Comp Classes: 8

RP5592.501 Sep 28 10:30am-12:30pm Tu, Th \$19

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on page 68. Review of this information is required by law before you are allowed to register for youth sports programs.

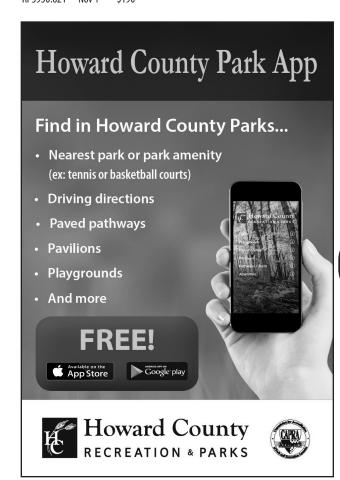
Please bring a reusable water bottle to class.

Wrestling

Howard County Vipers Wrestling

Learn valuable skills and techniques while participating in the Vipers Wrestling Program. The Vipers Program offers an opportunity to compete at a level which best fits each child's need. Vipers Wrestling offers 3 programming levels: (1) Clinic for the beginner in a non-competitive environment, one practice per week, no weekend commitment; (2) Recreation for both beginners and intermediate level wrestlers in a semi-competitive environment, two to three practices per week, matches on Saturdays; (3) Travel for the advanced wrestler in a competitive environment, three practices per week, matches on Saturdays and Sundays. Practices are at Howard County high schools, please visit www.howardcountywrestling.com for a complete list of locations and times. (No practices or matches 11/23, 11/24, 12/25-1/1, 1/15, 2/19.) Info: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov. 4-8 yrs Clinic

RP5950.601 Nov 13 \$80 6-15 yrs Recreational RP5950.611 Nov 13 \$160 7-16 yrs Advanced/Travel RP5950.621 Nov 1 \$190



To register, visit www.howardcountymd.gov/rap or call 410-313-7275.











General Information

Program information provided in this Guide is tentative. Consult www.howardcountymd.gov/rap for the most up-to-date information.

Registration

Program fees are established by determining the cost of supplies; fees for instructors, rentals, registrations and program administration; and the price of marketing in order to deliver high quality programs at an affordable price. See our "How to Register" section on page 3.

*Waiver: In consideration of my (and/or my child's) participation in this activity, I hereby release and discharge the Organization, and its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Organization and above named parties. Parent or guardian must sign for anyone age 18 and under. I do hereby grant and give these groups the right to use my or my child(s) photograph or image in conjunction with other persons or objects and presentations, advertising, publicity, and promotion relating thereto.

We reserve the right to cancel or postpone any program or activity due to inclement weather or low enrollment. A service fee will be imposed for all returned checks and could result in refusal of future participation. A service fee will be applied to all refunds and withdrawals with the exception of those due to program cancellation or medical/illness. There are no refunds for missed sessions. At a minimum a 20% administrative fee applies to refund requests; additional fees may be deducted. At least two weeks advance notice is required to avoid additional charges. Summer Camps have a different refund policy and can be found in the current year brochure. See brochure or website for details about all refunds and polices.

Participation

Only individuals who are registered may participate. Where age or grade restrictions apply, "age" usually refers to the age of the participant at the start of the program and "grade" to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both checkin and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign your child out immediately following the program. Staff is not responsible for your child before or after scheduled activities. A fee may be assessed if your child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, please be aware that our staff does not change diapers.

Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

Canceled Programs

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

Financial Assistance

The Howard County Department of Recreation & Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- verification of qualifying income level (2016 tax return required) or
- proof of assistance from the Department of Social Services.

Funds are limited and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

Make a Donation

You can make a tax-deductible contribution to our Scholarship Fund by www.howardcountymd.gov or call 410-313-4683. You may also donate online through our online registration site (click on "donation" button).

Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

Inclement Weather & Program Status Information

Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions.

- If it rains, only some outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation & Parks facilities may run, call the facility inclement weather number, 410-313-4452.
- If it snows on a weekend and the snow emergency plan is in effect at 7am, programs held in public schools for that day will be canceled. If a snow emergency is declared after 7am, programs in schools in progress may be completed but those later in the day will be canceled.

94

 If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

Inclement Weather/Program Status Lines Programs (Events, Trips, Selected Sports,* Outdoor Rec, Child Care & Therapeutic Rec) 410-313-4451 Gary J. Arthur Comm Ctr, Meadowbrook Athletic Complex, N Laurel Comm Ctr, Robinson Nature Ctr & Roger Carter Comm Ctr 410-313-4452 Belmont Manor & Historic Park 410-313-0200 All School Fields 410-313-6827 Alpha Ridge, Western Regional 410-313-4372 Blandair 410-313-3673 Cedar Lane_____ 410-313-4453 Centennial 410-313-4454 Cypressmede & Hollifield 410-313-4457 Dayton Oaks Parks & Schooley Mill 410-313-4458 Dickinson, Hammond, Hawthorn, Heritage Programs 410-313-0421 Huntington & Martin Road 410-313-4459 East Columbia Library, Guilford Savage & N Laurel Fields 410-313-4456 Howard County Center for the Arts, Hollifield Station, Rockburn Branch & Skills Park, Troy, Waterloo & Worthington Off-Leash_____ 410-313-4455 Meadowbrook 410-313-2727

Snack Policy

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

Rules of Conduct

The following rules must be observed while participating in Recreation & Parks programs. Specific rules may be added for individual programs and needs.

- No food or beverages in unauthorized areas; glass containers are prohibited.
- No smoking in buildings or on school property.
- · No soliciting or loitering.
- No interference with employee or volunteer duties.
- No harassment or inappropriate or indecent conduct or language.
- No unauthorized use of drugs, intoxicants or weapons.
- No parking in unauthorized areas or driving/parking on field areas.
- No alteration or installation of equipment (eg. basketball hoops, fences.)
- No defacing of property, indoors or outdoors.
- No conduct that may jeopardize the safety of others.

Accommodations for People with Disabilities

The Department of Recreation & Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (A. D. A.) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided

to Howard County residents at no additional cost. To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the first program date.

For transportation, contact HT Ride Paratransit Certification at 1-800-270-9553. For more information, contact Therapeutic Recreation Manager Susan Potts at 410-313-4628 or spotts@howardcountymd.gov or Ruth Coleman at 410-313-4708 or rucoleman@howardcountymd.gov.

Other Policies

Additionally, the Department reserves the right

- to cancel a program for any reasonable cause;
- to deny registration or entry into a program when it deems necessary to assure public safety;
- to suspend a child from a program with no refund, after notifying a parent of disciplinary problems;
- to photograph programs, participants and volunteers for publicity purposes; and/or
- to adjust any program details printed in this brochure including fees, locations, instructors, times, days and starting dates.

Public Meetings

For information about Howard County Recreation & Parks Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are Dr. Joel Goodman (Chair), Ms. Sylvia Ramsey (Vice Chair), Mr. John R. Byrd (Recording Secretary), TBD (Board of Education Designee), Mr. David Brown (Board of Education Alternate), Mr. Edward Coleman (Planning Board Designee), Mr. Thomas Franklin, Ms. Joanne Kiebler, Mr. Daniel Tracy and Mr. Samuel Nitkin (Student).

Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department, as well as a listing of jobs within Howard County Government, visit www.howardcountymd.gov and click on the "I want to" tab.

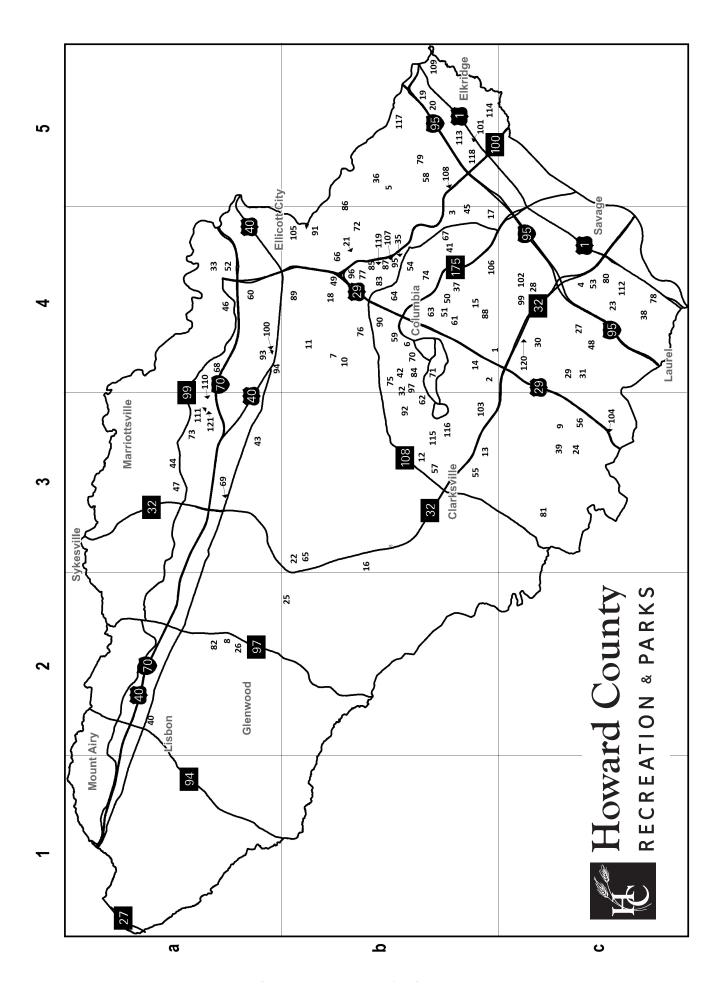
The Department of Recreation & Parks also needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We'd like to hear about it. For an informational letter, application and proposal form, visit www.howardcountymd.gov/rap and click on "Forms and Publications" or call 410-313-4639.

Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you'd like to share your time and talent, visit www.hocovolunteer.org to view opportunities and register.

Sponsorships

There are many opportunities to become involved in the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Phil Bryan at 410-313-1668.



Program Locations

Schools

54115515	
Atholton ES	1 (b-4)
Atholton HS	2 (b-4)
Bellows Spring ES	3 (b-4)
Bollman Bridge ES	
Bonnie Branch MS	
Bryant Woods ES	
Burleigh Manor MS	
Bushy Park ES	
Cedar Lane School	
Centennial HS	
Centennial Lane ES	
Clarksville ES	
Clarksville MS	
Clemens Crossing ES	
Cradlerock ES	
Dayton Oaks ES	
Deep Run ES	
Ducketts Lane ES	
Dunloggin MS	
Elkridge ES	
Elkridge Landing MS	
Ellicott Mills MS	
Folly Quarter MS	
Forest Ridge ES	
Fulton ES	
Glenelg HS	
Glenwood MS	
Gorman Crossing ES	
Guilford ES	
Hammond ES	
Hammond HS	
Hammond MS	
Harper's Choice MS	
Hollifield Station ES	
Homewood School	
Howard HS	
llchester ES	
Jeffers Hill ES	
Lake Elkhorn MS	
Laurel Woods ES	
Lime Kiln MS	
Lisbon ES	
Long Reach HS	
Longfellow ES	
J · · · · · · · · · · · · · · · · · · ·	– 、/

Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mt. View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	53 (c-4)
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	60 (a-4)
Stevens Forest ES	61 (b-4)
Swansfield ES	62 (b-3)
Talbott Springs ES	63 (b-4)
Thomas Viaduct MS	114 (b-5)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	71 (b-4)
Worthington ES	72 (b-4)

Parks

Alpha Ridge Park	73 (a-3)
Blandair Park	74 (b-4)
Cedar Lane Park	75 (b-4)
Centennial Park	
Meadowbrook Park	77 (b-4)
Middle Patuxent Environmental	Area (MPEA),
Trotter Road	115 (b-3)
Southwind Circle	116 (b-3)
North Laurel Park	78 (c-4)
Rockburn Branch Park	79 (b-5)
Savage Park	80 (c-4)
Schooley Mill Park	81 (c-3)
Troy Park	118 (b-5)
Western Regional Park	82 (a-2)

Other

AXIS Sports Facility	83 (b-4)
Bain 50+ Center_	84 (b-4)
Baldwin Commons Hall	112 (c-4)
Belmont Manor & Historic Park	117 (b-5)
Cedar Lane Rec Ctr	75 (b-4)
Columbia Gymnastics	
Dance Connections, Inc.	86 (b-4)
DanceTEC Center	119 (b-4)
Drama Learning Ctr	87 (b-4)
East Columbia Library	88 (b-4)
Ellicott City Sr Ctr	89 (b-4)
Fairway Hills	90 (b-4)
Gary J. Arthur Comm Ctr	82 (a-2)
Historic Ellicott City	91 (b-4)
Hobbits Glen Golf Course	92 (b-3)
Kinetics Dance Theatre	93 (a-4)
Kiwanis-Wallas Hall	94 (a-4)
Let There Be Rock School	95 (b-4)
Long Gate Park & Ride	96 (b-4)
Meadowbrook Athletic Complex	77 (b-4)
Misako Ballet Studio	97 (b-3)
Misako Beats	121 (a-3)
North Laurel Comm Ctr	78 (c-4)
Olenka School of Music	
Columbia	99 (c-4)
Ellicott City	100 (a-4)
PetStructor	
Pfeiffer's Corner Schoolhouse	79 (b-5)
Pump It Up — Elkridge	101 (b-5)
Recreation & Parks Headquarters	102 (b-3)
Robinson Nature Ctr	103 (b-3)
Rocky Gorge Golf Course	104 (c-3)
Roger Carter Comm Ctr	105 (b-4)
Studio Inspire	106 (b-4)
Synergy Fitness	107 (b-4)
Timbers at Troy	108 (b-5)
Volleyball/Soccer House	109 (b-5)
Waverly Woods Golf Course	
Waverly Mansion	



Registration Form

Voice/Relay: 410-313-7275 www.howardcountymd.gov/rap

v/rap

Fax: 410-313-4658

7120 Oakland Mills Road, Columbia, Maryland 21046

RP				
Course Number	Program Title	Particip	ant Name	
		☐ Male	☐ Female	1 1
Address if Different From Payer				Date of Birth
RP				
Course Number	Program Title	Particip	ant Name	
		☐ Male	☐ Female	1 1
Address if Different From Payer				Date of Birth
RP				
Course Number	Program Title	Particip	ant Name	
		☐ Male	☐ Female	/ /
Address if Different From Payer				Date of Birth
Cash/Check □Cash \$_ Make checks payable to <i>Director of Fina</i> Mail to: Howard County Recreation & Park 7120 Oakland Mills Road, Columbia, MD 2	s, Attn: Registration	Electronic Check Payment Routing #	□Checking _Account #	□Savings
Credit Card	work along	Account Holder Signature Account Holder Name (Print)	Date	
Account Holder Signature	Date	Routing Number Acco	4567BII O L	0 1
Account Holder Name (Print)		☐ I would like to contribute \$ _		cholarship Fund.
	□ Male □ Fe	emale / /		
Name of Payer		Date of Birth		Home Phone
Home Address: Street		Work Phone 1	(Cell Phone
City/State/Zip		Email Address		
Completing the registration process to that you agree to all waivers and polic & Parks. These waivers and policies car guides, online at www.howardcountyr on the bottom of your receipt. If you a activity guide or online our registration	ies of Howard County Recreation n be found in our seasonal md.gov/recandparksforms and re unable to review this in our	Does the participant have a disabilit that we need to know about? If yes, please explain	, , ,	·
activity guide or online, our registratio copies upon request.	in onice can provide you written	Does the participant have an allergy If yes, please explain		
Signature	Date			



LEARN TO COMPOST!

Join Howard County Master Gardeners for composting demonstrations, discussion and free* compost bins.

Demonstrations are held at Alpha Ridge Landfill, Miller Branch Library and the Robinson Nature Center.

For the schedule of demonstrations, visit https://extension.umd.edu/mg/locations/ howard-county-master-gardeners

* Free bins to Howard County residents!



PARENTS, GRANDPARENTS & CAREGIVERS!

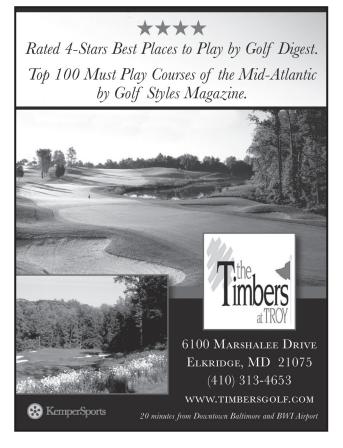
Get the latest informational sessions and training workshops on:

- Child Development
- School Readiness
- Positive Discipline
- Finding Resources
- Health and Safety
- Adolescent Issues

Don't miss your FREE "Parent Pages," a quarterly, digital publication, specifically for Howard County and geared toward children of all ages.

For current workshops, or to receive Parent Pages: www.howardcountymd.gov/familyinstitute

> 410-313-1440 (VOICE/RELAY) children@howardcountymd.gov





Golf Tournament

Friday, October 13, 9am - Timbers of Troy Gold Course

Celebrate community sports and enjoy a day on the links. Registration: 410-313-7275 or on-site by 8am, shotgun starts at 9am.

RP6601.501 Foursome \$340

RP6601.502 Individual \$85

15th Annual Banquet

Tuesday, October 17, 5pm - Turf Valley Resort

Recognize and thank those who are making a difference thorough sports by honoring Hall of Fame inductees and GoodSports coaches, administrators, players and officials.

Info: Mike Blevins, 410-313-1691.



7120 Oakland Mills Road, Columbia, MD 21046 410-313-7275 www.howardcountymd.gov/rap

















